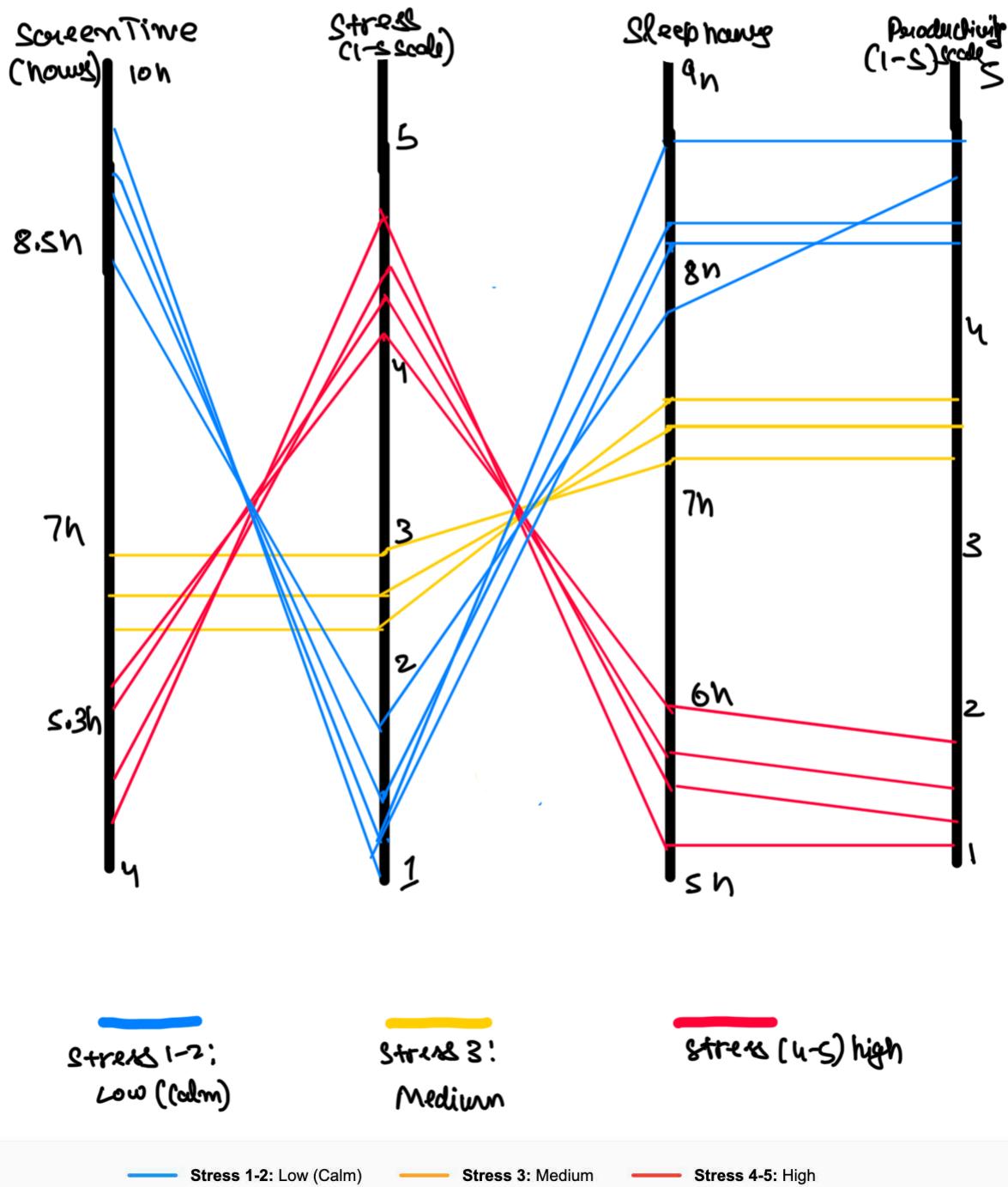


# Multi-Dimensional Patterns: Screen Time, Stress, Sleep & Productivity

Each line Represents one day, colored by stress level



## Key Patterns to Observe:

- Blue lines (low stress) cluster at high sleep values (top of Sleep axis) and low screen time
- Red lines (high stress) show high screen time and low sleep hours
- Blue lines tend to end high on Productivity axis, while red lines end low
- This visualization reveals that healthy days share similar profiles across all dimensions