

ONLINE AND BLENDED LEARNING

Study one of our 100% online or blended-learning postgraduate courses to take your career to the next level, or in a new direction. Our courses offer a great level of teaching and support, and are perfect to fit in around a busy lifestyle.

Learn through online lectures, seminars, and guided independent study delivered via the University's virtual learning platform. You will also have access to all the University's services including the library, student support services and IT.

While some courses are delivered entirely online, we also have a number of blended-learning courses which feature a combination of virtual learning and on-campus classes.

Become part of an international online community of fellow students and academics.

Many of our courses offer multiple start dates, please check course webpages for details.

FT

Full-time course

PT

Part-time course

ADVANCING PRACTICE



**Online (Blended for Clinical Practice pathway)
MSc, PG Dip, PG Cert**

The health and social care needs of the population are changing globally. This Masters course has been designed to support you to gain skills, confidence and knowledge to work effectively at an advanced level in healthcare.

Working in partnership with clinical experts, patients, and health care providers, our course is for health care professionals working in a clinical, education, management or research role. If you are keen to challenge your thinking, gain new skills and make a real difference to your practice, this course is for you. Teaching at Stirling is practice-focused, with an emphasis on employability and transforming careers.

We welcome applications from those about to complete pre-registration degree courses, post-registration health care professionals working in practice, or those studying as part of other post-graduate level courses.

DID YOU KNOW?

You can also study any of our modules on a standalone basis to contribute towards your continuing professional development (CPD).

Course Starts: September and January



CORE MODULES

Module selection is dependent on the pathway chosen.

[Check course web page for a list of modules](#)

PATHWAYS

Advancing Practice

Suitable for all registered health care professionals. Delivered entirely online and available world-wide.

Advancing Practice (Clinical Practice)

Suitable for health professionals practising in the UK. The Clinical Practice pathway involves blended online learning with regular face-to-face attendance for teaching and assessment of two compulsory clinical modules; Advanced Clinical Assessment and Examination, and Prescribing for Healthcare Professionals.

CAREER PROSPECTS

This course will help nurses and allied healthcare professionals develop their leadership skills and progress to an advanced role within the healthcare industry, such as Advanced Nurse Practitioner (ANP) or Advanced Clinical Practitioner (ACP).

You will make a valuable contribution to your specialist area of practice, including clinical practice, management, education or practice development.

APPLIED PROFESSIONAL STUDIES



Blended
MSc, PG Dip, PG Cert

Designed for those who are already qualified in social work or an allied profession, our part-time Applied Professional Studies course enables you to develop additional knowledge and skills, specific to your role to progress in your career.

At Stirling, we are at the forefront of contemporary practice and thinking. Our qualifications are designed to reflect the learning needs of a diverse workforce.

You have the option to study subjects including adult services, child welfare, management and leadership, as well as social work practice education.

Approaches to teaching vary between pathways. Some are fully online and others blend teaching days on campus with online learning. Whatever the delivery style, teaching is accessible and engaging.

CORE MODULES

Each pathway has designated core modules. All pathways include a dissertation.

[Check course web page for modules](#)

PATHWAYS

You can work towards our core Masters degree, the MSc Applied Professional Studies, or choose to specialise in one of the following blended learning pathways of study:

- Adult Services, Support and Protection
- Child Welfare and Protection
- Management and Leadership in Social Services
- Social Work Practice Education

CAREER PROSPECTS

Our courses are recognised nationally and internationally as benchmarks of professional learning and development. We build on your existing skills and experience and you will graduate with enhanced competence and confidence in practice.

We have developed close links with agency representatives and employers, which ensures we can always anticipate learning needs in the workforce, to make our courses – and graduates – highly effective in contributing to longer-term practice development.

Course Starts: September and January



BIG DATA (ONLINE)



Online
MSc

The MSc Big Data (Online) is an advanced Masters degree covering coding skills, the technology of big data and the science of data analytics.

