

The Proposed Composite Index

The most efficient index for this query is:

```
CREATE INDEX idx_bookings_doctor_date ON bookings (doctor_id, appointment_date);
```

Why this column order?

In a B-Tree composite index, the order of columns follows the "Equality First, Range Second" rule. Here is the breakdown of why doctor_id must come before appointment_date:

1. The Equality Column (doctor_id)

The query uses an exact match for the doctor (doctor_id = ?). By putting this first, the database can jump directly to the section of the index tree containing only that doctor's appointments. This narrows the search space immediately and significantly.

2. The Range Column (appointment_date)

The query uses a range for the date (\geq and \leq). Once the database has found the specific doctor_id in the index, all the dates for that doctor are stored in sorted order. The database can then simply scan the starting date and stop at the ending date.