

Manhood - A kingdom perspective

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Introduction

until we all attain. . . the knowledge of the Son of God,
to mature manhood, to the measure of the stature of
the fullness of Christ, Ephesians 4:13 ESV

Who is this book for?

- Christian teenagers and young men in their 20's and 30's in Germany and the Western World (English)

Why?

We live in a day and age where men no longer understand what it is to be a man. The media has been this generations' poor tutor and has left us confused about manhood and as blind men following the blind. Many of us boys have a deep need to be initiated into manhood, but we don't see any role models we can follow in the world or the church. We read this incredible mandate Jesus has given his people, to disciple the Nations, but we can't even tie our own shoe laces. We feel pretty useless and the world thinks we are a joke as a generation already (millenials).

This is our journey to explore how Jesus defines manhood; how he lived it out so that we can follow suit. I don't want to limit the Trinity to the typical Sunday School lessons about manhood. His ways of teaching often come in difficult packages, but in forms we need like a Drill Sergeant to get us into shape.

How?

20 Wisdom cries aloud in the street, in the markets she raises her voice; Proverbs 1:20 ESV

By positioning ourselves to hear. This starts with a heart decision to want to learn. This is actually a form of repentance acknowledging that we have not listened to the Trinity as they have tried to teach us their ways. One of the most powerful prayers we can pray is for us to ask God to forgive us for not listening to, honouring and learning from our parents in particular out Fathers. But also other people who are leaders in our lives, e.g. Bosses, Teachers, Government Authorities etc.

As we repent we position ourselves to hear. The Trinity is constantly trying to teach us to and train us into maturity, if we position ourselves to listen (be teachable) and then act on what we hear we we can grow.

We are going to share with you our journey as we repent, listen and begin to act on what the Lord teaches us and shows us. We are going to try and share both our ups and downs, being truthful about the process as we push on.

We hope you will join us on this journey and perhaps find some good friends to join you along the way.

Be strong and courageous!

Sinjin & Belshazzar

Phase 1 - Uprooting and Ground Zero

- Your life can be likened to a garden
 - If your life is like a jungle we need to uproot a lot before we can replant and maintain a healthy garden
- What follows is a long list of things you just need to stop doing
- Step by step we will begin to add new disciplines to replace all the junk

Uproot List

Activities

- TV / Series / Youtube
 - Just ditch all of it
 - Movie watching included for now
- Staying up after 11PM at night
- Movies with junk in them
 - Horror / Drama
 - Porn, Sex Scenes etc.
- Sleeping more than 8 Hours a day
- Alcohol
- Excessive Partying / Clubbing etc.
 - In fact for now just stop all of it
 - Ditch the associated “friends” . . .
 - As I said we will replace this all later
- Hanging out with friends who encourage you to do the stupid stuff on this list
- Video / PC / Role Playing Games

- Just sell it all on Ebay (includes board games that aren't social - i.e. board games that girls don't like playing)
- Binge eating ### Food
- Sugar
- Food with gluten in it
- Refined wheat products
- Any processed products
 - Just stop going to Burger King, Mc Donalds etc.
- There is more here, but we will get to that later. . .

Replace

Food

- I recommned the recipes in these books
 - The Gaps Diet
 - Eat Dirt
 - Bear Grylls - Fuel for Life ### Exercise
- Pilates Class - Mat

The important Role of Fathers

Servanthood

Introduction

- The pathway to destiny
 - is through the doorway of servanthood
- Problem. . .
 - Many sons want to be rock stars and don't understand that they need to serve fathers to enter into their destiny
 - Many Fathers want sons to serve, but they don't want to Father them so they can be trained and released into their destiny
- Answer. . .

- It starts with the example of Jesus
 - * He was a perfect son who opened the way to the Father
 - * The Trinity are an example for us of what G
- It needs to start with the fathers. . .
- The sons need to respond and be yolked to follow

And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers, lest I come and smite the earth with a curse.

Malachi 4:6 KJV

3 Stages of Maturity

- Child
 - Feed me
- Young Man
 - Starting to serve
 - Starting to fight
- Fathers
 - Create a culture / atmosphere for the kingdom to thrive. . .

Planning Your Day

Sunday

- Church
- Catchup with Friends and Family
- Prepare for the work week in the evening

Work Day

- Home (Mornings)
 - Read a Psalm in the morning

- Do half an hour of intense Fitness
 - Breakfast - 30 minutes with Family
- Travel
 - Avoid any job where you need to travel more than 1 - 1.5 hours in your own time each day
- Work
 - 8 Steps of 45 minutes each
 - Don't plan your time in smaller increments than one hour
 - * Otherwise you are trying to do too much
 - Plan each step
 - Have open time, but never unplanned time
- Home
 - Dinner - 1Hour with Family at the dinner table - no devices
 - * Children should show you their homework each day etc.
 - Regularly spend a half or hour on alternate evenings with one of your children
 - 2 Steps after Dinner
 - * For learning, admin etc.
 - * Plan it!!!
 - Bed Time
 - * Read the Word to your children and write them a story
 - Pray for half an hour to an hour before you sleep ## Saturday
- Gardening
- House Maintenance
- Shopping
- Car Maintenance
- Meet with friends in the evening or have a family time / prayer time

Organizing your Day when Travelling

Organizing your Day when at War