

Rahul Mehta

Senior Cricket Coach

 New Delhi, India

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Professional Summary

Experienced and performance-driven **Senior Cricket Coach** with over **7 years of structured coaching experience** across school and academy-level cricket programs in Delhi NCR. Certified **BCCI Level 1 Coach**, skilled in player development, match preparation, fitness conditioning, and tournament management. Proven track record of mentoring young athletes for **inter-school, district, and state-level competitions**.

Core Coaching Expertise

- Cricket Technical Coaching (Batting, Bowling, Fielding)
 - Youth & Competitive Player Development
 - Match Strategy & Game Analysis
 - Fitness & Conditioning for Cricketers
 - Team Discipline & Performance Tracking
 - Tournament & Camp Planning
 - Talent Identification & Mentorship
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Professional Experience

Senior Cricket Coach

Modern School Sports Complex – New Delhi

July 2021 – Present

- Lead coach for **U-14, U-16, and Senior Academy squads**
- Designed structured weekly and seasonal training programs
- Prepared teams for **CBSE, inter-school, and DDCA tournaments**
- Conducted fitness drills, net sessions, and match simulations
- Mentored assistant coaches and coordinated with school sports management
- Tracked individual player performance and growth metrics

Key Achievements:

- Coached **12+ players selected at district level**

- Led school team to **semi-finals in inter-school tournaments**
 - Improved team fitness and fielding standards within one season
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Cricket Coach

Delhi Cricket Academy – Rohini, Delhi

June 2017 – June 2021

- Trained junior and intermediate-level cricketers
 - Conducted specialized batting and bowling drills
 - Assisted in organizing practice matches and weekend tournaments
 - Helped players prepare for club and district trials
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Certifications

- **BCCI Level 1 Cricket Coaching Certification**
 - First Aid & Sports Injury Management (Certified)
 - Fitness Training for Athletes (Workshop)
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Player & Tournament Experience

- Former club-level cricketer (Delhi leagues)
 - Experience traveling with teams across Delhi NCR
 - Hands-on exposure to match-day decision making
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Coaching Philosophy

“Building disciplined, technically strong, and mentally confident players who can perform under pressure.”

Additional Information

- Available for **weekday evening sessions**
- Comfortable with **weekend matches & tournaments**
- Own transport available
- Fluent in English & Hindi