

Registration Form

Complete the form below to begin your fitness journey.

Duration	Price (\$)	Sessions	Initiation Fee (\$)
Plan Description			
Personal Inf	formation		
Personal Inf	formation	Last Name	
	formation	Last Name	
	formation	Last Name Phone Number	
First Name	iormation		
First Name	formation		
First Name Email Address	formation		
First Name Email Address	formation		

☐ Interested in personal training			guidance
Street Address			
Street Address Line 2			
City	State/Province		Postal/Zip Code
Health Metrics Current Weight (lbs)	Goal Weight (lbs	8)	Height (cm)
Fitness Level These metrics help us customize you	our fitness journey a	nd track your progr	ess effectively.
Emergency Contact First Name		Last Name	
Phone Number		Relationship	
Medical Information Do you have any medical conditions Yes O No	s or allergies?		

Please check any that apply:

☐ Heart Condition	☐ High Blood Pressur	re
☐ Asthma	☐ Joint Issues	
Diabetes	☐ Allergies	
Additional Medical Details		
Emergency Preferences: I consent to emergency medical tre I wear a medical alert bracelet/neck		
Membership Duration		
Membership Duration Choose Duration Subscription renewal coming soon!		
Choose Duration	6 Months coming soon!	12 Months coming soon!
Choose Duration Subscription renewal coming soon! 3 Months	coming soon!	coming soon!
Choose Duration Subscription renewal coming soon! 3 Months coming soon!	coming soon!	
Choose Duration Subscription renewal coming soon! 3 Months coming soon!	coming soon!	coming soon!
Choose Duration Subscription renewal coming soon! 3 Months coming soon!	coming soon!	coming soon!
Choose Duration Subscription renewal coming soon! 3 Months coming soon!	coming soon!	coming soon!
Choose Duration Subscription renewal coming soon! 3 Months coming soon! Preferred Start Date	coming soon!	coming soon! erms & conditions