

## SOAP tips and Tricks

People to contact if you are unmatched

[Dr. Rachel Brown](#)

[Dr. John Gay](#)

[Jen Doty](#)

[Alison Martin](#)

[Jen Rachow](#)

Things to be aware of:

Are you at risk for not matching?

If you feel you may be at risk talk to one of the people listed above.

Things you may consider:

- How many programs should I rank?  
The likelihood that you will match increases with the number of programs that you rank. Rank all programs you interviewed with that you believe you would be okay with. **DO NOT** rank programs you do not want even if you interviewed there. Remember the resulting match is a binding contract which you are required to fulfill. If you do not want to go to a specific place do not rank it.
- How many interviews did I have?  
Less than 10 – talk to someone about this to help you assess if you may be at risk
- If you are at risk be prepared for the SOAP
  - The SOAP process can be a very stressful time. You have to move quickly and be ready to apply to programs within a few hours of learning that you did not match.
  - **Personal Statements for the SOAP:** You may consider preparing a personal statement for a primary care specialty. If you did not match in a competitive specialty chances are that you will have to apply to primary care specialties.
  - **Letters of Recommendation for the SOAP:** Having letters of recommendation from primary care physicians on hand will eliminate your having to track down someone to write one quickly.