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# 1 Theory

## 1.1 Ultrasound theory

The basis for ultrasound imaging is the reflection of ultrasound at tissue boundaries within the body. Ultrasound is sound waves generated by a transducer, and as the wave travels through the body, echoes are generated by partial reflection at every boundary. The amount of reflection depends on the relative change in acoustic impedance at the boundary. The echo is recorded by the transducer, and it is then displayed in the image according its spatial origin. The speed of sound is approximately  $1540 \text{ m s}^{-1}$  for all soft body tissue, and it is thus easy to calculate the origin by measuring the time of travel of the echo.

### 1.1.1 Ultrasound wave propagation

Ultrasound is sound waves with frequency above 20 kHz, which is the upper limit of audible sound. For the purpose of medical imaging, frequencies between 1 MHz and 18 MHz are common. Sound waves are pressure waves, and the pressure fluctuations cause temporal displacement of the medium in which the wave is traveling. For most purposes the displacement is along the direction of travel, this is know as longitudinal waves. Solids can support transverse sound waves, but that is outside the scope of this thesis. The wavelength ,  $\lambda$ , is determined by the frequency of the source and the phase velocity in the medium,  $c$ , i.e.  $\lambda = \frac{c}{f}$ . The phase velocity  $c$  is given by

$$c = \sqrt{\frac{1}{\rho\kappa}}, \quad (1)$$

where  $\rho$  and  $\kappa$  are the tissue density and compressibility. For soft human tissue the phase velocity is about  $1540 \text{ m s}^{-1}$ . The compressibility is a measure of the relative change in volume from change in pressure, that is  $\kappa = -\frac{1}{V} \frac{\partial V}{\partial p}$ . Here  $V$  is volume and  $p$  pressure.

The propagation of a sound wave traveling in the x-direction can in a fluid be described by the wave equation, i.e.

$$\frac{\partial^2 W}{\partial x^2} = \frac{\rho_0}{G} \frac{\partial^2 W}{\partial t^2}. \quad (2)$$

Here  $W$  is the particle displacement,  $\rho_0$  the density of the medium and  $G$  the bulk modulus. The bulk modulus is the reciprocal of the compressibility, and is a measure of the volume stiffness. A general solution to this equation is

$$W = W_0 \exp^{i(kx - \omega t)}, \quad (3)$$

where  $\omega$  is the angular frequency,  $k = \frac{\omega}{c}$  the wave number, and  $c$  the phase velocity as given in Equation (1), with  $\kappa$  substituted by  $\frac{1}{G}$ . The pressure variations is then given by particle velocity  $u_x = \frac{\partial W}{\partial t}$  as

$$p_z = \rho_0 c u_x. \quad (4)$$

It is important to emphasize the difference between the phase velocity and the particle velocity. The phase velocity is the velocity of energy carried through the medium, while the particle velocity is the velocity of the local displacement of particles.

The acoustic impedance  $Z$  of the medium is defined as the ratio of the pressure to the particle velocity,

$$Z = \frac{p_x}{u_x} = \rho c. \quad (5)$$

### 1.1.2 Reflection

Reflection provide the basis for ultrasound imaging, and occurs when the wave encounter a planar surface with a change in acoustic impedance. Across this surface both the pressure and particle velocity have to be continuous. From these boundary conditions the intensity coefficients of the reflected  $r_i$  and transmitted  $t_i$  wave can be given as [25]

$$r_i = \left( \frac{z_2 \cos \theta_i - z_1 \cos \theta_t}{z_1 \cos \theta_t + z_2 \cos \theta_i} \right)^2 \quad (6)$$

$$t_i = \frac{4z_2 z_1 \cos^2 \theta_i}{(z_2 \cos \theta_i + z_1 \cos \theta_t)^2}. \quad (7)$$

Here  $z_1$  and  $z_2$  are the acoustic impedance in medium 1 and 2, shown in Figure ??????. The angle of reflection  $\theta_r$  is equal the angle of incidence  $\theta_i$ , while the angle of transmission  $\theta_t$  is given by Snell's law [1],  $c_2 \sin \theta_i = c_1 \sin \theta_t$ .

### 1.1.3 Absorption

Loss of kinetic energy to heat from the propagating wave to the surrounding medium is known as absorption. Absorption occur continuously and reduce the amplitude of the wave. For linear propagation of a pressure wave, this can be described as

$$p(x) = p(0) \exp^{-\alpha_A(\omega)x}, \quad (8)$$

where  $p(0)$  is the initial pressure amplitude,  $\alpha_A$  the absorption coefficient and  $\omega$  the angular frequency.

For non-linear propagation the absorption depends on the local amplitude, and in the diagnostic intensity range the non-linear interaction is proportional to the square of the intensity [2]. Non-linear propagation also affects the shape and frequency spectrum of the propagating wave, and can usually not be ignored for contrast agent applications [8].

#### 1.1.4 Scattering

Scattering is reflection that occur when the size  $d$  of the surface encountered is comparable or smaller than the wavelength. Scattering can arise from inhomogeneities in compressibility or density. Scattering reflects the wave in a large range of directions, and the backscattered signal received at the transducer is therefore weak compared to reflected echoes. The magnitude and direction of the scattering depends on the size of the scatterer and increase strongly with the frequency.

