

Oct 15, 2012

Doro Wot (Ethiopian Chicken Stew)

I was taught to cook *doro wot*, the long-cooking Ethiopian braised chicken dish, by a friend in Addis Ababa. First, we sweated onions in *nit'r qibe* (spiced butter) for nearly an hour. Then we added the chicken thighs and legs, the fantastic Berbere spices (a vibrant blend including chile, garlic, and ginger), and white meat to the pot, and waited some more. The stock went in last, and while that simmered, we boiled and peeled eggs, adding them just before serving. Now, when my wife's sisters come to town, the first thing we do together is prepare *doro wot*, and that's probably my favorite occasion on which to make this dish. It gives us plenty of time to catch up. *—Marcus Samuelsson, author of* Yes, Chef (http://www.amazon.com/gp/product/0385342608/ref=as_li_ss_tl? ie=UTF8&camp=1789&creative=390957&creativeASIN=0385342608&linkCode=as2&tag=saveur-20) (*Random House, 2012*)

SERVES 6

INGREDIENTS

- 4 tbsp. Ethiopian spiced butter (called *nit'r qibe*), ghee, or melted butter
- 2 ½ tbsp. minced ginger
- 5 small red onions, finely chopped
- 5 cloves garlic, minced
- 3 tbsp. Ethiopian spice mix (called Berbere)
- 1 plum tomato, chopped
- 3/4 tsp. ground cardamom
- 8 chicken drumsticks

Kosher salt and freshly ground black pepper, to taste

4 hard-boiled eggs



INSTRUCTIONS Credit: Todd Coleman

Heat spiced butter in a 6-qt. saucepan over low heat. Add

ginger, onions, and garlic; cook, stirring, until soft, about 30 minutes. Add spice mixture and tomato; cook, stirring, until reduced and darkened, about 15 minutes. Add 4 cups of water, cardamom, and chicken, season with salt and pepper; boil. Reduce heat to medium-low; cook, covered, until chicken is done, about 1 hour. Transfer chicken to a plate; cook sauce until reduced, about 15 minutes. Add eggs and warm. Pour reduced

sauce over chicken. Serve with rice or flatbread.

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