

# Innovating Cybersecurity Education through Hands-On Learning, Democratized Knowledge, and Safe Experimentation

**Veronica Valeros**, Sebastian Garcia, Maria Rigaki, Ondřej Lukáš, Martin Řepa, Lukáš Forst, Muris Sladić

Stratosphere Laboratory
Al Center, FEL, Czech Technical University in Prague











## **CYBERSECURITY**





# **HAS BECOME**





**CRITICAL** 

**CYBERSECURITY JOBS** 

**REPORT** 

# 3.5 Million Unfilled Positions In 2025

[1] Cybersecurity Ventures,

https://cybersecurityventures.com/jobs/

[2] World Economic Forum,

https://www.weforum.org/stories/2024/04/c ybersecurity-industry-talent-shortage-new-r eport/ <u>=</u>9







**EMERGING TECHNOLOGIES** 

# The cybersecurity industry has an urgent talent shortage. Here's how to plug the gap

Apr 28, 2024



# Traditional Education

# **Theory & Practice disconnects**

Falling behind a fast-changing field

Teacher is no longer an oracle

Difficulty reproducing techniques

**Fear of experimentation** 

High cost of failure

**Falls Short** 

# CZECH TECHNICAL UNIVERSITY OPEN INFORMATICS INTRODUCTION TO SECURITY

Website: https://cybersecurity.bsy.fel.cvut.cz

# CORE PILLARS



#### **DEMOCRATIZED KNOWLEDGE**

Complete, accessible and reproducible learning materials and tools for all students.



#### **SAFE EXPERIMENTATION**

Providing a safe environment for students to try, break, and fail without fear, danger or cost.



#### **HANDS-ON LEARNING**

Merging theory and practice to encourage students to learn by doing and experimenting.

# **DEMOCRATIZED KNOWLEDGE**

## **COMPLETE MATERIALS**

- One workbook per class
- Workbook shared with student
- Free licence CC BY-NC-SA 4.0
- No need to take notes
- Corrected during class

#### REPRODUCIBLE WORKBOOKS

- All commands and tools work
- Student focuses on discussion, not in taking notes
- No "secrets" by the teacher
- Can be followed offline
- References included in the workbook

#### **ACCESSIBLE CONTENT**

- Shared before the class starts
- Always available after
- Class is recorded
- Audio and video of the class is provided for the students
- Can be copied and annotated

## **DEMOCRATIZED KNOWLEDGE**



Class 2 - Finding computers, scanning and basic network analysis [2024.10.03] 🌣 📴 🛈 File Edit View Tools Extensions Zotero Help











# How do you know that a computer is up? (14:53, 20m)

We consider a computer to be **up/working/active** if we have network evidence of its activity. Many computers are active and unfindable, especially security network sniffers.

If you see **any** packet **from** a computer, it usually means it is up. So, let's try to make a computer answer by sending a specific packet.

Nmap can use different protocols to determine if a computer is up. Nmap can do more things if run as root.

For the students online, in the StratoCyberLab, you need to first start the 'Class 02 -**Network Analysis**, to be able to find things.

**EXAMPLE CLASS 02:** https://bit.ly/BSY2024-2

# **DEMOCRATIZED KNOWLEDGE**

# "The only difference between teacher and student is the learning speed. We are all peers in the classroom."

- Assis. Prof. Sebastian Garcia

# SAFE EXPERIMENTATION

#### SAFE ENVIRONMENT

- Safe virtual environment per student
- Student is in charge of taking care of the environment
- Teachers can monitor, install and delete tools
- Environment is connected to practical scenarios
- Low cost of re-creation

#### SAFE EMOTIONAL SPACE

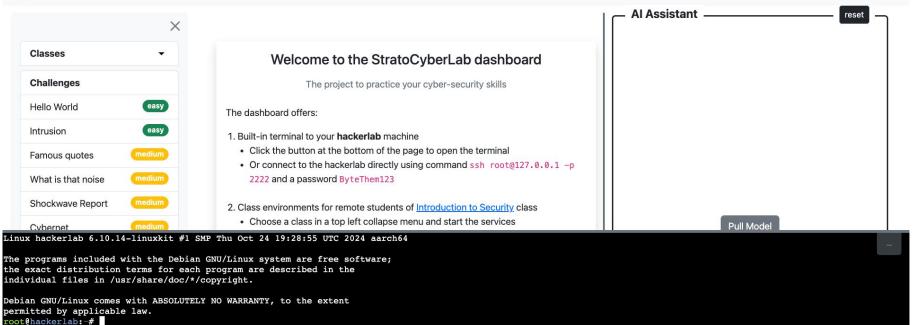
- Clearly delimited ground rules of what is not allowed
- Anything else is allowed
- Students are encouraged to try
- Students can report security issues in the environment
- Students can play against each other

