J & K - 2025/02/18 12:57 SAST - Transcript

Attendees

Justin Germishuys, Justin Germishuys's Presentation, Kiyasha Singh

Transcript

Justin Germishuys: Hello. How are you doing today?

Kiyasha Singh: Hi, good you.

Justin Germishuys: I'm doing all regarding photos, I do not have any good photos, so I was wondering if I could just take a screenshot of myself now.

Kiyasha Singh: That would be fine.

Justin Germishuys: Okay, just give me a second.

Justin Germishuys: It looks like I'm in a nice place.

Kiyasha Singh: Yeah. …

Kiyasha Singh: wait. Am I supposed to take the screenshot?

Justin Germishuys: No, I'm trying to,…

Justin Germishuys: but I'm trying to adjust my face into good.

Kiyasha Singh: Okay. Sorry.

Justin Germishuys: Okay, let's see. And try one smiley, one serious.

00:05:00

Justin Germishuys: Okay, I'm going to put these headphones back in. I should come on to Zoom for my photos. Let's see how this turned out. I'm going to quickly share these with you.

Kiyasha Singh: Okay,…

Kiyasha Singh: thank you.

Justin Germishuys: Cuz in all honesty, I'll never get to these things unless I do them on the call. nope, nope, no, no, no. That's too pixelated. Why is that so pixelated?

Kiyasha Singh: Excellent.

Justin Germishuys: Okay, let's look at that one. Okay, let me try one more time and filters appearance. Okay, let me move this middle here.

Justin Germishuys: It's still too excellent. I was hoping that the quality would be higher. That's black and white. Nope. It's a good idea,…

Kiyasha Singh: And I

Justin Germishuys: but the light is terrible. Let me see if I can switch if that works.

Justin Germishuys: Go away. We can always run it through a thing an upscaler. So let's see how that came out. Not the most joyful looking person, but okay. Let's send that one.

Justin Germishuys: Very good. Is that all right? Okay, cool.

Kiyasha Singh: Okay. Yes.

Kiyasha Singh: Thank you.

Justin Germishuys: I look vere. let's see if I can run it through an upscaler. Let's see if that gives us a better Okay, let's make it super huge.

Justin Germishuys: How are you doing?

Kiyasha Singh: I think I'm getting the flu, so I'm not happy about that. But apart from that,…

Justin Germishuys: I'm sorry, Taylor. Okay.

Kiyasha Singh: I'm actually a bit worried about the timeline based on Allison's calendar. So now I'm just worried that I'm making not enough progress. Okay.

Justin Germishuys: So, we can definitely deal with that. I should probably just let my cat out. Okay, just let my cat out. Give me a second.

00:10:00

Justin Germishuys: All right, I'm back.

Kiyasha Singh: Okay. Sorry.

Kiyasha Singh: I was just putting on the light cuz I look very funny.

Justin Germishuys: Pixelated. Okay,…

Kiyasha Singh: So, yeah. Hopefully. Okay, that's not good.

Justin Germishuys: let me download this one and see how it looks. did you make any progress with that looks a bit better. I can put in All right.

Justin Germishuys: Let me just quickly put, man, I'll send it to you later or…

Kiyasha Singh: Okay. …

Justin Germishuys: you can put it through an image upscaler. Right. where are have you done your avatar yet? Not that we need it for this.

Kiyasha Singh:

Kiyasha Singh: no, I haven't. Yeah. U more of the put a meeting with Justin cuz I'm a bit confused.

Justin Germishuys: Okay, I wanted to ask you about the video. Did everybody feel like that is more or less there? So, Allison said, "You know what? This would be cool if we did something like this.

Kiyasha Singh: What are you guys like coming out with in terms of are you guys going to have it on a platform? What's happening? And then she pulled up the calendar and then she was like, why did we put you in m March on your own? Do you remember why that was?

Kiyasha Singh: And I was like, I don't remember quite properly. Then she was like, okay, start a make a meeting between the four of us so that we can talk to Justin and we can all thingy. And then she was saying that, but this looks good. My skills are improving. Yeah.

