Can SAVE TRANSACTION to have a “checkpoint” in a transaction that we can ROLLBACK to

Indexes

Clustered Index- directly related to the physical layout of the table and by default adding a PK adds a clustered index. Can only have 1 per table

Non clustered index- can have many and by default, on UNIQUE it is usually beneficial to create a non clustered index on each FK

Indexes help read performance but hurt write (insert/update/delete) performance