

## **Platform Usage Guidelines**

Users of the First500Days platform are expected to engage in a respectful, professional, and constructive manner at all times. The platform is designed to foster meaningful conversations, collaboration, and learning, and users are encouraged to contribute positively to the community experience.

Any form of harassment, hate speech, spam, impersonation, misleading or false information, abusive conduct, or disruptive behavior is strictly prohibited. This includes behavior directed at individuals or groups and any activity intended to deceive, exploit, or harm other users or the platform.

Users must respect the privacy and confidentiality of others. Sharing, publishing, or distributing another person's personal, confidential, or sensitive information without their explicit consent is not permitted. This includes private communications, contact details, or proprietary information.

Any content, action, or activity that disrupts the integrity, security, or normal functioning of the platform—including attempts to manipulate systems, misuse features, or bypass safeguards—may result in moderation actions. Such actions may include content removal, temporary restrictions, account suspension, or permanent termination, depending on the severity of the violation.

First500Days reserves the right to monitor, review, and moderate user-generated content and activity to ensure compliance with these guidelines and to maintain a safe, inclusive, and productive environment. Moderation decisions are made at the platform's discretion and are intended to protect the community and the platform as a whole.