

Chicken in Vinegar

Recipe courtesy Laura Calder



Total Time: 1 hr 15 min

Prep: 10 min | Inactive Prep: - | Cook: 1 hr 5 min

Level: Easy

Yield: 4 servings

INGREDIENTS

1 whole chicken (3 1/2 pounds/1.6 kg), cut into 8 pieces

Salt and freshly ground pepper

1 tablespoon butter, plus another tablespoon for finishing

1 tablespoon olive oil

6 cloves garlic, peeled

1 cup/250 ml white wine vinegar

1 cup/250 ml chicken stock

1 tablespoon tomato paste

4 medium tomatoes, roughly chopped

1 bay leaf

1 large fresh thyme sprig

2 good handfuls chopped fresh parsley

DIRECTIONS

Sprinkle the chicken pieces with salt and pepper. Melt the butter and olive oil in a saute pan and brown the chicken, a few pieces at a time. You're not cooking the chicken here, just making the skin crisp and giving it color and flavor. Five minutes per side is about right. Remove the chicken to a dish.

Add the garlic and cook for 5 minutes. Deglaze the pan with the vinegar and boil down by half, about 10 minutes. Return the chicken to the pan, and pour in the stock. Add the tomato paste, tomatoes, bay leaf and thyme. Simmer, uncovered, until the chicken is cooked, about 30 minutes. Remove the chicken to a clean dish and keep warm.

Strain the cooking liquid into a saucepan, pressing to get all the juices through, and whisk in the last spoonful of butter. Pour over the chicken. Sprinkle with the parsley and serve.

@ 2012 Cooking Channel, LLC, All Rights Reserved.

Printed on January 14, 2013 from http://www.cookingchanneltv.com/cook/cda/recipe_print/0,1946,COOK_41503_588455_RECIPE-PRINT-FULL-PAGE-FORMATTER,00.html