If we consider an incoming plane wave propagating in the direction *hati*, see Figure ??, the incident pressure,  $p_i$ , at the scatter located at  $\mathbf{r}_0$  is then

$$p_i(\mathbf{r}_0, t) = p_0 \exp^{i(\mathbf{r}_0 \mathbf{k}_i - \omega t)}. \quad (9)$$

If we only consider the far field the scattered wave,  $p_s$ , at the observer at  $\mathbf{r}$  is given by [8]

$$p_s(\mathbf{r}, t) = f(\hat{r}, \hat{i}) \frac{\exp^{ik_s(\mathbf{r} - \mathbf{r}_0)}}{|\mathbf{r} - \mathbf{r}_0|} p_i(\mathbf{r}_0, t). \quad (10)$$

The  $f(\hat{r}, \hat{i})$  is the scattering amplitude function. The scattered intensity is

$$I_s = \frac{1}{2} \frac{|p_s|^2}{\rho c} = \frac{1}{2} \frac{|p_i|^2}{\rho c} \frac{|f(\hat{r}, \hat{i})|^2}{|\mathbf{r} - \mathbf{r}_0|^2} = I_i \frac{|f(\hat{r}, \hat{i})|^2}{|\mathbf{r} - \mathbf{r}_0|^2}, \quad (11)$$

where  $I_i$  is the incident intensity. The differential scattering cross-section is defined as  $\sigma_d = |f(\hat{r}, \hat{i})|^2$ . The scattering cross section is the integral of the differential cross section over all solid angles, i.e.

$$\sigma_s = \int_{4\pi} \sigma_d d\Omega. \quad (12)$$

The Rayleigh scattering model is the simplest model for scattering of small particles, i.e. particles with a diameter  $d \ll \lambda$ . This model do not take damping or resonance effects into account. If we again consider the plane wave, the differential scattering cross section is given by [?]

$$\sigma_d = k^4 a^6 \left| \frac{G - G_0}{3G} - \frac{\rho - \rho_0}{2\rho + \rho_0} \cos \theta \right|^2. \quad (13)$$

The total cross-section is obtained using Equation (12) and (13),

$$\sigma_s = 4\pi k^4 a^6 \left[ \left( \frac{G - G_0}{3G} \right)^2 + \frac{1}{3} \left( \frac{\rho - \rho_0}{2\rho + \rho_0} \right)^2 \right]. \quad (14)$$

In these equations  $k$  is the wavenumber,  $a$  the radius of the scatterer, and the zero subscript refer to properties of the surrounding medium. The angle  $\theta$  is the angle between the incident wave and the scattered wave, i.e.  $\theta = 180^\circ$  is the direction of backscattering. Although these equations represent a coarse approximation, it demonstrates why gas bubbles are excellent contrast agents. The density term in Equation (14) is limited to  $1/3$ , while the bulk modulus term has no upper limit as  $G$  gets small compared to  $G_0$ . Thus, it is the compressibility and not the acoustic impedance which is the main cause to the scattering off a gas bubble. This is shown in Figure

It is important to keep in mind that it is the backscattering and not the total scattering which determines the received signal, and Equation (13) give therefore a more correct image than Equation (14).

### 1.1.5 The bubble as a linear oscillator

The following section follows the derivation of the bubble as a linear oscillator in [?], which contains a full review of the subject acoustic properties of contrast agents. To include the effects of damping and resonance, the microbubble can be modeled as a harmonic oscillator. Comparing the bubble with a mass/spring system, Figure ??, the gas pressure, surrounding liquid and radiation resistance corresponds to the spring, mass and dash-pot, respectively. The limitation for linear oscillations is that the radial displacement of the bubble wall is small compared to the bubble radii.

As the bubble oscillates both the gas inside and the liquid outside the bubble add inertia to the system. Due to the relative low density of the gas, this contribution can be neglected. The gas inside the bubble act against any volume change of the bubble, thus acting as the spring in the system. The damping of the system is caused by heat transport to the surroundings, radiation of sound and by the viscosity of the liquid. If we consider a bubble with a shell, viscous forces in the shell contributes to the damping.

For this system the resonance frequency  $f_0$  is given as [?]

$$f_0 = \frac{\omega}{2\pi} = \frac{1}{2\pi a} \sqrt{\frac{3\kappa p_0}{\rho} + \frac{12G_s d_s}{a}}. \quad (15)$$

Here  $a$  is the bubble radius,  $G_s$  and  $d_s$  the shear modulus and thickness of the shell,  $p_0$  the atmospheric pressure and  $\kappa$  the polytropic exponent of the gas.

The polytropic exponent is equal the adiabatic constant  $\gamma$  for if the oscillations are adiabatic, while it is one for isothermal conditions. This depends on the bubble radius and signal frequency [?]. The second term on the right-hand side of Equation (15) is the contribution from the shell to the bulk modulus of the system.

The scattering cross section is

$$\sigma_S = 4\pi a^2 \frac{\Omega^4}{(1 - \Omega^2)^2 + (\Omega\delta)^2}, \quad (16)$$

where  $\Omega = \omega/\omega_0$  and  $\delta$  the damping constant of the system.

The scattering cross section for air bubbles and Sonazoid™ are plotted in Figure ???. We see that the presence of a shell increase the resonance frequency and broadens the resonance peak [8].

