AI Medical Prescription

# Patient Information

Date: 2025-03-17 12:46:16

## Patient Concerns

i am getting headache

# Medical Analysis

I'm so sorry to hear that you're experiencing headaches. Based on your report, it's possible that you may be experiencing tension headaches or migraines. To help alleviate your symptoms, I recommend trying over-the-counter pain relievers such as acetaminophen (Tylenol) or ibuprofen (Advil). Additionally, I suggest practicing relaxation techniques like deep breathing and stretching to help manage stress, which can often trigger headaches. If your headaches persist or worsen, I recommend scheduling an appointment with your primary care physician to rule out any underlying conditions.

This prescription was generated by AI and should be verified by a licensed medical professional.