The "Consumer's Guide to Life Insurance" from the Washington State Office of the Insurance Commissioner serves as a vital resource for individuals considering life insurance, highlighting the necessity of purchasing policies from licensed companies approved in Washington, as the Office oversees all insurance transactions in the state. It notes that the Washington Life and Disability Guaranty Association provides additional protection for policyholders if an insurance company fails to pay claims. When determining the appropriate amount of life insurance, individuals should evaluate their unique circumstances and the financial impact of their absence on their loved ones. The guide emphasizes the importance of setting clear goals and comparing different companies, as costs and services can vary significantly. Insurers are required to provide a buyer's guide and policy summary, and there is a 10-day "free look" period during which a new policy can be returned for a full refund.

Life insurance can be acquired through various channels, including agents, brokers, mail, or online. Agents represent specific companies, while brokers act on behalf of consumers to find suitable options. If coverage is denied, individuals are encouraged to seek other companies due to differing underwriting criteria. Washington law prohibits discrimination based on gender, marital status, race, and other factors, ensuring fair treatment in insurance applications. Consumers can assess the financial stability of insurance companies through independent rating organizations. Premiums for life insurance are influenced by factors such as gender, health, occupation, and lifestyle, and policies must include a 31-day grace period for late payments. Life insurance policies are legal contracts that outline the rights and responsibilities of both the insurer and the insured, including payment terms and benefit conditions. The two primary types of life insurance are term insurance, which provides coverage for a specific period without cash value, and cash value insurance, which accumulates cash value over time, with whole life, universal life, and variable life being subcategories that feature distinct premium payment and investment risk characteristics.

The guide also addresses optional policy benefits, the process of trading in policies, and the claims

process for beneficiaries. It underscores the importance of regularly reviewing coverage to ensure it aligns with current needs and provides insights into group life insurance, which typically offers limited control over coverage conditions. In Washington state, individuals can convert group life insurance to permanent whole life insurance if they leave the plan or if their employer drops it. Group life insurance is generally more affordable than individual policies, may be subsidized by employers, and typically does not require medical exams; however, it lacks guaranteed premiums and renewability, and coverage ceases if one leaves the group unless converted to private insurance. Convertible policies allow term life insurance to transition to cash value insurance without health assessments for a limited time, while joint life insurance can be more economical for couples or business partners, paying out only upon the first death unless specified otherwise. Final expense insurance, or burial policies, are designed to cover funeral costs, with regulations in place to prevent excessive pricing relative to benefits.

Optional benefits include a waiver of premium for those unable to work due to serious illness, an accidental death benefit that increases payouts in case of accidental death, and an accelerated benefit for terminally ill policyholders. Policyholders are advised against replacing policies without careful consideration, as new policies may introduce restrictions and penalties. Claims must be filed by beneficiaries, who need to provide necessary documentation, including a death certificate and the policy itself. Insurers are required to pay interest on claims, and beneficiaries have various settlement options, including cash payments or annuities. For those with serious illnesses, life settlements allow policyholders to sell their insurance for cash before death. To locate an old policy, individuals should search financial records, contact previous employers, and check with banks. If a policy cannot be found, resources such as the nationwide life insurance policy locator service and state unclaimed property databases can assist. The document also cautions against hasty life insurance purchases, emphasizing the importance of understanding coverage, avoiding pressure tactics, and maintaining thorough records. For further assistance, the Washington state Insurance Consumer Hotline is available for inquiries and complaints.