### 1.1.6 Non-linear behaviour

Til now we have only considered the linear behavior for both the wave propagation and the bubble scattering and oscillation. A brief review of non-linear wave propagation follows, before a section on the bubble as a non-linear oscillator. A full review of these subjects are found in [?] and [?].

When the amplitude of the acoustic wave exceeds about 1 MPa non-linear propagation become noticeable [?]. Non-linear effects can be divided into local and cumulative. Local effects are displacement of vibrating sources, and differences in the relationship between pressure and particle velocity. Local effects are regarded as negligible, except for oscillating microbubbles where there is a change the pressure/bubble radius relationship [?].

Cumulative effects are caused by differences in the propagation speed at different locations in the wave. At the peak pressure the tissue will be compressed, increasing the speed of sound. In the region of rarefaction the propagation speed is decreased. This cause distortion of the waveform which will develop with distance, see Figure ??. The compression peak will move in the direction of propagation, while the rarefaction peak move in the opposite direction. This will decrease the distance between the two peaks, til they are coincident and we get a discontinuity of the wave.

The distortion of the waveform generates high frequency components in the pulse frequency spectrum. These high frequency components appear at multiples of the fundamental frequency  $f_0$ , and are called harmonic frequencies. This is seen in Figure ??. As the wave propagates further the high frequencies are more attenuated, and the wave will eventually regain its shape with a reduced amplitude.

### 1.1.7 The bubble as a non-linear oscillator

The non-linear response from a microbubble is in general not negligible. It is actually the property of interest, when used as contrast agents in diagnostic imaging, see Section 1.3.1. A brief review of the non-linearity of bubble oscillations is given below. A full review is outside the scope of this thesis, and the interested reader is addressed to [?].

Compared to tissue, the non-linear response from microbubbles are large, and further increased by the coincidence of the resonance frequency being in the range of frequencies used in diagnostic imaging. The non-linear response from the contrast agent Optison™ is seen in Figure ?? . The presence of harmonic peaks proves the non-linear response of the microbubble.

The non-linear dynamics of a spherical bubble in a infinite, incompressible fluid can be described by the Rayleigh-Plesset equation,

$$\frac{p_{R_0} \left( \frac{R_0}{R} \right)^{3\gamma} - p_0 - p(t)}{\rho_l} = \frac{3\dot{R}^2}{2} + R\ddot{R}, \quad (17)$$

where  $R = R(t)$  is the bubble radius as a function of time, and  $\dot{R}$  and  $\ddot{R}$  the velocity and acceleration of the bubble wall, respectively. A derivation of the Rayleigh-Plesset equation is presented in Appendix 2.5.

This is an ordinary differential equation which can be solved with initial conditions  $R(0) = R_0$ , and  $\dot{R} = 0$  [18].

### 1.1.8 Contrast agents

Contrast agents are used to increase the image sensitivity and signal-to-noise ratio in medical imaging. In ultrasound imaging, this is accomplished by intravenous injection of a solution containing gas-filled microbubbles. Microdroplets are also used [21], but in much less extent than gas bubbles and is outside the scope of this thesis. Microbubbles are favourable because of the higher echogenicity [22].

The microbubbles have to fulfill several requirements to perform as a contrast agent. The contrast agent has to be delivered to the area of interest, and this set requirements to lifetime and size. The diameter has to be smaller than  $8\mu\text{m}$  to pass the pulmonary capillary [23], which is the size limiting factor in the circulatory system. Strong backscattering of ultrasound is important. Absorption is an unwanted effect as it attenuates the ultrasound wave without contributing to the received signal. It is also important that the contrast agent is well tolerated by the body and is able to leave the circulatory system either by dissolving or by being phagocytosed by the kupfer cells in the liver [8].

The first contrast agents were made by saline, and was put to use by cardiologists in the 1960s for identification of mitral valve echoes. The saline was shaken



before injection to create the microbubbles. Current available contrast agents have been able to fulfill the requirements stated, and consist of a gas enclosed in a suited shell. The shell has to be biocompatible and is made from fat, proteins or polymers. The advantage of a shell is increased lifetime and scattering of ultrasound. The size of the microbubbles is approximately equal to the size of red blood cells, i.e. ( $2\text{ }\mu\text{m}$  to  $6\text{ }\mu\text{m}$ ).

The microbubbles have two important properties which cause large scattering. The first reason is the big difference in acoustic impedance between microbubbles and blood. The second property is the compressability of the gas inside the microbubble. The pressure fluctuations caused by the ultrasound forces the microbubble to expand during rarefaction and contract during compression. The microbubble will oscillate with the same frequency as the ultrasound source, and the scattering will be strongest at the resonance frequency of the microbubble. The resonant frequency is determined by the properties and the size of the shell.

The use of contrast agents has been limited to diagnostics, but these microbubbles possess properties suited therapeutic use. The microbubbles can serve as drug carriers for ultrasound mediated drug delivery [4], see Section 1.2.4.

Sonazoid<sup>TM</sup> is a contrast agent which has overcome all requirements stated above, with a structure and size distribution as seen in Figure ???. There is a core of perfluorocarbon gas, with a 4 nm thick lipid monolayer shell with shear modulus and viscosity equal  $(50 \pm 3)\text{ MPa}$  and  $(0.8 \pm 0.1)\text{ N s m}^{-2}$ , respectively [?]. The density of the perfluorocarbon gas core is  $0.0098\text{ g cm}^{-3}$ , while the thermal diffusivity is  $0.07\text{ cm}^2\text{ s}^{-1}$  [8].

