



Agenda

Day one: Thursday, June 15

8:00-8:30—Arrival; coffee, tea, and pastries; opportunity to set up posters

8:45-9:00—Welcome and opening remarks by Riittakerttu Kaltiala

9:00-10:45—Etiologies of Gender Dysphoria, introduced and moderated by Stephen Levine (US)

- Panelists: Annelou de Vries (the Netherlands), Aaron Kimberly (Canada), Anna Hutchinson (UK), Riittakerttu Kaltiala (Finland), Jorge Ponseti (Germany), Samuel Veissière (France/Canada)

10:45-11:00—Coffee break

11:00-12:30—Assessment of a Child or Young Person Who Presents with Gender Distress, introduced and moderated by Laura Edwards-Leeper (US)

- Panelists: Erica Anderson (US), Harry Horsman (the Netherlands), Kasia Kozlowska (Australia), Tilly Langton (UK), Marja Työläjärvi (Finland)

12:30-13:30—Lunch

13:30-14:45—What is the Role of Social Transition in the Development of Children and Young People?, introduced and moderated by Ken Zucker (Canada)

- Panelists: Joe Burgo (US), Alison Clayton (Australia), Louise Frisén (Sweden), Melissa Midgen (UK), Thomas Steensma (the Netherlands)

14:45-15:00—Coffee break

15:00-17:00—How Can Major Models of Psychotherapy Work with Individuals Presenting with Gender Identity Issues? Individual talks moderated by Zhenya Abbruzzese, followed by audience Q&A

- Anna Hutchinson: Individual Identity Exploration (integrative approach)

- Anastassis Spiliadis: Gender Exploratory Model "GEM" (systemic/developmental)
- Roberto D'Angelo: Psychoanalytic/psychodynamic approaches in contemporary work
- Kristen Dahlin: DBT/ACT
- Az Hakeem: Group Therapy and Outcome Measures

19:00—Dinner at Ravintola Tampella

Day two: Friday, June 16

8:00-8:30—Arrival; coffee, tea, and pastries; and reflections on day one

8:30-10:30—Psychotherapy with Young People Presenting with Gender Distress: What are the Core Elements that Can be Applied in/Adjusted to the Major Psychotherapeutic Approaches? Learning-cafe style discussions moderated by Riittakerttu Kaltiala

10:30-11:00—Coffee break

11:00-12:30—Overcoming Challenges in the Psychotherapeutic Process, introduced and moderated by Roberto D'Angelo (Australia)

- Panelists: Shlomit Gorin (US), Mia Mark (Sweden), Natasha Prescott (UK), Katinka Tuisku (Finland), Bob Withers (UK)

12:30-13:30—Lunch

13:30-15:00—Working Psychotherapeutically in a Contested Space: Overcoming Challenges, introduced and moderated by Kris Kaliebe (US)

- Panelists: Erica Anderson (US), Sophie Dechêne (Belgium), Dianna Kenny (Australia), Assunta Morresi (Italy), Stella O'Malley (Ireland), Angela Sämfjord (Sweden)

15:00-15:15—Break

15:15-17:00—Where Next for Psychotherapeutic Approaches? Learning cafe-style discussions moderated by Riittakerttu Kaltiala

Closing remarks