

JUNE 15-16, 2023

Psychotherapeutic processes with young people experiencing gender dysphoria

Tampere University, Faculty of Medicine and Health Technology, ARVO Building, Yellow Hall



THURSDAY, JUNE 15, 8:00-5:00 *

- ❖ 8:00 — Arrivals and greetings
- ❖ 8:30-9:00 — Introduction
- ❖ 9:00-10:45 — Etiologies of gender dysphoria
- ❖ 11:00-12:30 — Assessment of a young person presenting with gender dysphoria/incongruence
- ❖ 12:30-1:30 — *Lunch*
- ❖ 1:30-2:45 — What is the role of social transition in the development of children and young people?
- ❖ 3:00-5:00 — Applying major models of psychotherapy to individuals with gender dysphoria/incongruence

7:00: Dinner downtown Tampere

FRIDAY, JUNE 16, 8:00-5:00 *

- ❖ 8:00-8:30 — Day I reflections
- ❖ 8:30-10:30 — Core elements of psychotherapy for young people presenting with gender dysphoria/incongruence
- ❖ 11:00-12:30 — Clinician challenges in the psychotherapeutic process
- ❖ 12:30-1:30 — *Lunch*
- ❖ 1:30-3:00 — Overcoming systemic barriers to psychotherapy
- ❖ 3:15-5:00 — Where to go from here? Planning next steps

Evening group activity TBD

***Tentative agenda, stay tuned for updates**
