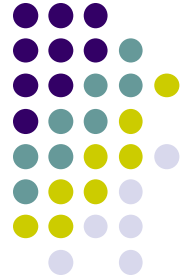




Planning for your M-4 year



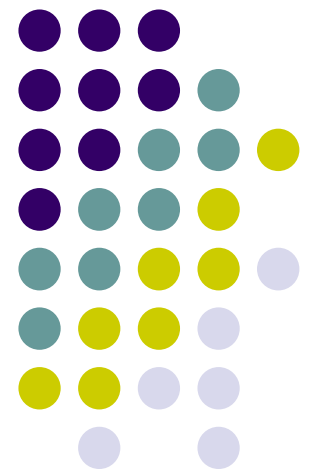
Graduation

May 17th 2014 (time to be announced at a later date)

Jesse Hall
(tentative)

Graduation Requirements

Incomplete
requirements means
no diploma!

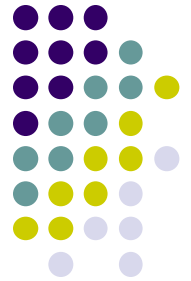


ACRONYMS!



- NBME (USMLE)
- MSPE
- ERAS
- The Match-
NRMP

NBME (USMLE)



- Step 1
- Step 2 CK
- Step 2 CS
 - (Take no later than 12/31/2013)

THESE ARE GRADUATION REQUIREMENTS
– there are NO exceptions

www.usmle.org

Clinical Advising Tool for Students and Advisers (CATSA)

www.catsa.missouri.edu



- Over the past few years, we've adapted the principles of **quality improvement in health care* as a framework to address gaps in clinical advising at Mizzou.
- As an outcome, we created the **Clinical Advising Tool for Students and Advisers (CATSA)**.
- **Adapted from IOM Report: Crossing the Quality Chasm. National Academy of Sciences. 2001*

CATSA

To assist with making certain that advising is:



- ✓ Safe- avoid harm from process intended to be beneficial
- ✓ Timely – No unnecessary delay in effort to begin and complete components of the residency preparation/application process
- ✓ Equitable – All students receive equal access, and advisers are fully aware of the resources
- ✓ Effective – Activities based on best practices and resources that have been validated
- ✓ Efficient – Activities are relevant to individual needs with timely outcome
- ✓ Student-Centered- Activities are responsive to individual preferences, needs, and values

**Adapted from IOM Report: Crossing the Quality Chasm. National Academy of Sciences. 2001*

The prices are going up



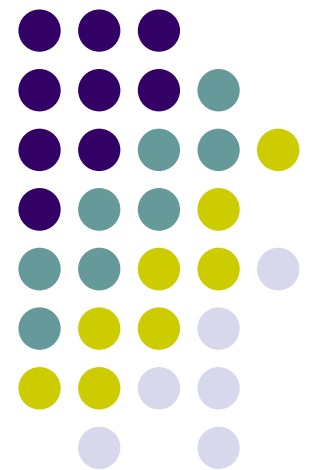
- Step 2 CK has increased from \$535 to \$560
- Step 2 CS has increased from \$1140 to \$1200 for completed applications received as of January 1, 2013.

Lessons from the PCC OSCE

WASH YOUR HANDS!!!!!!

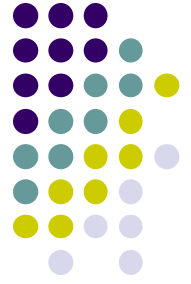
**Read the door information
CAREFULLY**

WASH YOUR HANDS!!!!!!



MSPE

Medical Student Performance Evaluation
A.K.A. the “Dean’s Letter”



