

Benedictine University Athletics

Staff Directory

Benedictine University
5700 College Rd.
Lisle, IL 60532

NAME	TITLE	PHONE	EMAIL ADDRESS	CELL PHONE
ATHLETIC ADMINISTRATION				
Paul Nelson	Director of Athletics	630-829-6144	pnelson@ben.edu	
Kate Heidkamp	Senior Associate Director of Athletics	630-829-6149	kheidkamp@ben.edu	
Lou Simios	Associate Director of Athletics - Facilities & Events	630-829-6085	lsimios@ben.edu	
Nate VanRaden MS, LAT, ATC, PES	Assistant Director of Athletics - Sports Medicine & Performance	630-829-6154	nvanraden@ben.edu	
Tim Calderwood	Assistant Director of Athletics - Athletic Communications	630-829-6137	tcaldерwood@ben.edu	
Jen Wildes	NCAA Compliance Officer	630-829-6141	jwildes@ben.edu	
Patrick Polasek	Faculty Athletics Representative	630-829-6472	ppolasek@ben.edu	
Ellie Wisner	Athletic Communications GA		ewisner@ben.edu	
SPORTS MEDICINE				
Nate VanRaden MS, LAT, ATC, PES	Assistant Director of Athletics - Sports Medicine & Performance	630-829-6154	nvanraden@ben.edu	
Nicole Reinhart MA, LAT, ATC	Assistant Athletic Trainer	630-829-6183	nreinhart@ben.edu	
LJ Sernek	Assistant Athletic Trainer	630-829-6107	jsernek@ben.edu	
Adar Panner	Assistant Athletic Trainer			
Dr. Joshua Blomgren	Head Team Physician			
STRENGTH AND CONDITIONING				
Michael Wagner	Graduate Assistant - Strength and Conditioning			
John Pettit	Graduate Assistant - Strength and Conditioning			
BASEBALL				
Adam Smith	Head Coach	630-829-6656	asmith10@ben.edu	
Tyler Ingram	Assistant Coach	630-829-6493	jingram10@ben.edu	
Kevin Sullivan	Assistant Coach			
Dave Swanson	Assistant Coach			

NAME	TITLE	PHONE	EMAIL ADDRESS	CELL PHONE
<u>Sam Mallinas</u>	Graduate Assistant Coach		<u>smallinas@ben.edu</u>	
<u>Anthony Baturin</u>	Assistant Coach			
<u>Zach Fell</u>	Assistant Coach			
MEN'S BASKETBALL				
<u>Jordan Townsend</u>	Head Coach	<u>630-829-6151</u>	<u>jtownsend@ben.edu</u>	
<u>Jake Rhode</u>	Assistant Coach		<u>jrhode@ben.edu</u>	
<u>Frank Janczak</u>	Assistant Coach	<u>630-829-6158</u>	<u>fjanczak@ben.edu</u>	
<u>Charlie Towns</u>	Graduate Assistant Coach	<u>630-829-7488</u>	<u>ctowns@ben.edu</u>	
WOMEN'S BASKETBALL				
<u>Oliver Wiseman</u>	Head Coach	<u>630-829-6138</u>	<u>owiseman@ben.edu</u>	
<u>Todd Zasadil</u>	Assistant Coach		<u>tzasadil@ben.edu</u>	
<u>Maxine Najera</u>	Assistant Coach	<u>630-829-6437</u>	<u>mnajera@ben.edu</u>	
MEN'S AND WOMEN'S CROSS COUNTRY				
<u>Steven Shelley</u>	Director of Track and Field/Cross Country	<u>630-829-6148</u>	<u>sshelley@ben.edu</u>	708-969-4476
<u>Ernest Downing</u>	Assistant Coach	<u>312-701-4568</u>	<u>edowning@ben.edu</u>	
FOOTBALL				
<u>Jim Schroeder</u>	Head Coach	<u>630-829-6147</u>	<u>jschroeder@ben.edu</u>	
<u>Rick Ponx</u>	Assistant Coach		<u>rponx@ben.edu</u>	
<u>James Nudera</u>	Assistant Coach			
<u>Tyrone Richardson</u>	Assistant Coach			
<u>John Clarke</u>	Assistant Coach			
<u>Carl Janssens</u>	Director of Business Operations, Logistics and Equipment	<u>630-829-6458</u>	<u>cjanssens@ben.edu</u>	
<u>Ryan Kaltenmark</u>	Assistant Coach			
<u>Hunter Perry</u>	Assistant Coach			
<u>Dane McMahon</u>	Graduate Assistant Coach			
<u>Joel Nanni</u>	Assistant Coach			
MEN'S GOLF				
<u>Frank Janczak</u>	Head Coach	<u>630-829-6158</u>	<u>fjanczak@ben.edu</u>	
WOMEN'S GOLF				
<u>Frank Janczak</u>	Head Coach	<u>630-829-6158</u>	<u>fjanczak@ben.edu</u>	

