

SDI Open Water Scuba Version A v.0716 Instructor Answer Key

- 1. Objects under water appear:
 - D. Both the first and third answers are correct.
- 2. How much faster does sound travel in water, compared to air?
 - B. Four times as fast.
- 3. Water conducts heat away from your body:
 - D. Twenty-five faster than air does.
- 4. As you descend:
 - A. Colors appear to fade.
 - B. Reds and oranges are among the first colors to disappear.
 - C. At 30 meters (100 feet), things may appear predominantly blue and gray.
 - D. All of the above.
- 5. Below what water temperature does your body require some form of thermal protection?
 - C. 29°C/86°F.
- 6. What does SCUBA stand for?
 - A. Self contained underwater breathing apparatus.
- 7. When water stratifies itself into layers, according to temperature, the boundary between layers is known as a:
 - D. Thermocline.



8.	What	What is the primary cause of waves?		
	C.	Winds.		
9.	Whic	h of the following factors do we take into account when measuring waves?		
	D.	Both the first and second answers are correct. (A. Height. & B. Length.)		
10.	Whic	h of the following is incorrect?		
	B.	Waves are not hazardous to divers during shore dives.		
11.	The c	consequences of becoming cold under water include all of the following, except:		
	B.	Improved judgment and coordination.		
12.	Beca	use sound travels faster under water:		
	C.	It is harder to determine the direction from which a sound is coming.		
13.		ring through surf requires special skills. These skills are often included in ning scuba course taught in areas in which surf entries are common.		
	A.	True.		
14.	Whic	h of the following is/are true?		
	B.	Surge is the back-and-forth movement of water caused by waves passing over head.		
15.	Which of the following is/are true?			
	A.	The sun warming water near the equator, coupled with the earth's rotation, is the primary cause of permanent ocean currents.		
16.	Despite its apparent warmth, divers in tropical water still need to consider the need for thermal protection.			
	A.	True.		
17.	Long	shore currents always move in the same direction as prevailing offshore currents.		
	В.	False.		



18.	A rip current is a narrow flow of swiftly moving water that runs parallel to shore.			
	B.	False.		
19.	The trick to dealing with surge is to anticipate its action in order to avoid contact with stationary objects.			
	A.	True		
20.	What	t is the most effective way to get out of a rip current?		
	B.	Swim parallel to shore, until you are completely out of the rip current, then swim in towards shore.		
21.	In ge tides	neral, the best time to dive is during slack tide, the period between high and low		
	A.	True.		
22.	We p	ose a vastly greater threat to underwater plant and animal life than they do to us.		
	A.	True.		
23.	What	t causes most marine life injuries?		
	D.	Both the first and third answers are correct. (A. An animal's defensive response to a perceived threat. & C. Mistaken identity.)		
24.	What	t ability best helps you avoid damage to the fragile aquatic environment?		
	B.	Buoyancy control.		
25.	All o	f the following are steps can you take to avoid scrapes and abrasions, except:		
	C.	Wear minimal exposure protection.		
26.	Som	e aquatic animals possess stinging cells. These are called:		
	B.	Nematocysts.		

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27.	Marine animal bites are almost always the result of the animal defending itself or a case of mistaken identity.			
	A.	True.		
28.		ys stay within your level of experience. As an open water diver you should not ure into overhead environments such as a cave or wreck.		
	A.	True.		
29.	The	states of buoyancy include all of the following except:		
	В.	Passive		
30.	A scuba cylinder that normally lasts one hour at the surface will last minutes at 20 meters/66 feet.			
	B.	20		
31.	If you feel pain or discomfort in your ears during descent:			
	B.	Ascend to the point where you can comfortably equalize, and only then continue your descent.		
32.	The single most important rule of scuba diving is:			
	В.	Breathe continuously; never hold your breath.		
33.	Among the best ways to prevent decompression sickness (DCS):			
	A.	Remain well within your dive computer's no-decompression limit.		
	B.	Ascend no faster than the rate allowed by the dive computer.		
	C.	Make a safety stop of between three and five minutes at a depth of 3-6 m/10-20 ft.		
	D.	All of the above.		



	A.	Headache and nausea.		
	В.	Pain in the joints.		
	C.	Loss of feeling in the extremities.		
	D.	All of the above.		
35.	The	chief cause of nitrogen narcosis is:		
	B.	The elevated partial pressure of nitrogen divers experience at depth.		
		causes extreme headache and nausea, may cause the lips and ernail beds to turn bright red and, in high enough concentrations, can cause onsciousness.		
	C.	Carbon monoxide		
37.	A ma	A mask must cover the nose:		
	C.	So that you can keep the pressure inside the mask equal to the pressure outside		
38.	The	types of fins commonly used by recreational scuba divers include:		
	D.	Both the first and third answers are correct. (A. Full-foot fins. & C. Open-heel/adjustable fins.)		
39.	Basic post-dive equipment maintenance and care includes:			
	A.	Rinsing thoroughly with fresh water.		
	B.	Allowing to dry completely.		
	C.	Storing in a cool, dry place, away from direct sunlight.		
	D.	All of the above.		

The signs and symptoms of decompression sickness can include:

34.