Justin Germishuys: Awesome. …

Justin Germishuys: that's Okay, so here's what needs to happen now. we have most of the challenge cards. So, we need to actually start putting it somewhere. And what we need to do is just finalize the scripts for the remaining ones. And we need to make a seventh habit.

Justin Germishuys: But we don't have to do I think that if we can get the six up so long, that's fine. And then you can just make the seventh one. Okay.

Kiyasha Singh: seven. …

Justin Germishuys: as we go, because we will be doing some other things. So what we need to do is you need to make six more videos. can we look at them now?

Kiyasha Singh: I actually made more scripts based on the layout that you gave and then I added it into the scripts thingy and I put it in blue. I'll send you the link for it and…

Justin Germishuys: because I prefer to actually do the work on the call rather than talk about the work on the call.

Kiyasha Singh: yes. Okay.

Justin Germishuys: Then you'll get more.

Kiyasha Singh: Should I share the link with you so that you can pull it up or Okay, there you go.

Justin Germishuys: Yep, you can do that. And then I can also comment on it. why does it do that?

Kiyasha Singh: I sent it in WhatsApp. Let me just send it in the No,…

Justin Germishuys: This is just bad UX.

Justin Germishuys: Sorry. What did you send it to?

Kiyasha Singh: it's okay.

Justin Germishuys: You sent it to me there.

Kiyasha Singh: Yeah, but I'm also sending it in the chat, so it's easier.

Justin Germishuys: No, that's good. I've got it in both places.

Kiyasha Singh: It's right.

Justin Germishuys: All so where is the script for the video that you just created? that's not the script.

Kiyasha Singh: Let me just check. it's in blue over here. See if I can make this big. yeah.

Justin Germishuys: I mean, it might be 99% of the script, but it's if I remember, your avatar says hello.

Kiyasha Singh: We changed it.

Justin Germishuys: Yeah, she says hi.

Kiyasha Singh: Yes,…

Kiyasha Singh: I just added hello in front of it so that it doesn't just start off directly into So I just haven't edited that part into that.

Justin Germishuys: Yeah. …

Justin Germishuys: I think there can be a little bit of a pause before she says hi.

Kiyasha Singh: I did figure that out So yeah,…

Justin Germishuys: Okay.

Kiyasha Singh: I've been doing that with the other videos, so I can do that with that one.

Justin Germishuys: All that's fine. but other than that, I think that the video is cool. How long would it take you to make this video with a different avatar?

00:15:00

Kiyasha Singh: Less than 20 minutes.

Justin Germishuys: Okay, which means that you can switch out the avatar endlessly and…

Kiyasha Singh: Yes. Yes.

Justin Germishuys: it will take 20 minutes per effort. That's good.

Justin Germishuys: So that means that we can have a virgin. I like how her mouth moves. It feels real.

Kiyasha Singh: Yeah, she was one of the few that are actually expressive like the facial expressions.

Justin Germishuys: Yeah. Yeah. And I think that yes.

Kiyasha Singh: And Allison also liked her voice and she was like, "If we want to switch it out with an American, it'll also suit." So, I was like, "Yeah. Okay.

Justin Germishuys: So, we'll stick with this for now. So, she'll be our avatar for now and we'll just get the series done and then we'll switch her out cuz it'll be what, an hour to two hours worth of work to make another version with a different avatar. So, that's great. that makes me happy. Okay, so let's look at suggested.

Kiyasha Singh: Okay. …

Justin Germishuys: No,…

Kiyasha Singh: yeah. Sorry, I didn't fix it.

Justin Germishuys: that's fine.

Justin Germishuys: you've got something. Ever feel overwhelmed by the sheer number of decisions you make each day? In our fast-paced world, decision fatigue is real. What if there was a simple way to cut through all that mental clutter? That's exactly what the suggested habit does.

Kiyasha Singh: Okay. Yes.