### 1.1.9 Phase-shift bubbles

The drug carrier used in this project is a two component particle composed of negatively charged gas microbubbles and positively charged droplets, known as Acoustic cluster therapy (ACT). Both the gas microbubble and the droplet have an initial size about  $2\text{ }\mu\text{m}$  to  $3\text{ }\mu\text{m}$ . The gas microbubble consist of a low solubility perfluorocarbon gas encapsulated in a negatively charged phospholipid membrane, e.g. Sonazoid<sup>TM</sup>. The drug is dissolved in a perfluorated oil phase and stabilized by a positively charged phospholipid membrane. When the bubbles and droplets are mixed, clusters of droplets and bubbles will form due to electrostatic attractive forces.

When the clusters are exposed to ultrasound of standard medical frequency ( $2\text{ MHz}$  to  $15\text{ MHz}$  [?]) and intensity, the microbubble will oscillate and transfer energy to the droplet through mechanical interactions at the boundary. This initiate a fusion into a gas and liquid mixture, encapsulated by a mixed surfactant membrane. The fluid will vaporize and expand to a gas bubble of approximately  $30\text{ }\mu\text{m}$ . The enlarged gas bubble can block the capillary network and maintain the local con-

centration of the released drug.

If we assume rapid thermal conduction from surrounding blood, the partial pressure of pf-MCP will be close to the vapour pressure at body temperature. This vapour pressure is lower than the local hydrostatic pressure, and the difference is initially equalized by the gas from the microbubble. An inward diffusion of  $O_2$ ,  $N_2$ ,  $CO_2$ ,  $H_2O$  and  $Ar$  will exist simultaneously, and these gases will also contribute to the equalization of the hydrostatic pressure. The inward diffusion is driven by partial pressure gradients of the respective gases.

The evaporation will not occur if the blood is under-saturated of the aforementioned gases. If the hydrostatic pressure inside the bubble is too large, there will be no pressure gradient to drive the inward diffusion. This is caused by too high surface tension or hydrostatic pressure in the surrounding blood, and this stops the evaporation. This initial evaporation occurs in a second or less [7]. The inward diffusion may continue after the evaporation, until a maximum size is reached after approximately 20-30 seconds (Ref?).

Application of low MI and low frequency (0.1 MHz to 2 MHz ultrasound) will drive an oscillation of the large phase-shift bubbles and increase the permeability of the adjacent vasculature (REF?). This allows diffusion of the drug through the vessel walls to the cancer cells. The increased permeability will cease when the ultrasound is turned off leaving the drug trapped within the tumor.

A more mathematical description of the aforementioned evaporation is given now [7]. We assume we can use the simplification that the gases are ideal gases, i.e. we can use the ideal gas law

$$PV = nRT. \quad (18)$$

Hence, the volume of evaporated gas,  $v_{pf}$ , is a function of the initial volume and pressure in the oil droplet, i.e.

$$V_g(V_{pf}, p_{pf}) = \frac{n_{pf}RT}{p_{pf}} = \frac{V_{pf}\rho_{pf}RT}{M_{pf}p_{pf}}. \quad (19)$$

We assume the body temperature  $T$  to be 310 K. If also assume that both the gas and liquid bubble are spherical, we have the simple relation between diameter and volume,  $V = \frac{\pi d^3}{6}$ , and using this and Equation (19), we get an expression for the diameter of the gas bubble,

$$d_g(p_{pf}, d_{pf}) = d_{pf} \sqrt[3]{\frac{\rho_{pf}RT}{M_{pf}p_{pf}}}. \quad (20)$$

From this equation we can get the size of the gas bubble after the initial evaporation. For an initial diameter of 4  $\mu m$  we get a diameter about 23.4  $\mu m$ , knowing

that the vapour pressure of pf-MCP at body temperature is 76 kPa [7]. To include surface tension we use the Young-Laplace equation for a sphere,

$$\Delta p = \gamma \frac{4}{d}, \quad (21)$$

to get an expression for the pressure in the surrounding fluid,

$$p_w = p_{partial} + p_{pf} - \gamma \frac{4}{d_g(p_{pf}, d_{pf})}. \quad (22)$$

Here  $p_w$  is the total pressure in the surrounding fluid, while  $p_{pf}$  is the partial pressure from the gases in the surrounding fluid. Combining equations above we get a cubic expression for the gas bubble diameter,

$$(p_w - p_{partial})D_g^3 + 4\gamma D_g^2 - \frac{6v_{pf}\rho_{pf}RT}{\pi M_{pf}}. \quad (23)$$

This equation has a real solution, and can be used to calculate an upper limit for the phase-shift gas bubble diameter. This is shown in Figure ???.

In addition to the static description above, we can derive an expression for the dynamic bubble growth. The following is a simplified model.

