IGCSE Biology (0610) Practical Opportunities

Opportunities for Practical Activities	
Syllabus reference	Practical Activity
Section1: characteristics and classification of living organisms (5% tea	aching time)
1. Characteristics of living organisms	
Core	
List and describe the characteristics of living organisms	Paper cards to match terms and definitions.
 Define the terms: nutrition; excretion; respiration; sensitivity; reproduction; growth; movement 	Posters.
roproduction, growth, movement	Use of letters MRS GREN to remember terms
2.1 Concept and use of a classificatory system	
Core	
Define and describe the <i>binomial system</i> of naming species as a system in which the scientific name of an organism is made up of	Quick check – right or wrong cards.
two parts showing the genus and species	Cards of animals - vertebrate photographs.
 List the main features of the following vertebrates: bony fish, amphibians, reptiles, birds and mammals 	Visit to local zoo or nature reserve.
Supplement	
 Know that there are other classification systems e.g. cladistics (based on RNA/ DNA sequencing data) 	Show examples of spoiled fruit, leaves
List the main features used in the classification of the following	Posters.
groups: viruses, bacteria and fungi, and their adaptation to the environment, as appropriate	size / measurement exercise from photomicrographs

Syllabus reference	Practical Activity
2.2 Adaptations of organisms to their environment	
Core	
 List the main features used in the classification of the following groups: flowering plants (monocotyledons and eudicotyledons (dicotyledons)), arthropods (insects, crustaceans, arachnids and myriapods), annelids, nematodes and molluscs 	Identification of local plants which are available – living specimens. Quiz to identify and classify animals from preserved and /or specimens or illustrations
3. Simple keys	
Core	
Use simple dichotomous keys based on easily identifiable features	Specimens of leaves or shells to prepare a simple key and to practise using keys from past exam papers.

Syllabus reference	Practical Activity
Section 11: Organisation and maintenance of the organism. (50% teachi	ng time)
	T
1. Cell structure and organisation	
Core	
State that living organisms are made of cells	Posters; if possible use of microscope or bioviewers to look at palisade cells,
Identify and describe the structure of a plant cell (palisade cell) and	liver cells. Photomicrographs.
an animal cell (liver cell), as seen under a light microscope	Websites eg www.cellsalive.com.
 Describe the differences in structure between typical animal and plant cells 	Paper cards to match structure and function.
	Drawings of organelles for posters.
Supplement	
Relate the structures seen under the light microscope in the plant cell and in the animal cell to their functions	

Syllabus reference	Practical Activity
2. Levels of organisation	
Core	
Relate the structure of the following to their functions:	Use of posters;
o ciliated cells – in respiratory tract	images from websites;
o root hair cells – absorption	bioviewers,
o xylem vessels – conduction and support	use of light microscope to view specimens.
o muscle cells – contraction	
o red blood cells – transport	
Define: tissue; organ; organ system.	
3. Size of specimens	Opportunity in previous section to practice calculating magnification and to be
Core	aware of size of cells and measurement in millimetres. To be aware that some illustrations may be reduced in size.
Calculate magnification and size of biological specimens using millimetres as units	Triangular diagram D/A/M; magnification = drawing size actual size use of 'x' for times without unit

Syllabus reference	Practical Activity
4. Movement in and out of cells	
4.1 Diffusion	
 Define diffusion. Describe the importance of diffusion of gases and solutes and of water as a solvent 	Diffusion of alkaline [ammonia] or acidic gases along closed glass tubes using appropriate coloured litmus paper. Diffusion of coloured liquids – in gel / agar. Potassium permanganate crystals dissolving in water.
4.2 Active Transport	
Supplement	
Define active transport.	
Discuss the importance of active transport.	
4.3 Osmosis	
Core	
 Define osmosis. Describe the importance of osmosis in the uptake of water by plants, and its effects on plant and animal tissues 	[1] Plant tissue eg potato or other tissue – in salt / sugar solutions of different concentration – measure mass or length of pieces;[2] Destruction of membranes by leakage of coloured plant sap eg beetroot
Describe and explain the importance of a water potential gradient in the uptake of water by plants	Sections. Observe plasmolysis in red onion cells if microscope available or on video. Use of visking tubing to represent cell membrane.

Syllabus reference	Practical Activity
5. Enzymes Core	Use of cardboard models – jigsaw pieces to fit together.
 Define the term catalyst. Define enzymes as proteins that function as biological catalysts Investigate and describe the effect of changes in temperature and pH on enzyme activity Supplement Explain enzyme action in terms of the 'lock and key' model Explain the effect of changes in temperature and pH on enzyme activity Describe the role of enzymes in the germination of seeds, and their uses in biological washing products and in the food industry (including pectinase and fruit juice) Outline the use of microorganisms and fermenters to manufacture the antibiotic penicillin and enzymes for use in biological washing powders Describe the role of the fungus Penicillium in the production of antibiotic penicillin 	Experimental investigation on [i] temperature; [ii] pH using buffers on catalase [from fresh plant of animal tissue] / amylase [diastase] / protease eg trypsin / lipase/ rennin / pectinase / or other available enzyme. Provide a set of results to work on if short of time. Important that planning of an enzyme investigation is carried out so how to control variables and safety factors are fully realised. Practical – germination of seeds – showing activity of enzymes from seeds breaking down starch in agar plates; or extracting enzymes from cotyledons and breaking down starch in solutions; Pectinase on fruit pulp and filtering juice + and – enzyme;

