

Norfolk State University Athletics

Staff Directory

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Ross Gordon	Assistant AD/Director for Sports Broadcast & Production	rlgordon@nsu.edu	(757) 278-4401	rossg224
Yanora Wade	Director of Administrative Operations	yswade@nsu.edu	(757) 823-8152	
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ACADEMIC ENHANCEMENT				
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STUDENT SERVICES/COMPLIANCE				
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FACULTY ATHLETICS REPRESENTATIVE				
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SPORTS COMMUNICATIONS				
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STRENGTH & CONDITIONING				
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Joshua Livingston	Assistant Director of Strength and Conditioning	jdlivingston@nsu.edu	(757) 823-8824	
BASEBALL				
M.L. Morgan	Head Baseball Coach	mlmorgan@nsu.edu		
Lewis Tag Montague	Assistant Coach			
MEN'S BASKETBALL				
Robert Jones	Head Coach	spartanbasketball@nsu.edu	(757) 823-8152	NSUCoachJones

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Kyonze Chavis	Assistant Coach	spartanbasketball@nsu.edu	(757) 823-2691	
Corey Coffey	Assistant Coach			
WOMEN'S BASKETBALL				
Jermaine Woods	Head Coach	jawoods@nsu.edu	(757) 823-2840	woodsnsu
Lindsey Payton	Associate Head Coach	lpayton@nsu.edu		
Asia Williams	Assistant Coach / Recruiting Coordinator	aswilliams@nsu.edu	(757) 823-2840	
Chanette Hicks	Assistant Coach	cahicks@nsu.edu	(757) 823-8152	
Mossi Staples	Director of Operations/ Assistant Coach	msstaples@nsu.edu		
Brandon Plummer	Assistant Coach			
WOMEN'S BOWLING				
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FOOTBALL				
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Brian Sheppard	Offensive Coordinator	bsheppard@nsu.edu	(757) 278-4665	@coachbshep
Terence Garvin	Defensive Coordinator	tgavin@nsu.edu	(757) 278-4666	@T_Garvin28
Elton Brown	Offensive Line Coach	egbrown@nsu.edu	(757) 278-4657	@coacheltonbrown
LaRoy Reynolds	Linebackers Coach/ Assistant Special Teams Coach	rdreynolds@nsu.edu	(757) 278-4664	@LetItReign52
Tim Smith	Wide Receivers Coach	tfsmith@nsu.edu	(757) 278-4655	@Coach_TimSmith
Jameel "Jabo" Smith	Defensive Backs Coach	jlsmith01@nsu.edu	(757) 278-4667	@Coach_Jabo
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Izaan Cross	Defensive Line Coach	icross@nsu.edu	(757) 278-4663	@BossCross76ers

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Wilson Appleton	Safeties Coach/ High School Relations Liaison	whappleton@nsu.edu	(757) 278-4662	@CoachWAppleton
Steve Adams	Tight Ends Coach / Recruiting Coordinator	sradams@nsu.edu	(757) 278-4660	CoachSteveAdams
DeCedrick "Ced" Quinn Sr.	Director of Strength & Conditioning/Performance (FB)	dtquinn@nsu.edu	(757) 823-8824	@CoachCedQuinn
DeMarcus McMillan	Director of Football Operations	dmcmillan@nsu.edu	(757) 278-4655	@DeMarcusMcMill4
SOFTBALL				
Shelby DesChamps	Assistant Coach			
TENNIS				
Peter Banas	Head Men's and Women's Coach	psbanas@nsu.edu	(757) 823-2910	
MEN'S TRACK/CROSS COUNTRY				
Kenneth Giles	Director of Track & Field Programs	kgiles@nsu.edu	(757) 823-8169	CoachGiles1
Ernest Barrett	Associate Head Coach	egbarrett@nsu.edu	(757) 823-8169	
Ashanti Matthews	Assistant Coach	admatthews@nsu.edu	757-823-8169	
Daiysa Burrell	Assistant Coach (Throws)	dmburrell@nsu.edu	(757) 823-8169	
Harry Freeman	Special Assistant to the Director of Track & Field Programs		(757) 823-8169	
Brian Triolet	Assistant Coach (Pole Vaulters)	bttriolet@nsu.edu	(757) 823-8169	
WOMEN'S TRACK/CROSS COUNTRY				
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Ernest Barrett	Associate Head Coach	egbarrett@nsu.edu	(757) 823-8169	
Ashanti Matthews	Assistant Coach	admatthews@nsu.edu	757-823-8169	
Daiysa Burrell	Assistant Coach (Throws)	dmburrell@nsu.edu	(757) 823-8169	
Harry Freeman	Special Assistant to the Director of Track & Field Programs		(757) 823-8169	
Brian Triolet	Assistant Coach (Pole Vaulters)	bttriolet@nsu.edu	(757) 823-8169	
WOMEN'S VOLLEYBALL				

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Jordan Lyons	Graduate Assistant			

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