

# **Anxiety vs Diabetes**

## **Project 3 - APIs and NLP**

Suelem Lee



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371



r/Anxiety · Posted by u/charliesmith24 15 hours ago

Finally registered myself to get vaccinated Health

I've been holding it off for so long. Everyone in my family is anti-vaxx and everyday my mom would show me some article or video explaining why the vaccine is bad. I've been so afraid to get it, but with my new job, I don't think I have a choice. Covid cases are going up like crazy and I work in the mall, lots of Karen's will come in without a mask, people will pull down their mask to cough or sneeze, kids wipe they're boogers on the clothes or shelves, etc. I caught covid once already and was lucky to have only minor symptoms, but I worry I won't get that lucky again.

43 Comments

Award

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177



r/diabetes · Posted by u/DamnRightRichard 14 hours ago

Am i the only one? Humor

When you feel really confident about  
your carb counting, then test later on  
and you're really high...



WHAT?! ...COME ON!!!

9 Comments

Award

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## Communities Near You

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r/maui

3



r/Honolulu

4



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One pan to  
rule them all



r/castiron



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**“Results from this meta-analysis provide support that diabetes is associated with an increased likelihood of having anxiety disorders and elevated anxiety symptoms.”**

From the article “Association of diabetes with anxiety: A systematic review and meta-analysis”  
published by Journal of Psychosomatic Research

# Problem Statement:

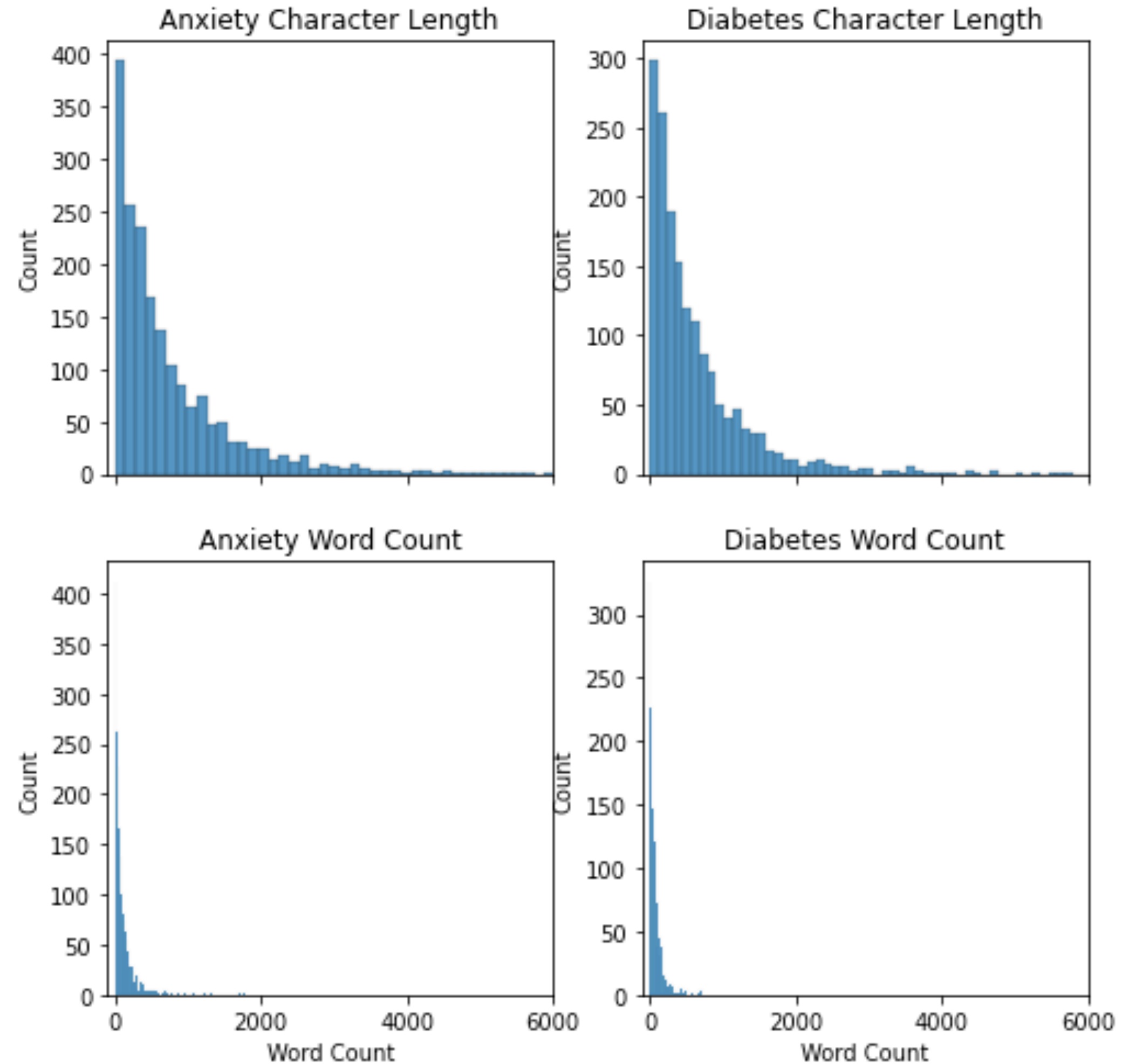
“GRIGSBY ETAL, FOUND THAT 40% OF PATIENTS WITH DIABETES HAVE HEIGHTENED ANXIETY SYMPTOMS AND THAT OVERALL PREVALENCE OF ANXIETY DISORDERS REPORTED IN THIS REVIEW LIES AT 14%

