Chicken and Spinach Ravioli





Rated: *****

Submitted By: JCBanks
Photo By: smittyb

Prep Time: 1 Hour Cook Time: 30 Minutes Ready In: 2 Hours Servings: 6

"A delicious combination of chicken and spinach make a wonderful Italian meal. Make sure to have plenty of freshly grated Asiago cheese to top these ravioli."

INGREDIENTS:

4 eggs, beaten

3/4 cup w ater

3 3/4 cups sifted all-purpose flour

1 1/2 teaspoons salt

1/2 pound ground chicken

3/4 cup chopped fresh spinach

2 tablespoons finely chopped onion

3 tablespoons melted butter

3 tablespoons freshly grated Asiago cheese

1/4 teaspoon salt

1/4 teaspoon garlic pow der

1/8 teaspoon ground nutmeg

1 pinch ground black pepper to taste

1 (16 ounce) jar marinara sauce

1/4 cup freshly grated Asiago cheese for topping

DIRECTIONS:

- In a bow I, mix the eggs, water, 2 cups flour, and salt. Gradually mix in the remaining flour until smooth. Divide dough into 2 parts. Cover, and set aside in the refrigerator 20 minutes.
- 2. In a skillet over medium heat, cook the ground chicken until evenly brown; drain.
- **3.** In a food processor, mix the chicken, spinach, and onion. Transfer to a bow I, and mix w ith butter, 3 tablespoons Asiago cheese, salt, garlic pow der, nutmeg, and pepper.
- 4. On a lightly floured surface, roll out each part of the dough to 1/8 inch thickness. Cut into 2 inch squares. Place about 1 teaspoon of the chicken mixture in the center of 1/2 the squares, and top with remaining squares. Seal the edges of the squares with a moistened fork to form the ravioli.
- 5. Bring a large pot of lightly salted water to a boil, and cook the ravioli in small batches for about 8 minutes, or until al dente. Drain, and rinse under cold water.
- Place the marinara sauce in a saucepan, and cook until heated through. Serve ravioli topped with marinara sauce and remaining Asiago cheese.





Reviews (1905)

"Oh my Goodness!! Who knew that fresh apples, crescent roll dough, and citrus soda could make such a wonderful treat!" — docswife





Chicken and Spinach Ravioli (continued)

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Nutrition Information

Servings Per Recipe: 6 Calories: 621

Amount Per Serving

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Total Fat: 15.3g Total Carbs: 102.4g

Cholesterol: 165mg Dietary Fiber: 7.4g

Sodium: 1346mg **Protein:** 19.7g

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