



Royal Free London
NHS Foundation Trust

STANMORE ROTATION JOURNAL CLUB

SESSION 1: SHOULDER & ELBOW TUESDAY 28TH NOVEMBER 2023 18:00 – 19:00

PAPERS

i) Reverse Shoulder Arthroplasty Is Superior to Plate Fixation at 2 Years for Displaced Proximal Humeral Fractures in the Elderly: A Multicenter Randomized Controlled Trial. The DelPhi trial.

Fraser *et al.* JBJS 102(6):p 477-485, March 18, 2020.

[DOI: 10.2106/JBJS.19.01071](https://doi.org/10.2106/JBJS.19.01071)

ii) Hemiarthroplasty versus open reduction internal fixation for intra-articular distal humerus fractures in older patients.

Dirckx M, Tathgar A, Bellringer S, Phadnis J. . Shoulder & Elbow. 2023;15(1):83-92.

[DOI: 10.1177/17585732221093004](https://doi.org/10.1177/17585732221093004)

iii) Management of adults with primary frozen shoulder in secondary care (UK FROST): a multicentre, pragmatic, three-arm, superiority randomised clinical trial.

Rangan *et al.* Lancet. 396;10256, P977-989, October 03, 2020

[DOI: 10.1016/S0140-6736\(20\)31965-6](https://doi.org/10.1016/S0140-6736(20)31965-6)

Moderators:

Royal National Orthopaedic Hospital NHS Trust

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