40.	Common exposure suit types include:	
	A.	Dive skins.
	В.	Wet suits.
	C.	Dry suits.
	D.	All of the above.
41.	You	r body loses the greatest amount of heat through the:
	A.	Head.
42.	Com	nmon BCD components include all of the following except:
	В.	CO ₂ inflation mechanism.

- 43. Common weight systems include:
 - D. Both the first and second answers are correct. (A. Weight belts. & B. BCDs with integrated weight systems.)
- 44. A regulator system may include:
 - A. A first stage and primary second stage.
 - B. An alternate air source second stage (or a connection to an alternate-air-source inflator on the BCD).
 - C. A submersible pressure gauge (SPG), which is usually part of an instrument console.
 - D. All of the above.
- 45. A regulator equipped with a conventional alternate-air-source second stage:
 - D. Both the first and third answers are correct. (A. Is among the most widely used and readily understood type of alternate air source. & C. Allows the donor to give either second stage to an out-of-air diver.)
- 46. Scuba cylinders must periodically undergo:
 - D. Both the first and third answers are correct. (A. Hydrostatic testing. & C. Visual inspections.)



47.	include:			
	A.	Current and maximum dive depth.		
	B.	Actual bottom time.		
	C.	Decompression status (no-deco limit or required deco).		
	D.	All of the above.		
48.	Steps	s in equipment assembly include all of the following except:		
	C.	Depressurize system and test regulators.		
49.	What piece of equipment should never be allowed to dangle freely?			
	D.	Both the first and third answers are correct. (A. Alternate-air-source second stage. & C. Submersible pressure gauge or instrument console.)		
50.	Whic	Which is the most common boat entry technique?		
	D.	Giant stride.		
51.	Befo	re you can remove the regulator from your scuba cylinder, you must:		
	D.	Both the first and second answers are correct. (A.Turn the air all the way off. & B. Depressurize the system by depressing and holding one of the purge buttons.)		
52.	The k	key to using air efficiently while breathing from scuba is to:		
	A.	Breathe slowly and deeply.		
53.	Com	mon methods for clearing water from a regulator second stage include:		
	D.	Both the first and third answers are correct. (A. Exhaling into the second stage. & C. Depressing the purge button.)		
54.	Key	points in recovering a second stage using the sweep method include:		
	В.	Leaning forward, dipping your right shoulder.		



- 55. When clearing a mask of water, you should form a seal by:
 - B. Pushing in at the top and sides.
- **56.** Having just enough weight to achieve all thee states of buoyancy with only minor adjustments in the water" is the definition of:
 - C. Proper weighting.
- 57. Among the key points in using your BCD to help maintain neutral buoyancy under water:
 - B. To be successful in maintaining neutral buoyancy, you must be: aware of changes in depth; and, anticipate the need to add or vent air from your BC by keeping a hand on the inflator.
- 58. If your buoyancy is under control, you should be able to hover at any time by:
 - C. Not kicking or moving.
- 59. Among the key points in doing a flutter kick correctly:
 - A. Keep the legs straight and make long, slow kicks from the hips.
- 60. Situations in which you might want to remove your weight system include:
 - D. Both the first and third answers are correct. (A. Emergencies. & C. Small boat exits.)
- 61. You can best don your scuba unit at the surface by:
 - D. Both the second and third answers are correct. (B. Putting it on like a jacket. & C. Sitting on it.)
- 62. Which type of alternate air source does not necessarily require the donor to give up his primary second stage?
 - C. Conventional alternate-air-source second stage.



63.		An independent emergency ascent may be the best response to an out-of-air/low-on-air situation:		
	В.	If the surface is closer than a buddy (or any other diver) who is equipped and ready to share air.		
64.	Tech	niques commonly used to navigate under water include:		
	D.	Both the first and third answers are correct. (A. Natural navigation. & C. Compass navigation.)		
65.	Alwa	ays dive within the limits of your:		
	A.	Training.		
	В.	Equipment.		
	C. D .	Experience. All of the above.		
66.	Activ	Activities that may increase the risk of decompression sickness include:		
	D.	Both the first and third answers are correct. (A. Alcohol use.& C. Drug use.)		
67.	Amo	ong the things dive buddies must agree upon prior to a dive are:		
	A.	Depth and time limits.		
	В.	Planned activity.		
	C. D .	Procedure to follow if separated. All of the above.		
	-			
68.	_	u become separated from your buddy, search for no more than, surface.		
	Α.	One minute		
69.	Dive	planning elements may include all of the following except:		
	D.	Deciding whose computer to follow.		



70. On most repetitive dives than on single dives.		ost repetitive dives, your computer will provide no-decompression limits on single dives.	
	B.	More conservative	
71.	71. Should you accidentally exceed your dive computer's no-decompres		
	C.	Air permitting, make the decompression stop indicated by your dive computer. Afterward, monitor for signs and symptoms of decompression sickness.	
72.	At the	e first sign of overexertion:	
	B.	Stop, relax and breathe deeply.	
73.	If you cannot reunite with a missing buddy:		
	C.	Leave underwater searches to trained professionals.	
74.	74. Seasickness is caused by:		
	B.	A change in equilibrium in the inner ear.	
75.	If you	suspect that you or another diver is suffering from decompression sickness.	
	D.	Both the second and third answers are correct.	

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