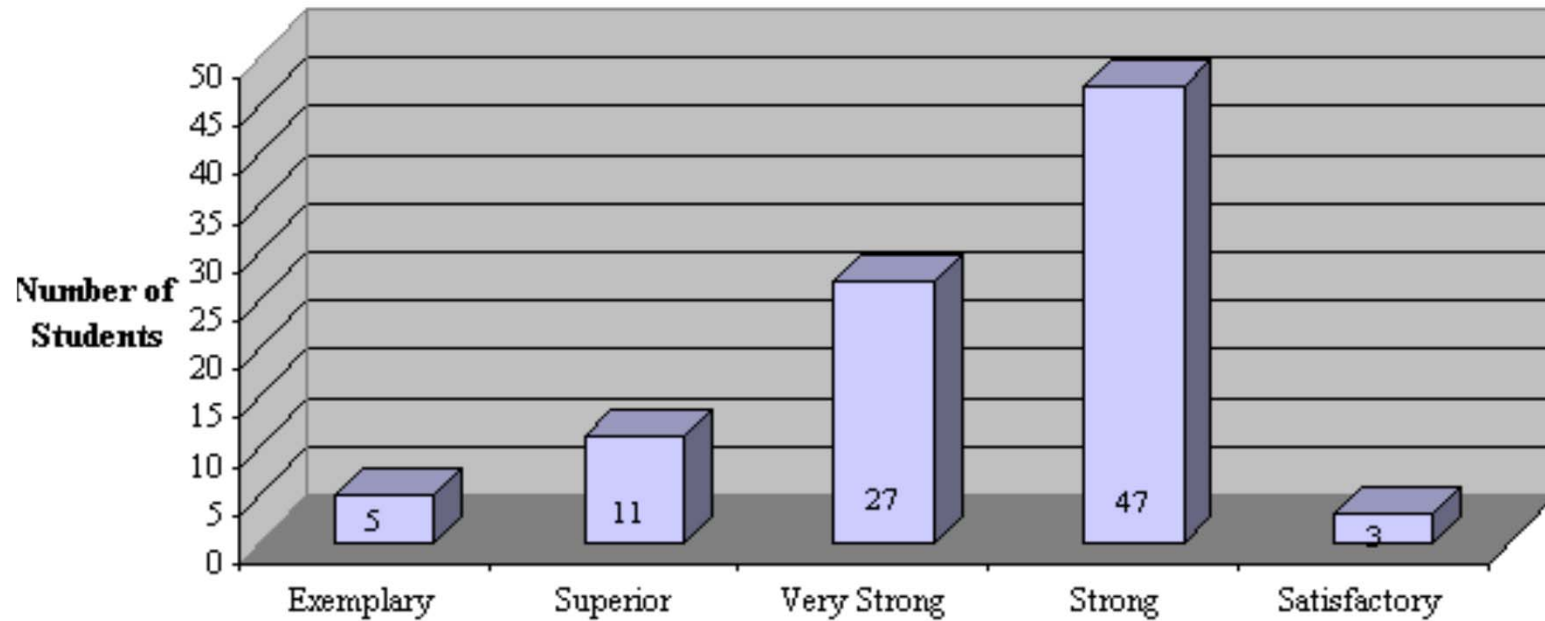
- Letter of evaluation of your performance in medical school
- Evaluates your performance in relation to your class
- Prepared by the MSPE committee (one faculty from each required clerkship)
- Signed by a faculty member and an OME dean
- You approve release



Everyone gets an MSPE

- Standard format
 - Unique Characteristics (you draft, we edit)
 - Tutor comments M1/M2 (you draft, we edit)
 - One paragraph per clerkship (we edit, you comment)
 - Overall performance (we determine, you comment)
 - Includes histograms for performance by block and overall
 - Approved by the entire committee
 - Signed by a committee member (on behalf of the faculty) and either me or Dr Gay (on behalf of the dean)
 - Released after you give permission

Example – overall grade distribution



Dates



- Late June – Class Meeting to review MSPE online process
- Early July – MSPE site opens
- Early August – MSPE draft due
- August and September - MSPE committee reviews letters
- October 1 – National Release Date for all programs including early and military

ERAS –

Electronic Residency Application Service –

Suzanne Neff & Naomi Tucker



- Electronic service transmitting your applications and supporting materials to residency programs
- You use **MyEras**
- We use the **Deans Work Station**
- Programs use the **Programs Work Station**
- Everyone uses the **Post Office**
- <http://www.aamc.org/students/eras/>

Dates



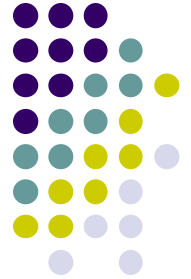
- Late June OME receives tokens
- July 1 begin your application
- Sept 15 submit your application
- Programs set deadlines for applications, dates for interviews etc.
- ERAS will be used for the Supplemental Offer and Application Program (SOAP)
- May 2014 – post office closes down



