4/7/13 Thai Cole Slaw

Thai Cole Slaw

Ingredients

Dressing:

6 tbsp rice vinegar

6 tbsp vegetable oil

5 tbsp soy sauce

3 tbsp brown sugar

2 tbsp minced, peeled fresh ginger

1/2 tbsp minced garlic

2 tbsp no sugar added peanut butter

Slaw:

5 cups shredded green cabbage

2 cups shredded red cabbage

2 medium carrots, grated

1 bunch green onion, sliced

1/2 bunch cilantro

Directions

Combine the dressing ingredients and mix well into slaw mixture.

Number of Servings: 15

Recipe submitted by SparkPeople user SKINNYSUNI.

Nutrition Info

Calories: 96.0

Fat: 6.9g

Carbohydrates: 8.1g

Protein: 1.8g