Project Documentation
Cook Book
1. Introduction
Project Title: Cook Book
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2. Project Overview
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Cook Book is a recipe management web application that allows users to explore, save,
and share recipes, as well as plan meals and track ingredients.
Key Features:
Recipe browsing and detailed instructions
Add, edit, and delete personal recipes
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Meal planning and shopping list generation
User authentication system
Responsive UI
3. Architecture
Frontend: React.js, Bootstrap, MaterialUI
Backend: Node.js, Express.js (REST APIs)
Database: MongoDB (stores user data, recipes, ingredients, favorites)

5. Setup Instructions
Prerequisites:
Node.js
MongoDB

Installations:
Git
MongoDB Compass / VS Code
6. Running the Application
Frontend:
npm start
Backend:
npm run dev
API Documentation
Manual testing using Postman
Tools: Postman, Chrome DevTools
Toolor Footman, Ontonio Dovioolo

7. API Documentation
User:
POST /api/user/register
POST /api/user/login
Recipes:
POST /api/recipes/add
GET /api/recipes/:id
GET /api/recipes/all
PUT /api/recipes/update/:id
DELETE /api/recipes/remove/:id
Meal Plans:
POST /api/mealplan/create

GET /api/mealplan/view

9. Authentication
JWT-based secure login system
Routes protected with middleware
10. User Interface
Pages:
Login/Register
Home (Browse Recipes)
Add Recipe Page
Recipe Details Page

Meal Planner Page	
Shopping List Page	
User Profile Page	
11. Screenshots or Demo	
Include screenshots of recipe browsing, adding a recipe, and meal	planning.
12. Known Issues	
App may experience slow loading when fetching large recipe collec	ctions
Limited filtering and search options	

13. Future Enhancements

Add Al-powered recipe recommendations

Support for uploading cooking videos

Integration with nutrition API for calorie tracking

Push notifications for meal reminders