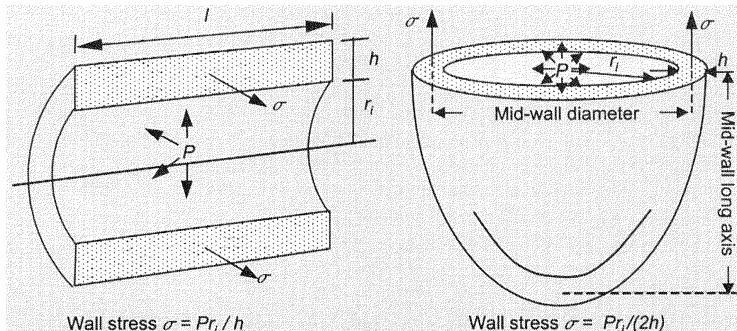


Stress analysis



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Outline

- ▶ Recap
 - ▶ Reynolds transport theorem
 - ▶ Cauchy stress theorem
 - ▶ Governing equations
- ▶ Principal stress theorem
- ▶ LaPlace law for membranes
- ▶ Physiological relevance

Reynolds and Cauchy

- Reynolds transport theorem

$$\dot{B} = \int_{V(t)} \frac{\partial b}{\partial t} dV + \int_{A(t)} b (\mathbf{v} \cdot \mathbf{n}) dA$$

- Material derivative of an extensive property

$$\dot{B} = \frac{d}{dt} \int_{V(t)} \beta \rho dV = \int_{V(t)} \dot{\beta} \rho dV$$

- Cauchy stress theorem

$$t_i = T_{ik} n_k \Leftrightarrow \mathbf{t} = \mathbf{T} \mathbf{n}$$

Governing equations

- ▶ Conservation of mass

$$\frac{\partial \rho}{\partial t} + (\rho v_i)_{,i} = 0$$

- ▶ Cauchy's equations of motion

$$\rho a_i = T_{ik,k} + \rho b_i$$

Principal stress theorem

- ▶ There are three orthogonal planes without shear stresses
- ▶ The planes are called principal stress planes
- ▶ The principal directions are the unit normals \mathbf{n}_i
- ▶ The principal stresses σ_i are the normal stresses on these planes

Show that we may find $\mathbf{t} \parallel \mathbf{n}$

- ▶ $\mathbf{t} \parallel \mathbf{n}_j \Rightarrow \mathbf{t} = \sigma \mathbf{n}$
- ▶ Cauchy stress theorem: $\mathbf{t} = \mathbf{T} \cdot \mathbf{n}$
- ▶ $\mathbf{T} \cdot \mathbf{n} = \sigma \mathbf{n}$
i.e. an eigenvalue problem
- ▶ Equivalent representations of the eigenvalue problem

$$(\sigma \mathbf{I} - \mathbf{T}) \cdot \mathbf{n} = 0 \Leftrightarrow (\sigma \delta_{ik} - T_{ik}) n_k = 0$$

Solutions to the eigenvalue problem

- ▶ The eigenvalue problem $(\sigma \mathbf{I} - \mathbf{T}) \cdot \mathbf{n} = 0$ has only non-trivial solutions if

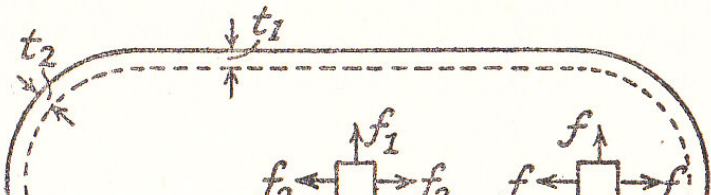
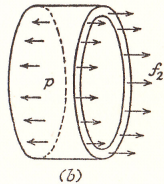
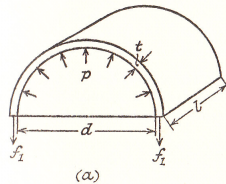
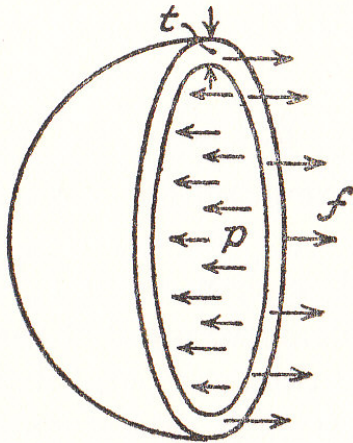
$$\det(\sigma \mathbf{I} - \mathbf{T}) = 0$$

- ▶ Characteristic equation for the stress tensor

$$\sigma^3 - I\sigma^2 + II\sigma - III = 0$$

- ▶ The principal invariants of \mathbf{T} are denoted: I, II, and III
- ▶ It may be shown that the three σ_i are real since $\mathbf{T} = \mathbf{T}^T$
- ▶ Orthogonal basis ($\mathbf{n}_i \cdot \mathbf{n}_j = 0$) if $\sigma_i \neq \sigma_j$