Justin Germishuys: AI provides well-reasoned options with pros and cons, helping you make faster, smarter decisions without the stress. No more endless back and forth. with AI handling the heavy lifting. You gain efficiency, better outcomes, and competitive edge without the mental Stop betting decision fatigue. Okay, so I don't like this one so much largely because it seems to focus on decision fatigue and that's not actually what this is. Are you recording?

Justin Germishuys: So, let me kind of go back to this. So, let's take a second to think what does the suggested habit do other than remedy decision fatigue. We don't always know what to do. We don't always have all the information. So we also don't always know how best to compare things or to choose between options. So even if there's no decision fatigue, decisions can nonetheless feel overwhelming. decision fatigue could be on that list.

Justin Germishuys: So you can say so I don't think that it should start I said you ever feel overwhelmed by the sheer number of decisions you make each day okay let me read the rest here and see let AI suggest and you focus on making an impact ready to take action dive into these challenges and start making swift reasoned choices today So, let's go into chat GPT. Let's go in here and then we can work like cyborgs together as well. Okay.

Justin Germishuys: Large language models are pretty good at making suggestions when we have to choose between options or when we don't know what the right course of action is. Can you please list some of the benefits of doing this and…

Kiyasha Singh: Okay.

Justin Germishuys: also what is it that it actually helps us with? Can you please list a few things for each? And let's see what happens. Why is it telling me that? I'm going to share my screen in just a second. All right.

Justin Germishuys: All So, it's providing some obviously this is too much. So, now we need to find some sort of condensed version. Before we carry on, let's just talk about where we're headed.

Justin Germishuys: Once we have the cards and once we have the videos, and I've said this to Allison a few times, this program is platform agnostic. I really don't care we use. Any platform we choose, we can get this stuff up and running in a day. It doesn't matter that we haven't figured that out yet. We can even make our own thing in a day. What matters is that we're happy with the content and that we can adapt it in a thousand different ways. If we're going to go to a client and sell it, we might choose to do this manually. it really doesn't matter. And so focusing on that right now, I understand that it's an important decision and everyone's eager to deploy it, but the deployment is the trivial part. Once we've got it, we've got it. So let's just get the thing, and leave the other question for later.

Justin Germishuys: We can also choose all the things. We don't have to pick one thing. So, let's take it one step at a time. So, right now, we just want to finish the content. And we're nearly there. Let's just Where's the thing that didn't I have it up on the screen here now?

Kiyasha Singh: looking for the script.

Justin Germishuys: Yeah. I'm getting very very frustrated with all of this.

Kiyasha Singh: Yeah, I don't remember where you put that. Okay.

Justin Germishuys: Okay, I'm just going to open it again. All So the question is what is the crux? Sum this up in two sentences. Make it pathy.

Kiyasha Singh: Okay.

Justin Germishuys: There we go.

Justin Germishuys: I'm just going to add a part here. And I'm going to put this in orange. that. That's terrible to read. I'm going to put it in green. Okay. So using AI for suggestions speeds up decision-m, reduces fatigue and provides diverse datadriven insights. It helps with choosing options, optimizing outcomes, solving problems, and generating fresh ideas effortlessly. Okay, so let's go back.

Justin Germishuys: So in a nut nutshell it dot dot. Nope. That just repeated it.

Justin Germishuys: In any case, I think that's a useful place to start. and you find that that script is long enough for 45 seconds. 50. Okay.

Kiyasha Singh: Yeah. …

Kiyasha Singh: that's actually 50 seconds. Sorry.

Justin Germishuys: So now adapt the script to include the above. I want to just edit that.

Justin Germishuys: All AI provides a regent helping you make Okay, that's long, this is too long and it focuses way too much on decision fatigue to the exclusion of the others.

Justin Germishuys: This is Okay, so this part is terrible. stop. No, that's not what I wanted.

Justin Germishuys: The rest is good. Okay. it feels getting worse and worse.

Kiyasha Singh: I find that when you scroll up remember you gave the structure for it it might help in terms of…

Justin Germishuys: Okay. Yeah.

Kiyasha Singh: how it should structure it.

