

Chicken

Vegetarian

**Desserts** 

Mutton

Mughlai Indo Chinese Low Calorie

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Microwave Cooking

**Basic Preparations** 

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and Home

:: Curd

:: Ghee

:: Khoya

:: Paneer

:: Raita Bondi

Recipes Home: Basic Preparations: Recipe For Paneer

:: Sugar Syrup

**How To Make Paneer** 

**Bachelor Cooking** 

Bhindi Recipes

Cabbage Recipes

Cake Recipes

1 litre Milk

**Chuntey Recipes** 

Cookies Recipes

**Coconut Recipes** 

Corn Recipes

Daal Recipes

Egg Recipes

Indian Pickles

Mango Recipes

Mushroom Recipes

Indian Breakfast

Indian Cheese Recipes

Indian Drinks

**Indian Starters** 

Jams Jellies

Kebab Recipes

Paneer Recipes

**Pudding Recipes** 

Raita Recipes

Rice Recipes

Salad Recipes

Sauce Recipes

Indian Snacks **Vrat Recipes** 

Indian Soup Recipes

Ingredients:

11/2tsp vinegar or 1/2tsp lemon juice or citric acid

How to prepare paneer:

Boil the milk in a pan.

• When it's boiling add lemon juice or vinegar or citric acid w hich ever you are

using, w hile stirring.

• If citric acid is being used, dissolve it in 2-tbsp water before adding. When milk curdles full turn off the gas and keep aside for 5 minutes.

Pour it on to a cotton/muslin cloth and tie it with a tight knot.

• When all the water is drained from the paneer shape it into a rectangular block.

Now place the cloth under heavy weight for 2-3 hours before using it.

• Note: Do not throw away the leftover water as it can be used for kneading chapati or paratha dough

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- :: Maharashtrian
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- **∷** Rakhi
- :: Valentines Day

## Resources

Indian Vegetarian Cookery

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