10/16/2014 Gado Gado

Gado Gado

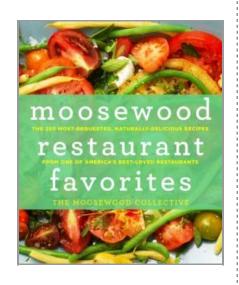
Prep time	Cook time	Total time
25 mins	25 mins	50 mins

Recipe type: main dish Cuisine: Indonesian Serves: 6 to 8

Ingredients

Gado Gado Peanut Sauce

- 1 tablespoon vegetable oil
- 1 cup finely chopped onions
- 1 bay leaf
- ½ teaspoon salt
- 1 or 2 fresh hot peppers, minced, or ½ 1 1 teaspoon cayenne
- 1 or 2 garlic cloves, minced or pressed
- 1½ tablespoons peeled and fresh grated ginger
- 1 teaspoon ground coriander seeds (optional)
- 2 tablespoons tamarind concentrate
- 2 cups water
- 1 cup unsweetened coconut milk
- 3 tablespoons apple cider vinegar
- 2 cups smooth peanut butter
- 2 tablespoons brown sugar
- 2 tablespoons soy sauce



Instructions

To make the peanut sauce:

- 1. Warm the oil in a covered saucepan on low heat.
- 2. Add the onions, bay leaf, and salt and cook for 5 minutes.
- 3. Stir in the hot peppers or cayenne, garlic, ginger, coriander, if using, and tamarind concentrate.
- 4. Continue to cook for 5 minutes, stirring occasionally.
- 5. Add the water, coconut milk, and vinegar, increase the heat to a low simmer, and cook, covered for 3 minutes.
- 6. Stir in the peanut butter and sugar until the sauce is smooth.
- 7. Bring to a simmer and cook, covered, on low heat, stirring occasionally, for 10 minutes.
- 8. Remove the bay leaf.
- 9. Stir in the soy sauce, and add more to taste.
- 10. While the sauce is cooking, prepare and steam vegetables you like until they are just tender.
- 11. Serve Gado Gado on a large serving platter or on individual plates.
- 12. Spread a bed of spinach leaves on the platter or plates.
- 13. Arrange steamed and raw vegetables on top--they can be warm, room temperature, or cool.
- 14. Add some of the extras.
- 15. Serve the peanut sauce in a separate bowl or ladle some over the vegetables and pass more at the table.

Notes

Steamed Vegetables: broccoli spears, diagonally sliced carrots, strips of red, yellow, or orange bell peppers, chopped green cabbage, potato wedges, and sugar snap peas, Raw fresh spinach leaves EXTRAS: Mung bean sprouts, baked tofu, and hard-boiled eggs cut into wedges, tomato wedges

Recipe by Moosewood Restaurant & Recipes | Ithaca, NY at http://www.moosewoodcooks.com/gado-gado/