

## Workshop Descriptions

### ***Behind the Beauty Mask: Three Women with Three Beauty Secrets*** **Annette Peterson**

What if I told you, you don't need all the fancy make-up and special creams, that by learning these three tips you would see that you are more beautiful and courageous than you could ever imagine. Join us as we unmask three beauty secrets that Deborah, Jael and the Proverbs 31 Woman possessed. These ladies were unusual and unique to their time frame and used these beauty secrets every day. Are you ready to find out what they are? Then this workshop is just what you're looking for. You will be stretched in ways you've never imagined!



Annette lives with her husband in Ferguson, Mo. She is a mother of three and a grandmother of six. Annette loves spending time with her family and looks forward to next time she sees them. She has been a hairstylist for over 20 years, but also enjoys speaking to women's groups. She is currently studying to become a Certified Biblical Counselor and has been working hard to help her church open a new counseling center. She is always looking forward to the journey God sets before her.

### ***Behind the Mask of Abortion*** **Juli Nelson**

There is no doubt that in today's society abortion is a "hot topic." On one side the world is tolerant of abortion. On the other side individuals believe in the sanctity of a child who has yet to be born. This workshop explores the reasons and struggles of women who choose abortion and the aftermath of their choice. Furthermore, Juli will discuss ways women in the church can reach out and minister to these hurting women as rescued rescuers.

Juli Nelson is a member of Gateway Christian Church and volunteers at the Jefferson County Pregnancy Care Center in Cedar Hill, MO as a Client Advocate and Resource Class Facilitator, counseling women in crisis pregnancy situations and teaching parents a variety of subjects related to parenting. She has a passion for sharing her faith with these women and showing compassion to them through providing information, resources, and encouragement.



***Behind the Mask of Divorce***  
**Paula Reed**

In your church and community there are many hearts wounded by divorce. Learn how to reach these hurting people and give them the hope and healing Christ offers. You'll also preview some of the resources available.

Paula Reed grew up in St. Louis and is an SLCC graduate. She is a former missionary to Congo and Tanzania, and currently works as an Admissions Counselor at Meramec College and as a Realtor. Paula is a single mom of five wonderful boys, and as of October 17, a proud mother-in-law. She serves at Gateway Christian Church as coordinator of DivorceCare and Single Moms ministries.

***Behind the Mask of Sexual Abuse***  
**Janet Ross**

In this workshop, we'll be discussing the dynamics of Domestic/Sexual Abuse, and looking at some of the recognizable symptoms of an abuse victim. We'll be discussing what resources are available in the community, and how the local church can support and encourage a victim.



Janet gave her life to the Lord at the age of 11, and has been journeying with Him ever since. She has seen God's call on her life take her through different life experiences and exciting ministries. She currently serves as the Coordinator of Women's Ministry at First Christian Church of Florissant, MO. She desires to see women from every walk of life loving & serving God and helping other women to experience freedom in Christ. She is married to Steve and has 3 daughters, a son-in-law and 3 grandchildren. She loves to read, write and take long walks.

***Behind the Prodigal's Mask***  
**Marsha Koch**

Many women today are hurting because their children have wandered away from God and from their upbringing. How can we minister to them? We will explore how to encourage them, minister to them, and suggest ways they might reach out to their prodigals.



Marsha Koch has a passion for ministry. Along with her husband, John, she has served in ministry for 26 of their 34 years together. In her life, Marsha wears many hats. She is not only a minister's wife, but is also in charge of Christian Education at her church, a presenter for Standard Publishing, and an office manager for a financial advisor. The roles that

she treasures most are wife, mother and grandmother. She and John are currently working in their home church, Northland Christian Church, in Kansas City, Missouri where they have been for the past 8 years.

***The Mask of Addiction***  
***Vicki Gosch, B.S., B.S.W.***

Addiction is an emotional, physical and spiritual disease. It does not respect age, race, gender or religion and is equally devastating to all who are touched by it. Addiction is as old as time. Proverbs 23: v. 29--35 describe the agony of addiction, but even king Solomon in all of his wisdom could offer no hope for the addict. This workshop will discuss the different types of addictions, the family dynamics of addiction and offer resources and hope for the addict and his/her family.

