

Oct 19, 2012

## **Preserved Lemons**

As lemons cure in a salty, spicy brine, their flesh softens and sweetens; after a month, they're ready to be finely chopped and added to everything from Moroccan tagines to vinaigrettes.

MAKES ABOUT 1 QUART

## **INGREDIENTS**

6 medium lemons

1/4 cup kosher salt

2 cups fresh lemon juice

1 tsp. whole black peppercorns

1 tsp. cumin seeds

1/2 tsp. coriander seeds

1/2 tsp. nigella seeds

1/4 tsp. fenugreek seeds

8 whole allspice berries

1 stick cinnamon 1 bay leaf



INSTRUCTIONS Credit: Todd Coleman

Quarter each lemon lengthwise so that it stays attached by about ½" at the stem end. Place lemons in a bowl and stuff with the salt. Transfer lemons to a sterilized 1-qt. glass jar and add the lemon juice, peppercorns, cumin, coriander, nigella, and fenugreek seeds, allspice, cinnamon, and bay leaf; seal with a tight-fitting lid and set aside in a dark place, shaking jar every other day or so, until lemons are soft, about 1 month. Refrigerate after opening, and use within 2 weeks.

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