# LUXURY THERMES SPA





# CUPPING THERAPY / HIJAMA



## Back Cupping Therapy 300<sup>DH</sup> - 30<sup>MIN</sup>

Targets back pain and muscle tension, helping to improve posture and reduce soreness. This treatment soothes back pain and promotes better muscle recovery. An optimal choice for relieving chronic pain.



Improves blood circulation, eliminates toxins, and relieves muscle tension. It helps reduce stress and strengthens the body's natural defenses.

## Magnetic Cupping Therapy 450<sup>DH</sup> - 60<sup>MIN</sup>

Combines the benefits of cupping with the action of magnets to stimulate circulation and reduce inflammation. It helps relieve chronic pain and rebalance the body's energy. An ideal treatment for improving recovery and pain management.

## Essential Oils Cupping Therapy 500<sup>DH</sup> - 60<sup>MIN</sup>

Enhances the effects of cupping with the properties of essential oils. It offers targeted benefits, such as relaxation, anxiety reduction, and detoxification.

## Classic Cupping Therapy with Fire Towel 700<sup>DH</sup> - 90<sup>MIN</sup>

Combines heat and cupping to deeply relax muscles and stimulate circulation. It helps reduce tension and promotes effective detoxification. A relaxing and revitalizing treatment for the entire body.







# AESTHETIC



Manicure + Hand Beauty + Scrub + Mask	200 <sup>DH</sup>
Pedicure + Scrub + Mask	250 <sup>DH</sup>
Nail Polish Application	60 <sup>DH</sup>



# BOL D'AIR JAQUIER



1 session	100 <sup>DH</sup> - 3 <sup>MIN</sup>
5 sessions	400 <sup>DH</sup> - 3 <sup>MIN</sup>
10 sessions	800 <sup>DH</sup> - 3 <sup>MIN</sup>



# HAIR REMOVAL



Eyebrow hair removal	80 <sup>DH</sup>
Upper lip hair removal	70 <sup>DH</sup>
Arm hair removal	200 <sup>DH</sup>
Half leg hair removal	180 <sup>DH</sup>
Full leg hair removal	250 <sup>DH</sup>
Armpit hair removal	100 <sup>DH</sup>
Full bikini waxing	250 <sup>DH</sup>
Bikini waxing	150 <sup>DH</sup>
Upper body hair removal	300 <sup>DH</sup>
Facial hair removal	150 <sup>DH</sup>



## **MASSAGES**



Maderotherapy	Massage	900 <sup>DH</sup> - 60 <sup>MIN</sup>

Maderotherapy is a massage technique using wooden tools to stimulate circulation, drain toxins, and naturally sculpt the body.

#### Traditional Relaxing Massage 550<sup>DH</sup> - 60<sup>MIN</sup>

A soothing massage that releases body tension for total relaxation, helping to reduce stress and improve overall well-being.

#### Tonic Essential Oil Massage 600<sup>DH</sup> - 60<sup>MIN</sup>

An energizing massage that targets deep muscles for optimal recovery, while stimulating circulation and revitalizing the body.

#### Traditional Thai Massage 700<sup>DH</sup> - 60<sup>MIN</sup>

A dynamic massage that combines pressure, stretching, and mobilizations to loosen the body, stimulate energy, and restore natural balance.

#### Aromatic Herbal Pouch Massage 800<sup>DH</sup> - 60<sup>MIN</sup>

A relaxing massage with fragrant herbal pouches that releases soothing aromas and provides a deep sense of well-being.

#### Back Massage 400<sup>DH</sup> - 30<sup>MIN</sup>

A 30-minute massage specifically targeting the back, designed to relieve muscle tension and enhance relaxation in this often-stressed area.

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A massage that relaxes the muscles, soothes tension, and hydrates the skin using the warmth of the oils applied.

#### Hot Oil Massage 650<sup>DH</sup> - 60<sup>MIN</sup>

A relaxing and soothing treatment that relieves tension, pain, and enhances the well-being of expectant mothers.

#### Argan Oil Face Massage 500<sup>DH</sup> - 30<sup>MIN</sup>

A nourishing and restorative treatment that deeply hydrates, revitalizes the skin, and restores its glow using argan oil, known for its antioxidant and regenerative properties.

#### Himalayan Salt Detox Massage 700<sup>DH</sup> - 60<sup>MIN</sup>

A purifying massage using Himalayan salt to eliminate toxins, stimulate circulation, and revitalize the skin, providing a sense of lightness and deep well-being.

#### Hot Stone Massage 800<sup>DH</sup> - 60<sup>MIN</sup>

A soothing massage with hot stones that promotes deep comfort and relieves muscle tension.

## After Kite Massage 800PH - 60MIN

A relaxing and restorative treatment that soothes tired muscles after kitesurfing and promotes fast recovery.