This is a two-year online course with three entry points throughout the year giving you the flexibility of start date and an opportunity to study in a way that suits your personal and professional needs through a combination of video lectures, live sessions and online materials.

The syllabus includes topics such as Python scripting, big databases and NoSQL, Cluster Computing and Mathematics and Statistics for Big Data.

On this course, you will be able to gain Microsoft Azure accreditation in addition to your academic study, free of charge.

CORE MODULES

- Commercial and Scientific Applications
- Statistics with R
- Personal and Professional Development
- Relational and Non-Relational Databases
- Machine Learning
- Mathematical Foundations
- Representing and Manipulating Data
- Cloud Computing
- Dissertation

CAREER PROSPECTS

Big data is a skill set that is in high demand. This Masters has been developed in partnership with companies that employ Data Scientists and as a graduate in big data you'll be able to command a salary that is typically higher than the IT average.

Our big data graduates have gone into a wide range of sectors such as digital technologies, energy and utilities, financial services, public sector and healthcare.

Scotland is a growing and dynamic country with an exciting future at the heart of the data science revolution. £661 million is being invested in Scotland's capital city to turn it into the 'Data Capital of Europe' (Source: Scottish Development International).

Course Starts: October, February and May



DEMENTIA STUDIES (ONLINE)



Online
MSc, PG Dip, PG Cert

With the number of people living with dementia across the world expected to double in the next 20 years, this innovative online course has been developed to provide you with an in-depth, research based knowledge of dementia and approaches to dementia care.

Delivered by a team of academic experts who are active researchers in this field, we offer Dementia Studies as a distance-learning course. It includes the latest theories, innovations and best practice in dementia care, an overview of policy drivers and initiatives, co-produced and participatory approaches to dementia care practice, and a grounding in academic research skills.

You will become part of an international community of students and academics committed to improving dementia practice and the experience of people living with the condition. The course encourages collaborative, interdisciplinary, critical learning, and is dedicated to creating leaders in dementia care.

CORE MODULES

- Critical and Creative Approaches to Dementia
- Dementia, Space and Place
- Critical and Reflective Thinking in Dementia Studies
- Enhancing Dementia Practice
- Living with Dementia
- Understanding and Evaluating Participatory Approaches in Dementia Policy and Practice
- Researching Dementia
- Researching Quality of Life with Dementia: Approaches and Methods
- Developing a Dementia Research Proposal

CAREER PROSPECTS

After graduation, some students have secured a promotion, undertaken further research or become involved in dementia education and training.



DID YOU KNOW?

The University of Stirling is home to the internationally renowned Dementia Services Development Centre whose research helps inform our teaching and maximise the knowledge and skills you will acquire throughout your studies.

Course Starts: September and January



DESIGN FOR DEMENTIA AND AGEING



Online
PG Cert

The world's population is ageing and there is a greater need to ensure that the environments in which we work, rest and play are supportive and inclusive of this demographic shift.

Our course is for architects or housing and design professionals interested in designing supportive environments for people living with dementia. It will provide you with an advanced understanding of environmental design principles, implications for policy and practice, as well as economic, social and cultural issues in relation to dementia and ageing.

The course is also suitable for health and social care professionals who are interested in the impact that environments and environment design have on supporting healthy ageing and for people living with dementia.

We are the world's longest-running provider of online postgraduate qualifications in dementia care and the course is delivered by a team of academic experts who are active researchers in this field.

CORE MODULES

- Dementia, Space and Place
- Healthy Housing
- Design, Dementia and Ageing: Global and multidisciplinary perspectives

CAREER PROSPECTS

This course is for experienced professionals from any relevant sector, and enables you to study while continuing to work in your existing post. You will enhance your employability within the broad field of architecture, environmental design and housing for dementia and ageing and the skills you learn will equip you to move into more specialised and promoted posts related to dementia care and ageing.



DID YOU KNOW?

