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We do this by the method of Harmonic balance

> restart :

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>  $de := \text{diff}(x(t), t, t) - \left( \frac{1}{10} - \frac{10}{3} \text{diff}(x(t), t)^2 \right) \text{diff}(x(t), t) + x(t) - x(t)^3$

$$de := \frac{d^2}{dt^2} x(t) - \left( \frac{1}{10} - \frac{10 \left( \frac{d}{dt} x(t) \right)^2}{3} \right) \left( \frac{d}{dt} x(t) \right) + x(t) - x(t)^3 \quad (1)$$

>  $xs := x(t) = A_1 \cdot \cos(\omega t) + A_3 \cos(3 \omega t) + B_3 \sin(3 \omega t) ;$

$$xs := x(t) = A_1 \cos(\omega t) + A_3 \cos(3 \omega t) + B_3 \sin(3 \omega t) \quad (2)$$

>  $dea := \text{combine}(\text{expand}(\text{subs}(xs, de)), \text{trig});$

$$dea := -45 A_1 \omega^3 A_3 B_3 \cos(7 \omega t) + 45 A_1 \omega^3 A_3 B_3 \cos(5 \omega t) + \frac{A_1 \omega \sin(\omega t)}{10} + A_1 \cos(\omega t) \quad (3)$$

$$\begin{aligned} & + A_3 \cos(3 \omega t) + B_3 \sin(3 \omega t) - A_1 \omega^2 \cos(\omega t) + \frac{B_3^3 \sin(9 \omega t)}{4} - \frac{3 B_3^3 \sin(3 \omega t)}{4} \\ & - \frac{3 A_3^3 \cos(3 \omega t)}{4} - \frac{A_3^3 \cos(9 \omega t)}{4} - \frac{A_1^3 \cos(3 \omega t)}{4} - \frac{3 A_1^3 \cos(\omega t)}{4} \\ & + \frac{3 A_3 B_3^2 \cos(9 \omega t)}{4} - \frac{3 A_1 B_3^2 \cos(\omega t)}{2} - \frac{3 A_1^2 B_3 \sin(5 \omega t)}{4} + \frac{3 A_1 B_3^2 \cos(5 \omega t)}{4} \\ & + \frac{3 A_1 B_3^2 \cos(7 \omega t)}{4} + \frac{5 A_1^3 \omega^3 \sin(3 \omega t)}{6} - \frac{5 A_1^3 \omega^3 \sin(\omega t)}{2} - \frac{135 A_3^3 \omega^3 \sin(3 \omega t)}{2} \\ & + \frac{45 B_3^3 \omega^3 \cos(9 \omega t)}{2} + \frac{135 B_3^3 \omega^3 \cos(3 \omega t)}{2} - 9 B_3 \omega^2 \sin(3 \omega t) - \frac{3 B_3 \omega \cos(3 \omega t)}{10} \\ & - \frac{3 A_3^2 B_3 \sin(3 \omega t)}{4} - 9 A_3 \omega^2 \cos(3 \omega t) - \frac{3 A_1 A_3^2 \cos(\omega t)}{2} - \frac{3 A_1 A_3^2 \cos(7 \omega t)}{4} \\ & - \frac{3 A_1 A_3^2 \cos(5 \omega t)}{4} - \frac{3 A_1^2 A_3 \cos(3 \omega t)}{2} - \frac{3 A_1^2 A_3 \cos(\omega t)}{4} - \frac{3 A_1^2 A_3 \cos(5 \omega t)}{4} \\ & + \frac{45 A_3^3 \omega^3 \sin(9 \omega t)}{2} + \frac{3 A_3 \omega \sin(3 \omega t)}{10} - \frac{3 A_3 B_3^2 \cos(3 \omega t)}{4} - \frac{3 A_3^2 B_3 \sin(9 \omega t)}{4} \\ & - \frac{3 A_1^2 B_3 \sin(3 \omega t)}{2} - \frac{3 A_1^2 B_3 \sin(\omega t)}{4} + 15 A_1^2 \omega^3 B_3 \cos(3 \omega t) \\ & - \frac{15 A_1^2 \omega^3 B_3 \cos(5 \omega t)}{2} - \frac{3 A_1 A_3 B_3 \sin(5 \omega t)}{2} - \frac{3 A_1 A_3 B_3 \sin(7 \omega t)}{2} \\ & + \frac{45 A_1 \omega^3 A_3^2 \sin(7 \omega t)}{2} - 45 A_1 \omega^3 A_3^2 \sin(\omega t) - \frac{45 A_1 \omega^3 A_3^2 \sin(5 \omega t)}{2} \end{aligned}$$

$$\begin{aligned}
& + \frac{15 A_1^2 \omega^3 A_3 \sin(5 \omega t)}{2} + \frac{15 A_1^2 \omega^3 A_3 \sin(\omega t)}{2} - 15 A_1^2 \omega^3 A_3 \sin(3 \omega t) \\
& - \frac{135 A_3^2 \omega^3 B_3 \cos(9 \omega t)}{2} - \frac{135 B_3^2 \omega^3 A_3 \sin(3 \omega t)}{2} - \frac{135 B_3^2 \omega^3 A_3 \sin(9 \omega t)}{2} \\
& + \frac{135 A_3^2 \omega^3 B_3 \cos(3 \omega t)}{2} + \frac{45 B_3^2 \omega^3 A_1 \sin(5 \omega t)}{2} - \frac{45 B_3^2 \omega^3 A_1 \sin(7 \omega t)}{2} - 45 \\
& B_3^2 \omega^3 A_1 \sin(\omega t) - \frac{15 A_1^2 \omega^3 B_3 \cos(\omega t)}{2}
\end{aligned}$$