Exceptions to ERAS

- Integrated residency (but you DO need to go through NRMP)
- Military match (its between you and them, use ERAS if they tell you to)
- Urology
- SF Match

LETTERS OF RECOMMENDATION



- ERAS form
- Confidentiality/waiver of rights to see
- CV, your personal statement (or drafts thereof), your transcript, grades and evaluations
- Helpful hints
- Polite reminders



- Two letters from here, one from elsewhere
- The best letters are from faculty with whom you have worked for a few weeks at least
- Limit your personal statement to one page

UROLOGY MATCH



- Opens Summer 2013
- Applications accepted through mid-December 2014
- Some use ERAS/NRMP
- Check American Urological Association for additional details
- If you are interested in Urology, you should be talking to Dr Wakefield
 - Auanet.org

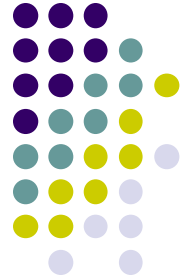
OPHTHALMOLOGY MATCH



- Uses the San Francisco Match and the Centralized Application Service
- www.sfmitch.org
- You will need to use ERAS for your PGY1 year
- If you are interested in ophthalmology, you should be talking to the department

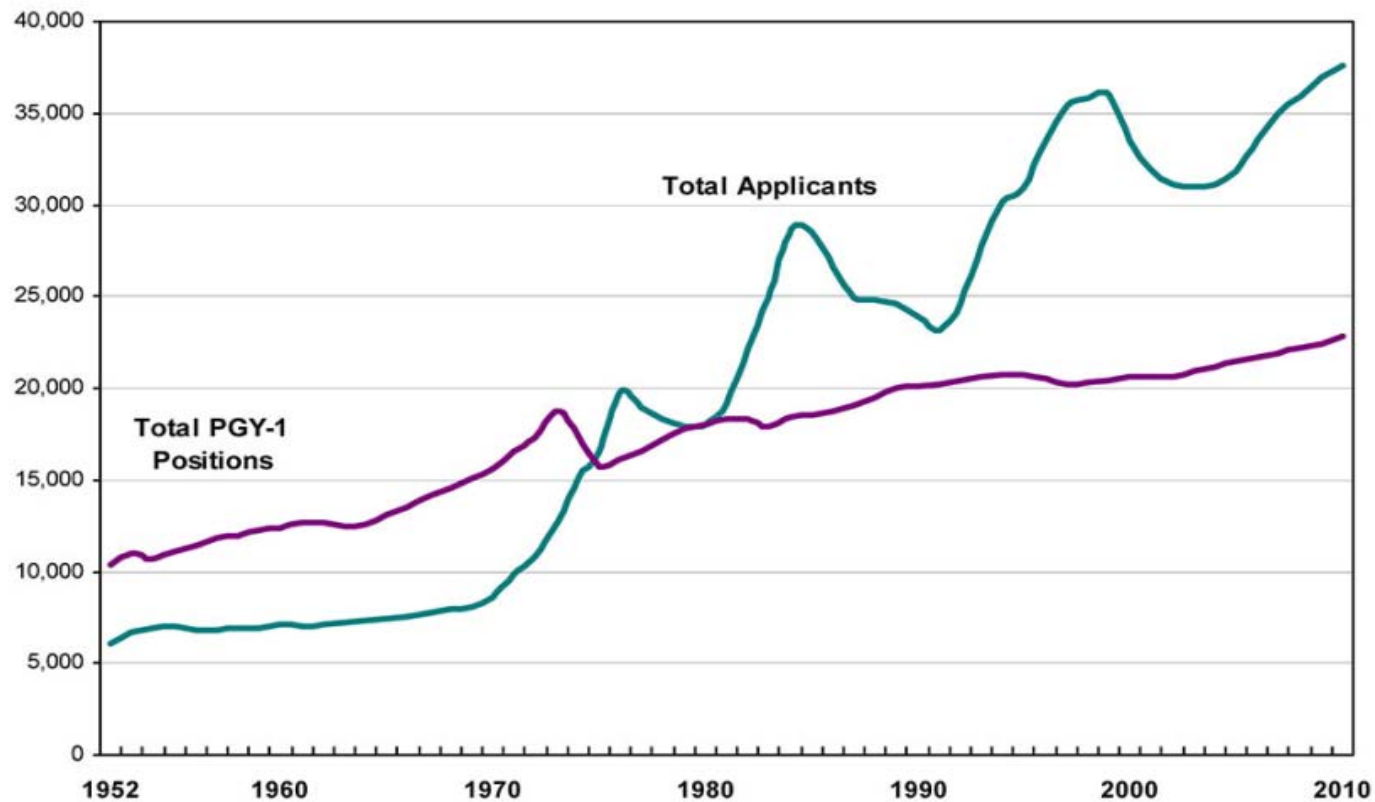
NRMP –

National Residency Matching Program

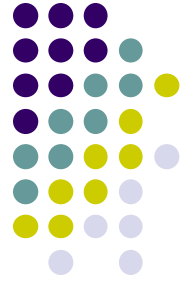


- You will register for NRMP separately
- NRMP provides an impartial venue for matching applicants' preferences for residency positions with program directors' preferences for applicants.
- Most of you will register - urology, military and ophthalmology will be notified if they have to
- Integrated residents MUST register for NRMP
- <http://www.nrmp.org>

Main residency match trends



WHAT IS SOAP?