Justin Germishuys: So, what I need to do is forget about that for a moment. List the main points we want to include in a script with this structure to do.

Justin Germishuys: That's perfect. Okay, you are getting better at this.

Justin Germishuys: You're thinking strategically about how to prompt.

Justin Germishuys: So, we might want to make that smaller shorter, but let's just quickly it's not that much longer than that. All right.

Kiyasha Singh: Yeah, I don't think it'll be much of a problem.

Justin Germishuys: So, we're going to look or so let's just put in I just hi or hello. How did she say before?

Kiyasha Singh: Hi there.

Justin Germishuys: Okay.

Justin Germishuys: We're going to look at the suggested habit, your shortcut to faster, smarter decisions. How many times have you been stuck between options, unsure of the best choice, or drained from overthinking? What have you always had a clear, reasoned suggestion right when you needed it? AI makes it possible by instantly providing structured options with pros and cons. AI cuts through hesitation, reduces mental fatigue, and helps you make confident choices whether you're solving problems, optimizing, blah blah blah.

00:30:00

Justin Germishuys: imagine scaling up to the entire team or an More clarity, better decisions and progress without the bottlenecks. So I think that that's cool. It just needs a bit of an adjustment. so I think you may want to bring that in again, but Overall, I think that's more or less good. Planet, have you ever started a project? I like that it starts with a question. So, actually, let's switch this around. and then instead of AI, the Yeah.

Justin Germishuys: using this AI habit that's through the hesitation There we go. Now it's more or less right except for that last sentence. We can work on that. Have you ever started a project only to realize halfway through that something critical was overlooked? It happens all the time, but it doesn't have to. Every successful project starts with a solid plan. That's where the planet habit comes in. AI helps you create detailed multi-step strategies tailored to your needs, ensuring nothing gets missed and every step is optimized. It's not just about working fast, it's about working Imagine effortlessly comparing options, weighing risk, and confidently choosing the best path for path forward.

Justin Germishuys: All in minutes with Planet, the team moves seamlessly from analysis to execution, making progress smoother and decision sharper. it's planning redefined. Start using the planet habit today and watch your ideas turn into wellexecuted successes. Ready to build smarter,...

Kiyasha Singh: Okay.

Justin Germishuys: faster, and better. Let's get started. I like that. I don't think we need to ready to plan it. Let's get started. I think that's a bit better. Okay, guide it. Have you ever felt stuck, unsure of the next step, or afraid of making a mistake? Uncertainty slows progress, but it doesn't have to.

Justin Germishuys: So I think that year it's generally good, but this is a little bit redundant here.

Kiyasha Singh: specific enough.

Justin Germishuys: A bit redundant. Also, I don't know if I really like just referring to AI because I think it's fine. it's not specific enough. It's just that it's actually more about the habit with AI. It's using AI for that as a matter of course.

Justin Germishuys: So I think uncertainty doesn't but we can say uncertainty can slow progress but doesn't have to. You ever felt stuck? I'm sure the next step or afraid of making a mistake. Uncertainty can slow progress but doesn't have to. That's where the guided habit comes in. yeah.

Kiyasha Singh: So then would you say that it's better to remove this whole part here and then just continue from here by saying this AI habit cuz there's still some at the bottom here. Okay.

Justin Germishuys: Yeah, I think that you'll use AI to provide step guiding making even the most complex tasks feel simple and manageable. Yeah, just delete that.

Justin Germishuys: Good suggestion. Cut Chop it Stop letting uncertainty slow you down. Start applying the guided habit today and turn ambition into action. I don't like that. I think if you can just find something like it, but that doesn't sound as Something like this but less cheesy.

Kiyasha Singh:

Justin Germishuys: Once you've done one, the rest go quite quickly because it's sort of a formula. have you ever seen a great idea fail because no one questioned its flaws? it's not just that.

00:35:00

Justin Germishuys: close. there's an important part missing. me go. There's an important part missing.

Justin Germishuys: Sometimes bad ideas are executed and wreak havoc possibly because they that's two were who they were not criticized or that's not the word.

