

Mushrooms marinated overnight with lemon juice, cilantro, red onion and bell pepper. I couldn't decide if I wanted to call this poor man's ceviche or vegetarian ceviche, but what I did want to make clear is that the flavors in these marinated mushrooms are what you would expect to taste when enjoying ceviche, only without the seafood.

This makes a great appetizer, and the flavor gets better with time. My husband, who's not a mushroom fan loved this! You can make this up to a few days ahead, if desired, it would last a week if not longer.

Mushroom Ceviche

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Servings: 3 • Size: 1 cup • Old Points: 2 • Weight Watcher Points+: 3 pt Calories: 90 • Fat: 5 g • Carb: 11 g • Fiber: 2 g • Protein: 3 g • Sugar: 2 g

Sodium: 406 mg • Cholest: 0 mg

Ingredients:

- 2 roasted garlic cloves
- 8 oz white button mushrooms, sliced thin
- · 1 small red onion, sliced
- 1/2 green bell pepper, sliced into thin strips
- 1/2 red bell pepper, sliced into thin strips
- 1/3 cup freshly squeezed lemon juice
- 1/2 cup vegetable broth (Pacific)
- 1 tbsp chopped cilantro
- 1/4 teaspoon honey (or agave for vegan)
- 1 teaspoon finely chopped jalapeno
- 1 tbsp olive oil
- 1 teaspoon kosher salt
- 1/8 teaspoon black pepper

Directions:

In a cast iron skillet, roast 2 garlic cloves until brown on each side. Mash the garlic and place in a large bowl with the mushrooms, red onion and bell peppers.

In a medium bowl, combine the remaining ingredients, whisk well then pour over mushrooms. Cover and refrigerate at least a few hours, or overnight.