- Replaced the “Scramble” with consistent, orderly and transparent application process that enables legally binding (on programs and applicants) offers to be made and accepted

How it works (more information later)



- Information released to programs and applicants
 - List of Unfilled Programs
- Time out – you can send applications, programs can't make offers
- Uses ERAS and only ERAS
- Programs make offers – if you don't accept, the offer will expire
- Electronic “handshake” and legally binding
- When you accept, the position disappears from the List of Unfilled Programs
- You'll get offers in order of program preference until the program fills
- Programs can add applicants to their preference list through the



- ERAS and NRMP will work together .
- You have to be certified by NRMP to participate in SOAP
 - I will certify you as eligible
- You will have a limited number of free applications and can buy more for normal ERAS fees
- Programs may begin downloading applications as soon as SOAP opens, but they can't make offers till the deadline – so they will do phone interviews and talk to your recommenders

Dates (as listed on NRMP)



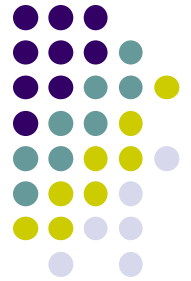
MATCH TIMELINE FOR 2014:

- Sept 15 – Nov 30 NRMP registration
- Jan 15 – Feb 26 rank order
- Monday March 17 – did I match?
- SUPPLEMENTAL OFFER AND ACCEPTANCE - **SOAP**
- March 17 – 18 – 19 – 20 - 21 : **SOAP**
- FRIDAY March 21, 2014 – Match Day

Everyone gets emails



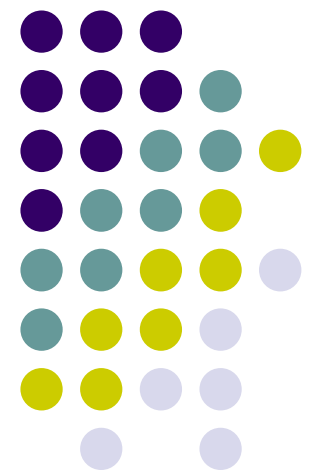
- ***All applicants notified of eligibility Friday before Match Week (March 14, 2014).***
- ***All applicants receive an email on Monday morning (March 17, 2014) telling them whether they matched.***



