

**SECTION A-READING (16 MARKS)**

**Q1. Read the passage given below carefully and answer the questions that follow: (Do Any Four) (4x2=8)**

In the good old days of the daimios, there lived an old couple whose only pet was a little dog. Having no children, they loved it as though it were a baby. The old dame made it a cushion of blue crape, and at mealtime Muko—for that was its name—would sit on it as snug as any cat. The kind people fed the pet with tidbits of fish from their own chopsticks, and all the boiled rice it wanted. Thus treated, the dumb creature loved its protectors like a being with a soul. The old man, being a rice farmer, went daily with hoe or spade into the fields, working hard from morning until O Tento Sama (as the sun is called) had gone down behind the hills. Every day the dog followed him to work, never once harming the white heron that walked in the footsteps of the old man to pick up the worms. For the old fellow was patient and kind to everything that had life, and often turned up a sod on purpose to give food to the birds.

**(i) What was the name of the old couple's pet dog?**

a) Momo

b) Muko

c) Kiko

d) Riko

**(ii) What material was the dog's cushion made of?**

a) Cotton

b) Blue crape

c) Silk

d) Wool

(iii) How did the old man treat the white heron that followed him?

a) He scared it away

b) He ignored it

c) He fed it by turning up sods to reveal worms

d) He chased it off

(iv) What was the old man's attitude towards living creatures?

a) He was indifferent

b) He was impatient

c) He was kind and patient

d) He was fearful

(v) What did the old man do every day?

a) Worked as a carpenter

b) Went to the market

c) cooked meals at home

d) Worked in the rice fields

Q2. On the basis of the information provided in the poster given below, answer the following questions:  
(Do Any Four) (4x2=8)

## COMPLEX CARBOHYDRATES = HEALTHY CARBS



(i) What is the main message of the poster?

- a) Avoid all carbohydrates
- b) Don't fear carbs; eat the right ones
- c) Consume more fats
- d) Carbohydrates are unhealthy

(ii) What percentage of total calories should come from carbohydrates, as suggested by the poster?

- a) 30-40%
- b) 55-60%
- c) 70-80%
- d) 20-30%

(iii) Whole grains are listed as a source of which of the following in the image?

- a) Protein
- b) Phytonutrients
- c) Fats
- d) Sugars

(iv) Which of the following is **NOT** listed as a benefit of complex carbohydrates in the poster?

- a) Aids in weight loss
- b) Improves glycemic control
- c) Supports immune function
- d) Protein sparing effect

(v) Which word from the options given below is the synonym of 'complex'?

- A. Pleasant
- B. Stress
- C. Intricate
- D. Simple