The University of Stirling is home to the internationally renowned Dementia Services Development Centre whose research helps inform our teaching and maximise the knowledge and skills you will acquire throughout your studies.

Course Starts: September



EDUCATIONAL LEADERSHIP

(SPECIALIST QUALIFICATION FOR HEADSHIP)



Blended
MSc, PG Dip, PG Cert

Into Headship is a mandatory qualification for candidates applying for Head Teacher posts in Scotland. This Masters is a specialist practice-based course for aspiring and early-career school leaders.

The course will help you to gain the knowledge, understanding and skills required to put informed strategic vision, values and aims into practice - helping you to lead change for improvement in an educational setting.

Teaching is undertaken through a blend of sessions on campus with a significant element of online study giving you the ideal learning experience in a format which is accessible and engaging.

We hold an 88% overall student satisfaction rating for Education in the Postgraduate Taught Experience Survey (PTES) 2023.

CORE MODULES

- Engaging Critically with Professional Practices or Examining Professional Practices: Work-Based Learnin
- Into Headship 1
- Into Headship 2
- In Headship 1
- In Headship 2

[Check course web page for optional modules](#)

CAREER PROSPECTS

The specialist qualification for Headship is a national course developed in partnership with Education Scotland and other stakeholders across the education community. The Postgraduate Certificate Into Headship leads to the professional award of the Standard for Headship and is accredited by the General Teaching Council for Scotland.

Graduates may also want to continue their studies through a PhD or a Doctorate in Education (EdD).



Our Masters has different routes available depending on where you are in your career, enabling you to tailor the course specifically to your needs.

Course Starts: August



EDUCATIONAL RESEARCH



Blended
MRes, PG Dip, PG Cert

Our Masters prepares you for a career in educational research, whether you plan to go on to a doctorate or take your research in other directions.

Under the expert guidance of leading academics, you will develop a broad range of research skills. You will learn to design and plan research projects and collect, analyse, interpret and report qualitative and quantitative data.

You will graduate with a deeper understanding of the theoretical, ethical, political and comparative aspects of carrying out educational research. This course also covers digital methodologies, and you will be involved in cutting-edge research projects.

Teaching includes sessions on campus and online study which is accessible and engaging.

We hold an 88% overall student satisfaction rating for education.

You might also be interested in our Doctor of Education degree: stir.ac.uk/PGEDU.

CORE MODULES

- The Nature of Educational Enquiry
- Research Design and Process
- Quantitative Data Analysis
- The Nature of Social Enquiry
- Qualitative Data Analysis
- Theory and Methods of Digital Social Research
- Dissertation

[Check course web page for modules](#)

CAREER PROSPECTS

Our Masters improves the career prospects of researchers in education, training and related subjects, and professionals who need to understand, use, and commission research in these fields. The MRes course is valuable preparation for doctoral research in education.

The qualification is recognised by the Economic and Social Research Council (ESRC) as meeting its criteria for postgraduate research training, helping you learn core and transferable research skills and improving your future employability.



In the Research Excellence Framework (REF) 2021, 100% of our research impact and environment in Education was classed as world leading or internationally excellent.

Course Starts: September



GERONTOLOGY AND GLOBAL AGEING (ONLINE)



Online
MSc, PG Dip, PG Cert

Globally, the number of older people is growing faster than the number of people in any other age group, presenting challenges and opportunities for all sectors of society.

This online course will provide you with an advanced understanding about the ageing of individuals and populations, the implications this has for policy, practice and the development of products and services, as well as the demands and challenges this raises. It covers skills development in social gerontology, ageing and population studies, dementia studies, and health and care practice.

You will be taught by internationally renowned leaders in ageing and will be given a global perspective as you study alongside an international and interdisciplinary cohort.

CORE MODULES

- Interdisciplinary Perspectives on Ageing
- An Integrated Approach to Frailty
- Multimorbidity in the Older Person
- Living with Dementia
- Healthy Housing
- A Lifecourse Approach to Healthy Ageing
- Research Methods in the Social Sciences
- Dissertation

CAREER PROSPECTS

This course equips you with skills for a career in policy, research, business development and in the health and care sectors associated with older people and ageing populations.

