



What are the signs and symptoms of diabetes?

The signs and symptoms of diabetes are :

- being very thirsty
 - urinating often
 - feeling very hungry
 - feeling very tired
 - losing weight without trying
 - sores that heal slowly
 - dry, itchy skin
 - feelings of pins and needles in your feet
 - losing feeling in your feet
 - blurry eyesight
- Some people with diabetes don't have any of these signs or symptoms. The only way to know if you have diabetes is to have your doctor do a blood test.