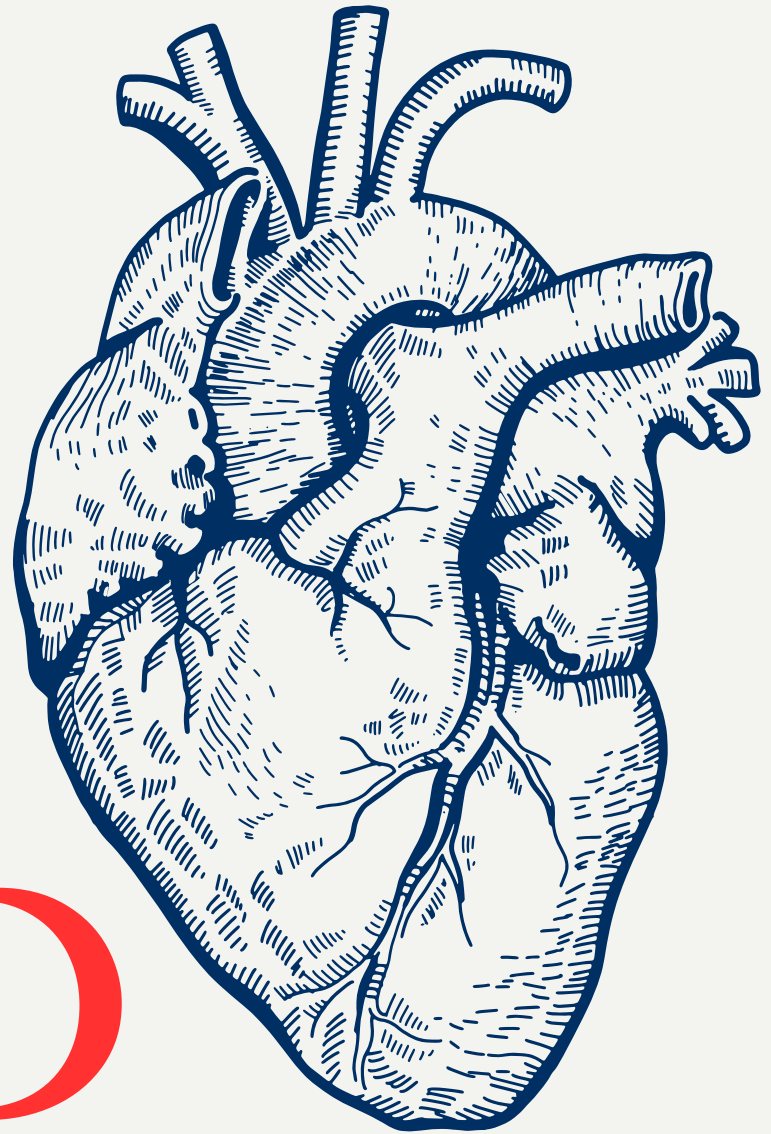


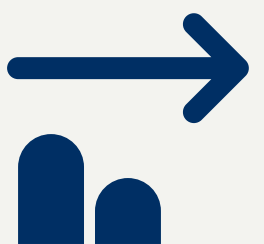
SUDARSHAN L S



# HIGH BLOOD PRESSURE IN INDIA

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## **The Study:**

