

Vanilla and Raspberry Bombe Glacee

Recipe courtesy Laura Calder



Total Time: 6 hr 10 min

Prep: 30 min | Inactive Prep: 5 hr | Cook: 40 min

Level: Intermediate
Yield: 8 servings

INGREDIENTS

4 cups or 2 pints good quality vanilla ice cream

2 egg yolks

1/4 cup sugar

1/3 cup raspberry puree

3 tablespoons raspberry-flavored liqueur

1/2 cup heavy cream

Serving suggestion: Raspberry coulis, for serving

Special equipment: loaf pan

DIRECTIONS

Line a loaf pan with plastic wrap, fill three-quarter full with the ice cream, cover, and freeze until firm.

When hard, use a sharp knife and a soup spoon to dig a trench down the center of the ice cream, reserving the ice cream from the trench to make a top later. The trench should leave an inch of vanilla ice cream along with long ends of the pan and go 3/4 of the way down the pan. Refreeze.

Choose a large metal or glass bowl that will neatly sit on a pot on the stovetop. Put 1 to 2-inches water in the pot and bring to a simmer.

Meanwhile, beat the yolks and sugar together in the bowl (still on the countertop) with electric beaters until very thick and ribbony. Add the puree, and liqueur. Set the bowl over the pot of simmering water, and continue beating until very thick and much increased in volume, about 10 minutes. It should have the consistency of firmly whipped cream. Remove the bowl from the heat, and set it over a large bowl full of ice cubes. Continue beating until cool.

Whip the cream to soft peaks and fold it in. Remove the bombe mould from the freezer and pour the raspberry mixture into the well of vanilla ice cream. Cover and return to the freezer for several hours, or until completely set. Soften the reserved "trench" ice cream and spread it over the top to fill the pan to the brim. Freeze again.

To serve, uncover the loaf mold. Wrap a towel dampened in hot water around the base and hold it upside down. Shake out. Slice with a knife, dipped first in hot water. Refreeze in slice form until ready to serve. Raspberry coulis is the right accompaniment.

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