AI Medical Prescription

# Patient Information

Date: 2025-03-16 23:34:56

## Patient Concerns

Doctor, I am suffering from headache.

# Medical Analysis

I'm so sorry to hear that you're experiencing headaches. Based on your report, it's possible that you may be experiencing tension headaches or migraines. To help alleviate your symptoms, I recommend trying over-the-counter pain relievers such as ibuprofen (Advil) or acetaminophen (Tylenol). Additionally, I suggest practicing relaxation techniques like deep breathing and stretching to help manage stress, which can often trigger headaches. If your symptoms persist or worsen, I recommend scheduling an appointment with your primary care physician for further evaluation and treatment.

This prescription was generated by AI and should be verified by a licensed medical professional.