**1. Extract Words Starting with a Capital Letter**

**Problem Statement**:  
Write a program to extract all words from a text that start with a capital letter. Assume words are separated by spaces or punctuation.

**Sample Input**:

"Welcome to the World of Java Programming. Start Today!"

**Sample Output**:

Extracted words:

- Welcome

- World

- Java

- Programming

- Start

- Today

**2. Validate IPv4 Addresses**

**Problem Statement**:  
Write a program to validate IPv4 addresses. A valid IPv4 address has four octets separated by dots (.), where each octet is a number between 0 and 255.

**Sample Input**:

["192.168.1.1", "256.100.50.25", "10.0.0.256", "127.0.0.1"]

**Sample Output**:

Valid IPs:

- 192.168.1.1

- 127.0.0.1

Invalid IPs:

- 256.100.50.25 (octet exceeds 255)

- 10.0.0.256 (octet exceeds 255)

**Hints**:

* Each octet can range from 0–255.

**3. Find Duplicate Words in a Sentence**

**Problem Statement**:  
Write a program to find all duplicate words in a given sentence. The program should ignore case and consider words as duplicates even if they appear in different cases.

**Sample Input**:

"This is a test. This test is only a test."

**Sample Output**:

Duplicate words:

- this

- is

- test

- a