



## OUT-PATIENT RECORD

Patient Name	: [REDACTED]	Age/Sex	: 24 Years / Male
Hospital No.	: H00000064283	Date/Time	: 19/10/2019, 11:23:32 am
Consultant Name	: Dr. Sapna Kotwaliwale	Episode No	: PAN191014229

### HISTORY, EXAMINATION, INVESTIGATIONS, TREATMENT AND PROGRESS

#### CONSULTATION DETAILS

##### General Examination

##### Physical Examination

##### EYE :

Vision - 6/5 with glass ( Both eyes )

Intraocular pressure - Normal ( Both eyes )

Cornea - clear, bright, smooth surface ( Both eyes )

Anterior chamber - Normal ( Both eyes )

##### FUNDUS :

Disc - Normal ( Both eyes )

N5

Colour Vision- normal

##### Diagnosis

Preventive Health Check

#### PATIENT INSTRUCTIONS

##### Recommendation

To Avoid Computer Vision Syndrome- Take a break from working on the screen every 30 mins for 5 mins

Remember to blink your eyes as often as you can Keep your screen brightness to the lowest setting possible

A handwritten signature in black ink, appearing to read "Sapna Kotwaliwale".

Dr. Sapna Kotwaliwale  
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Consultant  
Ophthalmology  
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