Mt. Diablo Region YMCA Registration Form (Please complete a separate registration form for each participant) Participant Name (Last/First/Middle): Date of Birth: / / Grade: School: Gender: _____Parent Date of Birth: ____/ / Parent Name (Last/First/Middle): Email Address: (required for youth sports) Street Address: Zip Code: ____ City: State: ___ Work Phone: _____ Home Phone: Alternate Phone: Emergency Contact Name: _____ Phone Number: Session Name Program Fee* SRV YMCA Session Dates Sponsorship Options (Please Check) O No Thanks O Option A (\$250) O Option B (\$500) Program fees are non-refundable and non-transferable. Registration fees are due in full at time of registration for most programs. Sponsorship Name Preferred Contact Information: Those interested in sponsorship will be contacted by Y Staff with more information. (Phone or email) T-Shirt Size: O Youth Small O Youth Medium O Youth Large O Adult Small O Adult Medium O Adult Large I would be interested in volunteering as a(n): O Coach O Assistant Coach Volunteer's Name:______ O Team Parent O Referee/Official O Board Member Home Phone: ____ Teammate Request # 1 (Last/First/Middle): Home Phone: _____ Teammate Request # 2 (Last/First/Middle): Home Phone: Method of Payment: O Check Enclosed Check #_____ O Cash Enclosed O MasterCard O Discover O Charge Credit Card O Visa O American Express Account Number: Name on Account: Signature of Account Holder: Exp: / RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT (READ CAREFULLY AND SIGN BELOW) In consideration of being permitted to utilize the facilities, services and programs (collectively "Programs") of the Mt. Diablo Region YMCA ("YMCA"), I for myself, my personal representatives, heirs, and next of kin: 1. Acknowledge that I have been advised by the YMCA to seek the advice of my doctor before beginning any exercise regime. 2. Acknowledge that the risk of injury from engaging in the Programs may be significant, including the potential for permanent disability, serious injury or even death. 3. Release, waive, and discharge the YMCA, owners and lessees of the premises used to conduct the Programs, participants, consultants and others who give recommendations, directions, or instructions, and for each of them, their directors, officers, agents, and employees, all for the purposes herein are referred to as "Releasees," from all liability to me, my personal representatives, assigns, heirs, and next of kin for any and all loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in the death of the undersigned arising out of or related to any program, whether caused by the negligence of the Releasees or otherwise. In addition, I covenant not to sue any of the Releasees based upon any claim arising out of any activity relating to YMCA Programs. 4. Assume full responsibility for any risk of bodily injury, death, or property damage arising out of or related to the Programs whether caused by the negligence of Releasees or otherwise. 5. Agree to indemnify and save and hold harmless the Releasees and each of them from any loss, liability, damage, or cost they may incur due to claims brought against the Releasees arising out of my injury, or death, or damage to my property while I am participating in the Programs and whether caused by the negligence of the Releasees or otherwise. Acknowledge that the Programs are potentially dangerous and involve the risk of injury. I also expressly acknowledge that injuries may be compounded or increased by negligent procedures of the Releasees. 7. Agree that this Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement extends to all acts of negligence by the Releasees, and is intended to be as broad and inclusive as is permitted by the laws of the State of California, and that if any portion thereof is held invalid, it is agreed that the balance shall, not withstanding, continue in full legal force and effect. 8. Agree that I will immediately bring to the attention of YMCA supervisors or instructors any unusual or unsafe hazard or activity as soon as practical. 9. Agree to abide by the rules and regulations as stated in the membership brochure and Membership Policy Handbook. I have read this release and waiver of liability, assumption of risk and indemnity agreement, fully understood its terms, understand that I have given up substantial rights by signing it, and have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me and intend my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law. MT. DIABLO REGION YMCA PHOTO RELEASE I agree that while participating in YMCA programs, the Mt. Diablo Region has permission to photograph myself and/or my children for publicity purposes.

Date

Signature

Printed Name