Syllabus reference	Practical Activity
. Nutrition	
5.1 Nutrients	
Core	Making molecular models; link up to make polymers
List the chemical elements that make up:	Posters giving examples of common foods
o carbohydrates	
o fats	
o proteins	To carry out the tests on pure substances and on different foods.
Describe the synthesis of large molecules from smaller basic units	
o simple sugars to starch and glycogen	It is important to be able to prepare the crushed or extracted food materials fo comparative testing. Stress safety aspects of handling the reagents.
o amino acids to proteins	Explain use of 'dip' sticks – Clinistix and Albustix. – used in health clinic testing
o fatty acids and glycerol to fats and oils	of urine.
Describe tests for:	Estimation of vitamin C with coloured solutions eg DCPIP – compare ascorbic acid with fruit juices.
o starch (iodine solution)	
o reducing sugars (Benedict's solution)	Prepare yoghurt using a starter obtained commercially.
o protein (biuret test)	Collect food labels. Discuss purpose of labelling. Discuss hazards – details on
o fats (ethanol)	labels re nut allergy, phenylalanine, etc
• List the principal sources of, and describe the importance of: carbohydrates; fats; proteins; vitamins (C and D only); mineral salts	To separate by water chromatography the different component colours in common food colourings

(calcium and iron only); fibre (roughage); water.

• Describe the deficiency symptoms for:

• vitamins (C and D only)

• mineral salts (calcium and iron only

Supplement

• Describe the use of microorganisms in the food industry, with reference to yoghurt and single cell protein

• Describe the uses, benefits and health hazards associated with food additives, including colourings

Syllabus reference	Practical Activity
6.2 Plant nutrition	
6.2.1 Photosynthesis Core	To use a simple apparatus eg inverted filter funnel to demonstrate and collect oxygen bubbles from water weed.
Define <i>photosynthesis</i> as the fundamental process by which plants manufacture carbohydrates from raw materials using energy from light	Modify to show effect of colour of light using celluloid filters; the intensity by moving a lamp closer and a heat shield; carbon dioxide by adding salts to water.
State the word equation for the production of simple sugars and oxygen	To carry out a starch test on a leaf using a green leaf and a variegated leaf. Keep the leaf in the dark for 12 hours to destarch.
Investigate the necessity for chlorophyll, light and carbon dioxide for photosynthesis, using appropriate controls Opening the intelligence of carbon dioxide and water by plants.	To find the effect of lack of light on formation of starch by masking an area. Use of hydrogencarbonate indicator – observe change from red to purple by photosynthesising plant.
 Describe the intake of carbon dioxide and water by plants Explain that chlorophyll traps light energy and converts it into chemical energy for the formation of carbohydrates and their subsequent storage 	
Supplement	
State the balanced equation for photosynthesis in symbols	
 Investigate and state the effect of varying light intensity, carbon dioxide concentration and temperature on the rate of photosynthesis (e.g. in submerged aquatic plants) 	
Define the term <i>limiting</i> factor.	Opportunity to visit local plant nursery.

 Explain the concept of limiting factors in photosynthesis Explain the use of carbon dioxide enrichment, optimum light and optimum temperatures in glasshouse systems 6.2.2 Leaf structure 	
Identify and label the cuticle, cellular and tissue structure of a dicotyledonous leaf, as seen in cross-section under the light microscope, and describe the significance of these features in terms of functions, to include:	To prepare surface views of epidermis to show distribution of stomata – stomatal index. Use of bioviewers or microscopes to observe sections of leaves Look at images on web sites or books. Posters

Syllabus reference	Practical Activity
6.2.3 Mineral requirements	
Core	
 Describe the importance of: nitrate ions for protein synthesis magnesium ions for chlorophyll synthesis 	Set up a simple mineral nutrition experiment with controls to grow cereal seedlings for a few weeks
Describe the uses, and the dangers of overuse, of nitrogen fertilisers	
Supplement	
 Explain the effects of nitrate ion and magnesium ion deficiency on plant growth 	
6.3 Animal nutrition	
6.3.1 Diet	Energy content of food
Core	simple calorimetry.
 State what is meant by the term balanced diet and describe a balanced diet related to age, sex and activity of an individual 	Compare with calorimeter illustration.
 Describe the effects of malnutrition in relation to starvation, coronary heart disease, constipation and obesity 	Poster work. Refer to certain case studies re malnutrition.
	Compare energy content of different foods. Data can be found on food labels.

Practical Activity
Map source of food available in area and mark on world map.
Refer to air miles.
Paper cards to identify regions on large wall sized diagram of alimentary canal
or model torso.
Paper 'dominoes' to match region and function.
_

Syllabus reference	Practical Activity
6.3.4 Mechanical and physical digestion	Use mirrors to check own teeth, compare with the ideal set.
Core	Models or diagrams to explain structure of teeth.
 Define digestion. Identify the types of human teeth and describetheir structure and functions 	Swabs of teeth and saliva tested with indicator to show pH. [safety – disinfectant to dispose of used equipment] Observe diagrams or specimens of different animals' teeth. [museum visit]
 State the causes of dental decay and describe the proper care of teeth 	Observe data on use of fluoride. Look at additions to different toothpastes which are available.
Describe the process of chewing	Poster work. Use of model torso. Demonstration of bolus [ball] passing
Describe the role of longitudinal and circular muscles in peristalsis	through tubing – rubber tubing or sock or stocking.
Outline the role of bile in emulsifying fats.	
Supplement	
Describe how fluoride reduces tooth decay and explain arguments for and against the addition of fluoride to public water supplies	

Syllabus reference	Practical Activity
6.3.5 Chemical digestion	Paper models of molecules – cut apart into monomers.
Core	Amylase – breakdown of starch using lodine test.
 State the significance of chemical digestion in the alimentary canal in producing small, soluble molecules that can be absorbed State where, in the alimentary canal, amylase, protease and lipase enzymes are secreted State the functions of a typical amylase, a protease and a lipase, listing the substrate and end-products 	Link with model gut using visking tubing. Protease – with milk – breakdown of casein in milk or gelatine on photographic film or fresh meat Breakdown of fats to form acids with help of bile salts – litmus or pH indicator.
6.3.6 Absorption	
Core	
Define absorption as movement of digested food molecules through the wall of the intestine into the blood or lymph	Bioviewers and microscope to study wall of small intestine.
 Identify the small intestine as the region for the absorption of digested food 	Posters to reinforce uptake into blood or lymph.
Describe the significance of villi in increasing the internal surface area of the small intestine	
Supplement	
 Describe the structure of a villus. State the role of the hepatic portal vein in the transport of absorbed food to the liver 	Use of data to provide opportunity to reinforce understanding of volumes involved.