**1. Fifth National Family Health**

**Survey - NFHS-5**

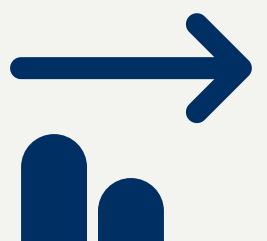
**2. Year = 2019 - 2021**

**3. All States Covered**

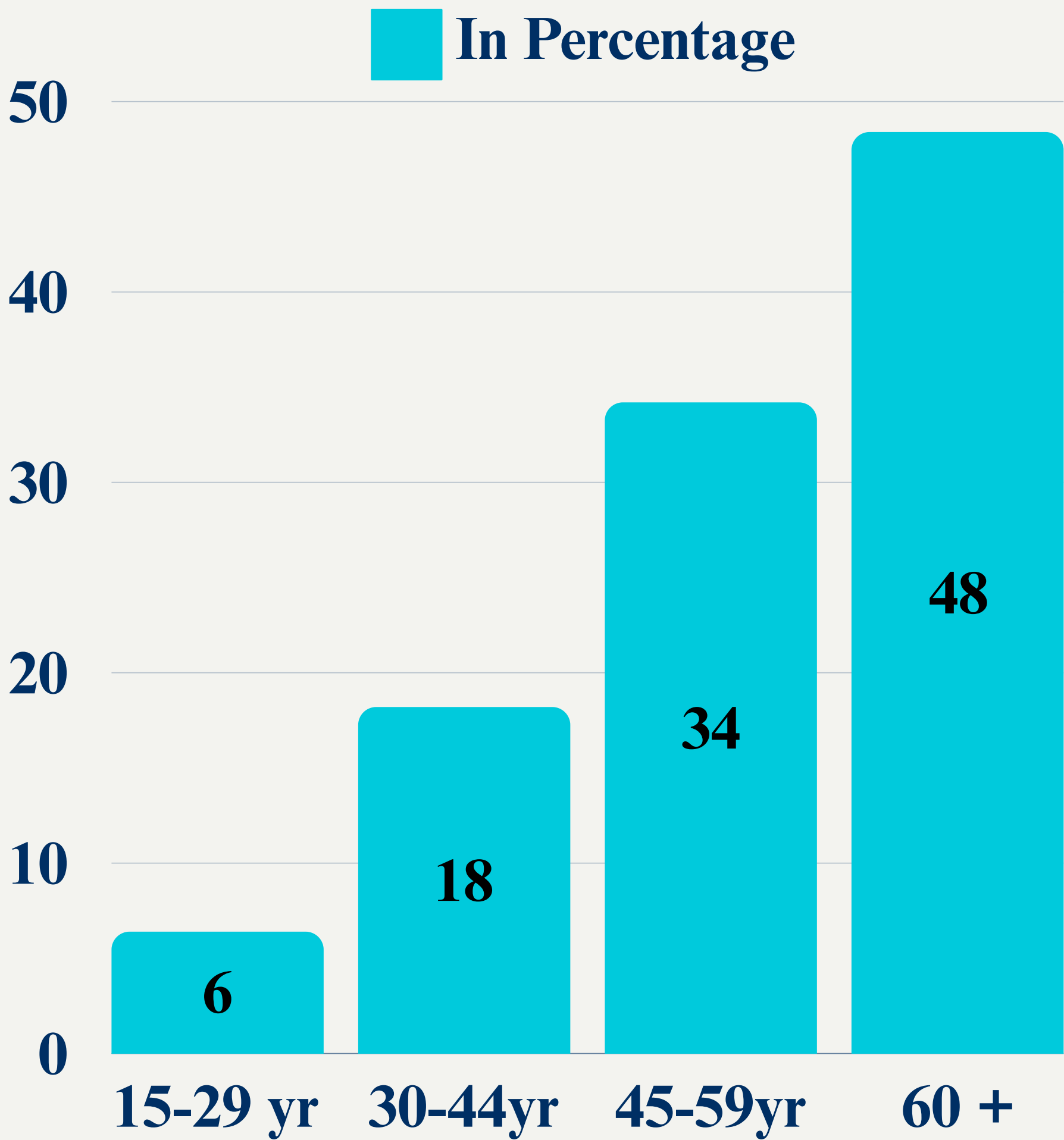