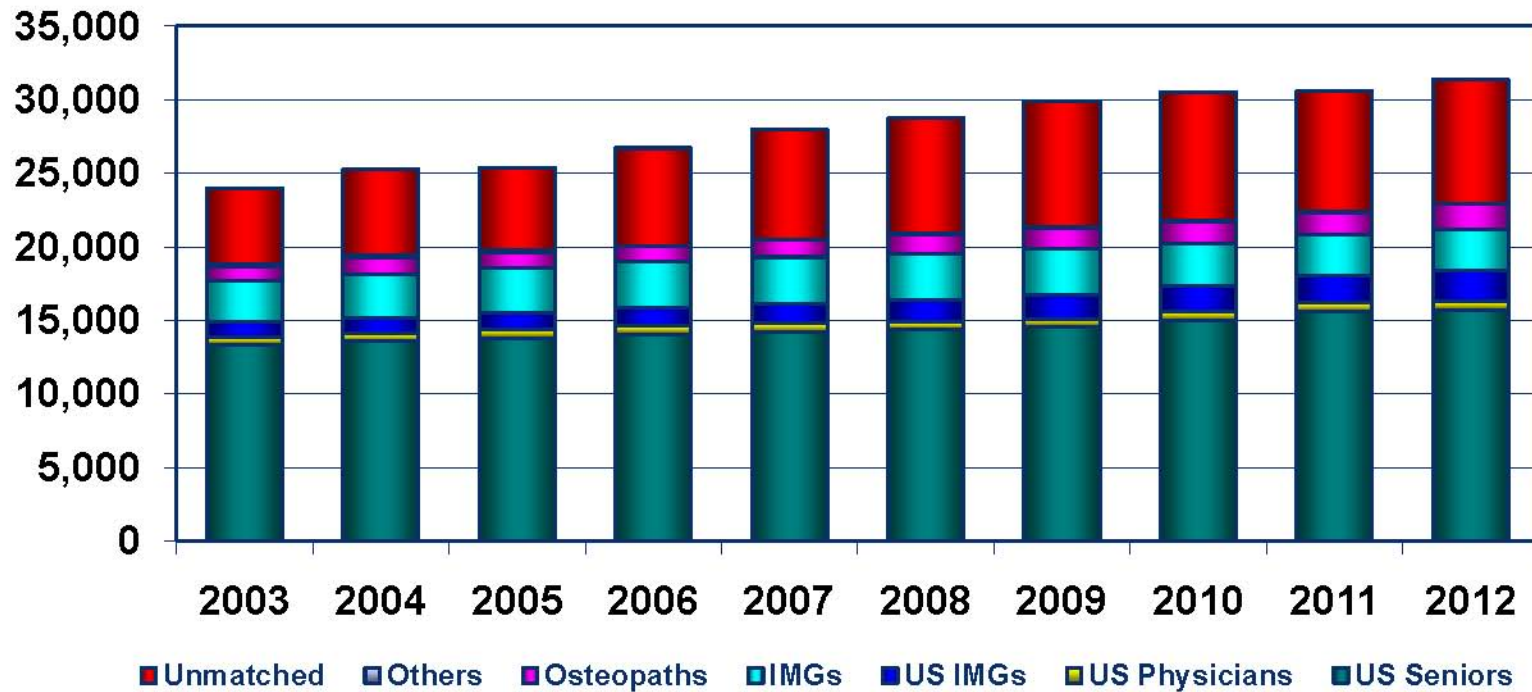
Match Week

- **Monday – 11 am CST**
- Applicant “Did I Match?”; Program “Did I Fill?”
- Unfilled positions on Web, applicants can apply via ERAS
- **Tuesday**
- Applicant/program communication
- **Wednesday – 11 am CST**
- Program offers begin: valid for 2 hours
- **SOAP will continue through the rest of the week, with repeated cycles of applications, communication and offers till 5 pm on Friday**
- **Friday – 11 am CST *Match Day Ceremonies***

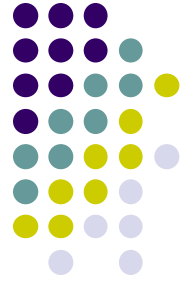
Helpful Hints



Main residency Match PGY-1 Matches by Applicant



What will your specialty be? Undecided?



- Talk to your advisor
 - Talk to me
 - Talk to Alison Martin or Jen Rachow
 - Use Careers in Medicine
-
- <https://services.aamc.org/careersinmedicine/>

Are you competitive for your specialty of choice?