NAME	TITLE	PHONE	EMAIL ADDRESS	CELL PHONE
<u>Kelly Barker</u>	Assistant Coach			
MEN'S LACROSSE				
<u>Josh Berey-Wingate</u>	Head Coach		<u>Jberey-Wingate@ben.edu</u>	
<u>Evan Kilbane</u>	Assistant Coach			
<u>Eric Orndorf</u>	Assistant Coach			
<u>Cole Schulte</u>	Assistant Coach			
<u>Griffin Cleary</u>	Assistant Coach			
SOFTBALL				
<u>Kate Heidkamp</u>	Head Coach	<u>630-829-6149</u>	<u>kheidkamp@ben.edu</u>	
<u>Lisa Gaskin</u>	Associate Head Coach	<u>630-829-6152</u>	<u>lgaskin@ben.edu</u>	
<u>Kathy Tumpane</u>	Assistant Coach			
<u>Tom Knickerbocker</u>	Assistant Coach			
<u>Leena Larrance</u>	Assistant Coach			
<u>Lou Simios</u>	Assistant Coach			
MEN'S SOCCER				
<u>Spencer Pappas</u>	Head Coach	<u>630-829-6165</u>	<u>spappas@ben.edu</u>	
<u>Tomasz Kulak</u>	Assistant Coach		<u>tkulak@ben.edu</u>	
<u>Adrian Komperda</u>	Assistant Coach		<u>akomperda@ben.edu</u>	
<u>Michal Szaflarski</u>	Assistant Coach		<u>mszaflarski@ben.edu</u>	
WOMEN'S SOCCER				
<u>Katie McCue</u>	Head Coach	<u>630-829-6155</u>	<u>kmccue@ben.edu</u>	
<u>Joshua Whittaker</u>	Assistant Coach	<u>464-242-2558</u>	<u>jwhittaker@ben.edu</u>	
<u>Jay Arballo</u>	Graduate Assistant - Women's Soccer			
MEN'S TRACK AND FIELD				
<u>Steven Shelley</u>	Director of Track and Field/Cross Country	<u>630-829-6148</u>	<u>sshelley@ben.edu</u>	708-969-4476
<u>Jeremiah Thompson</u>	Graduate Assistant Coach		<u>jthompson12@ben.edu</u>	
<u>Marcel Morgan</u>	Assistant Coach	<u>630-829-6072</u>	<u>mmorgan10@ben.edu</u>	
<u>Sharissa McQueen</u>	Assistant Coach		<u>smcqueen@ben.edu</u>	
<u>Keya Willis</u>	Assistant Coach	<u>708-921-0667</u>	<u>kwillis@ben.edu</u>	
WOMEN'S TRACK AND FIELD				

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<u>Steven Shelley</u>	Director of Track and Field/Cross Country	<u>630-829-6148</u>	<u>sshelley@ben.edu</u>	708-969-4476
<u>Jeremiah Thompson</u>	Graduate Assistant Coach		<u>jthompson12@ben.edu</u>	
<u>Sharissa McQueen</u>	Assistant Coach		<u>smcqueen@ben.edu</u>	
<u>Marcel Morgan</u>	Assistant Coach	<u>630-829-6072</u>	<u>mmorgan10@ben.edu</u>	
<u>Keya Willis</u>	Assistant Coach	<u>708-921-0667</u>	<u>kwillis@ben.edu</u>	
MEN'S VOLLEYBALL				
<u>Matt Warner</u>	Assistant Coach			
<u>Torrey Vandeleur</u>	Assistant Coach			
<u>Mike Stevens</u>	Head Coach		<u>mstevens10@ben.edu</u>	
<u>Sanchit Khaitan</u>	Assistant Coach			
WOMEN'S VOLLEYBALL				
<u>Jen Wildes</u>	Head Coach	<u>630-829-6141</u>	<u>jwildes@ben.edu</u>	
<u>Caroline O'Connor</u>	Assistant Coach			
<u>Alyssa O'Boyle</u>	Assistant Coach			
<u>Addie McConaughay</u>	Graduate Assistant Coach			
SPIRIT PROGRAMS				
<u>Allen Legutki</u>	Pep Band Recruitment Coordinator		<u>alegutki@ben.edu</u>	
<u>Bailey Reiser</u>	Head Coach, Dance		<u>breiser@ben.edu</u>	
<u>Nadleen Mubarak</u>	Head Coach, Cheer	<u>630-829-6353</u>	<u>nmubarak@ben.edu</u>	
ESPORTS				
<u>Joann Diestro</u>	Head Coach	<u>630-829-6153</u>	<u>jdiestro@ben.edu</u>	
FLAG FOOTBALL				
<u>Caroline Schwartz</u>	Head Coach		<u>cschwartz10@ben.edu</u>	