**4. Total Households = 636,699**

**5. Total Individuals = 17,08,241**

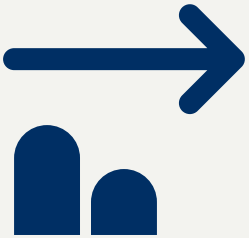
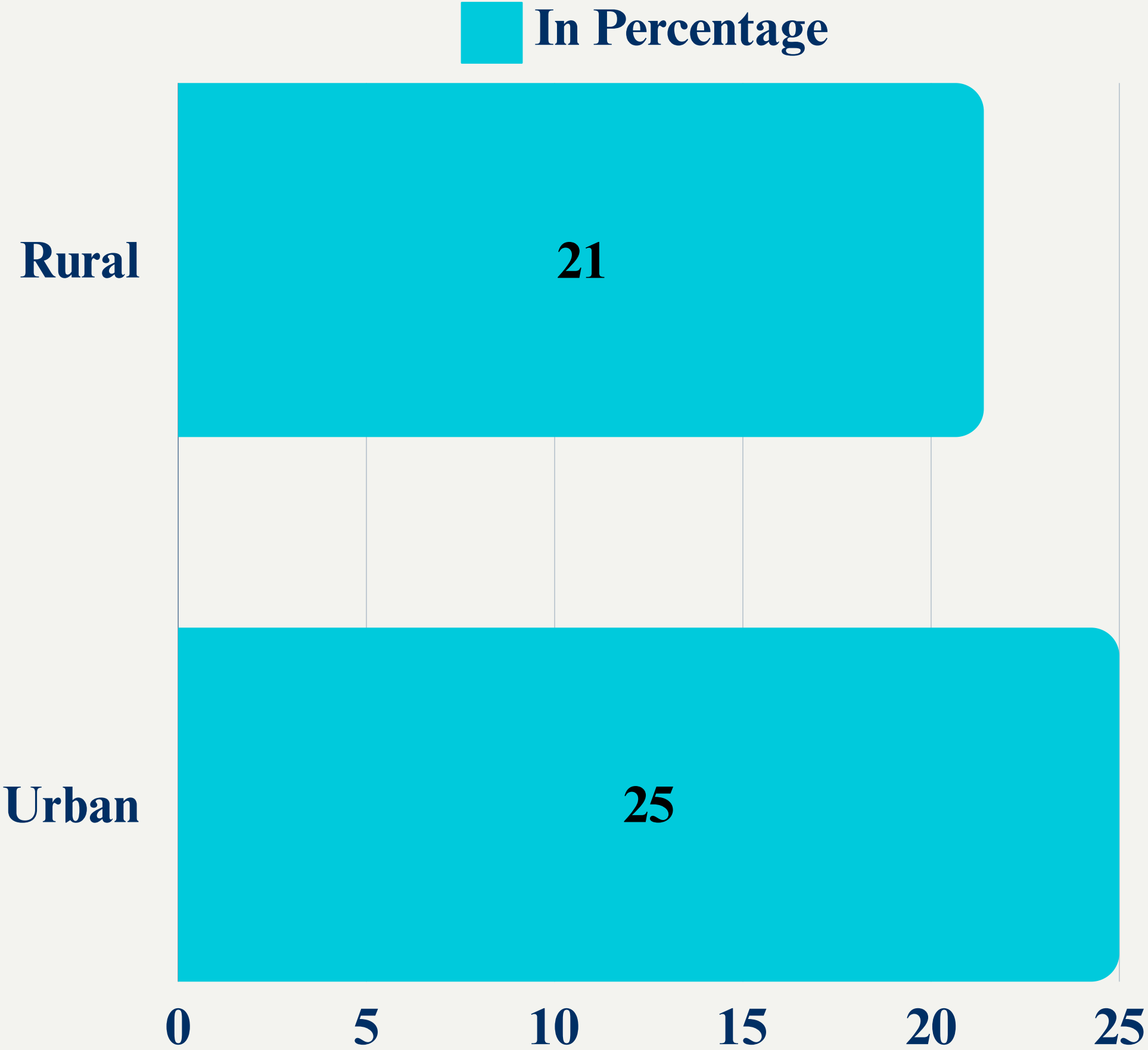
**6. Age = 15 years and above**