#### **NO FEAR OR DANGER**

- Virtual environments remove fear of breaking things
- No danger of doing the "wrong thing"
- No fear of losing for too much trying
- No danger of doing something illegal

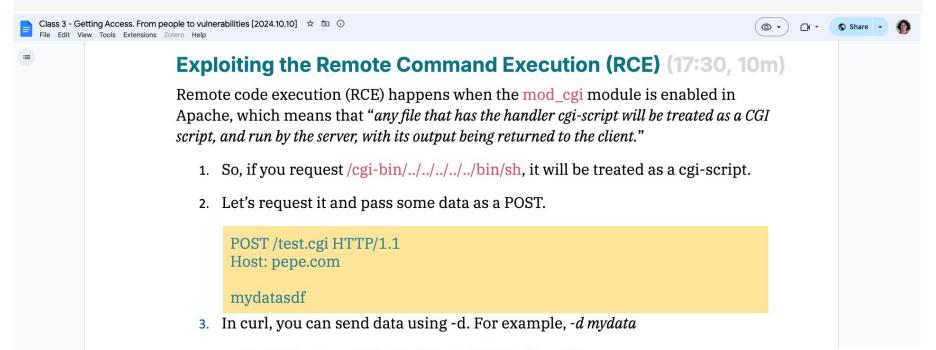
# SAFE EXPERIMENTATION





https://github.com/stratosphereips/stratocyberlab

# SAFE EXPERIMENTATION



a. curl -s --path-as-is -d 'echo; ls -al' **EXAMPLE CLASS 03:**"http://172.20.0.95:80/cgi-bin/.%2e/%2e%2e/%2e%2e/bin/shttps://bit.ly/BSY2024-3

# **HANDS-ON LEARNING**

## **THEORY THROUGH PRACTICE**

- The material is divided in small topics
- Each topic includes one or more practical exercises
- Exercises are strongly linked to the topic
- Exceptions rarely occur

#### **LEARN BY DOING**

- Practical exercises are fully documented
- The output of the exercises is shown in class
- Many exercises are interactive between the students

#### **ACTIVE LEARNING**

- Students are expected to do the exercises during class
- No passive listening
- Doing the practice allows them to ask more meaningful questions
- Reduced problems of attention span by actively engaging in coursework

# **HANDS-ON LEARNING**



Class 7 - Lateral Movement, Virtualization and Threat Intelligence [2024.11.07] 🌣 🗈 🛈 File Edit View Tools Extensions Zotero Help









## Let's run AIP on your containers to create your own IoC

(17:31, 1m)

Goal: We will get Zeek flow data from some honeypots that received attacks from the Internet. Your goal is to extract good value IoCs from those attacks so you can use them as a blacklist in a FW, Intrusion Detection System, etc.

- Log in to your CTU dockers or StratoCyberLab
  - Online students: Be sure you are not in any tmux or ssh.
- Clone the AIP repository:
  - o git clone --depth 1 https://github.com/stratosphereips/AIP.git
    ~/AIP
- Access the AIP folder:
  - o cd ~/AIP

EXAMPLE CLASS 07: https://bit.ly/BSY2024-7

# **Teaching modality since 2017**

**Taught 498 students at CTU** 

# Continuous Evolution & Adaptation

Open as MOOC in 2024

Teaching 1,500 online students

**Continuous feedback every class** 

**Adapting with latest threats** 

# **Diversity** Strength















Veronica **Valeros** 









Martin Řepa





Muris Sladić



# Thank you

## **Veronica Valeros**

Sebastian Garcia, Maria Rigaki, Ondřej Lukáš, Martin Řepa, Lukáš Forst, Muris Sladić

Stratosphere Laboratory < <a href="mailto:stratosphere@aic.fel.cvut.cz">stratosphere@aic.fel.cvut.cz</a>>

AI Center, FEL, Czech Technical University in Prague

Website: <a href="https://cybersecurity.bsy.fel.cvut.cz">https://cybersecurity.bsy.fel.cvut.cz</a>

LinkedIn: <a href="https://www.linkedin.com/company/cvut-aic-stratosphere/">https://www.linkedin.com/company/cvut-aic-stratosphere/</a>