Justin Germishuys: I want to use the word examined or So, let's just see what it comes. I want the same tone and style as before.

Justin Germishuys: So it's not just about ideas though, is it? Because you can critique anything, not just ideas. okay. Let's just quickly I like this. What do you think?

Justin Germishuys: Can you read it? no, that's fine.

Kiyasha Singh: Sorry, I was also trying to So,...

Kiyasha Singh: it's still okay. Yeah, my computer is doing madness. Can we see?

Justin Germishuys: Okay, let's just drop it in here. and then we can look to shorten it a little. Ever seen something fail that should never been approved in the first place? a flawed plan, a risky decision, a bad assumption. When things aren't challenged, mistakes slip through. The best outcomes don't just happen. They're built by questioning, testing, and refining every step of the way. That's exactly what the critique at habit is all about. AI helps you challenge assumptions, spot risks, and uncover blind spots. So, every action is smarter before it is set in mind. I don't think I don't want to use smarter so much.

Justin Germishuys: checked before it set emotion. But it's not just about making good things better, bad ideas, floods. No, that's all redundant. we can just say let's just delete that. No, this isn't. Yeah, it's trying to hold too much onto that.

00:40:00

Kiyasha Singh: This is not too short.

Justin Germishuys: You challenge assumptions, spot restress, and cover blind spots. So, every action is checked. I think that's it.

Justin Germishuys: no, I want to add a little bit extra in here. so it's exactly what the critique at habit is all about. So I think we need a solution for this. I don't like that's exactly this. I want to just say AI habit helps you challenge assumptions, spot risks, and uncover blind spots. So every action is checked before it's set in motion.

Justin Germishuys: so with this a bit in the loop.

Justin Germishuys: good ideas get better and not yeah the thing is I don't want to focus on ideas becomes great and...

Kiyasha Singh: Good ideas become great ideas.

Kiyasha Singh: Yeah. Okay.

Justin Germishuys: Good becomes great and bad. what is a good word here? With this habit in the loop,...

Kiyasha Singh: Could this be useful by any chance?

Justin Germishuys: good becomes great.

Justin Germishuys: And go for it.

Kiyasha Singh: I just pasted it in there. Is there anything that could be taken and just added the

Justin Germishuys: The best decisions aren't just made, they're challenged. I like with it. this AI but helps you question assumptions and uncover blind spots in everything. Not just ideas or plans but decisions, processes and everyday I hate the word mindset.

Justin Germishuys: So, I like everything up until there. I actually dig I like this. Have you ever accepted something only to realize later it had flaws? I think this is a better Yeah.

Justin Germishuys: Can we take that and just put it in here?

Kiyasha Singh: …

Kiyasha Singh: it goes on top there.

Justin Germishuys: Yeah, I've just stuck it in there now.

Kiyasha Singh: Okay.

Justin Germishuys: That's ex Okay, then. Okay. Yeah.

Kiyasha Singh: So, all of this is going to be deleted.

Justin Germishuys: So basically we just need not just so the result again stronger, more impactful. I hate the word smarter at this point. It's starting to make me upset. It's the case like if AI has its tendency to use words over and over and over and we need to be mindful to not let those slip in and make everything seem incippid.

00:45:00

Kiyasha Singh: So even if we use a synonym,…

Kiyasha Singh: it's not okay. Okay.

Justin Germishuys: No, it's the idea isn't the idea is overused and…

Justin Germishuys: cliched heck needed. So you want to actually change up your thinking or otherwise it just seems lazy. AI doesn't just make you smarter. So AI helps. Okay. I'm going to change instead of AI, I'm going to say this AI habit. I think there's no harm in just reminding them that this is an AI habit, Helps you question assumptions, identify risks, and uncover blind spots in everything. Not just ideas or plans, but decisions, processes.

Justin Germishuys: not just ideas or plans but decisions, processes, documents and much more. We also tend never to use much more. You want just and much more. with okay including this

Justin Germishuys: as you ever accept something at face value had not just flaws severe pause and then take this

Justin Germishuys: With this have it in the loop. Yep. Yep.

