

7. PFI Instructor Trainer

7.1 Introduction

The Instructor Trainer Workshop (ITW) trains candidates as full evaluators to conduct the PFI Assistant Instructor and Instructor Evaluation Course (IEC) independently. A corresponding, current instructor-level rating must be held for all IT levels, along with minimum student certifications as detailed in this outline.

7.2 Qualification of Graduates

Upon successful completion of this course, graduates may:

1. Conduct the PFI Assistant Instructor and Instructor Evaluation Course (IEC) independently
2. Teach and evaluate instructor-level courses for all approved levels
3. Staff Instructor Trainer Workshops
4. Conduct crossover programs and crossover evaluations for PFI Professionals

7.3 Who May Teach

This workshop may only be taught by Instructor Trainer Evaluators authorized by PFI Headquarters Training Department.

7.4 Student to Instructor Ratio

1. Candidate to ITE ratio is unlimited so long as adequate facility, supplies, and time are provided to ensure comprehensive and complete training of subject matter

7.5 Student Prerequisites

1. Minimum age 21
2. Certified as an Intermediate Freediver Instructor
3. Current first aid, CPR and oxygen instructor certification
4. Have issued a minimum of 125 PFI certifications or equivalent
5. Have used PFI materials and PFI standards to conduct a minimum of 5 PFI courses
6. Have a current medical examination for freediving signed by a licensed physician

7.6 Course Structure and Duration

Course Structure:

1. Conducting staff may structure courses according to the number of candidates participating

Duration:

1. The Instructor Trainer candidate must complete 60 hours under the direction and supervision of a PFI Headquarters approved ITE

7.7 Administrative Requirements

Administrative Tasks:

1. All course fees must be paid in full 30 days prior to the start of the course
2. Candidates must have the proper equipment for confined/pool training and open water
3. Communicate the schedule and course content to the candidate(s)
4. Have the students:
 - a. Complete the *PFI Liability Release and Express Assumption of Risk Form*
 - b. Submit the *PFI Medical Statement* Form signed by a licensed physician

Upon completion of the program, the Instructor Trainer Evaluator must:

1. Issue the appropriate PFI certification by submitting the following to PFI Headquarters:
 - a. Instructor Trainer Workshop Program Evaluation Checklist & Registration Form
 - b. Instructor Trainer Pre-Course Exam
 - c. Instructor Trainer Final Exam
 - d. Three (3) academic presentation evaluations by candidate
 - e. Two (2) confined water presentation evaluations by candidate
 - f. Two (2) open water presentation evaluations by candidate

7.8 Training Material

Required materials for the IT candidate:

1. PFI Training Materials as needed, including *PFI Standards and Procedures*
2. *IT Evaluation* Slates and Forms
3. *IT* Digital Instructor Resource

For the Instructor Trainer Evaluator:

1. *Instructor Trainer Evaluator* Instructor Guide
2. PFI Training Materials as needed
3. ITW Written Examination

7.9 Required Subject Areas

In addition to topics taken from other PFI Leadership courses at the discretion of the conducting Instructor Trainer, the following topics, in line with information detailed in the current IT manual, are required to be covered and the candidate's comprehension and ability to convey them are required to be evaluated:

1. Introductions/Workshop Overview
2. Methods of Instruction
3. Being a Professional IT
4. Code of Ethics
5. Instructor Training
6. The PFI Instructor
7. Products and Training Materials
8. Website Overview
9. Courses a PFI Instructor Can Teach
10. Freedive Leader Risk Management
11. Scheduling Options
12. Leadership Processing
13. Teaching Safety Freediver Courses
14. Teaching Freediver Supervisor Courses
15. Business of Freediving
16. Facility Designations
17. Conducting Crossovers/Member Updates
18. IEC – Evaluation Process

7.10 Required Skill Performance and Graduation Requirements

Candidates are required to successfully complete the following, using PFI Training Material where applicable:

Academic

1. Successfully complete the pre-course study package which includes:
 - a. Written Standards and Procedures Exam
 - b. Online Professional Familiarization (crossover) course

2. Present, at instructor trainer quality, a minimum of:
 - a. Two diver level academic presentations *
 - b. Three instructor level academic presentations*
 - c. Two diver level confined water presentations
 - d. Two diver level open water presentations
3. Evaluate a minimum of:
 - a. Two diver level academic presentations *
 - b. Three instructor level academic presentations*
 - c. Two diver level confined water presentations
 - d. Two diver level open water presentations
 - e. One rescue demonstration
4. Successfully pass the PFI Instructor Trainer written exam with a minimum
5. score of 80 percent and a 100 percent remediation by the conducting IT
6. Show verification of staffing 1 complete PFI IDC

Pool/ Confined water

1. Perform a 10-minute survival float, without the use of swimming aids
2. 400 metre swim on the surface, non-stop, any stroke, without the use of swimming aids, in approximately 12 minutes; swim goggles permitted
3. 800 metre swim with mask, snorkel, and fins non-stop without the use of arms in less than 17 minutes
4. Bring a diver, simulating unconsciousness, up from depth, not greater than 6 metres / 20 feet; at the surface swim them 100 metres in less than 4 minutes while performing rescue breathing
5. Candidates must perform, to demonstration quality, skills listed in the PFI Freediver course
6. Pool/confined water problem solving including mock static and dynamic apnea sessions

Open Water

1. In open water candidates must perform, to demonstration quality, all skills listed in the PFI Freediver Course
2. Candidates must perform, to demonstration quality, one rescue scenario
3. Open water problem solving
4. Demonstrate mature and sound judgment concerning student coaching and evaluating

7.11 Policies for All Instructor Trainers

1. Instructor Trainers must be registered with SDI World Headquarters and respective PFI Regional Office for their country of residence
2. Upon completion of the Instructor Trainer program, Instructor Trainers may upgrade to other IT levels without attending another Instructor Trainer program provided they have remained actively teaching instructor courses
3. Within PFI, all the courses require instructor certification at the next higher level (with the exception of Advanced) and a minimum number of diver certifications issued at the given level(s) before PFI Instructors may obtain the instructor trainer level for a course.
4. Instructor trainers are required to teach a course at their highest certified level every 2 years

IT upgrade requirements are as follows (this applies to anyone already holding an IT rating through International Training):

PFI Level	Students Required	Instructor Rating Required
Freediver IT	10 Freediver certifications issued + conducted 3 PFI Freediver courses	Intermediate Freediver Instructor
Intermediate Freediver IT	10 Intermediate Freediver + 5 Safety Freediver or Freediver Supervisor	Freediver IT
Advanced Freediver IT	25 Advanced Freediver, 10 Safety Freediver, and 10 Freediver Supervisor	Advanced Freediver Instructor + Intermediate Freediver IT