

Risk Matrices

	Negligible	Minor	Major	Hazardous	Catastrophic
Very Unlikely	Low	Low	Low medium	Medium	Medium
Unlikely	Low	Low Medium	Low medium	Medium	Medium High
Moderate	Low	Low Medium	Medium	Medium High	Medium High
Likely	Low	Low medium	Medium	Medium high	High
Very Likely	Low medium	Medium	Medium high	High	High

Risk	Statement	Response	Likelihood	Impact	Risk Level
Internet crashing	Bad internet connection or no internet connection due to weather, disconnection etc	Always back up work and use internet data from form if available. Complete work on time.	Moderate	Major	
Repetitive Strain Injury	Working on computer for long periods of time can cause damage to the fingers, wrists and other parts of the body due to repeated movements. Can be serious overtime.	To prevent RSI, it is important to make sure posture is correct. Wrist rests should be used and five-minute break should be taken every hour from typing.	Moderate	Major	
Un-saved work	Un-saved work means loss of work and loss of time on the project.	Make sure to save your work periodically	Unlikely	Major	
Laptop/computer crashing	Laptop/computers can crash or break down resulting in loss of time on the project.	Make sure laptop/computer is being updated regularly	Unlikely	Major	
Eye strain	Staring at a computer screen for a long time can result in strained eyes and headaches/migraines, particularly if working in bad light, in glare or with a flickering screen. Can be serious overtime.	Regular breaks must be taken in order to avoid eye strain. Screen filters and blinds to windows should be added to avoid glare.	Likely	Major	
Back Problems	Poor posture, awkward position while sitting at a computer can cause back problems. Can be serious overtime.	A fully adjustable chair should be used to avoid poor posture and regular breaks must be taken to avoid back problems.	Likely	Major	
Isolation and Anxiety	Working on computer for long periods of time on a deadline can cause isolation due to less face-to-face time with colleagues, friends and family. Can lead to anxiety, isolation and mental health problems.	Do breathing exercises when stressed and take regular breaks.	Likely	Major	