 Identify the role of the small intestine and colon in absorption of water. 	
6.3.7 Assimilation	
Core	
 Define assimilation. Describe the role of the liver in the metabolism of glucose (glucose → glycogen) and amino acids (amino acids → proteins and destruction of excess amino acids) Describe the role of fat as an energy storage substance 	Torso or large diagram to demonstrate position and size of liver. [link back cell structure]. Poster work to summarise digestion.
Define deamination. State that the liver is the site of breakdown of alcohol and other	Poster work to summarise digestion.
toxins	Molecular models or paper models to demonstrate deamination.

Syllabus reference	Practical Activity
7. Transportation	
7.1 Transport in plants	
 State the functions of xylem and phloem Identify the positions of xylem and phloem tissues as seen in transverse sections of unthickened, herbaceous, dicotyledonous roots, stems and leaves 	Examine whole young herbaceous dicotyledonous plants to observe roots and aerial parts. Grow from seed in pots [link with later sections on growth and germination]. Use of bioviewers or microscopes with prepared slides. Photomicrographs.
7.1.1 Water uptake	
Core	Observe root hairs on plants and use hand lens.
 Identify root hair cells, as seen under the light microscope, and state their functions State the pathway taken by water through root, stem and leaf (root hair, root cortex cells, xylem, mesophyll cells) 	View under microscope or in photomicrographs. Poster work.
 Investigate, using a suitable stain, the pathway of water through the above-ground parts of a plant 	Test the uptake of dyes such as methylene blue or eosin in freshly cut petioles of celery or pale coloured stems or germinated seedlings eg mung beans.
Supplement	
Relate the structure and functions of root hairs to their surface area and to water and ion uptake	

Syllabus reference	Practical Activity
7.1.2 Transpiration	Use of bioviewers or microscopes to observe TS section of leaf.
Core	Photomicrographs.
 Define transpiration Describe how water vapour loss is related to cell surfaces, air spaces and stomata 	Poster work to follow pathway. Preparation of epidermis to show surface view of stomata – wax impression, or peel of nail varnish layer. Some leaves are easier than others to tear in order to obtain a separate epidermis to study. <i>Trandescantia</i> , [has different coloured
Describe the effects of variation of temperature, humidity and light intensity on transpiration rate	guard cells compared with epidermis;] <i>Peperonia</i> . Leave cut shoot without water for wilting.
Describe how wilting occurs	Use of potometer or flasks on top pan balance to show water loss in mass under different conditions.
Supplement	
 Explain the mechanism of water uptake and movement in terms of transpiration producing a tension ('pull') from above, creating a 	Use of capillarity tubing potometer to measure rate of water uptake to quantify this rate of water uptake.
water potential gradient in the xylem, drawing cohesive water molecules up the plant.	Observe leaves of succulents, water weeds.
 Discuss the adaptations of the leaf, stem and root to three contrasting environments, to include pond, garden and desert, with emphasis on local examples (where appropriate) and the factors described in the core 	

Syllabus reference	Practical Activity
7.1.3 Translocation	
Core	
Define <i>translocation</i> in terms of the movement of sucrose and amino acids in phloem;	
o from regions of production	Poster work
 to regions of storage OR to regions of utilisation in 	.Use of bioviewers or microscopes to study phloem.
respiration or growth Supplement	Cut bark of tree on one side to observe 'sap' escaping. Analyse sap for sugars or test stickiness.
Describe translocation throughout the plant of applied chemicals, including systemic pesticides	
Compare the role of transpiration and translocation in the transport of materials from sources to sinks, within plants at different seasons	
7.2 Transport in humans	
Core	
Describe the circulatory system as a system of tubes with a pump and valves to ensure one-way flow of blood	
Describe the double circulation in terms of a low pressure	Large diagram of circulation of blood system.
circulation to the lungs and a high pressure circulation to the body tissues and relate these differences to the different functions of the	Model torso to demonstrate.
two circuits	Use of video.

Syllabus reference	Practical Activity
7.2.1 Heart	Large diagrams to label and colour.
Core	Models of heart.
 Describe the structure of the heart. Describe the function of the heart in terms of muscular contraction and the working of the valves 	Obtain a fresh heart from a legal approved source to demonstrate external and internal structures – especially thickness of the atrial and ventricular walls, the nature of the valves and coronary blood vessels.
 Investigate, state and explain the effect of physical activity on pulse rate 	Measure pulse rate at wrist.
Describe coronary heart disease.	Plan investigation on effect of exercise on pulse rate.
7.2.2 Arteries, veins and capillaries Core	Model torso or large diagram to locate, identify and name the main blood vessels.
 Name the main blood vessels to and from the heart, lungs, liver and kidney 	Bioviewers of microscope slides of TS artery and vein to see the thickness of
 Describe the structure and functions of arteries, veins and capillaries 	walls. Note the arteries and veins seen previously when looking at a fresh heart structure.
Supplement	
 Explain how structure and function are related in arteries, veins and capillaries 	
 Describe the transfer of materials betweencapillaries and tissue fluid 	

