

G O O P



## DETOX

### Cucumber and Avocado Soup

#### ingredients

- zest of 1/2 lime
- juice of an entire lime
- 1/2 teaspoon salt
- 1 cucumber, peeled and seeded, roughly chopped
- 1/2 avocado, peeled and roughly chopped

#### preparation

Blend everything together until totally creamy and smooth.