# BODY CARE





Scrub Himalyen salt+ Mint	400 <sup>DH</sup> - 30 <sup>MIN</sup>
Detox scrub sel himalay	400 <sup>DH</sup> - 30 <sup>MIN</sup>

# HAMMAM





Ancestral Hammam 350<sup>DH</sup> - 45<sup>MIN</sup>

- Black soap scrub
- Shampoo and conditioner
- Soaping

Secret Hammam of the Desert 600<sup>DH</sup> - 60<sup>MIN</sup>

- Sauna
- Shampoo and conditioner
- Black soap and nila scrub
- Ghassoul clay body wrap
- Facial mask
- Soaping

### Hammam 1000 and 1 Night ...... 1000<sup>DH</sup> - 90<sup>MIN</sup>

- Sauna
- Nila body scrub
- Shampoo and conditioner
- Ghassoul clay body wrap
- Scrub, facial mask, and argan oil massage
- soaping

Bath Glove 50<sup>DH</sup>

# THALGO TREATMENTS





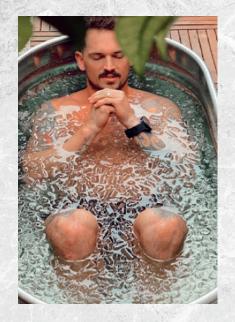
Fundamental Facial Treatment	750 <sup>DH</sup> - 60 <sup>MIN</sup>
Smoothing Detoxifying Spirulina Treatment	750 <sup>DH</sup> - 60 <sup>MIN</sup>
Hyalu Procollagen Filler Treatment	700 <sup>DH</sup> - 60 <sup>MIN</sup>
Firming Silicium Lift Treatment	800 <sup>DH</sup> - 60 <sup>MIN</sup>
Strengthening Treatment for Men	750 <sup>DH</sup> - 60 <sup>MIN</sup>

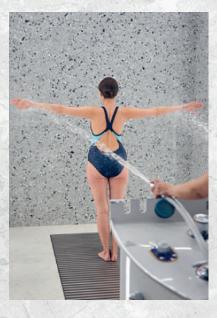
## THALASSOTHERAPY











Shower Affusion	Massage	ANNDH 30MIN
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Discover the shower affusion massage, a relaxing treatment combining hydrotherapy and therapeutic touch for deep relaxation.

#### Thermal Pool 200<sup>DH</sup> - 30<sup>MIN</sup>

Dive into a relaxing experience that promotes muscle relaxation while nourishing your skin with the benefits of mineral-rich thermal waters.

#### Magnesium Whirlpool Bath 300<sup>DH</sup> - 15<sup>MIN</sup>

Enjoy a revitalizing session that effectively relieves sore muscles, thanks to the soothing and regenerative properties of magnesium.

Refresh yourself in invigorating waters for 12 minutes, a toning experience that stimulates circulation and revitalizes the body.

Sauna (Access + Hammam Shower) 200<sup>DH</sup> - 20<sup>MIN</sup>

Reveal healthier skin by eliminating toxins and stimulating blood circulation, for deep relaxation and overall well-being.

### Hydromassage Bath 300<sup>DH</sup> - 15<sup>MIN</sup>

Relax in our hydromassage bath, where targeted water jets relieve muscle tension and promote deep relaxation for the body and mind.

#### Tonic Jet Shower 300<sup>DH</sup> - 12<sup>MIN</sup>

Stimulate your circulation and revitalize your body with powerful water jets that tone the skin and provide immediate well-being.

#### Seaweed Wrap 600<sup>DH</sup> - 25<sup>MIN</sup>

Nourish your skin deeply with a seaweed wrap that hydrates, revitalizes, and leaves the skin soft and glowing with health.



## Regenerating Detox Treatment ......1300<sup>DH</sup> - 125<sup>MIN</sup>

- Thermal Pool
- Himalayan Salt Detox Scrub
- Himalayan Salt Detox Massage
- Magnesium Bath

#### Saharan Glow Treatment 1700<sup>DH</sup> - 180<sup>MIN</sup>

- Desert Secret Hammam
- Relaxing Massage
- Smoothing Detoxifying Treatment



#### Ultimate Relaxation 1750<sup>DH</sup> - 135<sup>MIN</sup>

- 1001 Nights Hammam
- Tonic Massage
- Magnesium Bath

## Anti-Stress Treatment 1100<sup>DH</sup> - 90<sup>MIN</sup>

- Aromatic Herbal Pouch Massage
- Thermal Pool
- Tonic Jet Shower



# Thermal Trilogy 1300<sup>DH</sup> - 70<sup>MIN</sup>

- Hydromassage bath
- Algae wrap
- Affusion shower massage

Six After Kite Massages Package	3600 <sup>DH</sup>

(60 minutes per massage - valid for one person only)





#### **RESERVATIONS**

Reservations are required. Access to the centre's facilities is subject to availability and capacity.

#### **MINIMUM AGE**

In order to maintain a peaceful environment, children under 18 years of age are not allowed in the center.

#### **CANCELLATIONS**

All treatments must be cancelled at least 24 hours in advance.

#### **MEDICAL CONDITIONS**

A medical form will be presented to you upon arrival at the Spa, you will need to provide information on your allergies, indicate whether you are pregnant or suffer from a disability.

#### **DRESS CODE**

A bathrobe and slippers will be provided at the Spa. Some treatments require the wearing of disposable underwear, our therapists will inform you of this upon arrival.

#### **PERSONAL EFFECTS**

The hotel provides changing rooms to store your personal belongings. We thank you for not bringing valuables during your visit to the Centre. The hotel declines all responsibility in the event of loss or damage to personal belongings.

#### CONTACT



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