```
1. use CookeryBook
2.
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       "ingredients":[
        "2 Cups of All Purpose Flour",
        "2 tsp of Baking Soda",
        "1 tsp of Baking Powder",
        "1/2 tsp of Salt",
        "2 tsp of Cinnamon",
        "2 tsp of Ground Ginger",
        "1/2 tsp of Ground Cloves",
        "4 Eggs, separated",
        "2 cups of Buttermilk",
        "1/2 cup of Vegetable Oil",
        "1 Tbsp of Vanilla Extract",
        "1/3 cup of Molasses"
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        "1. In a large bowl, combine the first 7 ingredients and set it aside.",
        "2. In a large bowl, using a handheld electric whisk, whisk the egg whites to stiff peaks and
   set them aside.",
```

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"3. In a separate bowl, whisk together the buttermilk, egg yolks, vegetable oil, vanilla and

"4. Carefully fold in the egg whites then set the batter aside for about 10 minutes while you

"5. Cook according the waffle instructions then serve with warm maple syrup, and if you are

molasses then pour the wet mixture into the dry and mix until combined.",

up for it (and you should be) a little lemon zest! Perfection!",

preheat your waffle iron.",