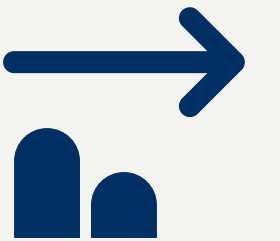
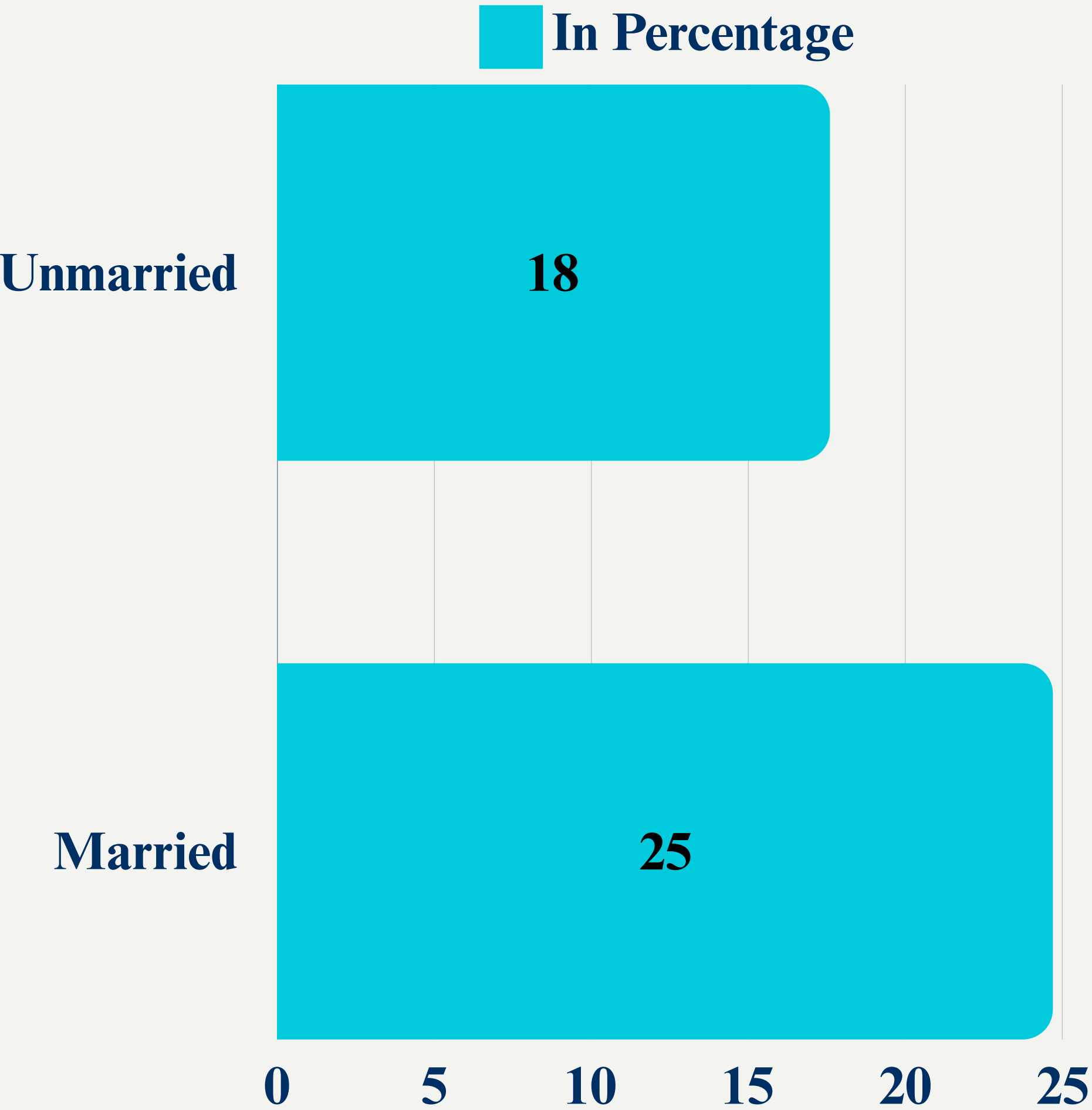
# Age-wise results