Kiyasha Singh: Okay. Yes.

Justin Germishuys: I think that's good. it doesn't have to be much longer. If you want to make it a bit longer, Have you ever wondered what's possible if you could see beyond the obvious? The future belongs to those who can envision it.

Justin Germishuys: That's exactly what the imaginate habit is all about. this AI habit. So just make sure you make this change everywhere. Helps you explore possibilities, test encourage turning ideas into real opportunities. Result teams that think outside the box identify opportunities other than those and turn curiosity into. No, I think that this is a bit but this is too much of a copy of is No, this is teams that think outside the box. It doesn't unlock the future.

Justin Germishuys: Yeah, I think we can just give it like that. It doesn't have to be cool. Then I think let's run with these and see how they turn out. If they need to be adjusted, These have to be the final version of these videos. One thing is missing though. We need a intro script. just excuse me for a moment. I am a sour worm addict.

00:50:00

Kiyasha Singh: Okay,…

Kiyasha Singh: they are nice, especially sweets that have the perfect balance between sour and sweet. Okay.

Justin Germishuys: All right, So, we're nearly there. I want to show you something quickly.

Justin Germishuys: It's just what I've been busy with. I had to rebuild on my other project startup thing. I had to rebuild the pitch scan interface from scratch.

Justin Germishuys: So I rebuilt it with React and ExpressJS as well as fast API. And so you can upload your deck over there. You can add extra content here. You can also switch between light mode and dark mode which is fun. once you run it, it produces kind of like a highle extraction of all the key information and it produces a summary where you can have these nice graphs.

Kiyasha Singh: Okay,…

Kiyasha Singh: that is really nice. Wow.

Justin Germishuys: Then you can look at a summarized version of the deep reasoning or you can look at a full version of the deep reason. That's what this toggle does over here. And over here it has these personas…

Kiyasha Singh: This is very Super.

Justin Germishuys: who simulate different perspectives on the startup. So it looks much better than it did. and then of course it's using Superbase as the login system. So it's got a fully functional database and Yeah. Yeah. And then everything just works nicely.

Justin Germishuys: so what's happening in the backend background here is I decided to use superbase which is actually quite easy to use. what superbase does is it provides you with login with authentication and you have lots of options. You can also connect it to Google signin and all of those things but it also connects to any other database stuff that you need. So whenever you're running an analysis or the LLM creates an output, it stores it in the database, but then can connected to the user and the session that they're busy with. And so it was actually quite easy to set that up once I just basically got cursor to do it all.

Justin Germishuys: And what's nice is with using cursor is I can just say look I want the primary color to be this manage all the hover effects and…

Kiyasha Singh: Definitely.

Justin Germishuys: things so that it's consistent with it and it's produced something pretty cool. so a lot of what I've kind of figured out with that I will try to bring into what we do. I've been a bit out of unable to focus more time on our stuff because I very urgently needed to rebuild this because the other one was looking pretty crappy and we are actually bringing VCs on to use it now. So I've had to move very very fast on that.

Justin Germishuys: But once I'm done with that then I'll have a lot more time for our things now coming back to what we need to do this week because I don't think we are particularly far behind you can do these scripts in probably an afternoon between today and tomorrow maybe not today because we have another meeting do you even know what the meeting later is Yeah,…

Kiyasha Singh: It's a meeting that they're going to be having with clients.

Kiyasha Singh: So Allison was explaining that we just going to be observers so that we understand how it goes more often.

Justin Germishuys: I don't actually even know what she's planning to do in it. I'll just go and wing it. cool. right.

00:55:00

Justin Germishuys: So what we need to do is we actually need to discuss what we want to do with the agents because after we're done with the content now and we nearly are and we'll probably be able to deploy it towards the end of the week or early next week. the reason I showed you what I showed you is that we can probably use something similar to launch this program instead of finding another platform if we wanted to. So, that's why I'm not in too much of a hurry to commit ourselves to one platform or another. I actually just want to get to a point where I have a little bit of time and I can just say, "Okay, Claude, here's what I have. I have cards. I have videos.

