



OUR PROGRAMS

The workshop was originally created for people serving life sentences in prison, with the intention of supporting them in living more meaningful lives, whether or not they ever parole. The name of the workshop, "Freedom to Choose," is derived from the work of Viktor Frankl, who was a psychiatrist interred in a concentration camp in World War II.

[LEARN MORE](#)

SUCCESS STORIES & TESTIMONIALS



Angel

Angel shares about the value of Freedom to Choose for himself, his family, and his work with gang members in Santa Barbara, CA. This interview was filmed immediately after his first Freedom to Choose workshop in May 2011.



Veronica

"Freedom to Choose saved my life." Veronica shares about the value she received from Freedom to Choose both while in prison, and when she returned home. (Veronica was in the award winning Freedom to Choose documentary.) This interview was filmed immediately after her first Freedom to Choose workshop in the "free world" in Santa Barbara, CA, May 2011.



Jeff

Jeff shares about the unexpected value of Freedom to Choose in his life. This interview was filmed immediately after his first Freedom to Choose workshop in June 2011.

OUR IMPACT

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[FIND OUT MORE ABOUT OUR IMPACT](#)

"I am using what I learned to serve my community. In fact, all prisoners at Correctional Training Facility (CTF), Facility "C" have put all differences aside, gotten together and initiated a Relay for Life, partnering up with the American Cancer Society. This is one way to give back to the communities we once harmed and destroyed."

CARLOS SANCHEZ - TUMI STUDENT

NEWS + UPCOMING EVENTS

NEWS ARTICLES



FTC Makes Headlines

A short list of news article titles and summaries with thumbnail images if available. Lorem ipsum dolor sit amet, autem percipit ad pro, dico iuvaret mei cu.



New Workshop Location

A short list of news article titles and summaries with thumbnail images if available. Lorem ipsum dolor sit amet, autem percipit ad pro, dico iuvaret mei cu.



FTC Raises \$1500!

A short list of news article titles and summaries with thumbnail images if available. Lorem ipsum dolor sit amet, autem percipit ad pro, dico iuvaret mei cu.

[READ MORE](#)

UPCOMING EVENTS

May
11
2018

San Bernardino

S.T.A.R.T. PROGRAM

May
25-27
2018

Valley State Prison

PATHWAYS TO FREEDOM WORKSHOP

June
06
2018

Valley State Prison

ILTAG GROUP MEETING

June
15-17
2018

Valley State Prison

PATHWAYS TO FREEDOM WORKSHOP

[SEE MORE](#)

SEE HOW YOU CAN MAKE A DIFFERENCE

Provide a final call to action by include a sentence or two speaking to more opportunities to get involved. Lorem ipsum dolor sit amet, autem percipit ad pro, dico iuvaret mei cu. Vis utinam repudiare in, id mea vocent accumsan facilisi.

[VOLUNTEER WITH US](#)

WHO WE ARE

OUR MISSION

1-3 sentences about FTC's mission. We are transforming the lives of individuals impacted by incarceration through compassionate experiential education. Include another sentence about the main objective.

OUR STORY

It's our experience that people can change, even after spending years in prison, or years in addiction. The capacity for the redemption of the human spirit is extraordinary and we have witnessed seeming miracles as people become peaceful, productive, responsible members of our society. Our vision is that every person who wants to learn to become a responsible, productive member of society has the opportunity and support to do so.



The Freedom to Choose Project was co-founded by Drs. David and Bonnie Paul. This program is a work of the heart, and since its inception David and Bonnie have volunteered their time and energy to co-direct, co-produce and co-facilitate these programs. David and Bonnie co-write the curriculum and are the lead facilitators/trainers for Freedom to Choose.

AWARDS

The Freedom to Choose Foundation, along with the co-directors Drs. David and Bonnie Paul, have received numerous awards:



2011 "Service to Humanity" award from the University of Santa Monica



2012 "Local Hero" Award from the Common Peace Center for the Advancement of Non-Violence



2013 "Giraffe Heroes" award

OUR TEAM



FOUNDERS



Dr. David Paul

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[READ MORE](#)


Dr. Bonnie Paul

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[READ MORE](#)

BOARD OF DIRECTORS



FirstName, LastName
Board Title



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Board Title



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FTC STAFF



FirstName, LastName
Title



FirstName, LastName
Title



FirstName, LastName
Title



FirstName, LastName
Title

THE TEAM



CHEMIN BERNARD

MENTOR SUPPORT GROUP (ILTAG) LEADER
CIW | FACILITATOR | CURRICULUM DEVELOPMENT



CHEMIN BERNARD

MENTOR SUPPORT GROUP (ILTAG) LEADER
CIW | FACILITATOR | CURRICULUM DEVELOPMENT



CHEMIN BERNARD

MENTOR SUPPORT GROUP (ILTAG) LEADER
CIW | FACILITATOR | CURRICULUM DEVELOPMENT

ALL OF OUR WORK IS MADE POSSIBLE BY OUR WONDERFUL CORP OF VOLUNTEERS

2-3 sentences describing the importance and scope of FTC's amazing volunteer corps and their support. Our volunteers make our work possible with their dedication and support.

[LEND YOUR SUPPORT](#)

THE NEED

OUR PROGRAMS

OUR IMPACT

OUR IMPACT

MAKING A DIFFERENCE



FTC is all about redemption and the power of second chances. 1-3 sentence description of how FTC is making a difference in people's lives. It tortor mattis, praesent a pharetra tortor sed dolor por suspendisse a tempus purus il at turpis malesuada blandit.

SUCCESS STORIES & TESTIMONIALS



BERT

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2-4 sentence description of their success. Aliquam at pretium nunc. Nam semper est quis nisl pretium, sit amet imperdiet tortor mattis. Praesent pharetra tortor sed dolor porta, a maximus nulla porta.



ELIZABETH

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2-4 sentence description of their success. Aliquam at pretium nunc. Nam semper est quis nisl pretium, sit amet imperdiet tortor mattis. Praesent pharetra tortor sed dolor porta, a maximus nulla porta.



JUANITA

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2-4 sentence description of their success. Aliquam at pretium nunc. Nam semper est quis nisl pretium, sit amet imperdiet tortor mattis. Praesent pharetra tortor sed dolor porta, a maximus nulla porta.



BILL

"Lorem ipsum dolor sit amet, consectetur adipiscing elit. Aliquam at pretium nunc."

2-4 sentence description of their success. Aliquam at pretium nunc. Nam semper est quis nisl pretium, sit amet imperdiet tortor mattis. Praesent pharetra tortor sed dolor porta, a maximus nulla porta.

SEE MORE

OUR RESULTS

75%

of participants would take the workshop again

85%

of participants reported their lives improved

60%

of participants experienced less conflict

50%

of participants have taught learned skills to friends

1-3 sentence description of the results of FTC's work, and how FTC gets those results. It tortor mattis, praesent a pharetra tortor sed dolor por suspendisse a tempus purus il at turpis malesuada blandit.

WORKING WITH PARTNERS
TO GET RESULTS

2-4 sentences calling out the types of partnerships FTC works with and welcomes, as well as its need for supporting its impactful programs. Nam semper est quis nisl pretium, sit amet imperdiet tortor mattis. Praesent pharetra tortor sed dolor porta, a maximus nulla.

SUPPORT OUR WORK

MORE STATISTICS & RESOURCES



Our Freedom to Choose by Christine Hassler

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