Syllabus reference	Practical Activity
7.2.3 Blood	
Core	
Identify red and white blood cells as seen under the light microscope on prepared slides, and in diagrams and	Use of photomicrographs of blood smears to identify blood cells. Video
photomicrographs	Use of bioviewers or microscopes and prepared slides.
List the components of blood as red blood cells, white blood cells,	Safety – no use of blood in class.
platelets and plasma	
State the functions of blood components.	
Supplement	
Describe the immune system in terms of antibody production, tissue	Poster work. Video.
rejection and phagocytosis	Link with vaccination in discussion.
Describe the function of the lymphatic system in circulation of body	
fluids, and the production of lymphocytes	
Describe the process of clotting (fibrinogen to fibrin only)	

Practical Activity
Paper cards for words and symbols to arrange in order for the equations. Poster work for listing all of the uses.

Syllabus reference	Practical Activity
8.2 Anaerobic respiration	
Core	
Define anaerobic respiration	
 State the word equation for anaerobic respiration in muscles during hard exercise (glucose →lactic acid) and the microorganism yeast (glucose→ alcohol + carbon dioxide) 	Prepare culture of yeast in sugar solution. Observe production of CO ₂ by bubbling into water.
Describe the role of anaerobic respiration in yeast during brewing and bread-making	Research bread making and flour improvers.
Compare aerobic respiration and anaerobic respiration in terms of relative amounts of energy released	Investigation to show comparative rising of dough in oiled measuring cylinders in warm water bath.
Supplement	Research brewing of wines and beer. Visit industrial sites for bakery of vineyard.
• State the balanced equation for anaerobic respiration in muscles $(C_6H_{12}O_6 \rightarrow 2C_3H_6O_3) \text{ and the microorganism yeast } (C_6H_{12}O_6 \rightarrow 2C_2H_5OH + 2CO_2), \text{ using symbols}$	
Describe the effect of lactic acid in muscles during exercise (include oxygen debt in outline only).	

Syllabus reference	Practical Activity
8.3 Gas exchange	
Core	
List the features of gas exchange surfaces in animals	
 Identify on diagrams and name the larynx, trachea, bronchi, bronchioles, alveoli and associated capillaries 	
State the differences in composition between inspired and expired air	Possible to obtain a set of lungs from legal source to pump air into lungs [car tyre pump] to observe rise and fall.
 Use lime water as a test for carbon dioxide to investigate the differences in composition between inspired and expired air 	Model torso or large diagram for structure. Demonstrate indicator colour changes – limewater and hydrogencarbonate.
 Investigate and describe the effects of physical activity on rate and depth of breathing 	Compare inhaled and exhaled air using simple apparatus [huff- puff apparatus mouthpiece with tubing].
Supplement	
Describe the role of the ribs, the internal and external intercostal	Use of bell jar apparatus with rubber sheet for diaphragm.
muscles and the diaphragm in producing volume and pressure changes leading to the ventilation of the lungs	Rib model to illustrate muscles.
 Explain the role of mucus and cilia in protecting the gas exchange system from pathogens and particles 	
 Explain the link between physical activity and rate and depth of breathing in terms of changes in the rate at which tissues respire and therefore of carbon dioxide concentration and pH in tissues and in the blood 	Use of spirometer and recording or use large diagram to show apparatus. Vital capacity – use inverted plastic container of bell jar with measurements to determine vital capacity

Syllabus reference	Practical Activity
9. Excretion in humans	
Core	
 Define excretion. Substances should include carbon dioxide, urea and salts Describe the function of the kidney in terms of the removal of urea and excess water and the reabsorption of glucose and some salts (details of kidney structure and nephron are not required) State the relative positions of ureters, bladder and urethra in the body State that urea is formed in the liver from excess amino acids State that alcohol, drugs and hormones are broken down in the liver 	Demonstration using the torso or use of large diagrams Video for demonstration Poster work Large diagrams of kidney and kidney tubule to label for functions. Revise transport across membranes and filtration. Dissection of animal kidney to show difference between cortex and medulla. [to obtain from local butcher or abattoir 'in fat / suet to preserve the ureter and blood vessels]
Outline the structure of a kidney and outlinethe structure and functioning of a kidney tubule including:	Diagrams to compare composition of filtrate to urine along the length of kidney tubule. Video.
 role of renal capsule in filtration from blood of water, glucose, urea and salts 	
 role of tubule in reabsorption of glucose, most of the water and some salts back into the blood, leading to concentration of urea in the urine as well as loss of excess water and salts 	Use of visking tubing to demonstrate diffusion.
 Explain dialysis in terms of maintenance of glucose and protein concentration in blood and diffusion of urea from blood to dialysis 	Samples of coloured water containing sugar, protein –use diluted cold tea to

fluid	provide colour]
Discuss the application of dialysis in kidney machines	Simple food test or clinistix to identify samples.
Discuss the advantages and disadvantages of kidney transplants, compared with dialysis	