Justin Germishuys: I want to ask these reflection questions. I want some place where people can put it in. I want this to be scheduled so that people get one challenge every day so that it's not overwhelming. I want to arrange this so that, we give them at least one simple thing to do every day. Can we use something like mail gun to just deliver an email every day or do we want to set up a WhatsApp bot that WhatsApp them every day? or something like that. Can you please suggest the best solution? And then it will and then we're using the suggested habit. And what we've essentially done is just described this is the content we have. What is the best way to deliver it? And if we want to, we can take the videos and we can upload them to YouTube, which we probably don't. We can set it to a private account and then link through to whatever we're using.

Justin Germishuys: so there are lots of different ways to do it but then we can also say to cursor hey look this is what you suggest now just build it or we can go into replet and just give it a bash because we have the sign on thing with superbase that's pretty straightforward to do then we can also have user sign in we can maybe include a stripe payment portal to it so people can pay for it right then and there and with superbase we can also control how we onboard users. So, we can also just choose to say, okay, you've

got a cohort. Let's bring them on. They can watch a video today and then, over the next two to three weeks, they'll just do this on the side. And then we provide workshops in between.

Justin Germishuys: One thing that we might want to do once you've done with these videos is maybe just do a couple of screencasts of us actually doing something, but I don't think that's super important either.

Kiyasha Singh: Okay.

Justin Germishuys: All right, we'll come back to that The AI agents. So, this is what we need to do. We need to basically come up with a first version which means that essentially what we need is to create six or seven prompts and those and create functions around them.

Justin Germishuys: And so we'll bas basically just say, okay, take this as an input and explain it I'm five or 10 or whatever. Or take this as an input and play devil's advocate and just pick out all the flaws, blah blah. or take this as an input and formulate a series of whatif questions and explore what they do. So we'll work that out once we have a function for each of the seven things.

Justin Germishuys: What we're going to do is we're going to create an orchestrating LLM to say somebody gives an input and then it will decide which of the habits to apply. so admittedly there's still quite a lot to figure out in terms of how it will work because I can already see some flaws. How is a user supposed to use it as an agent? I don't want to create a chatbot. I flipping hate creating chat bots and I never ever want to do that again. so I think to help my brain work, I'm going to have another style alone. All right.

Justin Germishuys: So, I think that what we need to do is somebody comes up with a goal. So, that's how we'll make it. You put in a goal and then it will run some sort of an agentic process. So it'll say, "Okay, if you want to," and then it will just basically have a conversation with itself. We'll think about putting a human in the loop another time. Cuz we can almost think of the agentic system as demonstrating to a human being how it's done. What would it look like if we put all of these habits together and people are using the habits at the right time?

01:00:00

Justin Germishuys: So if I say my goal is to save enough money to go to Thailand hypothetically and the first thing that it will do is it will say all right out of the habits that I have I can ask what if questions. So I say, okay, what if I started saving now or what if I got a second job or what if I borrowed some money or what if and so it might ask a series of what if questions and then it might say okay I've asked a series of what if questions. I think I have enough for now. Let me play devil's advocate or critique it.

Justin Germishuys: So basically create pros and cons lists for each of these and identify the flaws in each of these. So now that I've considered all the pros and cons, maybe I'll switch to using the suggested habit. So from this critique, which of these plans should I go with or which of these whatifs should I should go with that. Okay, this is a good time to use the planet habit. Okay, so let's plan out how I would do this. Okay, so I've come up with a plan, but because I always want devil's advocate in the loop, let me critique it again. it's saying that I should possibly invest in, this, financial instrument, but I don't know what that is. Explain it like I'm five.

Justin Germishuys: So it kind of starts with a goal, but each step of the way it looks to pull in a habit. So that might be total overkill, but it would be fun to try because in many ways it might actually be an entirely new way to promote AI reasoning in an agentic way.

Kiyasha Singh: Okay. Wow.

Justin Germishuys: So that would be our own sort of methodology based on the habits.

