







Red Wine and Feta Vinaigrette

This vinaigrette recipe from Michael Psilakis' "How to Roast a Lamb" cookbook is used to make his Greek Salad.

INGREDIENTS

Makes 1 1/4 cups.

1 small onion, sliced 1/4 inch thick

onion

Coarse salt and freshly cracked black pepper

1 teaspoon freshly squeezed lemon juice to combine.

1/2 cup red-wine vinegar

6 fresh basil leaves

1 teaspoon fresh thyme leaves

1/4 cup crumbled feta cheese

2 tablespoons Dijon mustard

6 cloves garlic, smashed

2 shallots, thinly sliced

2 tablespoons dried Greek oregano

DIRECTIONS

- 1. Preheat a grill pan. Brush onion slices with olive oil and season with salt and pepper. Place onions on grill pan and cook, turning, until tender, 4 to 5 minutes. Transfer to a 3/4 cup extra-virgin olive oil, plus more for small bowl; drizzle with olive oil and lemon juice. Toss to combine.
 - 2. Transfer onion to the bowl of a food processor along with vinegar, basil, thyme, feta, mustard, garlic, shallots, oregano, 1 tablespoon salt, and 1 tablespoon pepper; pulse
 - 3. With the processor running, slowly drizzle in 3/4 cup olive oil until dressing is smooth; season with salt and pepper.

First published November 2009

Copyright 2009 Martha Stewart Living Omnimedia, Inc. All rights reserved.

11/3/2009 10:37 AM