Syllabus reference	Practical Activity
10. Coordination and response	Poster work. Videos.
10.1 Nervous control in humans	Simple examples of voluntary and involuntary actions linking the control with the action of muscles and glands.
Core	and double of made of damage
Describe the human nervous system in terms of the central nervous system (brain and spinal cord as areas of coordination) and the	List the different steps in a learning activity to catch a ball.
peripheral nervous system which together serve to coordinate and regulate body functions	Use large diagrams and models of brain to demonstrate different parts of the brain and to show the protection of the brain by the skull.
 Identify motor (effector), relay (connector) and sensory neurones from diagrams 	Diagrams to label of spinal cord to show grey matter and white matter.
Describe a simple reflex arc in terms of sensory, relay and motor neurones, and a reflex action as a means of automatically and rapidly integrating and coordinating stimuli with responses	Demonstrations of size of neurones – bioviewers or photomicrographs.
State that muscles and glands can act as effectors	Demonstrations of reflex actions – pupil / iris reflex, blinking etc.
Describe the action of antagonistic muscles to include the biceps and triceps at the elbow joint	Plan an investigation to find speed of reaction – dropping the ruler or online tests.
 Define sense <i>organs</i> as groups of receptor cells responding to specific stimuli: light, sound, touch, temperature and chemicals 	Diagrams or models of muscles and bones of forearm. Bones on skeleton to identify types of joints and movement.
 Describe the structure and function of the eye, including accommodation and pupil reflex. 	Demonstrations of sense of temperature and touch by individuals. Paper clip tip touch investigation to show sensitivity.
	Temperature reception of differences not actual temperatures – compare with thermometers.
	Model eye. Videos. Demonstration with lenses to form a sharp clear image.

	Diagrams of rods and cones to appreciate size and function.
Supplement	Opportunity to check colour vision with test charts of books.
Distinguish between voluntary and involuntary actions	
Distinguish between rods and cones, in terms of function and distribution	
10.2 Hormones	
Core	Large diagrams and torso to locate endocrine glands.
Define a <i>hormone</i> as a chemical substance, produced by a gland, carried by the blood, which alters the activity of one or more specific target organs and is then destroyed by the liver	Paper based cards 'dominoes' to match hormones with glands and control actions.
State the role of the hormone adrenaline in chemical control of metabolic activity, including increasing the blood glucose concentration and pulse rate	Discussion of the adrenaline control and when this hormone maybe secreted.
Give examples of situations in which adrenaline secretion increases	Discussion of the adrenatine control and when this normone maybe secreted.
Compare nervous and hormonal control systems. Supplement	Video and web sites for industrial uses. If combined with site visits to farms or
Discuss the use of hormones in food production	laboratories or factories.

Syllabus reference	Practical Activity
Core Define and investigate geotropism (as a response in which a plant grows towards or away from gravity) and phototropism (as a response in which a plant grows towards or away from the direction from which light is coming).	Grow bean or cereal seedlings in gas jars to keep shoot or coleoptiles and root systems straight. Turn onto side and pin onto board to show positive geotropism of roots and negative geotropism of coleoptiles. Pin some germinating beans to clinostat or keep rotating growth of seedlings. Grow cress / cabbage seedlings in pot to show response to light from one side. If possible use different growth boxes with coloured filters to experiment with differing wavelengths.
Explain the chemical control of plant growth by auxins including geotropism and phototropism in terms of auxins regulating differential growth, and the effects of synthetic plant hormones used as weedkillers	Observe use of weedkillers by looking at parks / golf courses where areas have been sprayed. Grow seedlings of broad leaved plants and grasses together in trays and spray with weedkiller to show differential killing of plants [takes several weeks].
10.4 Homeostasis	
 Define homeostasis. Identify, on a diagram of the skin: hairs, sweat glands, temperature receptors, blood vessels and fatty tissue Describe the maintenance of a constant body temperature in humans in terms of insulation and the role of temperature receptors in the skin, sweating, shivering, vasodilation and vasoconstriction of arterioles supplying skin surface capillaries and the coordinating role of the brain. Supplement 	Video. Magnifying glass to observe own skin. Observe the sweat pores on the finger tips and unique arrangement of ridges – link with fingerprinting. Use dry cobalt chloride papers on sweaty palms to show colour change. Note the distribution of hairs on front and back of hands and on arms. Observe photomicrographs. Use various glass containers and coverings to investigate cooling of hot water - effect of size [mother v baby]; stature; clothing layers v wet covering; link with surface area volume ratios. Chill factors with varying wind speed.

•	Explain the concept of control by negative feedback	Group of test tubes to demonstrate the 'herding' instinct of animals.
•	Describe the control of the glucose content of the blood by the liver, and by insulin and glucagon from the pancreas	Discussion of diabetes.
10.5 D	rugs	
Core		
•	Define a drug as any substance taken into the body that modifies or affects chemical reactions in the body	Investigate the effect of caffeine on heart rate of microscopic invertebrate aquatic animal eg <i>Daphnia</i> .
•	Describe the medicinal use of antibiotics for the treatment of bacterial infection	Effects of antibiotic disks on growth of bacteria on agar plate [use only recommended permitted bacterial strains from reliable sources] or
•	Describe the effects of the abuse of heroin: a powerful depressant, problems of addiction, severe withdrawal symptoms and associated problems such as crime and infection e.g. HIV/AIDS	photographs.
•	Describe the effects of excessive consumption of alcohol: reduced self-control, depressant, effect on reaction times, damage to liver and social implications	Poster work based on videos. Alcohol intake measured in units and link with vehicle driving and road accidents.
•	Describe the effects of tobacco smoke and its major toxic components (tar, nicotine, carbon monoxide, smoke particles) on the gas exchange System.	Videos to warn of the dangers of smoking. Smoking in fume cupboard of cigarette attached to water pump and collect tar on cotton wool.
Supple	ement	
•	Explain why antibiotics kill bacteria but not viruses	

