## Data Description

## • Demographics

No.	Feature	Description	Type	Range/ Data Label	Mean $\pm$ SD./ Count (%)
1	AGE	Age	Numeric	19 - 74	$42.25 \pm 11.35$
2	BMI	Body Mass Index	Numeric	16.64 - 45.91	$25.80 \pm 5.53$
3	SEV	Severity	Binary	1: PASI <10	79 (55.63)
				$2: PASI \ge 10$	63 (44.37)
4	GEN	Gender	Binary	1: Male	77 (54.23)
				2: Female	65 (45.77)
5	MAS	Marital Status	Nominal	1: Single	56 (39.44)
				2: Married	60 (42.25)
				3: Others	26 (18.31)
6	EDU	Education	Binary	1: Below Undergraduate	74 (52.11)
				2: Undergraduate and Higher	68 (47.89)
7	COM	Comorbidity	Binary	0: No Other Disease	86 (60.56)
				1: With Some Diseases	56 (39.44)
8	SMO	Smoking	Nominal	0: No	94 (66.20)
				1: Yes	20 (14.08
				2: Previous Smokers	28 (19.72
9	EXE	Exercise	Binary	0: No	82 (57.75)
				1: Yes	60 (42.25)
10	TAS	Favorite Taste	Nominal	1: Sweet	30 (21.13)
				2: Spicy	33 (23.24)
				3: Salty	22 (15.49)
				4: Sour	21 (14.79)
				5: Plain	20 (14.08
				6: Others	16 (11.26
11	OIL	Oil Consumption	Nominal	1: Lard	24 (16.90)
				2: Palm	59 (41.55)
				3: Soybean	41 (28.87)
				4: Coconut	10 (7.04)
				5: Others	8 (5.63)
12	FOS	Food Source	Nominal	1: Self Cooking	64 (45.07)
				2: Buy from Market	38 (26.76)
				3: Eat at a Restaurant	27 (19.01)
				4: Ready-to-eat Food	13 (9.15)
13	PRI	Food Value	Nominal	1: Cheap	2 (1.41)
				2: Good Quality	53 (37.32
				3: Popular	2 (1.41
				4: Delicious	53 (37.32)
				5: Others	32 (22.54)

## Dietary Styles

Item	Consumption	0 (%)	1 (%)	2 (%)	3 (%)
FB01	More than one plate of rice or one bowl of noodles per meal	29 (20.42)	54 (38.03)	40 (28.17)	19 (13.38)
FB02	More than three meals daily?	54 (38.03)	45 (31.69)	26 (18.31)	17 (11.97)
FB03	Fatty meats (Pork legs, Pork belly, Fried chicken skin, etc.)	19 (13.38)	52 (36.62)	56 (39.44)	15(10.56)
FB04	Fast foods (Fried chicken, French fries, Burger, Pizza, etc.)	39 (27.46)	81 (57.04)	15 (10.56)	7 (4.93)
FB05	Convenient foods (Instant noodle, Canned fish, etc.)	40 (28.17)	71 (50.00)	23 (16.20)	8 (5.63)
FB06	Grilled, smoked, or fried food using high heat	15 (10.56)	62 (43.66)	43 (30.28)	22 (15.49)
FB07	Raw or uncooked meat?	93 (65.49)	42 (29.58)	6 (4.23)	1 (0.70)
FB08	Thai desserts (Thong Yip, Ruam Mit, Shaved ice, etc.)	30 (21.13)	68 (47.89)	26 (18.31)	18 (12.68)
FB09	Sweet fruits (Durian, Jackfruit, Longan, Sapodilla, etc.)	23 (16.20)	83 (58.45)	28 (19.72)	8 (5.63)
FB10	Bakeries (Cakes, Donuts, Hamburgers, Sandwich, etc.)	43 (30.28)	71 (50.00)	17(11.97)	11(7.75)
FB11	Fried snacks (Roti, Patongko dough, fried bananas, etc.)	40 (28.17)	71 (50.00)	21 (14.79)	10 (7.04)
FB12	Crunchy snacks such as potato chips, crispy and fries?	37 (26.06)	56 (39.44)	35 (24.65)	14 (9.86)
FB13	Fizzy beverages?	50 (35.21)	49 (34.51)	26 (18.31)	17 (11.97)
FB14	Tea or coffee?	27 (19.01)	33 (23.24)	23 (16.20)	59 (41.55)
FB15	Milk or milk products (Cream, Butter, Yogurt, Cheese, etc.)	57 (40.14)	51 (35.92)	23 (16.20)	11 (7.75)
FB16	Soymilk or soybean meals (Tempeh, Tofu, Miso, Tamari)	46 (32.39)	55 (38.73)	21 (14.79)	20 (14.08)
FB17	Alcoholic beverages (Beer, Wine, Baijiu, Sato, Sake, etc.)	94 (66.20)	35 (24.65)	9 (6.34)	4 (2.82)
FB18	Processed meat (Sausage, Pickled fish, Meatballs, etc.)	29 (20.42)	74 (52.11)	29 (20.42)	10 (7.04)
FB19	Pork, lamb, beef, or buff	12 (8.45)	29 (20.42)	38 (26.76)	63 (44.37)
FB20	Fish and seafood?	5 (3.52)	27 (19.01)	58 (40.85)	52 (36.62)
FB21	Fermented or pickled foods (Somtum, Plara, Kapi, etc.)	66 (46.48)	47 (33.10)	24 (16.90)	5 (3.52)
FB22	Chili and seasoning (Namprik, Chili sauces, etc.)	14 (9.86)	42 (29.58)	51 (35.92)	35 (24.65)
FB23	Dark colored vegetables (Spinach, Eggplant, Tomato, etc.)	1 (0.70)	23 (16.20)	45 (31.69)	73 (51.41)
FB24	Fruits	3 (2.11)	23 (16.20)	44 (30.99)	72 (50.70)
FB25	Eggs	23 (16.20)	54 (38.03)	45 (31.69)	20 (14.08)