



JANDO DOE

OCCUPATION – RETIRED

DATE OF BIRTH - 02.09.1947



0778663663



EAST SUSSEX



ANDO.DOE@GMAIL.COM

## ABOUT

John had always been a strong and independent man, but when he suffered a stroke in his 70s, everything changed. Suddenly, the simplest tasks became difficult, and he found himself relying on others for help.

After his stroke, John spent six weeks in the hospital before he was able to return home. He was frustrated and scared, but he was determined to recover. When he joined every session at our aftercare centre, he started making progress.

Despite the initial difficulties, John never gave up. He worked hard every day to regain his strength and mobility, attending physical and occupational therapy sessions regularly. After two weeks, John regained his speech and started communicating with his family again.

## NEEDS CURRENT FEELING

it's possible that John may still be dealing with physical and emotional challenges related to his stroke. He may still need assistance with some tasks and activities, and he may feel frustrated or overwhelmed at times. On the other hand, he may also feel grateful for the progress he has made and proud of himself for his resilience and determination. John may benefit from continued support from his loved ones and healthcare providers, as well as ongoing physical and occupational therapy to help him continue to improve his mobility and quality of life.

## TREATMENTS RECEIVED

**Physical Therapy:** John have received continued physical therapy to help him improve his strength, balance, and coordination. Physical therapy can also help stroke patients to regain their mobility and independence.

**Occupational Therapy:** Occupational therapy helps stroke patients re-learn activities of daily living, such as bathing, dressing, and cooking. This can be an important part of aftercare treatment for stroke patients who may have difficulty with these tasks after a stroke.

**Speech Therapy:** John experienced difficulty with speech and communication after his stroke, he have received speech therapy. Speech therapy can help stroke patients to regain their ability to speak, read, and write.