Section III: Development of the organism and the continuity of life. (25%)	teaching time)
Syllabus reference	Practical Activity
1. Reproduction	
1.1 Asexual reproduction	
Core	
 Define asexual reproduction as the process resulting in the production of genetically identical offspring from one parent 	Observe various plant specimens, to include the potato and other tubers, runners.
 Describe asexual reproduction in bacteria spore production in fungi and tuber formation in Potatoes. 	To observe growth of moulds and spore production – can use 'blue-vein' cheese if microscopes are available.
Supplement	Discuss cloning.
 Discuss the advantages and disadvantages to a species of asexual reproduction 	
1.2 Sexual reproduction	
Core	
 Define sexual reproduction as the process involving the fusion of haploid nuclei to form a diploid zygote and the production of genetically dissimilar offspring. 	
Supplement	
 Discuss the advantages and disadvantages to a species of sexual reproduction 	

Syllabus reference	Practical Activity
1.2.1 Sexual reproduction in plants	
Core	
 Identify and draw, using a hand lens if necessary, the sepals, petals, stamens, anthers, carpels, ovaries and stigmas of one, locally available, named, insect-pollinated, dicotyledonous flower, and examine the pollen grains under a light microscope or in photomicrographs 	Observe large, insect pollinated flowers from a local source. Use a hand lens to see detail of stigma, nectary, etc
 State the functions of the sepals, petals, anthers, stigmas and ovaries 	
 Define pollination as the transfer of pollen grains from the male part of the plant (anther of stamen) to the female part of the plant (stigma) 	
Name the agents of pollination	Germinate pollen grains to view pollen tubes and observing the microscopic extension [in a short time] in suitable medium on glass slides.
 Compare the different structural adaptations of insect-pollinated and wind-pollinated flowers 	Large diagrams posters to show the route taken by pollen tubes.
 Describe the growth of the pollen tube and its entry into the ovule followed by fertilisation (production of endosperm and details of development are not required) 	Posters / charts to follow the fate of different parts of the flower when fertilisation has taken place.
 Investigate and describe the structure of a non-endospermic seed in terms of the embryo (radicle, plumule and cotyledons) and testa, protected by the fruit 	Use a hand lens to identify and describe the anthers and stigmas of one, locally available, named, wind-pollinated flower. Examine the pollen grains under a light microscope or in photomicrographs.
Outline the formation of a seed.	Candidates should expect to apply their understanding of the flowers they have studied to unfamiliar flowers.
State that seed and fruit dispersal by wind and by animals provides	

Supple	a means of colonising new areas Describe, using named examples, seed and fruit dispersal by wind and by animals by wind and by animals. ment Distinguish between self-pollination and crosspollination Discuss the implications to a species of self –pollination and crosspollination	Observe large soaked seeds eg beans to observe cotyledons, plumule and radicle and grow some seeds to show both hypogeal and epigeal types of germination Observe a range of fruits and discuss dispersal means.
1.2.2 S	exual reproduction in humans	
Core		
•	Identify on diagrams of the male reproductive system, the testes, scrotum, sperm ducts, prostate gland, urethra and penis, and state the functions of these parts	
•	Identify on diagrams of the female reproductive system, the ovaries, oviducts, uterus, cervix and vagina, and state the functions of these parts	Use of models or large diagrams
•	Describe the menstrual cycle in terms of changes in the uterus and ovaries	video
•	Outline sexual intercourse and describe fertilisation .	Construct charts to align events in the basic 28 day cycle - the hormones and
•	Outline early development of the zygote.	changes in ovary and thickening of the uterus wall prior to ovulation.
•	Outline the development of the fetus	
•	Describe the function of the placenta and umbilical cord.	
•	Describe the ante-natal care of pregnant women including special	Models and completion of fact sheets on fetal development

dietary needs and maintaining good health	
Outline the processes involved in labour and birth	Video
Supplement	
Compare male and female gametes in terms of size, numbers and mobility	
Explain the role of hormones in controlling the menstrual cycle (including FSH, LH, progesterone and oestrogen)	
Indicate the functions of the amniotic sac and amniotic fluid	
Describe the advantages and disadvantages of breast-feeding compared with bottle-feeding using formula milk	
	Comparison of different formula milk available.

Syllabus reference	Practical Activity
1.3 Sex hormones	
Core	
Describe the roles of testosterone and oestrogen in the development and regulation of secondary sexual characteristics at puberty.	
Supplement	
 Describe the sites of production and the roles of oestrogen and progesterone in the menstrual cycle and in pregnancy (cross reference 1.2.2) 	
1.4 Methods of birth control	
Core	
Outline the following methods of birth control:	Possible to arrange visit by local health adviser.
o natural (abstinence, rhythm method)	
o chemical (contraceptive pill, spermicide)	
o mechanical (condom, diaphragm, femidom, IUD)	
 • surgical (vasectomy, female sterilisation) 	
Supplement	
Outline artificial insemination and the use of hormones in fertility drugs, and discuss their social implications	

Syllabus reference	Practical Activity
1.5 Sexually transmissible diseases	
Core	
Describe the symptoms, signs, effects and treatment of gonorrhoea	
 Describe the methods of transmission of human immunodeficiency virus (HIV), and the ways in which HIV/AIDS can be prevented from spreading. 	Web sites for data such as World Health Organisation.
Supplement	
Outline how HIV affects the immune system in a person with HIV/AIDS	
2. Growth and development Core	Measuring growth of plants eg increase in height with time and determine dry mass by drying in the sun or in an oven to constant mass.
 Define <i>growth</i> in terms of a permanent increase in size and dry mass by an increase in cell number or cell size or both Define <i>development</i> in terms of increase in complexity 	Observe examples of seed germination using different seeds. Germinate seeds in shallow trays or petri dishes, in different places differing in temperature. Germinate seeds in vacuum flasks with thermometers to demonstrate rise in temperature.
 Investigate and state the environmental conditions that affect germination of seeds: requirement for water and oxygen, suitable temperature 	Seal seeds under oil in water to test germination with suitable controls to show need for oxygen / air.