There exist a mechanical equilibrium (pressure) at the bubble boundary, and from the ideal gas law (Equation (18)) we have that

$$p_A + p_{pf} = \frac{2\gamma}{r} + p_{atm} + p_{blood}, \quad (24)$$

where

$$p_A + p_{pf} = (C_A + C_{pf})RT. \quad (25)$$

Using both Fick's first law of diffusion and that a change in mass have to cause a flux through the boundary ( $J = -\frac{dn}{dt}$ ), we have that

$$J_{pf} = -\frac{d}{dt} \left( \frac{4\pi C_{pf} r^3}{3} \right) = 4\pi r (c_{pf}(r) - c_{pf}(\infty)), \quad (26)$$

and a similar expression for  $J_A$ . Note that the diffusion flux  $J$  is given in mol per second. We can assume that the concentration of pf-MCP goes to zero for far from the bubble, i.e.  $c_{pf}(\infty) = 0$ . We get two differential equations,

$$-\frac{d}{dt}(C_{pf}r^3) = 3rD_{pf}L_{pf}C_{pf}, \text{ and } -\frac{d}{dt}(C_Ar^3) = 3rD_AL_A \left( C_A - \frac{p_{air}}{RT} \right). \quad (27)$$

Here  $L$  is the concentration Ostwald coefficient describing the solubility of a gas,  $L = \left( \frac{c}{C} \right)_{equilibrium}$  [5]. Lower-case  $c_x$  is the concentration  $x$  in the liquid phase,

while upper-case  $C_x$  is the concentration of  $x$  in the vapour phase. Under saturation of air is incorporated in the term  $\frac{p_{air}}{RT}$ .

We rewrite these equations with dimensionless variables to get

$$F + A = \mu\rho^2 + (1 + \vartheta)\rho^3, \quad \frac{dF}{d\Gamma} = -\frac{3L_{pf}}{\rho^2}F \quad \text{and} \quad \frac{dA}{d\Gamma} = -\frac{3\delta L_A}{\rho^2}(A - p_d\rho^3), \quad (28)$$

with the dimensionless variables

$$\begin{aligned} \mu &= \frac{2\gamma}{p_{atm}r_0}, \quad \vartheta = \frac{p_{blood}}{p_{atm}}, \quad \rho = \frac{r}{r_0}, \quad \chi_A = \frac{C_A RT}{p_{atm}}, \\ \chi_{pf} &= \frac{C_{pf} RT}{p_{atm}}, \quad \Gamma = \frac{D_{pf}}{r_0^2}t, \quad A = \chi_A \rho^3, \quad F = \chi_{pf} \rho^3, \quad \text{and} \quad p_d = \frac{p_{air}}{p_{atm}}. \end{aligned} \quad (29)$$

Combining equations we get a differential equation for  $\rho$ ,

$$\frac{d\rho}{d\Gamma} = \frac{-3\delta L_A(A - p_d\rho^3) - 3L_{pf}(\mu\rho^2 + (1 + \vartheta)\rho^3 - A)}{\rho^3(2\mu + 3(1 + \vartheta)rho)}. \quad (30)$$

These three differential equations can be solved using appropriate initial conditions. Defining the variable  $X_{pf}$  to be the initial mole fraction of pf-MCP, we get the initial conditions

$$F(0) = X_{pf}(\mu + \vartheta + 1), \quad A(0) = (1 - X_{pf})(\mu + \vartheta + 1) \quad \text{and} \quad \rho(0) = 1. \quad (31)$$

The growth of the bubble radius and volume is calculated from these differential equations and shown in Figure ???.

### 1.1.10 Resolution and depth of view

The ultrasound waves used in medical imaging are emitted as short pulses, where the pulse length determines the longitudinal resolution. It is not possible to distinguish two points in the longitudinal direction separated by a distance shorter than half the pulse length. A short pulse is therefore desirable in order to produce good longitudinal resolution. The theoretical minimum pulse length is one wavelength, although this is difficult to achieve in practice, and a few wavelengths is a more realistic minimum. A short pulse will contain a wider band of frequencies than a long pulse.

The required depth of view will depend on how deep the tissue subject to the imaging is located, but there will always be a finite required depth penetration. The attenuation of ultrasound is proportional to the frequency, so a good depth of view implies a low frequency. Hence, there will always be a trade off between

good longitudinal resolution and depth of view, and the diagnostic frequency will be chosen according to the patient and application.

Lateral resolution is the minimum distance perpendicular to direction of propagation required to distinguish two objects. This is determined by the width of the beam, and may vary with the depth of view. It is common to focus the beam to obtain the best resolution at the depth of interest. Strong focusing will give very good resolution at a very limited depth range, while weak focusing give medium resolution through most of the image. Temporal resolution is determined by the frame rate, which is typically between 10 and 30 frames per second.

### 1.1.11 Speckle

Speckle is a random, deterministic speckle pattern present in all types of coherent imaging, thus also in ultrasound images. The speckle is formed by scatterers smaller than the resolution of the imaging system, and the shape and size of the speckle pattern is determined by the dimensions of the imaging system and the structure of the imaged tissue.

The speckle is an interference phenomenon created by coherent waves with different phase and amplitude added together. If several echo waves arrive at the same piezoelectric element within a time span shorter than the emitted pulse, the piezoelectric element will not be able to distinguish the waves, and their impact will be added.

## 1.2 Cancer

### 1.2.1 Tumor growth and properties

A tumor is a mass of tissue with abnormal growth, and may either be benign or malignant. A benign tumor is localized with a well-defined boundary and do usually not pose any health threat. A malignant tumor is what we know as cancer, and can invade adjacent tissue, perform metastasis and be life threatening.

