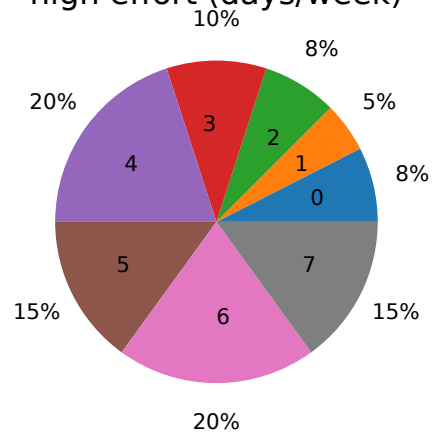
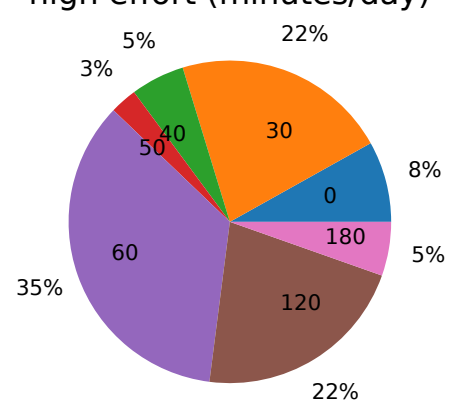


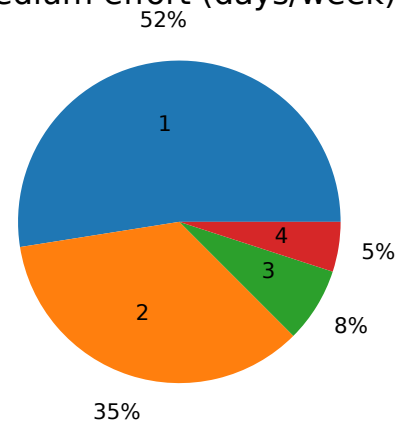
high effort (days/week)



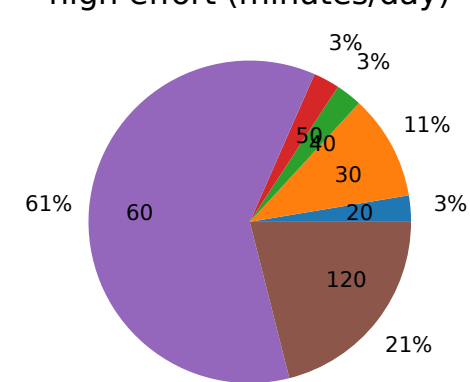
high effort (minutes/day)



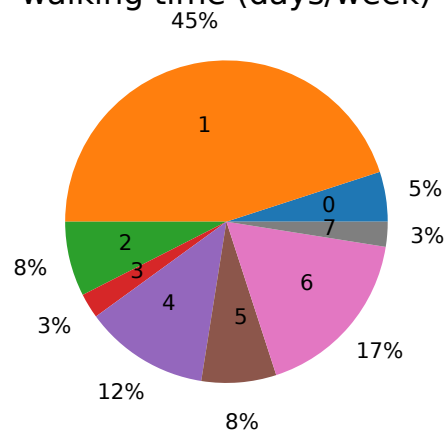
medium effort (days/week)



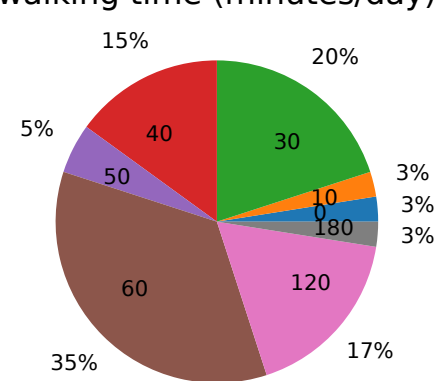
high effort (minutes/day)



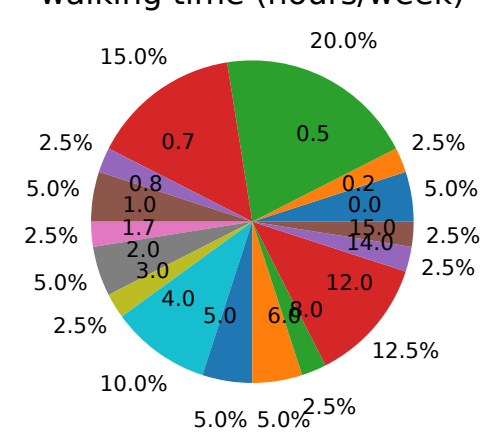
walking time (days/week)



walking time (minutes/day)



walking time (hours/week)



sitting time (hours/day)