IS THIS CORRELATION ALSO REFLECTED ON SUBREDDITS POSTS?

# Word count and character count

- Anxiety: 101 words
- Diabetes: 76 words

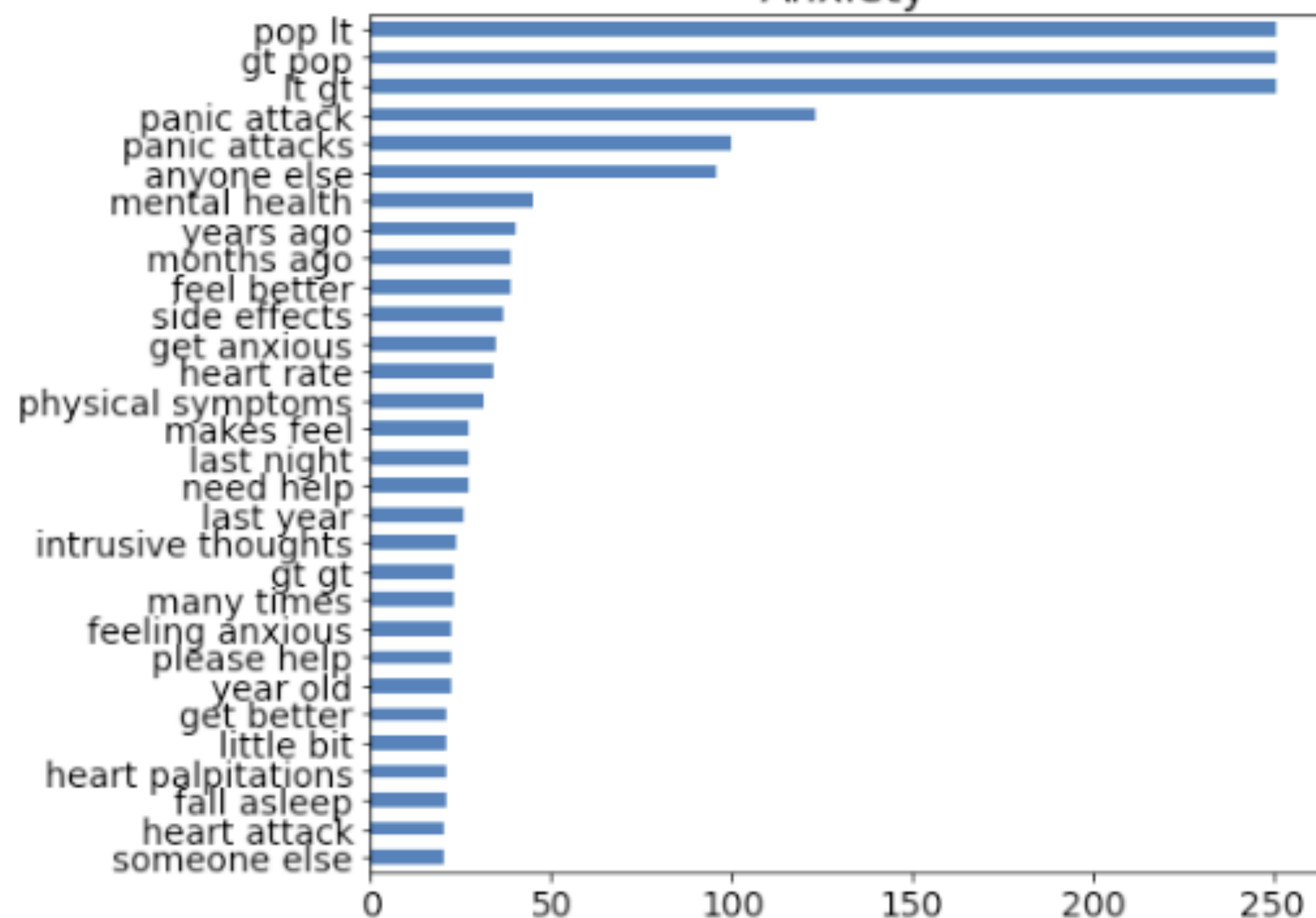
Character & Word Count Distributions



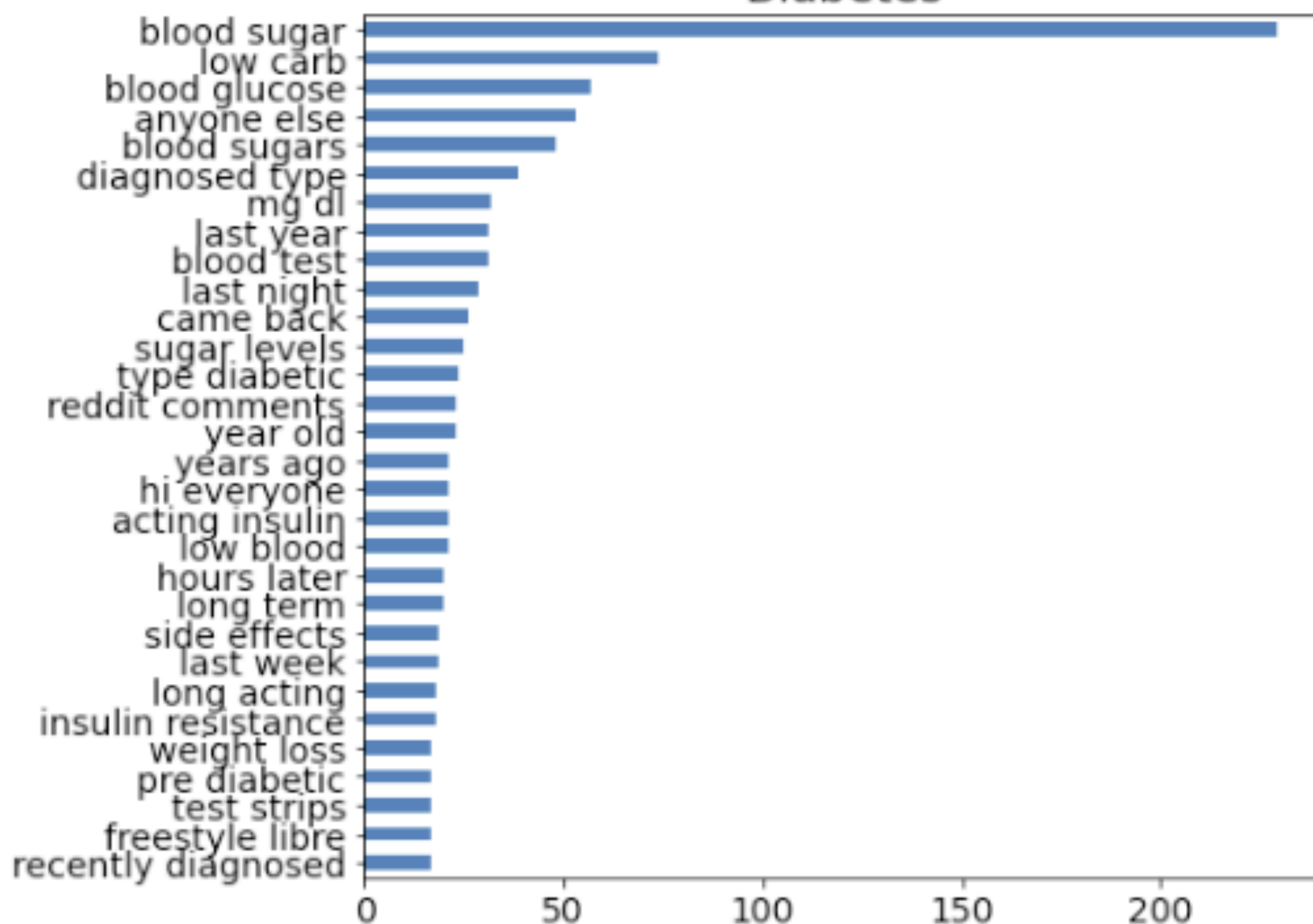


## 20 Most Used Coupled words

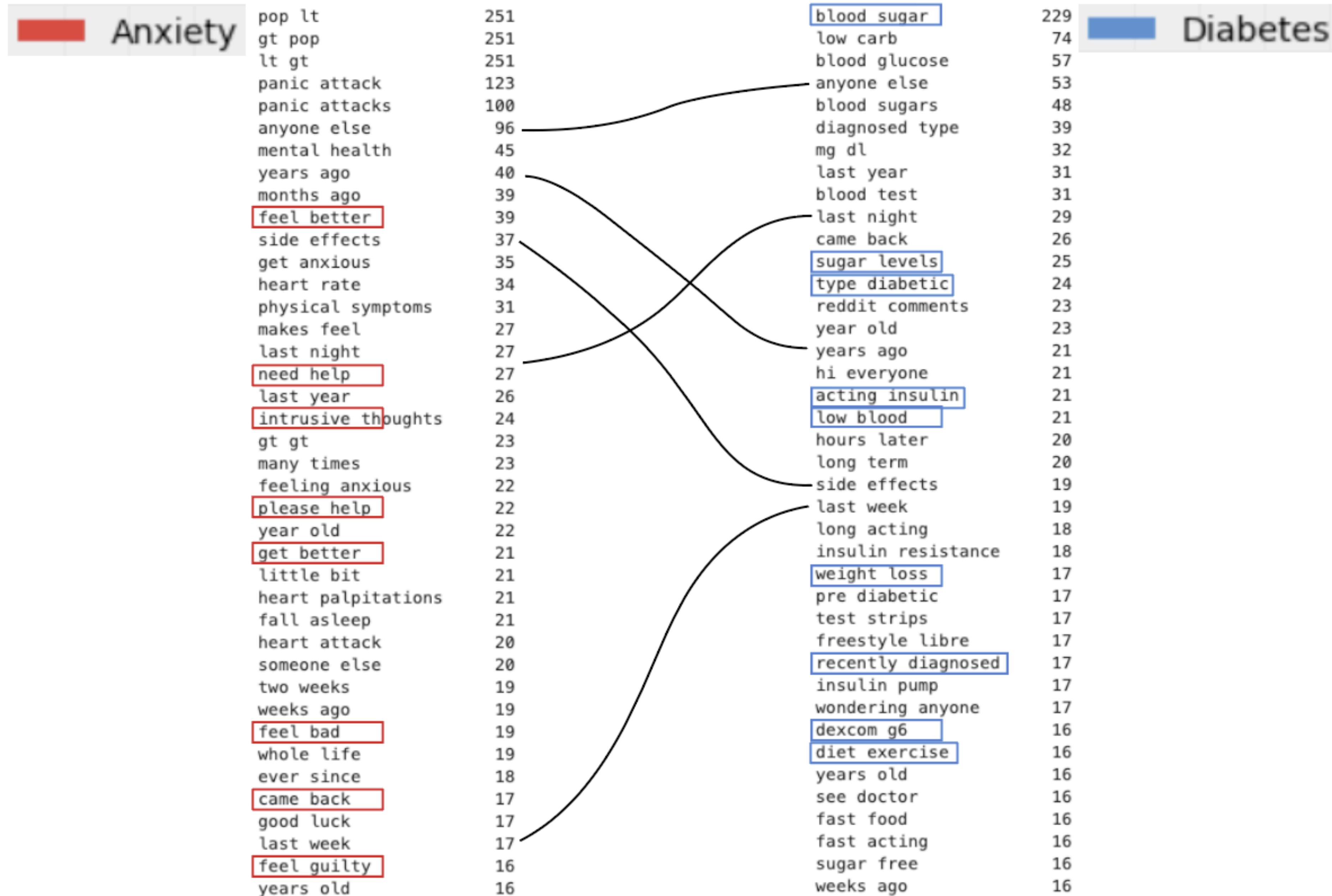
Anxiety