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>  $e1 := \text{coeff}(dea, \sin(\omega t)) = 0; e2 := \text{coeff}(dea, \cos(\omega t)) = 0; e3 := \text{coeff}(dea, \cos(3 \omega t)); e4 := \text{coeff}(dea, \sin(3 \omega t));$

$$e1 := -\frac{5}{2} A_1^3 \omega^3 - \frac{3}{4} A_1^2 B_3 + \frac{1}{10} A_1 \omega + \frac{15}{2} A_1^2 \omega^3 A_3 - 45 B_3^2 \omega^3 A_1 - 45 A_1 \omega^3 A_3^2 = 0$$

$$e2 := -\frac{3}{4} A_1^3 + A_1 - \frac{3}{4} A_1^2 A_3 - \frac{3}{2} A_1 A_3^2 - A_1 \omega^2 - \frac{3}{2} A_1 B_3^2 - \frac{15}{2} A_1^2 \omega^3 B_3 = 0$$

$$e3 := -\frac{3}{4} A_3^3 - \frac{1}{4} A_1^3 + A_3 - \frac{3}{4} A_3 B_3^2 - \frac{3}{2} A_1^2 A_3 - \frac{3}{10} B_3 \omega + \frac{135}{2} B_3^2 \omega^3 - 9 A_3 \omega^2 + 15$$

$$A_1^2 \omega^3 B_3 + \frac{135}{2} A_3^2 \omega^3 B_3$$

$$\begin{aligned}
e4 := & -\frac{3}{2} A_1^2 B_3 - \frac{135}{2} A_3^3 \omega^3 + \frac{5}{6} A_1^3 \omega^3 - \frac{3}{4} A_3^2 B_3 - \frac{3}{4} B_3^3 + B_3 + \frac{3}{10} A_3 \omega - 9 B_3 \omega^2 \\
& - 15 A_1^2 \omega^3 A_3 - \frac{135}{2} B_3^2 \omega^3 A_3
\end{aligned} \tag{4}$$

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>  $sol := \text{solve}(\{e1, e2, e3, e4\}, \{A_1, A_3, B_3, \omega\});$

Heave work been done so hence we go for 1 term  $\cos(\omega t)$

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>  $restart :$

$$de := \text{diff}(x(t), t, t) - \left( \frac{I}{10} - \frac{10}{3} \text{diff}(x(t), t)^2 \right) \text{diff}(x(t), t) + x(t) - x(t)^3$$

$$de := \frac{d^2}{dt^2} x(t) - \left( \frac{1}{10} - \frac{10 \left( \frac{d}{dt} x(t) \right)^2}{3} \right) \left( \frac{d}{dt} x(t) \right) + x(t) - x(t)^3 \tag{5}$$

>  $xs := x(t) = A \cdot \cos(\omega t);$

$$xs := x(t) = A \cos(\omega t) \tag{6}$$

$$\begin{aligned}
& \text{de}a := \text{combine}(\text{expand}(\text{subs}(xs, de)), \text{trig}); \\
\text{de}a &:= -A \omega^2 \cos(\omega t) + \frac{A \omega \sin(\omega t)}{10} + \frac{5 A^3 \omega^3 \sin(3 \omega t)}{6} - \frac{5 A^3 \omega^3 \sin(\omega t)}{2} \\
& \quad + A \cos(\omega t) - \frac{A^3 \cos(3 \omega t)}{4} - \frac{3 A^3 \cos(\omega t)}{4}
\end{aligned} \tag{7}$$

$$\begin{aligned}
& e1 := \text{coeff}(\text{de}a, \sin(\omega t)) = 0; \\
e1 &:= \frac{1}{10} A \omega - \frac{5}{2} A^3 \omega^3 = 0
\end{aligned} \tag{8}$$

$$\begin{aligned}
& e2 := \text{coeff}(\text{de}a, \cos(\omega t)) = 0; \\
e2 &:= -A \omega^2 + A - \frac{3}{4} A^3 = 0
\end{aligned} \tag{9}$$

$$\begin{aligned}
& e3 := \text{coeff}(\text{de}a, \cos(3 \omega t)); \\
e3 &:= -\frac{A^3}{4}
\end{aligned} \tag{10}$$

$$\begin{aligned}
& e4 := \text{coeff}(\text{de}a, \sin(3 \omega t)); \\
e4 &:= \frac{5 A^3 \omega^3}{6}
\end{aligned} \tag{11}$$

$$\begin{aligned}
& sol := \text{solve}(\{e1, e2\}, \{A, \omega\}); \\
sol &:= \{A=0, \omega=\omega\}, \{A=2 \text{RootOf}(3 \_Z^2 - 1), \omega=0\}, \left\{A = \right. \\
& \quad \left. - \frac{20 \text{RootOf}(100 \_Z^4 - 100 \_Z^2 + 3)^3}{3} + \frac{20 \text{RootOf}(100 \_Z^4 - 100 \_Z^2 + 3)}{3}, \omega \right. \\
& \quad \left. = \text{RootOf}(100 \_Z^4 - 100 \_Z^2 + 3)\right\}, \left\{A = \frac{20 \text{RootOf}(100 \_Z^4 - 100 \_Z^2 + 3)^3}{3} \right. \\
& \quad \left. - \frac{20 \text{RootOf}(100 \_Z^4 - 100 \_Z^2 + 3)}{3}, \omega = \text{RootOf}(100 \_Z^4 - 100 \_Z^2 + 3)\right\}
\end{aligned} \tag{12}$$

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