The key competencies you will gain will be in line with the highest international standards set by the Association for Gerontology in Higher Education's Gerontological Competencies for Graduate Education, a leading framework for teaching gerontology.

Course Starts: September



HEALTH RESEARCH (ONLINE)



Online

MRes, PG Dip, PG Cert

With fast-paced developments in medical sciences comes a need for research on new treatments, as well as research related to the organisation, delivery and experience of healthcare.

This course has been developed to equip you with the knowledge, skills and techniques necessary to conduct high-quality research. Designed for both novice and experienced researchers, it will suit people from a range of backgrounds, including health and social care professionals or those with qualifications in social or behavioural sciences.

You will carry out a research placement (either remotely or on-campus) with world-class researchers working on live projects. You will leave the course with in-depth theoretical and practical healthcare research skills, taught by our team of experienced health professionals and social scientists.

CORE MODULES

- Skills for Knowledge Enquiry
- Qualitative Research and Analysis
- Quantitative Research and Analysis
- Research Ethics and Governance
- Study Design for Health Research
- Research in Practice
- Dissertation

CAREER PROSPECTS

Our Health Research course suits students who want a variety of careers in health where research plays a core role. It will give you all the practical and theoretical skills and knowledge you need to progress as a researcher or to go on to pursue a PhD.

GO FURTHER

The course meets the requirements for the Economic and Social Care Council (ESCR) 1+3 awards, meaning prospective students are eligible to apply for a studentship providing funding for a one-year research training Masters linked to a three-year PhD.

Course Starts: September



HOUSING STUDIES (PART-TIME)



Blended
MSc, PG Dip, PG Cert

Aimed at those already working in the housing sector, our flexible part-time Housing Studies course will help you develop your career further.

Accredited by the Chartered Institute of Housing, the course covers all aspects of housing services, including sustaining communities, governance and law, housing organisations, finance and strategy, leadership and management, and health and wellbeing. With a focus on achieving better housing for all, through practice-based learning, you will acquire the cutting-edge knowledge and competencies needed to tackle issues in housing, communities and homelessness in Scotland and throughout the UK.

The Diploma covers all of the academic and practice components of the professional qualification of the Chartered Institute of Housing. Upon successful completion of the Diploma, you will be eligible to progress to Masters-level study, completing either a research dissertation or reflective portfolio.

Teaching is undertaken through a blend of teaching sessions on campus with online study which is accessible and engaging.

CORE MODULES

- Providing Housing Services
- Sustainable Communities
- Organisational Behaviour
- Housing Finance and Strategy
- Housing Governance
- Healthy Housing
- Housing Research Project

CAREER PROSPECTS

Stirling graduates have a strong track record of making rapid career progress on completion of the Masters or Diploma. Potential career opportunities include management in housing organisations, specialist research, policy and strategy work. Increasingly, there are opportunities linked to government initiatives and policy areas.

During your studies you will be taught by a team of academics who comprehensively cover the multi-disciplinary nature of housing, research, policy and practice. Our research-led teaching draws on our specialist expertise in policy analysis, homelessness and housing rights, social theory, housing, ageing, inequality and governance.



Course Starts: September



HOUSING STUDIES (WITH INTERNSHIP)



Blended
MSc, PG Dip, PG Cert

The Masters and Diploma in Housing Studies (with internship) offers a unique combination of academic study and professional work experience for those seeking to enter a career in housing.

You will be introduced to the most up-to-date ideas and debates in housing and offered the opportunity to learn about housing practice.

Accredited by the Chartered Institute of Housing, the practice-based course covers all aspects of housing services, sustainable communities, governance and law, housing organisations, and health and wellbeing. It will also provide you with a comprehensive academic and professional qualification with work experience and, upon completion, the skills, experience and qualification you need to take forward your career in housing. The Diploma internship can also help you to work towards a Masters qualification.

