



# Agenda

## Day one: Thursday, June 15

**8:00-8:30—Arrival; coffee, tea, and pastries; opportunity to set up posters**

**8:45-9:00—Welcome and opening remarks** by Riittakerttu Kaltiala

**9:00-10:45—Etiologies of Gender Dysphoria**, introduced and moderated by Stephen Levine (US)

- Panelists: Annelou de Vries (the Netherlands), Aaron Kimberly (Canada), Anna Hutchinson (UK), Riittakerttu Kaltiala (Finland), Jorge Ponseti (Germany), Samuel Veissière (France/Canada)

**10:45-11:00—Coffee break**

**11:00-12:30—Assessment of a Child or Young Person Who Presents with Gender Distress**, introduced and moderated by Laura Edwards-Leeper (US)

- Panelists: Erica Anderson (US), Harry Horsman (the Netherlands), Kasia Kozłowska (Australia), Tilly Langton (UK), Marja Työläjärvi (Finland)

**12:30-13:30—Lunch**

**13:30-14:45—What is the Role of Social Transition in the Development of Children and Young People?**, introduced and moderated by Ken Zucker (Canada)

- Panelists: Joe Burgo (US), Alison Clayton (Australia), Louise Frisén (Sweden), Melissa Midgen (UK), Thomas Steensma (the Netherlands)

**14:45-15:00—Coffee break**

**15:00-17:00—How Can Major Models of Psychotherapy Work with Individuals Presenting with Gender Identity Issues?** Individual talks moderated by Zhenya Abbruzzese, followed by audience Q&A

- Anna Hutchinson: Individual Identity Exploration (integrative approach)

- Anastassis Spiliadis: Gender Exploratory Model “GEM” (systemic/developmental)
- Roberto D’Angelo: Psychoanalytic/psychodynamic approaches in contemporary work
- Kristen Dahlin: DBT/ACT
- Az Hakeem: Group Therapy and Outcome Measures

**19:00—Dinner at Ravintola Tampella**

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## **Day two: Friday, June 16**

**8:00-8:30—Arrival; coffee, tea, and pastries; and reflections on day one**

**8:30-10:30—Psychotherapy with Young People Presenting with Gender Distress: What are the Core Elements that Can be Applied in/Adjusted to the Major Psychotherapeutic Approaches?** Learning-cafe style discussions moderated by Riittakerttu Kaltiala

**10:30-11:00—Coffee break**

**11:00-12:30—Overcoming Challenges in the Psychotherapeutic Process,** introduced and moderated by Roberto D’Angelo (Australia)

- Panelists: Shlomit Gorin (US), Mia Mark (Sweden), Natasha Prescott (UK), Katinka Tuisku (Finland), Bob Withers (UK)

**12:30-13:30—Lunch**

**13:30-15:00—Working Psychotherapeutically in a Contested Space: Overcoming Challenges,** introduced and moderated by Kris Kaliebe (US)

- Panelists: Erica Anderson (US), Sophie Dechêne (Belgium), Dianna Kenny (Australia), Assunta Morresi (Italy), Stella O’Malley (Ireland), Angela Sämford (Sweden)

**15:00-15:15—Break**

**15:15-17:00—Where Next for Psychotherapeutic Approaches?** Learning cafe-style discussions moderated by Riittakerttu Kaltiala

**Closing remarks**