Syllabus reference	Practical Activity
3. Inheritance	
Core	
Define inheritance.	
3.1 Chromosomes	
Core	
 Define the terms:chromosome; 	Build paper models of DNA and chromosomes.
o gene as a length of DNA and codes for a specific protein.	Video on the discovery of DNA.
o allele as any of two or more alternative forms of a gene	Look at web sites, diagrams of the Human genome project.
 haploid nucleus as a nucleus containing a single set of unpaired chromosomes (e.g. sperm and egg) 	Look at diagrams of chromosomes. To observe images of human chromosomes - karyotypes.
 diploid nucleus as a nucleus containing two sets of chromosomes (e.g. in body cells) 	Identify the sex chromosomes and discuss the genes located on these chromosomes with the human genome project details.
 Describe the inheritance of sex in humans (XX and XY chromosomes) 	

Syllabus reference	Practical Activity
3.2 Mitosis	
Core	
 Define <i>mitosis</i> as nuclear division giving rise to genetically identical cells in which the chromosome number is maintained by the exact duplication of chromosomes (details of stages are not required) State the role of mitosis in growth, repair of damaged tissues, replacement of worn out cells and asexual reproduction 	Video or link to website to show this process of cell division— animated. Observe photomicrographs. Recognise the sequence of stages in cell cycle and where DNA is copied. Use of coloured drinking straws to represent chromosomes and chromatids. Link with cloning – identical genetic material.
3.3 Meiosis	
Core	
 Define <i>meiosis</i> as reduction division in which the chromosome number is halved from diploid to haploid (details of stages are not required) State that gametes are the result of meiosis 	Poster work to show meiosis where this takes place. Use of coloured drinking straws to represent chromosomes pairing before meiosis.
State that meiosis results in genetic variation so the cells produced are not all genetically identical	Video to show this type of division. Discuss haploid and diploid status and genetic variation.

Syllabus reference		Practical Activity
3.4 Monohybrid inheritance		
Core		
Define the terms: genotype as genetic make terms of the alleles present (e.g. Tt or GG) phenotype as the physical or other f due to both its genotype and its env or green seed) homozygous as having two identical gene (e.g. TT or gg). Two identical f that breed together will be pure-breed heterozygous as having two different gene (e.g. Tt or Gg), not pure-breed dominant as an allele that is express T or G) recessive as an allele that is only exponding the gene presedual of the gene presedual calculate and predict the results of monohyles and 3: 1 ratios. Supplement	features of an organism rironment (e.g. tall plant alleles of a particular homozygous individuals eding at alleles of a particular ling sed if it is present (e.g. spressed when there is ent (e.g. t or g)	Poster or board work on inheritance of one characteristic eg seed colour. Purchase seeds from specific crosses to germinate eg Tobacco seeds, upon germination have cotyledons with and without chlorophyll in 3:1 ratio. Use Punnett squares to follow inheritance. Discussion of back crossing and test crossing. Discuss how it is easier to experiment with plants. Explain convention of circling gametes in inheritance diagrams.
 Explain codominance by reference to the infigroups, phenotypes, A, B, AB and O blood g 		

Syllabus refe	erence	Practical Activity
3.5 Variation Core State envir extre is ca phen in hu	e that continuous variation is influenced by genes and ronment, resulting in a range of phenotypes between two emes, e.g. height in humans • State that discontinuous variation aused by genes alone and results in a limited number of distinct notypes with no intermediates e.g. A, B, AB and O blood groups umans	Practical Activity To show continuous variation in plants as well as humans, measure size of fruits or seeds, number of beans to be picked up in one hand, height, hand span, etc. Work out the frequency of large data sets and plot histograms. To discuss inheritance of different characteristics in plants as well as humans to show discontinuous variation.eg tasters v non tasters, lobed ears v attached ears. Observe human karyotype to identify trisomy [chromosome 21] with Downs
phen in hu Defir Desc	notypes with no intermediates e.g. A, B, AB and O blood groups umans ne <i>mutation</i> as a change in a gene or chromosome cribe mutation as a source of variation, as shown by Down's	ears.
Outli muta		
	t cribe sickle cell anaemia, and explain its incidence in relation to of malaria	

3.6 Selection	
Core	
 Describe the role of artificial selection in the production of varieties of animals and plants with increased economic importance Define <i>natural selection</i> as the greater chance of passing on of genes by the best adapted organisms 	Opportunity to visit local museum to observe evolution galleries. Diagram and discussion of some plant and animal examples of artificial selection eg bread wheat.
Supplement	
 Describe variation and state that competition leads to differential survival of, and reproduction by, those organisms best fitted to the environment 	
 Assess the importance of natural selection as a possible mechanism for evolution 	
Describe the development of strains of antibiotic resistant bacteria as an example of natural selection	
3.7 Genetic Engineering	Poster work to show stages in process in the development of humilin.
Core	Video.
Define <i>genetic engineering</i> as taking a gene from one species and putting it into another species	Discuss examples of genetically engineered organisms in many crop plants
Supplement	and the advantages of these.
 Explain why, and outline how, human insulin genes were put into bacteria using genetic engineering 	