- Charting outcomes for the match (nrmp.org)
- Program Directors' Survey (nrmp.org)
- OME
- Your advisor
- The program director in your specialty of choice



Most Concerning Criteria for “At Risk” Applicants All Specialties - 2006

Criteria	Rank
Had Disciplinary Action In Medical School	1
Received A Failure In A Required Clinical Clerkship	2
Failed USMLE Step 2 CK Prior To Passing	3
Failed USMLE Step 2 CS Prior To Passing	4
Failed USMLE Step 1 Prior To Passing	5
Taken Extended Time To Graduate For Academic Reasons	6
Applied To More Than One Specialty	7
Graduates In Lower 25% Of Class	8
Grades In Required Clerkships	9
Received A Failure In A Pre-clinical Course	10
Letter Of Recommendations From Faculty	11
USMLE Step 1 Score	12
Grades In Senior Electives of Specialty	13
Number Of Honors Grades In Clerkships	14
USMLE Step 2 score	15

Marianne Green, MD, Paul Jones, MD, John X. Thomas, Jr., PhD. *A Comparison of Residency Selection Criteria From 1996 to 2006*. AAMC Central Group on Educational Affairs meeting, 2007.

RISK FACTORS



- Academics (grades, Step scores, professionalism issues, unexplained gaps in training, risk of not graduating, no research if specialty requires it)
- Geography
- Couples
- Multiple specialties
- Military obligations
- Not a US senior

MORE RISK FACTORS



Indecision

Weak (or weird) personal statement

Poor letters of recommendation

Poor interviewing skills

Travel costs

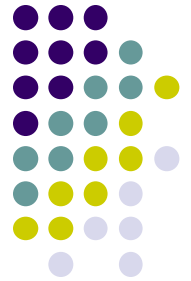
‘Audition’ elective missing



MU 2013 match

- 8 unmatched students on Monday
- 3 unmatched students on Friday
 - They plan to do research or further study and apply again

Was it an academic problem?



Academics was NOT the problem for most unmatched students

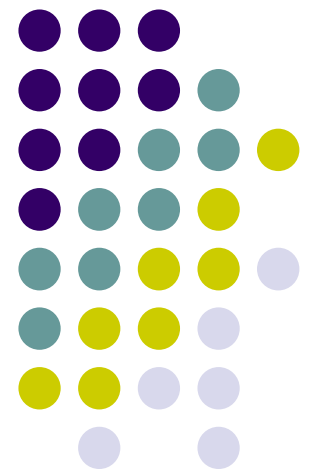
Students from here with weaker academics matched in all but the 'highly competitive' specialties

However, if you are applying in a 'highly competitive' specialty (ophthalmology, urology, ortho, plastics, ENT, radiation oncology and dermatology and – maybe – general surgery), make sure you have realistic advice about your competitiveness

Review of applications

Dr Gay and I will review the M4
class's ERAS applications in
mid-September.

We will ask you to come talk to
us if we think you are being
unrealistic.



If it wasn't academics, what was it?



- Interpersonal interactions
 - Your academic record gets you in the door, but, when people are deciding whether to hire you, they give significant weight to your interpersonal skills
- Interview skills
 - May have played a part – we are working on offering interview practice in September and early October – watch this space

Strategies if you're at risk (or not so competitive)



