## 5. Scubility Surface Buddy Program

## 5.1 Introduction

This program is designed to provide suitably qualified surface assistants for the physically disabled diver.

## **5.2 Qualifications of Graduates**

This is a non-diving qualification, the SDI Surface Buddy certification card is available after graduation.

## 5.3 Who May Teach

1. An active SDI Scubility Instructor

#### 5.4 Student to Instructor Ratio

#### Academic

1. Unlimited, so long as adequate facility, supplies and time are provided to ensure comprehensive and complete training of subject matter.

#### **Confined Water (swimming pool-like conditions)**

- 1. A maximum of 6 students per instructor
- 2. Instructors have the option of adding 2 more students with the assistance of an active SDI Scubility trained Diversater or Assistant Instructor
- 3. The total number of students an instructor may have in the water is 10 with the assistance of 2 active SDI Scubility trained Diversaters or Assistant Instructors

## Open Water (Ocean, lake, quarry, spring, river or estuary)

- 1. A maximum of 6 students per instructor
- 2. Instructors have the option of adding 2 more students with the assistance of an active SDI Scubility trained Diversater or Assistant Instructor
- 3. The total number of students an instructor may have in the water is 10 with the assistance of 2 active SDI Scubility trained Diversaters or Assistant Instructors

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## **5.5 Student Prerequisites**

- 1. Minimum age 18/16 with parental consent
- 2. Demonstrate comfort and adequate swimming skills

## 5.6 Course Structure and Duration

#### **Confined Water execution**

- 1. Training depth must not exceed 2 metres / 6 feet
- 2. One dive required, second dive optional
- 3. All sessions must be completed during daylight hours and with adequate lighting conditions

#### **Course Structure**

1. SDI allows instructors to structure courses according to the number of students participating and their skill level.

#### **Duration**

1. The suggested number of training hours is 8

## **5.7 Administrative Requirements**

#### **Administrative Tasks:**

- 1. Collect the course fees from all the students
- 2. Ensure that the students have the required equipment
- 3. Communicate the schedule to the students
- 4. Have the students complete the:
  - a. SDI Liability Release and Express Assumption of Risk Form
  - b. SDI Medical Statement Form

#### Upon successful completion of the course the instructor may:

1. Issue an SDI Experience card; optional

## **5.8 Required Equipment**

1. Exposure protection suitable for the local diving environment with mask, fins and snorkel.

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## 5.9 Required Subject Areas

Instructors may use any additional text or materials that they feel help present these topics. The following topics must be covered during this course:

- 1. History of Diving
- 2. The Aquatic Environment
  - a. Marine environment
  - b. Marine life
- 3. Physics and Physiology
  - a. Buoyancy
  - b. Pressure
  - c. Air spaces
    - i. Equalization techniques
    - ii. Lung over-expansion problems
  - d. Breathing air under pressure
- 4. Scuba Equipment
  - a. Mask, fins and snorkel
  - b. Exposure protection
    - i. Wetsuits
  - c. Buoyancy compensator device (BCD)
  - d. Regulator
    - i. Primary regulator
    - ii. Alternate air source
  - e. Cylinders
  - f. Weight systems
  - g. Underwater instruments
  - h. Submersible pressure gauge (SPG)
    - i. Dive computers
    - ii. Depth gauges
  - i. Accessories
  - j. Dive flag

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# 5.10 Required Skill Performance and Graduation Requirements

The required skills should be performed on a pool or boat deck in a confined and open water diving environment.

- 1. Equipment assembly / disassembly and adjustment
- 2. Weight system assembly / adjustment with proper weighting
- 3. Suiting up and de-suiting
- 4. Pre-dive check of buddy
- 5. Use of mask, fins and snorkel
- 6. Entries assistance with:
  - a. Controlled seated
  - b. Back roll
  - c. Giant stride
- 7. Equipment Suiting-up of diver in the water
- 8. Equipment removal in the water
- 9. Exits assistance with:
  - a. Shallow water
  - b. Deep water exits
- 10. Tired diver tows
- 11. Surface communication, assistance
- 12. Dive planning help with use of personal dive computer (PDC) and logging of dives

#### In order to complete this course, students must:

1. Demonstrate mature and sound judgment concerning snorkel planning or dive planning and execution