

FOR IN LOOP

The `for...in` statements combo iterates (loops) over the properties of an object.

The code block inside the loop is executed once for each property.

SYNTAX

```
for (const key in object) {  
    //instructions  
}
```

Examples

Iterate (loop) over the properties of an object:

```
const person = {fname:"John", lname:"Doe", age:25};  
let text = "";  
for (let x in person) {  
    text += person[x] + " ";  
}
```

FOR OF LOOP

The `for...of` statements combo iterates (loops) over the values of any iterable.

The code block inside the loop is executed once for each value.

SYNTAX:

```
for (const iterator of object) {  
  
}
```

Examples

Iterate (loop) over the values of an array:

```
let text = "";
const cars = ['BMW', 'Volvo', 'Mini'];
for (let x of cars) {
  text += x + " ";
}
```