You will have the opportunity to undertake a housing placement during your studies, linked to the practical requirements of the Chartered Institute of Housing. During your placement, you will gain practical work experience and develop vital skills required for a career in the sector.

Teaching is undertaken through a blend of teaching sessions on campus with online study which is both accessible and engaging.



You'll be taught by academics with a wealth of knowledge, including specialist expertise in policy analysis, homelessness and housing rights, social theory, housing and land market analysis.

CORE MODULES

- Providing Housing Services
- Sustainable Communities
- Housing Governance
- Housing Finance and Strategy
- Healthy Housing
- Organisational Behaviour
- Contemporary Housing Practice (including 50-day internship placement)

CAREER PROSPECTS

Graduates from our course are highly sought-after in the housing sector and can expect to find relevant employment in the social, voluntary or private sectors. Our recent graduates have gone on to work in housing associations, local authorities, trade organisations, government agencies and in research and consultancy.

Course Starts: September



PROFESSIONAL EDUCATION AND LEADERSHIP



Blended
MSc, PG Dip, PG Cert

Stirling has worked in partnership with local authorities and other stakeholders over a number of years to develop this highly regarded professional education course.

The course is designed to enhance the professional practice of educators and the learning of their pupils, students or trainees.

Teaching draws upon current research to support professional educators in leading critical approaches to improving education experiences and outcomes.

Teaching is undertaken through a blend of on-campus, online, and work-based learning, offering you a learning experience that takes account of professional work contexts and demands.

The course modules are informed by current policy and the General Teaching Council for Scotland's (GTCS) Professional Standards framework (2021) providing you with the opportunity to practice leadership at all levels.

Course Starts: August



CORE MODULES

- Engaging Critically with Professional Practices
- Examining Professional Practices: Work-Based Learning
- Leading Critical Collaborative Professional Enquiry 1
- Leading Critical Collaborative Professional Enquiry 2

[Check course web page for optional modules](#)

PATHWAYS

Students studying the MSc Professional Education and Leadership have the opportunity to select one of following routes:

- Middle Leadership
- Curriculum Leadership
- Digital Leadership
- Coaching and Mentoring
- Promoting Equity

CAREER PROSPECTS

This Masters provides high-quality, career-long professional learning, for educators in primary, secondary, further education and higher education sectors. It will enhance your knowledge, understanding and skills to support career and leadership development in education.

MASTER OF PUBLIC HEALTH (ONLINE)



Online
MPH, PG Dip, PG Cert

This course will develop your skills in public health practice, policy and research, and help prepare you to become a future leader in the field.

As the Covid-19 pandemic has demonstrated, public health affects all aspects of our lives. Society is facing complex challenges associated with aging populations, growing inequalities and high levels of preventable deaths. The world needs more skilled public health professionals to create a healthier and fairer society.

Suitable for both novice and experienced Health Science practitioners, the online, part-time nature of our Master of Public Health degree will allow you to balance your life and work commitments. The course also offers a range of both core and optional modules to suit your own learning needs, interests and goals.

We aim to inspire, educate and empower individuals who will champion evidence-based policies, design and implement effective interventions and drive positive change in public health practice.

The course is awarded curriculum validation by Agency for Public Health Education Accreditation (APHEA), signifying alignment with international standards and assuring our students that our course is of the highest quality. Our curriculum is also aligned with both the UK Public Health Skills and Knowledge Framework and the European Agency for Public Health Education Accreditation.

CORE MODULES

- Public Health Practice
- Applied Epidemiology
- Public Health Research
- Public Health Policy
- Research Project

[Check course web page for optional modules](#)

CAREER PROSPECTS

You will graduate with the relevant public health skills and knowledge needed for a career as a public health researcher, policymaker or practitioner across the public, private, voluntary, community and not-for-profit sectors.

