The Life Insurance Buyer's Guide serves as a crucial resource for individuals contemplating the purchase of life insurance, detailing that such insurance provides a death benefit in exchange for premiums paid during the policy's active period. This benefit can alleviate financial burdens like income loss, funeral expenses, and debts following the policyholder's death. Prospective buyers are encouraged to evaluate their financial responsibilities, taking into account factors such as dependents, income contributions, and any existing employer-provided insurance to determine the necessary coverage. The guide describes different types of life insurance policies, including term insurance, which offers affordable coverage for a specified duration, and cash value insurance, which provides lifelong coverage and the potential to accumulate cash value. It underscores the importance of comparing costs through the Surrender Cost Index and Net Payment Cost Index to identify policies with lower cost index numbers, indicating better value.

Before making a purchase, individuals should ensure they can sustain the premium payments, which may rise over time due to fluctuations in investment earnings or claims costs. The application process typically requires personal and health-related information, where honesty is paramount, as any inaccuracies could result in policy cancellation. The guide advises careful selection of beneficiaries, recommending against naming minor children directly. After acquiring a policy, it is essential for policyholders to thoroughly review their policy to confirm the accuracy of all information and to understand any variable aspects related to premiums or values. Regular policy reviews every few years are suggested to adjust coverage in response to life changes, such as marriage or the birth of a child. Ultimately, the guide emphasizes the necessity of a long-term commitment to the policy, as life insurance is designed to be a lasting financial product.