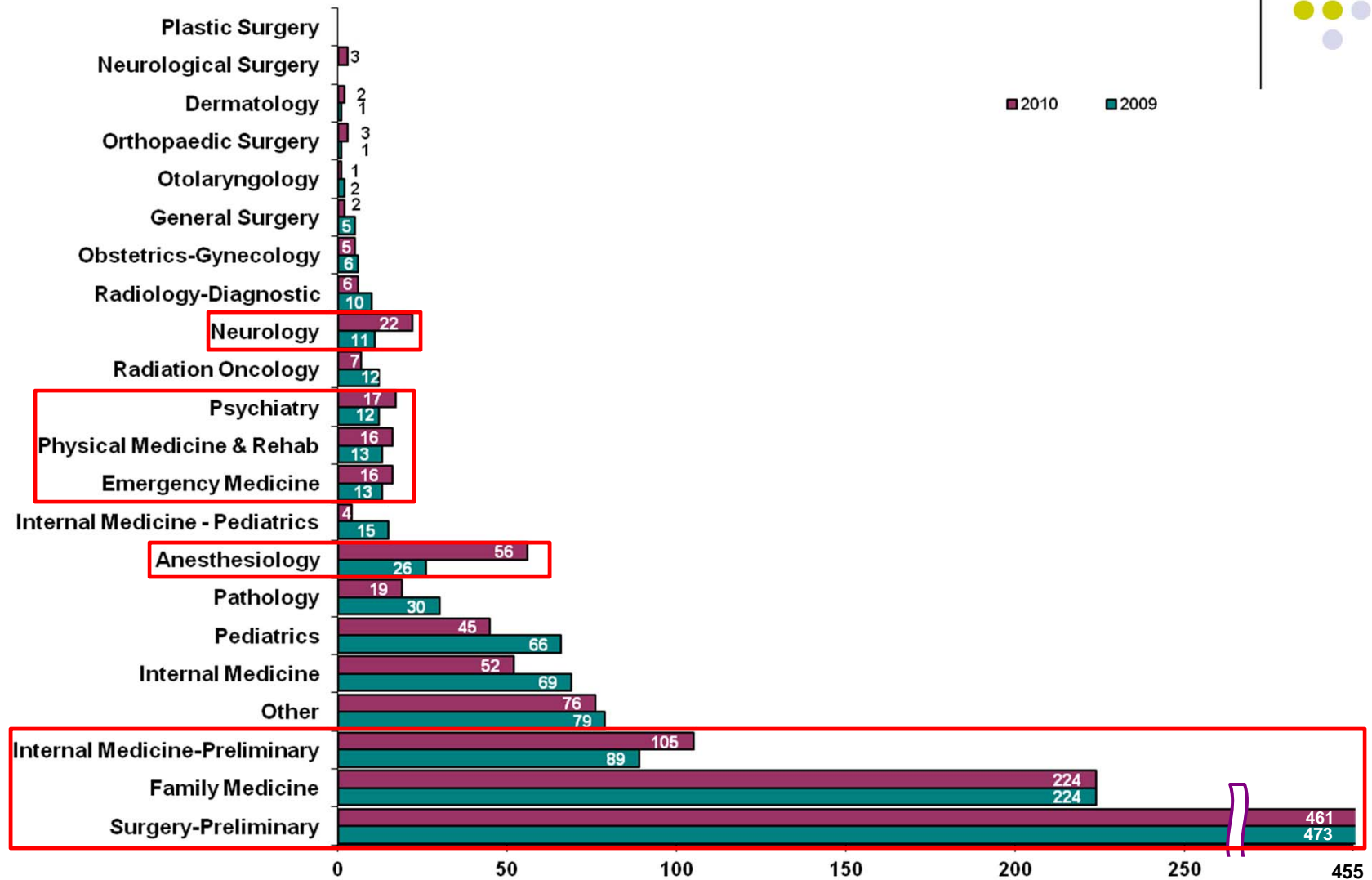
- Apply to LOTS of programs, and include community programs
- Rank LOTS of programs
- Have a plan and a back-up plan
- Think about applying for a preliminary year through ERAS and NRMP
- Think about other plans for the year if you don't match
- Delaying graduation is usually not possible



BE REALISTIC

- In 2012, there were 1,131 Unfilled positions in SOAP, and more than 9,000 unmatched applicants looking for positions
- Most of the positions were in Family Medicine, or preliminary Surgery or Medicine
- Most of the people looking wanted surgical subspecialties or competitive residencies

Available Scramble Positions 2009 and 2010



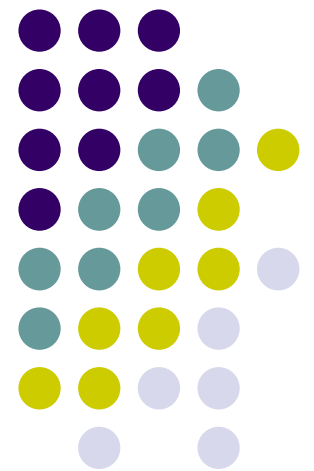


**We will help you with SOAP
BUT we'd rather avoid it if
we can (and so would you).**



You must register with
BOTH ERAS and NRMP

**If you're worried, or
confused, come and see
me**



Questions?