Some examples of the types of roles you will be qualified for include Health Policy Advisor, Public Health Advisor, Substance Misuse Worker, Health Improvement Practitioner, Public Health Nutritionists, Advanced Health Improvement Practitioner.



Our Masters is shaped by some of the leading thinkers in public health and will equip you with unique insights into modern public health theory and how to apply them to your work.

Course Starts: September, January and May



PUBLIC RELATIONS AND STRATEGIC COMMUNICATION (ONLINE)



Online
MSc, PG Dip, PG Cert

Combine work or other personal commitments with our flexible online Masters in public relations and strategic communication.

This course offers an understanding of public relations and communication in contemporary society.

You will develop the skills to work at a managerial level in public relations and communication. You will be able to analyse environments, issues, organisational cultures and relationships – as well as set objectives, carry out research and evaluation, and design and implement public relations strategies.

You will benefit from guest lectures offering the opportunity to discuss strategic communication issues and best practice with leading practitioners. You will also have optional field trip opportunities, including the possibility to attend a public affairs seminar series in Brussels.

CORE MODULES

- Public Relations and Public Communication Theories
- Strategic Public Relations Planning
- Research Methods (Online)
- Dissertation

[Check course web page for optional modules](#)

CAREER PROSPECTS

The most common careers are in public relations, organisational communication, corporate communications, strategic communication and public affairs. Our alumni are found around the globe, in public, private and voluntary sectors.

Many graduates work in PR consultancy roles for companies, government, charities and NGOs or have started their own businesses. Others stay in academia, going on to gain PhDs and then work as lecturers, teaching and researching in universities.



Students on our online course have the option to attend on-campus sessions and field trips, including our Public Relations Residential School and the annual public affairs field trip to Brussels.

Course Starts: September and January



SPORT PERFORMANCE COACHING (ONLINE)



Online
MSc, PG Dip, PG Cert

The first course of its kind in the UK, this innovative online Masters provides Sport Performance Coaches an opportunity to develop their coaching knowledge and skills over two years online.

The course is taught by a team of highly qualified academics with a wealth of coaching, coach development and research experience. You will be able to practically apply what you've learnt to decisions, strategies and performance.

Our course is suitable for those who work to develop coaches in one-to-one settings, through coach education, mentoring, and tutoring.

To gain the most from the course and enhance your employability, it is expected that you will be actively coaching while completing your course. This will enable you to explore and critically examine your coaching practice.

We're proud to hold a 100% overall student satisfaction rating for Sport Performance Coaching in the Postgraduate Taught Experience Survey (PTES) 2022.

CORE MODULES

- Coaching Concepts
- The Coaching Process
- Coaching as Learning
- Psychological Perspectives
- Creating Engaging Practice
- Identifying and Solving Problems
- Planning for Sport
- Understanding Performance
- Dissertation

CAREER PROSPECTS

Most coaches who apply for this course will already be working in talent development or performance sport. Coaches who have completed the course are expected to go on to fulfil roles at the top level of their profession.

Some of our students also go onto study for a PhD.

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UNIVERSITY of
STIRLING

Course Starts: September



SUBSTANCE USE (ONLINE)



Online
MSc, PG Dip, PG Cert

This course is for those looking to develop a career in the field of substance use.

You will explore the effect of substance use on people who use drugs and alcohol, their family members and wider communities as well as international and UK drug and alcohol policy, and how harm reduction practice has evolved over time.

With core modules in policy, interventions, and social research methods; as well as optional modules in specialist subjects including housing, rehabilitation, criminal justice and public health, you will develop a range of skills which will significantly enhance your confidence and employability in the field of substance use and more widely in health and social care.

The course is taught by research active staff who are members of national and international organisations such as the Drugs Research Network Scotland, Scottish Alcohol Research Network, Society for the Study of Addiction, and Scottish Centre for Crime and Justice Research.

To study this course, you should hold either an undergraduate degree in a relevant subject (health/sociology/criminology), or have experience working in a health or social care setting.