A cancer starts off from one abnormal cell, which proliferates through cell division resulting in uncontrolled growth. To maintain growth beyond a critical size of about 1 mm [12], new blood vessels are induced through angiogenesis to meet the need of nutrients and oxygen.

The cell growth is regulated by two types of genes. Proto-oncogenes regulate normal cell proliferation, while the tumor suppressor genes control repair of cell damage, cell death and growth inhibition. Mutation or loss of any of these regulatory systems can cause cancer growth.

The invasion of adjacent, normal tissue distinguish the malignant tumor from the benign, and this happens along along the pathways of least resistance, i.e.

along vessels or fascia. This invasion is enhanced by increased amount of proteases outside the tumor boundary, which increase mobility of the cancerous cells. This also enhance the metastasis, where the cancer is spread along the lymphatic vessels, blood vessels or the peritoneal cavity to a new site.

An important feature which cause the possibility of localized drug delivery, is the structure of the cancer vasculature. This vasculature is developed through the angiogenesis, which is enhanced by Vascular endothelial growth factors(VEGFs). The VEGFs diffuse through the extracellular matrix(ECM) and connect to receptors on the inner surface of the vessel walls(Endothelial cells) [14]. This stimulate both the production of more endothelial cells and the construction of new vessels through the extracellular matrix [19]. This results in a structure which differ from normal vasculature. The tumor vasculature has increased vessel density and vessel size, a large amount of dead-ends and a disordered branching pattern.

The abnormal level of endothelial cells leads to vascular walls which lack in coverage of perivascular cells and tight adherens junctions which stabilize the vessel. Hence, there will be large intracellular spaces in the vessel wall, and the vessel becomes leaky. This allow the cancer cells to enter the vasculature, enhance macromolecular transport through the vessel wall, and increase interstitial pressure within the tumor. This is known as the *enhanced permeability and retention*(EPR) effect. The EPR effect leads to accumulation of macromolecules within the tumor, and enhance local delivery of cancer drugs.

### 1.2.2 Cancer treatment

Despite the massive amount of research on the field of cancer, all existing treatments suffer from side-effects and limited results. Most types of cancer are strongly related to lifestyle. Prevention is therefore the most important action in the battle against cancer. Another important action is screening, which can reveal cancer in an early stage. Early detection has shown to be decisive for the outcome of the cancer treatment [12] [11].

Regardless of method, a treatment is successful if all cancerous cell are corrupted. This should be accomplished with the least possible damage to healthy tissue. Different treatments may perform best, depending on type of cancer, location of tumor and the stage of the cancer. The current treatments can be divided into chemotherapy, radiotherapy or surgery.

Surgery aim to remove the entire tumor and, if possible, any metastases in regional lymphatics. Surgeries may be difficult to perform without damaging adjacent tissue. Radiotherapy is performed by radiating the tumor with high-energy X-rays to kill the malignant cells by causing fatal damage to their DNA. Some healthy tissue such as the lens at end of the spinal cord are very vulnerable to radiation, and can be damaged it exposed to a high radiation dose. Both of these

treatments are best suited for not-metastized tumors.

Chemotherapy use cytotoxic or cytostatic drugs to kill malignant cells or prevent further growth. The drugs are distributed through the circulatory system, and only a small fraction of the dose reach the malignant cells. The rest of the dose cause dangerous side effects to healthy tissue [20]. These side effects limits the dose to a low level. This is described by a very low therapeutic index, which is the ratio between the maximum tolerated dose, and the minimum dose required for any therapeutic effect.

### 1.2.3 Targeted drug delivery

Increased targeting of the chemotherapeutic drugs enables the delivery more drug to the malignant cells without increase in the total dose. The increased leakiness of the tumor vasculature and the over-expression of specific receptors, are two of the characteristic properties of tumor tissue which provide possibilities for targeted delivery. Recent research has enabled drug carriers on nanoscale which utilize these possibilities [10]. The research in this field can be divided into passive, active and triggered targeting.

Passive targeting relies on the accumulation of drug in cancerous tissue due to the EPR effect. The drug is loaded into drug carriers which are only able to penetrate the endothelial layer if the EPR effect is present [?]. The carriers are designed to remain in the circulatory system for a long time to provide sufficient accumulation in the tumor. These carriers are of a size 10 nm to 500 nm, although the lower cut off size varies [?]. This targeting is limited by the vascularity and leakiness of the tumor. The increased hydrostatic pressure present in tumors can also reduce the accumulation [?].

Active targeting is carried out by drug carriers where the surface is capable of recognition and binding to a target site in the tumor vasculature. This is shown in Figure ?. Triggered targeting use drug carries sensitive to exposure of ultrasound or to the changes in pH or enzymes which occur in cancerous tissue. Ultrasound mediated drug delivery is addressed below.

### 1.2.4 Ultrasound mediated drug delivery

Ultrasound is an attractive trigger for targeted drug delivery as it is non-invasive, generally safe and well characterized. It is proved that ultrasound enhance the cell membrane permeability, in particular if microbubbles are present [?]. This is known as sonoporation. The proposed model is that the microbubbles enhance the EPR effect because of the oscillation initiated by the ultrasound, see Figure ?? . The oscillation moves the cell membrane and create hydrophilic pores which enables transport of fluid or macromolecules through the membrane [?]. Ultrasound

can also increase the reach of the drug after leaving the vasculature [?].

