Distributia timpului de activitate fizica moderata saptamanal (zile/saptaman 20.0 17.5 15.0 numar subiecti 12.5 10.0 7.5 5.0 2.5 0.0 1.0 1.5 2.0 3.0 3.5 4.0 4.5 0.5 2.5 zile