Justin Germishuys: Obviously, I don't believe for a second that there are only six habits or that when we present it to AI, they should be presented as the habits, but this kind of agentic system is pretty quick to build. So, I think that what we might need to do is today is Tuesday.

Kiyasha Singh: That's it.

Justin Germishuys: Tomorrow's kind of busy. So, what we can do is you take today and tomorrow to finalize the videos and I will take the time to think about the intro script, although I might only get to it with you on Thursday anyway.

Kiyasha Singh: Okay.

Justin Germishuys: And then on Thursday, we carve out maybe an hour or two to just build the Agentic system in one shot together.

Kiyasha Singh: Okay.

Justin Germishuys: Cool. I think that sounds good.

Justin Germishuys: And then we're pretty much on track with everything for this week.

Kiyasha Singh: So as for the meeting with Allison and Steven, I want to ask if perhaps by around 4 today cuz she No,…

Justin Germishuys: When no.

Kiyasha Singh: not today.

Justin Germishuys: I don't have time to have three hours of meetings in one day related to this stuff. So, I mean, I know they want an update and I'll talk to them when I talk to them either today or tomorrow somewhere else, but I don't need another hour or two. I might speak to Allison tomorrow morning, just the two of us, but I don't feel the need.

Justin Germishuys: What we're doing isn't Stephen's pro project. It's our project. So I think that I won't be able to make demo day on Friday again if we have it on Friday because I have to be somewhere else. I mean, the thing to bear in mind is that I'm helping I'm working with Allison and Steven to build a whole bunch of new stuff, but this isn't the job.

01:05:00

Kiyasha Singh: I love your time.

Justin Germishuys: This isn't my job. I don't get paid for any of this. This is a prospect. So I do all of this on the side in the hopes we build something that makes money. So while you're employed to do this, every time I spend an hour on this, that's money that I'm not making in the hopes that in future I will. So it's not like I can carve out a whole day.

Justin Germishuys: Steven can because he's retired and Allison and Barbara can because the Field Institute is their full-time job. but unfortunately I'm in a slightly different boat which makes it I think a little bit more frustrating for everybody…

Kiyasha Singh: understood. Thank you.

Justin Germishuys: because I have to prioritize anything that is revenue generating for me over all of this. Otherwise, we'll be homeless. So, be kind to me in your thoughts. I'm doing my best. But, I think that you've come a long way. I know that my approach is a little bit handsoff, but it is on purpose that and it's also not on purpose because I wouldn't be able to do it any other way. But the goal is that ultimately you can stand on your own.

Kiyasha Singh: Yeah.

Justin Germishuys: there are going to be a million occasions in your life where you'll be standing staring out into a wilderness and you have no idea where to go or what to do and no one's around to tell you and you just have to come up with a thing and do it and either it's going to work or it's not going to work. And when you're young and you do it, it's scary but you have a safety net. you're still young, and presumably you don't have that many responsibilities or people relying on you. So if you fail, you can try again, that's cool. Then you'll gain wisdom that way and that will serve you. But that's why right at the beginning, I was quite clear I didn't want anybody who needed too much direction.

Kiyasha Singh: Yeah. Thank you.

Justin Germishuys: And I think your judgment has bubbled to the surface which is good. I think that there's no other way to learn it than to be, dumped in the deep end and you just do it. So you feel the fear and you do it. That's the skill. But anyway, you've been doing wonderfully and I'm super proud of you for coming this far. And even for some obscure reason, this is just like me saying random things. Even if any of this journey were to come to an end, you would have marketable skills right now. you could go to somebody and say, "I can make you videos. Check this out." And they'll be "Cool." And they'll pay you to do it. but if we keep doing this together, you're going to have lots more to offer.

Kiyasha Singh: Okay,…

Justin Germishuys: I guess I will see you in about 20 minutes. just keep doing what you're doing.

Kiyasha Singh: thank you. Bye.

Justin Germishuys: Okay, sure. Bye.

Meeting ended after 01:08:45 👋

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