There are several strategies for using sonoporation to enhance drug delivery. Small amounts of hydrophilic drug can be attached to the surface of the microbubble, or hydrophobic drug can be incorporated into the shell of the microbubble. The drug is then released as the microbubbles are disrupted by an ultrasound pulse [?]. Drug has also been loaded into liposomes and administered together with microbubbles, but the effect is then very dependent of the simultaneous localization of the liposome and microbubble in the tumor vasculature. To ensure the co-localization the microbubble and the drug can be encapsulated together within a liposome membrane shell [?].

Another strategy is the use of nanoparticles made from .....

### 1.3 Imaging modalities

Ultrasound images can be captured using several different modalities to enhance different properties of the tissue. The simplest modality is the amplitude-mode (A-mode), where a single element transducer scans is used to generate echoes along one line, and the received echoes are plotted as a function of depth. Brightness-mode (B-mode) use an array of transducers to generate 2D map of a slice through the body, where the image brightness is proportional to the echo originated from the corresponding location. Motion mode (M-mode) is generated from a sequence of A- or B-mode images to image tissue motion. Doppler imaging is another large field of imaging mode, where the Doppler effect is utilized to image the blood flow. This can be used to measure the velocity, direction and total blood flow.

#### 1.3.1 Contrast enhanced imaging

Due to the non-linear behavior of the microbubbles in contrast agent, non-linear techniques are often applied to enhance the contrast-to-tissue signal ratio. Non-linear imaging techniques can be divided into hi- and low-MI. For high-MI images the acoustic pressure is large enough to destroy most of the microbubbles in the imaging plane, releasing free gas bubbles and creating a short flash of high contrast. In low-MI images (MI 0.05 to 0.1) few of the bubbles are disrupted and the non-linear scattering properties are used to form images. Different low-MI techniques are described below.

Second harmonic imaging is based on a transducer with a bandwidth covering both the fundamental transmit frequency, and its second harmonic, see Figure ?? . Even at moderate pressure (0.1 MPa to 0.3 MPa) microbubbles generate harmonic frequencies, and by excluding the fundamental frequency from the received signal, only the non-linear signal is recorded, and this increases the contrast-to-tissue



ratio. The required bandwidth of the transducer give limitations to the spatial resolution.

Phase inversion is another non-linear mode used to image contrast agents. Two pulses are emitted from the transducer, where the second pulse is  $180^\circ$  out of phase with the first pulse, see Figure ???. When the two received signals are added, the linear part sum to zero because of the linear response to the applied pressure. The microbubbles are the principal source of the non-linear part in the image, and they will therefore be emphasized by this technique.

Amplitude modulation is another technique used to enhance the contrast-to-tissue ratio. Two or three pulses are emitted with different amplitudes. The tissue will respond linearly to the amplitude, while the non-linear response from the microbubbles increase dramatically to the increased amplitude. The linear response can be removed by subtracting the received signals. A combination of the phase-inversion and the amplitude modulation is also possible.

## 1.4 Image processing

### 1.4.1 Transducer

A transducer has the capability to transform applied electrical signals to pressure waves and vice versa. It is therefore responsible for both emitting ultrasound pulses and receiving echoes in an ultrasound apparatus. A good transducer perform this task with high conversion efficiency and without introduction of noise.

The key element of the transducer is the piezo-electric element, which is a shaped piece of either a piezoelectric ceramic (lead zirconate titanate, PZT) or plastic (polyvinylidene difluoride, PVDF) coated with silver electrodes on the front- and backside. A voltage across the electrodes correspond to a proportional change of the thickness of the piezo-electric element.

The speed of sound,  $c$ , in a piezo-electric element is approximately  $4000 \text{ m s}^{-1}$ . The fundamental resonance is at  $\lambda/2$ , so the thickness,  $T$ , is given by the choice of the frequency  $f$ , i.e.

$$T = \frac{\lambda}{2} = \frac{c}{2f} = \frac{2}{f(\text{Mhz})}. \quad (32)$$

Hence, the frequency range of a transducer is limited to a band around the fundamental resonance, and is determined by the thickness of the piezo-electric element.

The front of the piezo-electric element is covered by a matching layer which increase the efficiency by reducing the difference in acoustic impedance between the element and the tissue. The back is covered by a backing medium which give mechanical support, provide mechanical damping.

Today's transducers usually have an array of piezo-electric elements. The advantage is the possibility of beam steering, translation and focusing, and enables parallel processing which can reduce acquisition time, speckle and signal-to-noise ratio(SNR) [6].

#### 1.4.2 Digitalization, amplification and time-gain compensation

After the echoes have reached the transducer a signal is produced by making an image with the brightness at each pixel determined by the strength of the echo from that corresponding distance and direction. The first step in the image processing is to convert the signal from analogue to digital. The digital signal is less vulnerable to noise and distortion, and it enables further digital image processing. Then a linear amplifier apply the same amount of gain to the entire signal, to make the signal strong enough for further processing. Time-gain compensation is then applied to make echoes from similar interfaces equal, regardless of the depth of their origin. This is performed by increasing the gain with increasing depth of echo. The depth of the echo is identified by the arrival time at the transducer. The rate of attenuation of ultrasound with depth is determined by the frequency and tissue.

