



Notes

Sep 23, 2025

Cyborg Habits Improvements

Invited Kiyasha Singh Shanne Saunders justin.germishuys@strideshift.ai
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Attachments Cyborg Habits Improvements

Meeting records Transcript Recording

Summary

Kwena (YaYa) researched communication automation platforms, finding Twilio more comprehensive than Resend, and successfully sent emails with Resend before encountering errors. Kiyasha Singh requested Kwena (YaYa) to explore integrating Resend with Superbase, leveraging Kwena (YaYa)'s prior experience. The team discussed the meeting schedule, postponing Cyborg Habits improvements to an upcoming team meeting, and Kiyasha Singh outlined weekly meeting structures and Kwena (YaYa)'s inclusion in future intern meetings.

Details

- **Research on Communication Automation Platforms** Kwena (YaYa) presented their research findings on Twilio and Resend, noting that Resend is primarily for marketing emails with limited functionality, while Twilio offers extensive communication automation features like SMS, MMS, WhatsApp, voice calls, and email capabilities. Kwena (YaYa) faced payment requirements with Twilio during their setup in Google Collab but successfully sent basic emails and connected a personal domain using Resend before encountering errors ([00:00:00](#)).
- **Integrating Resend with Superbase** Kiyasha Singh requested Kwena (YaYa) to investigate using Resend within the Superbase context, given Kwena (YaYa)'s familiarity with Superbase from prior use in their tender app ([00:02:27](#)). Kwena (YaYa) confirmed knowledge of Superbase's functionality to send emails for login credentials, noting its simplicity, and agreed to explore the

integration. Kiyasha Singh also highlighted the option of using both standard passwords and OTPs for sign-in in Superbase ([00:03:27](#)).

- **Meeting Schedule and Team Collaboration** Kiyasha Singh and Kwena (YaYa) discussed the meeting schedule, confirming that the current meeting to discuss Cyborg Habits improvements was postponed and would instead be covered in the upcoming team meeting ([00:04:15](#)). Kiyasha Singh outlined the weekly meeting structure, including a Monday meeting for Cyborg Habits improvements, mandatory Tuesday team meetings, and Wednesday Tech Connect sessions for the development team ([00:05:35](#)). Kwena (YaYa) also confirmed that they will be included in future meetings by the organizers to ensure their inclusion as interns ([00:07:01](#)).
- **Intern Tasks and Responsibilities** Kiyasha Singh informed Kwena (YaYa) that they would be assigned tasks typically handled by Pragma interns, particularly related to A/B testing for review habits. This aligns with their inclusion in a separate group with other interns, indicating a broader scope of work that includes tasks like D&D live video ([00:07:01](#)).

Suggested next steps

- Kiyasha Singh will make the meeting for 12 for the interns and give them some tasks from the Pragma interns.
- Kwena (YaYa) will try to use Resend within the Superbase context and play around with Superbase more.
- Kiyasha Singh will send the team meeting link.
- Kiyasha Singh will remind the team to include Kwena (YaYa) and Massud in all meetings.

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Transcript

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00:00:00

Kiyasha Singh: Gwa, how's the research going?

Kwena (YaYa): Uh the research is going quite well. Uh so far I did research on Twilio and Reend. Uh I'm seeing that resend is mostly used for like emails and like marketing emails. Basically it doesn't have that much functionality to it besides like in the email email sides. Then Twilio has a lot of communication automation features to it like it has SMS, MMS, WhatsApp messages, it has voice voice calls, it has emails. Then it also has data and engagement and has some verification uh features also like like and all that. Then it also has like a contact center for for his providers I think.

Kiyasha Singh: Okay.

Kwena (YaYa): But yeah, and I was able to create like a an environment on thingy on Google Collab. I tried to play around with with Twilio. Uh when when I was still like getting used to it, trying to use it actually, I realized that it wanted me to pay for like certain things.

Kiyasha Singh: That's possible.

Kwena (YaYa): So I kind of like left it on hold.

00:02:27

Kwena (YaYa): Then I went to resend.

Kiyasha Singh: Okay.

Kwena (YaYa): Yeah. Then on on resend, I was able to like send a basic emails. Then I connected it to my own personal domain to see like if I can add that to like my domain to see if can do automatic messages like marketing messages and I ran into some errors there. So yeah, that's that's where I'm at right now.

Kiyasha Singh: Okay. Um, I'd also like you to look into superbbase.

Kwena (YaYa): Super base.

Kiyasha Singh: Yes.

Kwena (YaYa): Um I'm quite familiar with it. I've been using it for like the past two months I think. Yeah.

Kiyasha Singh: Okay.

Kwena (YaYa): for my my tender app.

Kiyasha Singh: So, that's great. So, now that you have um now that you're familiar with superbbase, see if you can use resend within the superbbase context.

Kwena (YaYa): Okay. So like uh yeah.

Kiyasha Singh: So you see how with cyoc habits when you send the when you write your email and send you an OT key it's also using resend so just into it.

00:03:27

Kwena (YaYa): Oh okay. Okay. So I Okay.

