

**COMMUNITY:**  
We value belonging to and worshiping with the church family.

### PRESENT IN COMMUNITY; PRESENCE IN COMMUNITY

- Do I feel I belong? How can I choose to?
- Who do I see regularly in the church to talk to or pray with?
- How am I experiencing God in worship and fellowship?
- Am I invested in relationships with others in the church community?
- Am I making myself vulnerable and willing to receive help and support from others?
- What space do I make to build relationships with others in church?
- Do I see God working in my rhythms of community?
- Do I contribute into the life of the church?
- How am I being built with others, as a 'living stone' to make the church a dwelling place for God's presence?
- Do I love the people in my group / church community?
- Am I intentional or passive as I come to worship?
- Is there anyone I fear, resent, dislike or disregard?

STEP 3: Reflect on what God is saying through this and what it means to respond with faith.

**RE-CREATE:**  
We value regular life-giving rest.

### STOPPING, RESTING, RENEWAL & CELEBRATION

- What do I need to stop, to make space for rest?
- Is my rest / Sabbath joyful?
- What fears keep me busy?
- Do I have good boundaries that set apart and protect space for rest and God's renewing of me?
- Am I sleeping / eating well?
- What is life-giving rest to me?
- How does the Holy Spirit want to breathe life into my patterns of rest?
- What steals my peace and rest?
- Where do I experience re-creation, what brings me alive?
- Am I experiencing intimacy in my relationships?
- Is my Sabbath rest legalistic?
- Where can I bring God more into my rest to experience his re-creation of me?
- Am I burning with passion for Jesus or burnt out?
- Do I look forward to my rest and Sabbath?

STEP 4: Make a plan and response - being prepared to give account of your progress to the group. Pray for God's strength and blessing.



## The **CROWN** Rhythm

Community, Re-Create, Offering, Word, Networks.



# DISCIPLING DISCUSSION QUESTIONS

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## OFFERING:

We value using our gifts as we join God's plan to renew all creation, bringing glimpses of heaven to earth.

## SERVING, CALLING, OBEDIENCE & GIFTING

- Am I a servant?
- Am I dying to success?
- How am I responding to the season of life and faith I am in?
- Do I have a vision?
- How am I fulfilling God's call on my life?
- Is there disobedience in my walk with Jesus?
- Am I living full of the Holy Spirit?
- Am I seeing glimpses of heaven breaking into earth?
- Do I see the potential in others?
- Do I often compare myself with others in church?
- Who am I discipling?
- Do the teams I am in release each others' strengths as Apostle, Prophet, Evangelist, Pastor and Teacher?
- When did God last use me?
- When did I last encourage someone in their ministry?
- Am I obedient to God's leading and prompting?
- Am I growing in my areas of gifting?

## WORD:

We value pursuing a living relationship with Jesus and his word.

## SITTING, SCRIPTURE, SONG & SOLITUDE

- Do I give of my best time to the Lord?
- What stops me from praying?
- How might God be inviting me to walk more closely with him?
- Whose prayer patterns inspire me?
- Does worship help me draw closer to God?
- When did God last speak to me through the Bible?
- Am I meeting God in solitude and silence?
- Do I find it easy to focus on God fully, keeping my 'eyes fixed on Jesus' as I pray?
- Is my devotional time full of life?
- Do I find it hard to stop and 'be still' and come before the Lord?
- Is prayer woven into the natural rhythms of my day?
- What are the biggest distractions I face?
- Am I a worshipper?
- How do I experience God's presence in time set aside to seek him?
- Is silence in God's presence hard for me?
- Do I know how I best draw close to God in devotions?

## NETWORKS:

We value sharing life and faith with those outside the church.

## SEEK, SENT, SEARCH & SPOT, STAY & SHARE

- Do I ask God for opportunities to share my faith?
- Who am I partnering with in mission?
- Who is Jesus sending me to reach out to?
- Am I proud or ashamed of the Gospel?
- Do I find it easy to spot People of Peace?
- Am I bold enough to respond to God's promptings for mission?
- Where do I meet possible People of Peace?
- Do I have a heart for the lost?
- Do I know where my People of Peace are really at?
- Do I say people's "No" for them?
- What rhythms in the week can I easily invite People of Peace to or join them in?
- What fears stop me sharing my faith?
- Which of my friends did God choose for me?
- Am I seeking the Holy Spirit's guidance for next steps with my People of Peace?
- Am I seeking God's power to move among my People of Peace?
- Do I make time to build relationships and stay with People of Peace?

The aim of these questions is to prompt reflection and hear what God might be saying to you, in order to grow stronger rhythms.

STEP 1: We use a learning tool - such as the Life-shape CIRCLE to facilitate the process. Choose an aspect (or two) of the CROWN pattern that will be your focus for the session. (See Mentor guide for more information)

STEP 2: Look over the related questions and pick one that you feel the Holy Spirit is highlighting to you. This may be an area he is wanting to transform, or an opportunity to reflect on and celebrate where he has been at work in your life.