Vicki is married and the mother of three adult children. Her husband and two of her children have struggled with addictions for years. One of her children and her husband has found their way to recovery programs. Vicki has been on her own recovery journey for the past 19 years. She has a master's degree in social work from the University of Illinois and has been employed as case manager at Memorial Hospital in Belleville, Illinois.



***The Mask of Submission***  
***Lisa Womble, B.S., M. Div.***



Lisa Womble is the Ministry advancement Program Coordinator and professor of practical ministry at SLCC. She is a certified Grip/Birkman coach. She has a passion for providing life coaching and helping churches to mobilize people according to their spiritual gifts while serving in team ministry. Her "Encouragers Devotional Series" helps people develop ministries of encouragement.

Lisa is a frequent speaker for special events and has done workshops for the Missouri Christian Convention. She loves writing and the arts. She is currently experimenting with mixed media and art journaling. "I felt God challenging me to develop my intellect through art. I hope to encourage others to explore art as a means to engage in life and spirituality." Lisa and her husband, Scott, have been married twenty-four years and have two children, Amanda and Michael.

***The Mask of Weariness: The Worn Out Woman***  
***Linda Wallace, B.S, M.A.***

Many women struggle with the heavy expectations placed on them by both themselves and others. It is easy to become tired and worn out when you are a woman with high expectations. This workshop explores the reasons we become weary, the expectations Christ has of us, and how we can take steps to avoid the pitfalls of becoming weary. This workshop is limited to 12 women during each session. Sign up early!

Linda is a graduate of St. Louis Christian College and Lincoln Christian Seminary. She has a heart and passion for women's ministry and encourages women to work within their giftedness. A CLASS Communicator, Linda is the director of Christian Women's Resource Network, an organization that provides training and education for women in women's ministry. She and her husband, Tom, are active in the New Heights Christian Church and have four children and two grandchildren.



***Unmasking the Lone Ranger: Biblical Leadership through Team Ministry***  
***Colleen Jumper, RN, B.S.***

The Lone Ranger had Tonto, but only as a sidekick for occasional assistance and help. Like so many in ministry leadership, he was the hero carrying the bulk of the workload only relying on Tonto when there was a crisis. This workshop will define biblical leadership and assist leaders to implement team ministry and share the load and prepare the next generation of leaders. Colleen will share her experiences in developing a successful ministry team after serving solo.



Colleen Jumper and her husband of 30 years have three children and one grandchild. Colleen was an RN for over 25 years then returned to college, receiving a Bachelor's degree in Bible from St. Louis Christian College and is currently attending Lincoln Christian Seminary to pursue her Masters in Divinity degree. Colleen has volunteered with children and youth ministries, and adult discipleship. She was the Women's Ministry Coordinator, and is employed as the Administrative Minister for Bethalto First Christian Church overseeing adult discipleship and group specific ministries. Colleen is a CLASS (Christian Leaders Authors and Speakers Seminar) Communicator. She loves researching and teaching the Bible in a variety of settings and has a desire to apply the truth of Scripture to lives in a practical way.

***Unmasking the Superwoman Syndrome***

### ***Susan Stitch***

Are you *that* woman who appears to manage her family, ministry, home, job, and anything else that comes along flawlessly with a smile on her face? And are you so tired of trying to keep everyone else happy that you aren't even sure who *you* really are anymore? God never called us to do it all well; He just calls us to be His. After all, even the Proverbs 31 woman had helpers! Join this session and learn that wearing the Superwoman Mask isn't just an attempt to keep up with the expectations of others; it is a form of idolatry. Discover how to peel away your perfectionism and become the woman God intends you to be.

Susan Stitch wants each woman to feel loved by God and worthwhile to the world. As a woman, you *will* make a difference in the lives of others; Susan wants to help you find the courage to make the most impactful, widespread, positive difference possible as you fulfill God's will in your life. She ties Biblical concepts to memorable, everyday examples for immediate impact.



Susan has been married for 27 years and has five children, ages 10 – 23. For 23 years she worked at The Boeing Company where she developed a passion for leadership development and executive coaching. Susan is translating what she has learned both at home and in the corporate world into lessons of meaningful growth for Christian women.