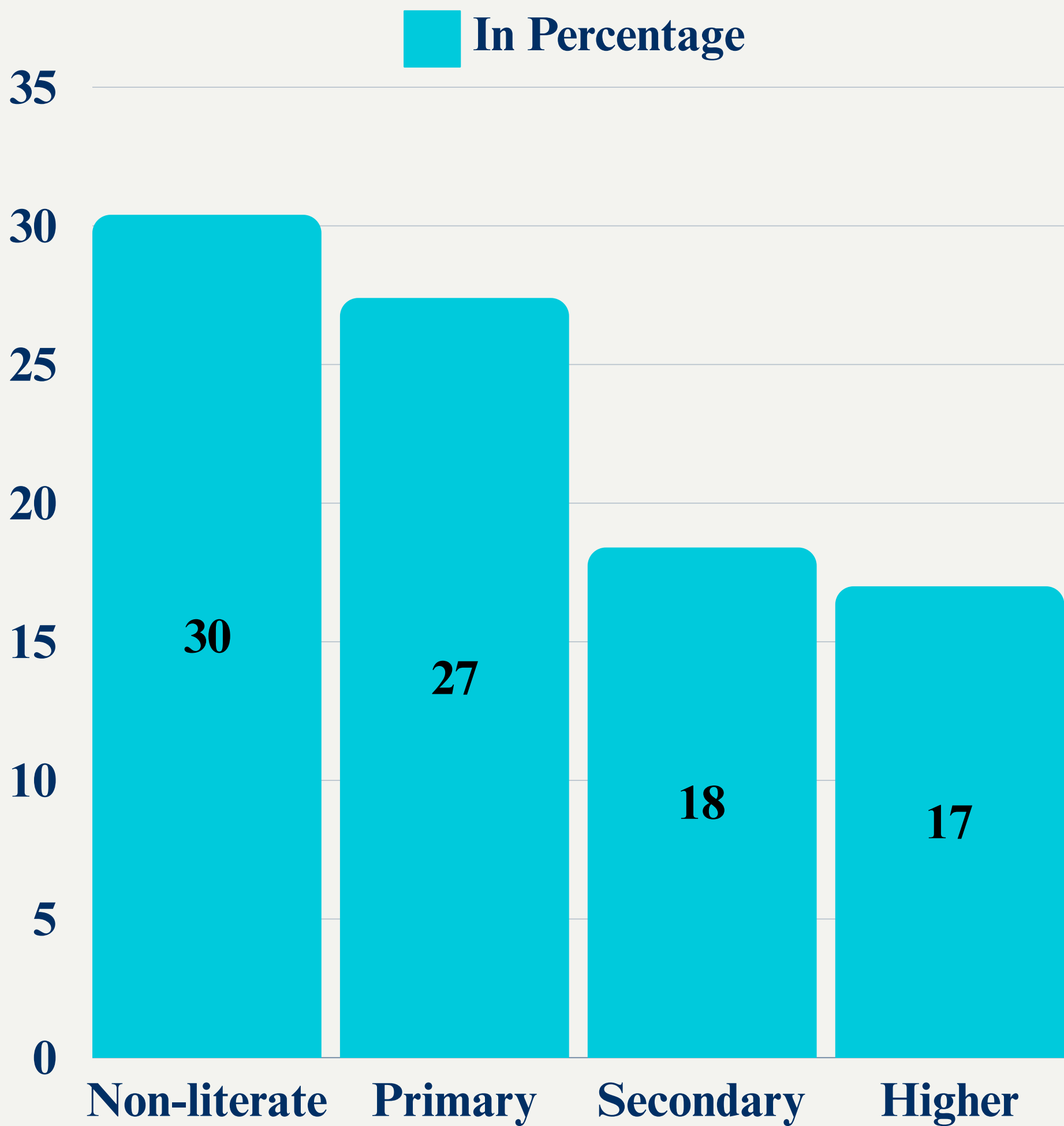
# Rural vs Urban



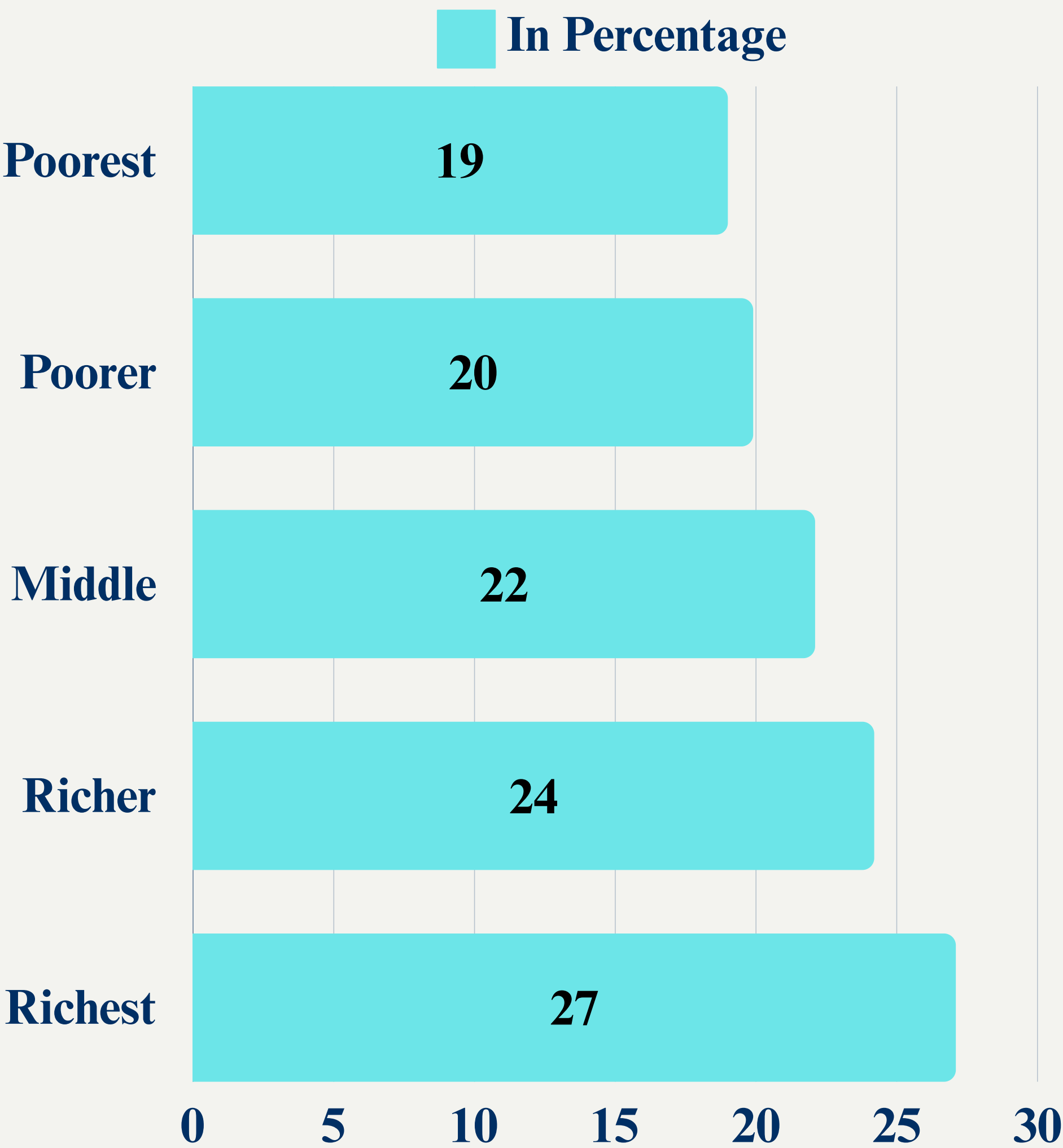
# Marital Status



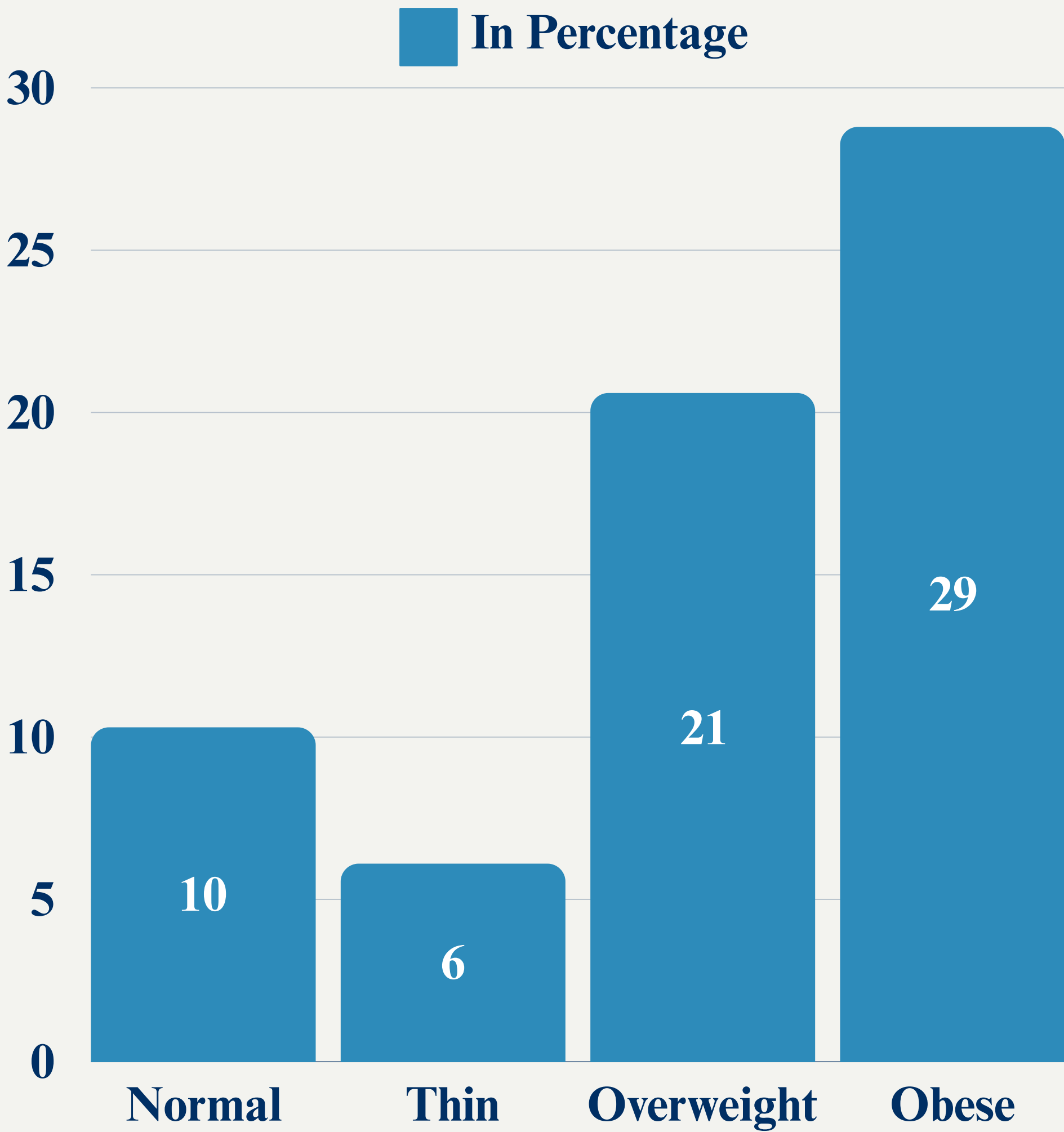
# Educational Level



# Wealth Index

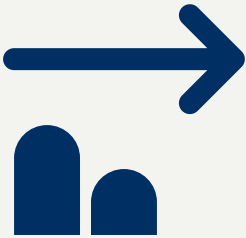
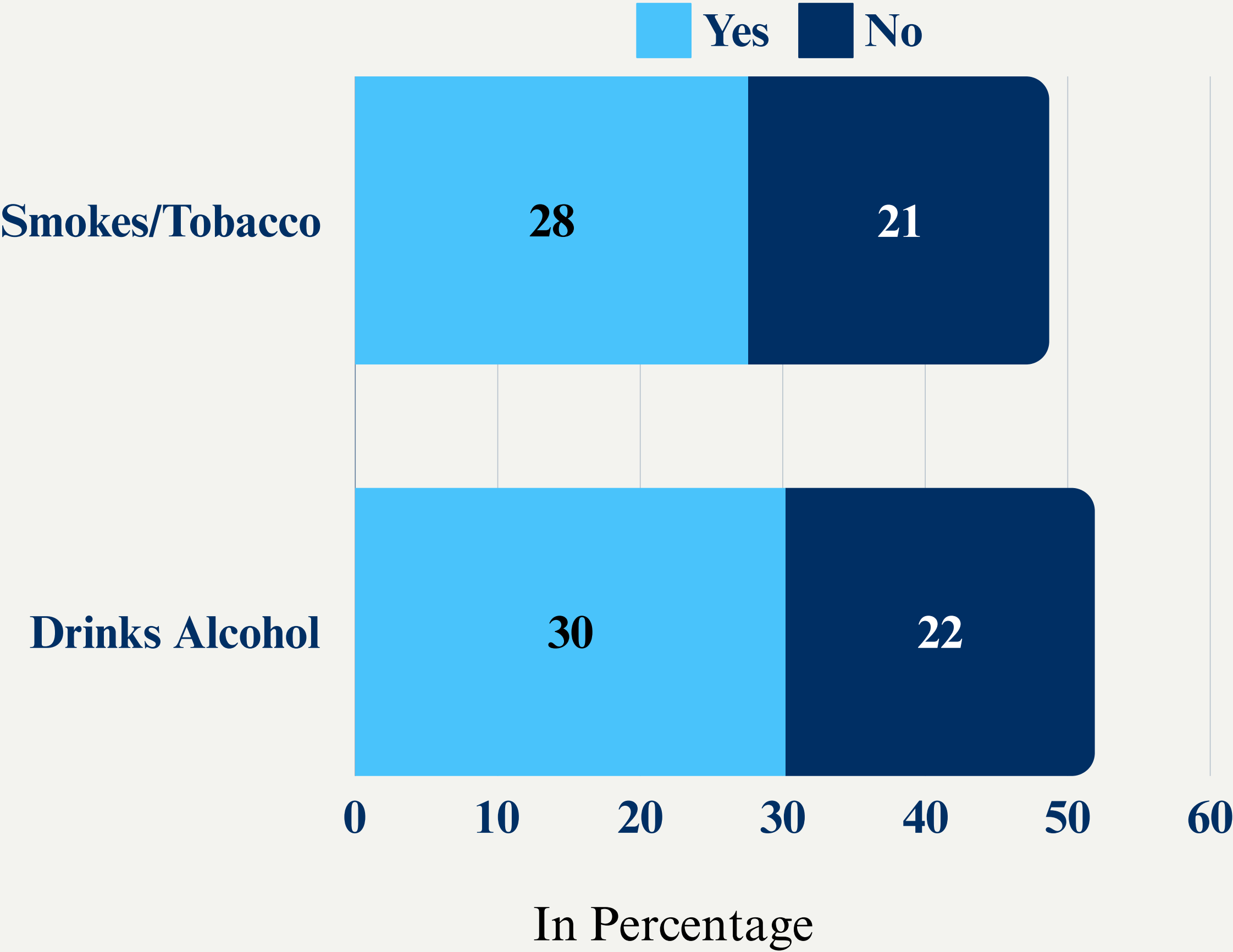


# Body Mass Index



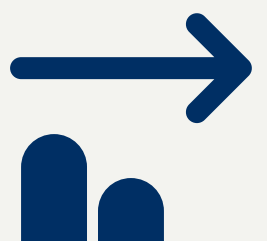


# Smokes & Drinks Alcohol

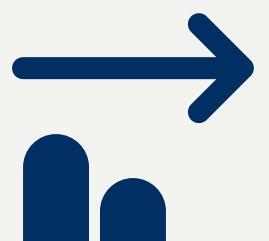


## Conclusion

- The overall prevalence of high blood pressure in India is 22.6% with Men 24.1% > Women 21.2%
- Risk of high blood pressure increases with age.
- People who live in cities are more likely to have high blood pressure.
- Unmarried persons are less likely to develop high blood pressure than married ones.



- **The poorest people have fewer risks of developing high blood pressure than richest people.**
- **Obese people are more likely to develop high blood pressure than those who are overweight, normal, or thin.**
- **People who smoke/use tobacco and drink alcohol are more likely to have high blood pressure.**





*Thank You*

💧 Check your 💧  
blood pressure

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