

# Medical Prescription

Dr. Meera Sen, MD (General Medicine)

HealthFirst Clinic, Kolkata

Patient Name: Rohan Das

Age/Sex: 26 / Male

Date: 17-Apr-2025

**Chief Complaint:**

- Fever, body ache, and mild sore throat since 3 days

**Diagnosis:**

- Viral Fever (Suspected Influenza)

**Prescribed Medications:**

Medicine Name	Dosage	Duration	Instructions
Paracetamol 500mg	1 tablet every 6 hours	5 days	After food
Cetirizine 10mg	1 tablet at night	5 days	Before sleep
ORS Sachet	1 sachet in 1L water	As needed	Drink to stay hydrated

**Investigations (if symptoms persist):**

- CBC
- Dengue NS1 Antigen
- RT-PCR (if flu-like symptoms worsen)

**Advice:**

- Rest for at least 3-4 days
- Drink plenty of fluids

- Monitor temperature twice daily