



## Homemade Caesar Dressing

Recipe courtesy of [Tal Ronnen](#)

Drizzle this homemade Caesar dressing over a salad to stay on track while following [The 21-Day Cleanse](#).

**Ingredients:** 3 1/2 cups

16 ounces soft tofu, drained

1/2 cup lemon juice

6 garlic cloves, , crushed

4 Tbsp. tahini

Salt and pepper to taste

1 tsp. Dijon mustard

4 Tbsp. capers

1 cup olive oil

2 Tbsp. fresh parsley

In a blender, combine the tofu, lemon juice, garlic cloves, tahini, parsley, salt, pepper, Dijon mustard and capers. While blending, slowly add the olive oil and process until the mixture is smooth. Add the parsley and pulse a few times.

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