Syllabus reference	Practical Activity
1. Energy flow	
Core	
 State that the Sun is the principal source of energy input to biological systems 	
Describe the non-cyclical nature of energy flow	
2. Food chains and food webs (emphasis on examples occurring locally)	Opportunity to go into a natural area locally and identify the feeding relationships of the organisms which can be seen.
Core	If this is not possible not then bring into the class room - living plants eg nettles or leaf litter and identify the species and the feeding relationships.
Define the terms:	
 food chain as a chart showing the flow of energy (food) from one organism to the next beginning with a producer (e.g. mahogany tree → caterpillar → song bird → hawk) 	Watch a video –and build up food chains and food webs, perhaps of a dif ecosystem.
 food web as a network of interconnected food chains showing the energy flow through part of an ecosystem 	Visit a farm centre, library or a field centre to find out more examples.
 producer as an organism that makes its own organic nutrients, usually using energy from sunlight, through photosynthesis 	Talk about energy and discuss units. Use a simple calorimeter to find energy content of seeds or food items.
 consumer as an organism that gets its energy by feeding on other organisms • herbivore as an animal that gets its energy by eating plants 	When searching for living specimens in leaf litter or on plants for animals, identify [recall use of keys to identify organisms] and assign to trophic feeding
 carnivore as an animal that gets its energy by eating other animals 	levels. These can be weighed [fresh weight] or counted to draw the trophic blocks in pyramid diagrams.

0	decomposer as an organism that gets its energy from dead
	or waste organic matter

Have data available if unable to do this and build up diagrams. Consult tables for dry biomass to preserve the specimens and return to the environment.

- ecosystem as a unit containing all of the organisms and their environment, interacting together, in a given area e.g. decomposing log or a lake
- trophic level as the position of an organism in a food chain, food web or pyramid of biomass, numbers or energy
- Describe energy losses between trophic levels
- Draw, describe and interpret pyramids of biomass and numbers

Supplement

- Explain why food chains usually have fewer than five trophic levels
- Explain why there is an increased efficiency in supplying green plants as human food and that there is a relative inefficiency, in terms of energy loss, in feeding crop plants to animals

Syllabus refere	ence	Practical Activity
3. Nutrient cy	rcles	
Core		
• Descri	ibe the carbon and the water cycles	Videos.
Supplement		Diagrams.
Descri	ibe the nitrogen cycle in terms of:	
down	the role of microorganisms in providing usable nitrogen- containing substances by decomposition and by nitrogen fixation in roots the absorption of these substances by plants and their conversion to protein • followed by passage through food chains, death, decay • nitrification and denitrification and the return of nitrogen to the soil or the atmosphere (names of individual bacteria are not required) ss the effects of the combustion of fossil fuels and the cutting of forests on the oxygen and carbon dioxide concentrations in mosphere	Observe plant roots of the pea and bean family. [legumes] Look for the pink coloration as these are actively fixing nitrogen [symbiosis / mutualism – explain term] Use of bioviewers, microscopes or photomicrographs to observe sections through nodules.

Syllabus reference	Practical Activity
4. Population size	
 Define population as a group of organisms of one species, living in the same area at the same time State the factors affecting the rate of population growth for a population of an organism (limited to food supply, predation and disease), and describe their importance 	Grow a yeast culture in a flask with low sugar content. Start with low density of cells and observe. Data handling of count numbers or test turbidity of yeast culture. Poster work / large diagrams of growth curve perhaps handling data from a published source.
 Identify the lag, exponential (log), stationary and death phases in the sigmoid population growth curve for a population growing in an environment with limited resources Describe the increase in human population size and its social implications Interpret graphs and diagrams of human population growth 	Interpretation of human population pyramids and diagrams – available from web sites or published data in journals. Work with published data to find areas where human populations are highest and lowest and discuss the reasons for this pattern of distribution.
Explain the factors that lead to the lag phase, exponential (log) phase and stationary phase in the sigmoid curve of population growth making reference, where appropriate, to the role of limiting factors	

Syllabus reference	Practical Activity
5. Human influences on the ecosystem	
Core	
 Outline the effects of humans on ecosystems, with emphasis on examples of international importance (tropical rain forests, oceans and important rivers) 	
5.1 Agriculture	
Core	
List the undesirable effects of deforestation (to include extinction, loss of soil, flooding, carbon dioxide build up)	
Describe the undesirable effects of overuse of fertilisers (to include eutrophication of lakes and rivers)	
5.2 Pollution	
Core	
Describe the undesirable effects of pollution to include:	
water pollution by sewage and chemical waste	Opportunity to visit to sample local streams or rivers to find diversity of
o air pollution by sulfur dioxide	invertebrates to estimate Biological oxygen demand and determine level of pollution.
 air pollution by greenhouse gases (carbon dioxide and methane) contributing to global warming 	Measure oxygen content of water from ponds using methylene blue tests or oxygen meters if available.
o pollution due to pesticides and herbicides	Observe safety at all times.

o pollution due to nuclear fall-out	
 Discuss the effects of non-biodegradable plastics in the environment Discuss the causes and effects on the environment of acid rain, and the measures that might be taken to reduce its incidence Explain how increases in greenhouse gases (carbon dioxide and methane) are thought to cause global warming 	Possible to show bleaching effect of sulfur dioxide in a fume cupboard on paper or mosses. [effective at low concentrations]
5.3 Conservation	
Core	Opportunity to visit conservation sites or to watch videos or TV programs.
 Describe the need for conservation of: • species and their habitats natural resources (limited to water and non-renewable materials including fossil fuels) Supplement Explain how limited and non-renewable resources can be recycled (including recycling of paper and treatment of sewage to make the water that it contains safe to return to the environment or for human use) 	Put up local nesting boxes for birds. Keep an area of garden for wildlife. Plant insect loving shrubs and flowering plants eg <i>Buddleja</i> . Opportunity to visit sewage treatment plant and to refer to a simple flow chart to understand the processes. To understand local or country wide legislation for sewage treatment – discussion. Opportunity to visit local industrial processing sites involved with re-cycling of paper, aluminium or glass.