Kiyasha Singh: Yeah.

Kwena (YaYa): I will do I will do that and I and I know it has that functionality cuz I've I've used it before on on my app with the login login credentials and it actually sends a email and it's almost I think it's simple to to to use. I I used it and then switched it off cuz I was still testing my login page and I didn't want to do be entering OTP every time I log in. But yeah.

Kiyasha Singh: Yes. Yeah.

Kwena (YaYa): Okay.

Kiyasha Singh: If you also have the standard password, you can also use a standard password and an OTP.

Kwena (YaYa): Pardon. Oh, that I didn't know about that.

Kiyasha Singh: So do you see with cyborg habits um when you sign out there's an option to use a OTP or a password.

Kwena (YaYa): Yeah.

Kiyasha Singh: So that with your code itself and on superbbase you can just have the OTP just for like people who don't want to enter passwords just want that one time thingy.

00:04:15

Kwena (YaYa): Yeah. Okay. Okay. I see. I understand. I understand.

Kiyasha Singh: Yeah. So just go and play around a bit more with superbbase. Um yeah I don't believe that we are meeting now to my understanding let's just wait a few more minutes I might be misunderstanding

Kwena (YaYa): Okay. Uh, who are we waiting for? Waiting for Justin.

Kiyasha Singh: yes so this is to discuss The improvements on cyber cabbage itself.

Kwena (YaYa): Oh, okay. Also, this is the meeting you postponed yesterday with him.

This is the one. Oh, okay. Okay. Understand. Oh, and now I wanted to ask I only thought of this question now when I was going through the cyber cabs thing. Uh if if like I I find like a a bug or an error and maybe someone already added it to the spreadsheets, should I also Oh, I don't have to anymore.

Kiyasha Singh: Yes. Then you don't know.

Kwena (YaYa): Okay. Okay.

Kiyasha Singh: But I'm under the impression you guys aren't really reading what the other person says.

00:05:35

Kiyasha Singh: You're just saying, "Okay, I found this type." So even if there's duplicates, it's okay. It shows that you're actually doing something.

Kwena (YaYa): Okay, I understand.

Kiyasha Singh: Okay. So we will meet for the team meeting which I have to send you guys the link to 100%.

Kwena (YaYa): around what? Oh, okay. Also, this meeting is basically cancelled.

Kiyasha Singh: basically so um communications coming through being that this can also be covered during the team meeting. So we're going to have that instead. So the way this works is on Mondays we have usually we don't have any meetings to be honest. So Mondays we don't but you and I will have cyborg habits improvements.

Kwena (YaYa): Mhm.

Kiyasha Singh: It happens every Monday at around 2 to 3 or if it's postponed then it's usually 3 to 4. Then on Tuesdays mandatory as well for team meetings from half past 10 to half past 11. And then on Wednesdays

Kwena (YaYa): Okay.

Kiyasha Singh: we have um tech connect. So that is where the dev team connects and then we just talk about the new features.

00:07:01

Kwena (YaYa): features or something.

Kiyasha Singh: If you don't understand oh this this you get guidance so to say and then Thursday we don't usually have anything.

Kwena (YaYa): Okay. Okay.

Kiyasha Singh: And then Friday we have demo days. So yes. So Friday.

Kwena (YaYa): Oh. Uh, pardon to interrupt you.

Kiyasha Singh: Yes.

Kwena (YaYa): Uh, like on Wednesday. Yeah. Tomorrow is are we are we Oh, so what?

Kiyasha Singh: It's a public. No work. It's a public.

Kwena (YaYa): Oh, okay. Okay.

Kiyasha Singh: Um just getting some more communication at the moment.

Kwena (YaYa): Okay, no problem.

Kiyasha Singh: Okay.

Kwena (YaYa): That's it.

Kiyasha Singh: So tech connect. The thing is we have a bunch of meetings in between.

Kwena (YaYa): It's okay.

Kiyasha Singh: So um there's a lot of meetings that occur every now and then. The problem with that is that when we in the team meeting just actually I'll remind myself it's fine that they should include you and Massud in these meetings. Um, so when they set up meetings, they should include you guys in there so that I don't have to manually send the links and it also it's easier.

Kwena (YaYa): include us in like updating us what's happening and like including us in the whole conversation or like when you say include what do you mean? Oh, okay. Okay.

Kiyasha Singh: So you guys also feel included because you guys are now interns. So if you're not included, it doesn't always feel nice.

Kwena (YaYa): Okay.

Kiyasha Singh: Okay. Is there any questions so far?

Kwena (YaYa): Now I'm sorted. I'm just going to start with the cable cabs after this call.

Kiyasha Singh: Okay. Um, I will make the meeting for 12 for you guys as well. So, I'm also going to be giving you guys some of the tasks that the Pragma interns are doing as you with the review habits.

Kwena (YaYa): Okay. The whole B testing.

Kiyasha Singh: Yes.

Kwena (YaYa): Okay. So, so also I also have to do the D and live video all that. Okay.

Transcription ended after 00:11:01

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