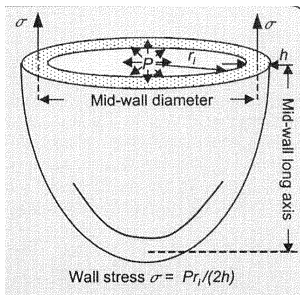
Stress analysis for thin walled containers



Thin-walled spherical shell

- ▶ Plane-isotropic state of stress
- ▶ Force equilibrium analysis yields:

$$\sigma = \sigma_{\theta} = \sigma_{\phi} = \frac{r}{2t} p$$

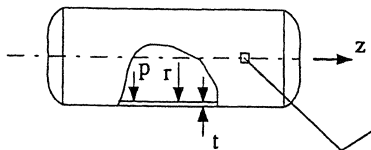


- ▶ Any direction parallel to shell surface is a principal direction ($\sigma_{\theta} = \sigma_{\phi}$)
- ▶ Stress matrix in spherical coordinates (r, θ, ϕ)

$$\mathbf{T} = \begin{bmatrix} 0 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{bmatrix} \sigma$$

Biaxial state of stress

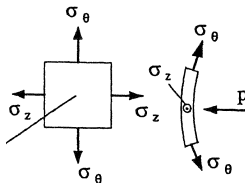
- ▶ A thin-walled circular vessel is subjected to internal pressure p
- ▶ The mid-wall radius is r
- ▶ Wall thickness is $t \ll r$



- ▶ LaPlace equations by force equilibrium analysis:

$$\sigma_z = \frac{r}{2t} p \quad \text{and} \quad \sigma_\theta = \frac{r}{t} p$$

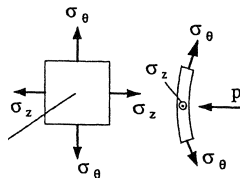
- ▶ Radial stress $\sigma_R \in [-p, 0]$,
i.e. $\sigma_R \ll (\sigma_z, \sigma_\theta)$



Biaxial state of stress (cont)

- Stress matrix in cylindrical coordinates (R, θ, z)

$$\mathbf{T} = \begin{bmatrix} 0 & 0 & 0 \\ 0 & 2 & 0 \\ 0 & 0 & 1 \end{bmatrix} \frac{r}{2t} p$$



Law of LaPlace

- ▶ A generalization of the previous expressions
- ▶ A membrane of thickness t and main radii of curvature r_1 and r_2
- ▶ σ_1 and σ_2 denote normal stresses in directions of main curvature
- ▶ Transmural pressure p

$$\frac{\sigma_1}{r_1} + \frac{\sigma_2}{r_2} = \frac{p}{t}$$

Models for heart wall-stress estimation

Several models have been proposed for heart wall-stress. We will come back to these later (chap 6)

- ▶ Ellipsoidal model

$$\frac{p}{D} = \frac{D}{2t} \left(1 - \frac{t}{D} - \frac{D^2}{2l^2} \right)$$

- ▶ The Arts model for fiber stress σ_f

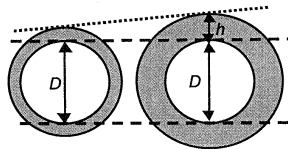
$$\frac{p}{\sigma_f} = \frac{1}{3} \ln \left(1 + \frac{V_w}{V} \right)$$

where V_w is LV wall volume

Physiological relevance of the law of LaPlace

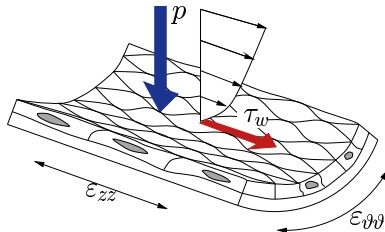
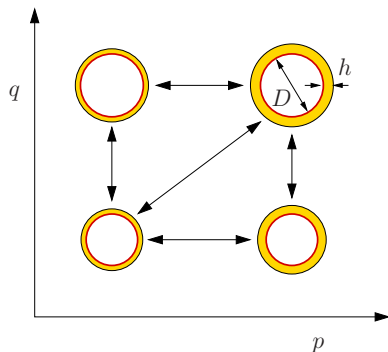
- ▶ Great conceptual importance, although valid for simple geometries only
- ▶ r/t main determinant for wall stress
- ▶ Hypertension (high blood pressure)
 - ▶ Cardiac muscle cells grow and increase wall thickness
 - ▶ $r/t \downarrow$ while $p \uparrow$
 - ▶ Wall stress $\sigma \propto \frac{r}{t} p$ remain similar

- ▶ Same effect for arteries which hypertrophy in hypertension



- ▶ How stresses in cells are sensed is still largely unknown

Important parameters for vascular hemodynamics¹



- ▶ pressure $p \uparrow \Rightarrow$ wall strain $\epsilon_{\theta\theta} \uparrow \Rightarrow$ wall thickness $h \uparrow$
- ▶ flow $q \uparrow \Rightarrow$ wall shear stress $\tau_w \uparrow \Rightarrow$ diameter $D \uparrow$

Summary

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