

1-866-ming com 1-866-646-4266

LIVE CUSTOMER SERVICE!

Newsletter signup
Sign up to get the latest information on

Ming, his restaurants and his TV show

GO

MING.COM

**GIFTS UNDER \$25** 

MING'S APPAREL

RECIPES

Spicy Black Bean Mussels With Rice Stick Noodles

SIGNED BOOKS

**NEW PRODUCTS** 

Home | Recipes | Seafood | Spicy Black Bean Mussels With Rice Stick Noodles

HELF

CART

Search

Keyw ord search GO

## Categories

Kyocera Advanced Ceramics Specialty Cookware

Gadgets

TruBamboo Cutting Boards

Signed Books

Cocktail Mixers

**GIFTS** 

Pantry Items

**New Products** 

Ming's Apparel

Gifts under \$25

Yukiguni Maitake Mushrooms

Recipes

Mail orders

Membership

Ming's Coffee

Free ground shipping in the continental United States on all orders over \$88.00!\*







Spicy Black Bean Mussels with Rice Stick Noodles

I've always enjoyed dishes that combine mussels and black beans, a traditional Chinese pairing. I've joined the two here, with the addition of Thai basil leaves and a shot of fresh thyme- a bow to Thailand. The inclusion of tomatoes-we're traveling West, now-adds freshness and color.

I recommend Prince Edward Island mussels for this dish-they're particularly tender and sweet-but any mussel will work well. To serve, arrange the mussels on top of each portion "to be closer to the gods" - a Chinese practice that also makes the dish look more bountiful.

## Ingredients

- 2 tablespoons canola oil
- 2 pounds mussels, preferably Prince Edward Island, scrubbed, beards removed (or clams)
- 1 tablespoon finely chopped garlic
- 1 tablespoon finely chopped fresh ginger
- 4 serrano or Thai bird chiles, stemmed and minced
- 1 tablespoon fermented black beans, rinsed and drained
- 1/2 cup dry white wine
- 2 medium tomatoes, or 4 canned, cut into 1/4- inch dice
- 1 tablespoon Thai fish sauce (nam pla)
- 2 cups Chicken Stock (for recipe see below) or low-sodium canned broth ( or vegetable broth)
- 8 ounces rice stick noodles, soaked in warm water to cover until softened, about  $30 \, \mathrm{minutes}$
- 1 cup fresh Thai or sweet basil leaves
- 1 bunch chives, cut into 1/2- inch lengths
- 2 tablespoons butter
- Salt and freshly ground white pepper
- 2 limes, halved

## Directions

- 1. Heat a wok over high heat. Add the oil and swirl to coat the pan. When the oil shimmers, add the mussels and stir-fry until some of the mussels open, about 5 minutes. Add the garlic, ginger, <a href="mailto:chiles">chiles</a>, and <a href="mailto:black beans">black beans</a> and stir-fry until fragrant, about 2 minutes. Add the wine, cover, and cook until all the mussels have opened, 3 to 5 minutes. Add the tomatoes, <a href="mailto:fish sauce">fish sauce</a>, chicken stock, and drained noodles. Toss and the basil, chives, and butter. Toss again. Season with the salt and pepper to taste.
- 2. Transfer the mixture to large pasta bowls, and arrange the mussels on top of each portion. Squeeze lime juice over and serve.

**Ming's Tip**: I sometimes add a bit of butter to a completed dish, as I do in this recipe, to provide light enrichment and to round out flavors. Keep this classic French technique in mind for your own cooking.

**Another Ming Tip:** To make sure your mussels are fresh, push both sides of each mussel tightly closed for a brief moment and then inspect it. If it stays slightly open after you release your fingers, the mussel in most probably dead and you should pitch

## Spicy Black Bean Mussels With Rice Sti...

it in the garbage. If the mussel stays shut after you close it, then it is alive and responding to your touch. Use only the ones that are alive and kicking!

Kyocera Advanced Ceramics | Signed Books | Pantry Items | Yukiguni Maitake Mushrooms | New Products | Ming's Apparel | Gadgets | Gifts under \$25 | Recipes | Membership | TruBamboo Cutting Boards | Specialty Cookware | GIFTS |

Help | Privacy Policy | Search | About us | Customer Care | Sitemap | View Cart

Ming.com | About Ming | Blue Ginger | Simply Ming | Food and Wine | Food Allergies

Copyright 2010 Ming Tsai