Diabetes



## Top coupled used words



# Time related words:

Different points of maturity towards their conditions

## **Anxiety:    Diabetes :**

9th: years ago    7th: last year

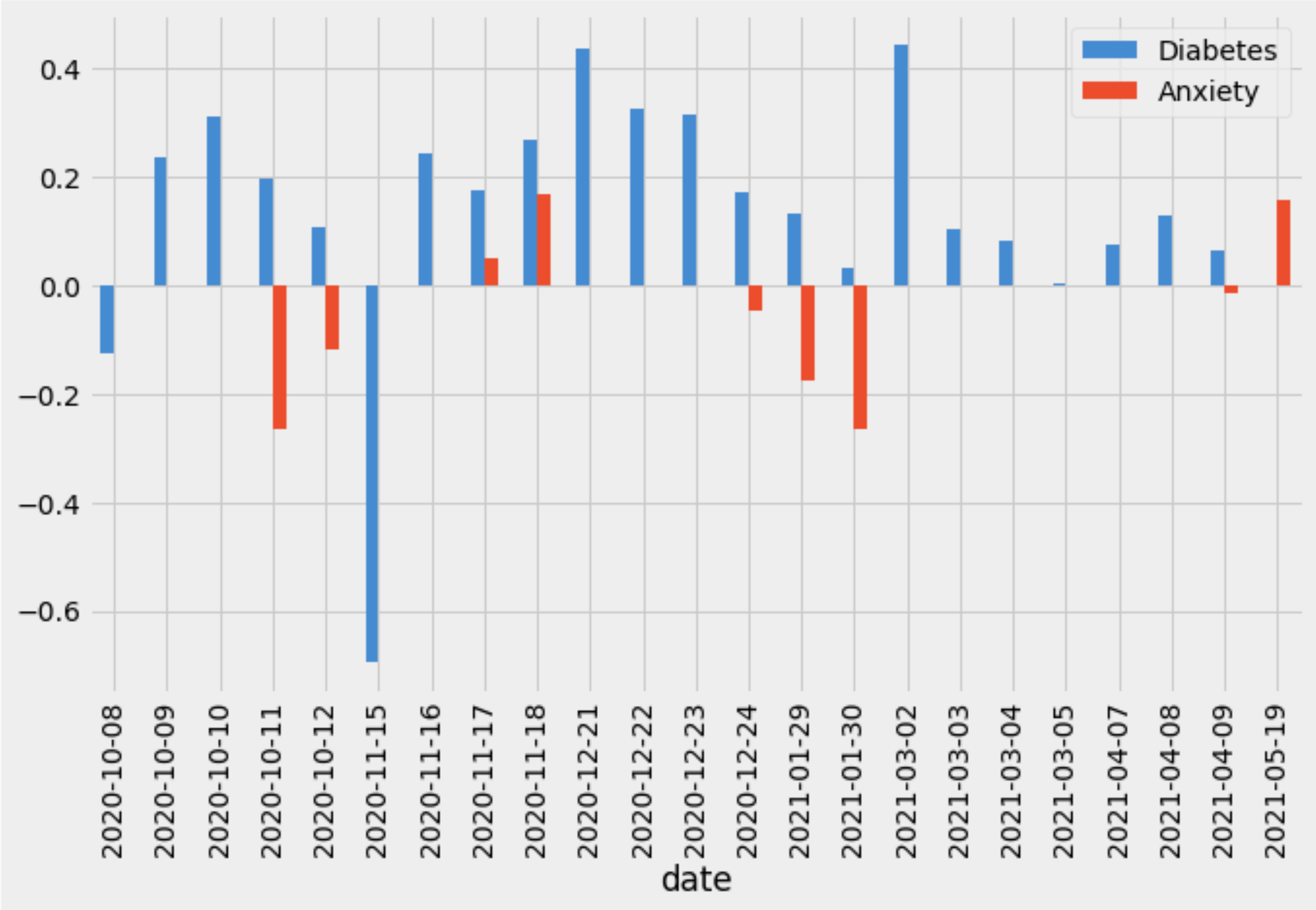
10th: month ago    9th: last night

15th: years ago

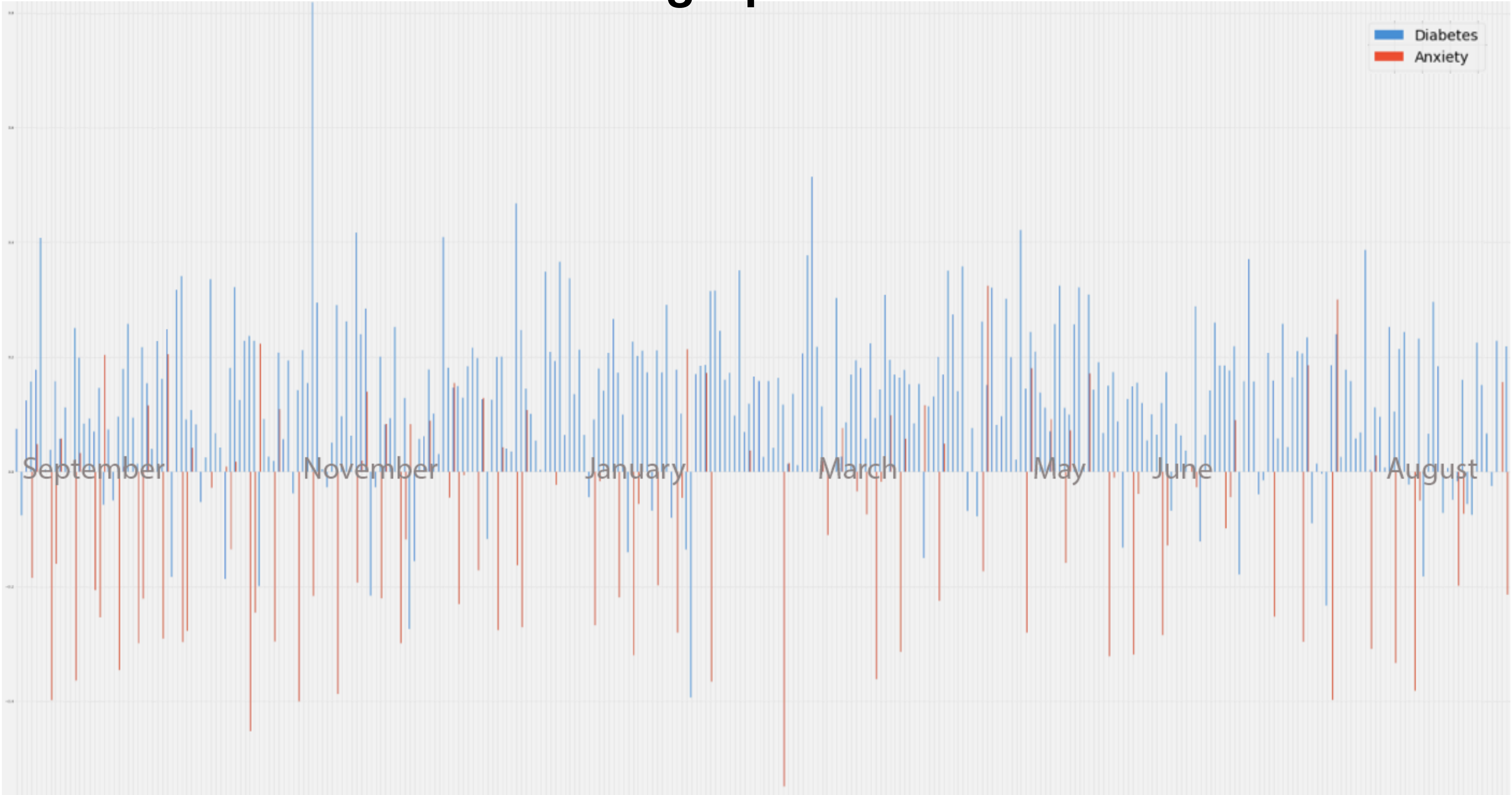
19th: hours later



