

Parameter	Sensor	Why this sensor?	Estimated Price (INR)			
Heart Rate & SpO2	MAX30102	An integrated pulse oximetry sensor	₹400 - ₹800			
Temperature	MAX30205	A clinical-grade temperature sensor	₹600 - ₹1,000			
Glucose	Continuous Glucose Monitor (CGM)	For a DIY project, a CGM is complex and expensive. A simpler alternative is a blood glucose meter.	Varies significantly based on the brand and subscription model.			