

Gruyere And Parsley Omelets

Bon Appétit | February 2000

Easy sides would be a salad of mixed lettuces with balsamic vinaigrette, a whole wheat baguette and roasted baby potatoes. Finish with apple tarts.

Yield: 2 servings; can be doubled

ingredients

4 large eggs

3 tablespoons chopped fresh Italian parsley

2 teaspoons water

1 teaspoon dried fines herbes or dried salad herbs

1/4 teaspoon salt

1/4 teaspoon ground black pepper

2 tablespoons (1/4 stick) butter

1/2 cup (packed) grated Gruyère cheese (about 2 ounces)

preparation

Beat eggs, 2 tablespoons parsley, 2 teaspoons water, dried herbs, salt and pepper in small bowl to blend. Melt 1 tablespoon butter in small nonstick skillet over medium-high heat. Add half of egg mixture (about 1/2 cup) to skillet. Cook until eggs are just set in center, tilting pan and lifting edge of omelet with spatula to let uncooked portion flow underneath, about 2 minutes. Top half of omelet with 1/4 cup cheese. Using spatula, fold other half of omelet over cheese; slide out onto plate. Repeat with remaining butter, egg mixture and cheese. Sprinkle omelets with remaining 1 tablespoon parsley.

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