# Sentiment timeline:



# Same Sentiment timeline in a longer period of time:



# Predictions

## MULTINOMIAL NAIVE BAYES

### MultinomialNB with TfidfVectorizer:

```
{'tvec__max_features': 5000,  
'tvec__ngram_range': (1, 1),  
'tvec__stop_words': 'english'}
```

Test score: 0.892

### MultinomialNB with **CountVectorizer**:

```
{'cvec__max_df': 0.9,  
'cvec__max_features': 5000,  
'cvec__min_df': 3,  
'cvec__ngram_range': (1, 1)}
```

Test score: 0.896|

## RANDOM FOREST

### Random Forest: (larger dataset)

```
{'rf__max_depth': None,  
'rf__max_features': 'sqrt',  
'rf__n_estimators': 80,  
'tvec__max_features': 2000,  
'tvec__ngram_range': (1, 3),  
'tvec__stop_words': 'english'}
```

Test score: 0.878

### Random Forest: (small dataset)

```
{'rf__max_depth': None, 'rf__max_features':  
'sqrt', 'rf__n_estimators': 100,  
'tvec__max_features': 2000,  
'tvec__ngram_range': (1, 2),  
'tvec__stop_words': 'english'}
```

Test score: 0.835

# Conclusion

## Call-to-action

**Promoting mental health:** There is an opportunity offering a variety of services and programs, moderated online discussion forum.

- \* Support group for anxiety
- \* Suggestions for Medication alternatives
- \* Dealing with symptoms

**Screening tools:** Offer screening tools that can help you identify if you might have a mental illness, such as anxiety or PTSD.