CORE MODULES

- Drug Use: Theories and Comparative Policies
- Drug Use: Policies and Interventions
- Alcohol Use: Policies and Interventions
- Social Research Methods
- Final Year Project

[Check course web page for optional modules](#)

CAREER PROSPECTS

Different career paths for graduates of this course include third sector and policy advocacy organisations, government and NGOs or public services as well as research. Graduates can also go onto further study either in Professional Doctorate or PhD study.

DID YOU KNOW?

The University hosts the Salvation Army Centre for Addiction Services and Research, allowing our students access to top research facilities, networking opportunities and the chance to collaborate with leading researchers.

Course Starts: September



TEACHING ENGLISH TO SPEAKERS OF OTHER LANGUAGES (TESOL)



Online, with optional on-campus modules
MSc, PG Dip, PG Cert

Our online TESOL course is an advanced training and professional qualification for people who already work in any area of teaching English as a foreign or second language.

You will gain the knowledge and practical classroom skills to be a confident, critically reflective and enterprising teacher.

Delivered completely online, with the option of attending modules on campus, this course is ideal for those who want to study while continuing to teach. Delivered by experienced professionals who have lived and taught around the globe, the course offers an excellent balance between theory and practice using a range of cutting-edge, innovative teaching methods.

Much of our assessment allows you to use your classroom experience as part of the assignment, allowing you to put learning into practice. Our TESOL course includes the opportunity to apply for a placement at one of our partner universities, in France, Switzerland, Japan or Spain. The placement allows you to gain practical teaching experience, understand another culture and travel whilst fulfilling their studies.

100% of our research impact and environment in Education was classed as world-leading or internationally excellent in REF 2021.

Course Starts: September



CORE MODULES

- TESOL Methodology
- Principles of Language Learning and Teaching
- Discourse Analysis
- Technology in Language Education
- Research Methods in TESOL
- Dissertation

[Check course web page for optional modules](#)

PATHWAYS

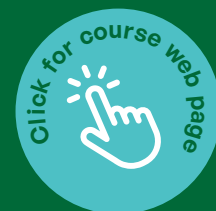
In addition to MSc TESOL (Online), we offer the following pathways:

- MSc TESOL (Corpus Linguistics)
- MSc TESOL (Computer Assisted Language Learning)

CAREER PROSPECTS

You will graduate with an advanced knowledge and understanding of the TESOL sector, enabling you to take on more responsibility in current or future roles. As experienced teachers, the qualification provides access to a wider range of career opportunities and increases the chances for promotion to more senior roles.

SPORT NUTRITION



Online
MSc

Sport nutrition is an increasingly vital part of elite sport and there has never been a better time to specialise, as recreational competitive sport and elite performance sport grow increasingly popular in the UK and worldwide.

Our Masters course focuses on the science behind sport nutrition, and is designed specifically for students who already have completed the International Olympic Committee (IOC) Diploma in Sports Nutrition. The University of Stirling is one of only six universities worldwide approved to provide this Masters conversion course.

You will undergo high-quality research training through the planning and completion of an in-depth research project. This training will help you to understand how to translate research into practice and you will benefit from the close supervision of academics who are experts in the field.

During your studies, you will not only learn more about conducting research and communicating it effectively, you will also establish meaningful connections with leading academics in the field.

The knowledge that you will gain can be applied to help athletes make optimal gains, reduce their risk of injury and illness, and consistently achieve high performance levels by promoting adequate nutrition for training adaptation and recovery.

CORE MODULES

Our MSc Sport Nutrition enables you to convert your IOC Diploma in Sports Nutrition into a Masters degree by completing an in-depth research project.

CAREER PROSPECTS

Stirling Sport Nutrition graduates are well qualified to work within a number of different sporting environments. From national and international sports teams and governing bodies, to private gyms and sport and exercise organisations, graduates leave Stirling fully equipped with the skills to succeed.

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**Start dates: Starts at the beginning
of every month**