After amplification and time-gain compensation the dynamic range of the signal is about 60 dB. The dynamic range of a signal is defined as the ratio between the largest amplitude that can be recorded without causing distortion and the lowest amplitude that can be distinguished from noise. The dynamic range of a common screen is about 20 dB. The signal must therefore be compressed before it can be displayed. To compress the dynamic range from 60 to 20 dB, an amplifier with non-linear gain is applied. Low amplitudes are amplified more than high, and the dynamic range is therefore decreased. Compression allows weak echoes from scattering within tissue to be displayed together with strong echoes from tissue interfaces.

#### 1.4.3 RF and IQ data

RF is short term for radio frequency data which is used in ultrasound as a description for unprocessed data. IQ is short term for in quadrature, and refers to a demodulation of the RF signal to reduce the amount of storage space without loss of information. IQ modulation converts the signal from the real to the imaginary space. The IQ signal is obtained using a IQ-demodulator to down-mix, low-pass filter and decimate the RF signal. The IQ signal can be computed through a Hilbert transform [13].

#### 1.4.4 Hilbert transform

The Hilbert transform is a linear operator which acts on a signal  $u(t)$  to derive an analytic signal. The Hilbert transform convert the signal from real to complex space by adding or subtracting 90 degrees. It is therefore also known as a phase-shift operator. An analytic signal has by definition only positive frequencies in its Fourier transform, and is related to the Hilbert transform through

$$\tilde{x}(t) = x(t) + x_h(t), \quad (33)$$

where  $x(t)$  is the signal,  $x_h(t)$  the Hilbert transform of the signal, and  $\tilde{x}(t)$  the analytic signal. The Hilbert transform can be written as a convolution,

$$x_h(t) = x(t) * \frac{1}{\pi t}, \quad (34)$$

which can be interpreted as a filtering operation with a quadrature filter which shifts all sinusoidal components by a phase shift of  $\frac{\pi}{2}$ . The envelope is the amplitude of the analytic signal, and a B-mode image is created from the envelope of the signal.

#### 1.4.5 Downsampling

Because it is the envelope that is used to create the B-mode images, further reduction in data size can be achieved by downsampling of the RF signal. The RF signal is downsampled by a decimation factor  $M$ , by only recording every  $M$ th sample.

The RF signal is a strictly bandlimited signal, limited by the bandwidth of the transducer. The envelope is thus also a bandlimited signal, with a finite maximum frequency. According to the Nyquist-Shannon sampling theorem, this signal can be sampled without aliasing or loss of information by a sampling rate twice the maximum frequency. Hence, the decimation factor,  $M$ , is determined so that

$$\frac{F_{s_{RF}}}{M} > 2f_{envelope}^{max}, \quad (35)$$

where  $F_{s_{RF}}$  is the sampling frequency of the RF signal, and  $f_{envelope}^{max}$  is the maximum frequency of the envelope. For a thorough explanation, see [3].

#### 1.4.6 Image registration

Image registration is the process where one image is spatially aligned to a reference image. The image to be aligned is called the moving image, while the reference image is called the fixed image. Image registration is an important part of image

processing and can both be used to remove motion artifacts or to fuse images of the same object, captured with different image modalities or from different directions.

Image registration can initially be divided into extrinsic and intrinsic methods. Extrinsic methods are based on foreign objects placed into the scene before the image is captured. This has the advantage of simple, feature-based registration, but the preplacement and removal of these objects may not be trivial.

Intrinsic methods can be divided into feature and intensity based registration. Features can either be easily recognizable points identified by the user, or structures which can be extracted from the image by image segmentation. These methods are mostly used in rigid transformations, and have the advantage of being simple computations once the features are determined. One drawback is that the registration often is limited by the reliability of the segmentation or identification of the features. Although these methods are applicable to both multi- and monomodal registration, and to different body parts, their use have in general been limited to neuroimaging and orthopedic imaging [17].

Intensity based registration differs from the other methods by using the intensity pixel values directly to compare the fixed and moving image. To compare the images a suited similarity measure is used, see section 1.4.8. Using different similarity measures, this method is suitable for both multi- and monomodal registration. The image registration is then performed using an optimization routine to find the spatial translation of the moving image which minimizes the chosen similarity measure. Choosing the right similarity measure and optimization scheme is essential to get a satisfying result. For a full review of this topic, see [17].

#### 1.4.7 Image transformations

Transformation of an image is the basis for image registration, and can be described as a mapping of a coordinate vector  $\vec{x}$  from the space  $X$  to a new coordinate vector  $\vec{y}$  in the space  $Y$ . The transformation is performed by a transformation matrix  $A$ , i.e.  $\vec{y} = A\vec{x}$ .

In 2D a rigid transformation can be written as

$$\begin{pmatrix} y_1 \\ y_2 \\ 1 \end{pmatrix} = \begin{pmatrix} R_{11} & R_{12} & T_1 \\ R_{21} & R_{22} & T_2 \\ 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} x_1 \\ x_2 \\ 1 \end{pmatrix}, \quad (36)$$

where  $R_{ij}$  are elements in the rotation matrix

$$R = \begin{pmatrix} \cos \theta & -\sin \theta \\ \sin \theta & \cos \theta \end{pmatrix}. \quad (37)$$

The rotation matrix rotates the coordinates an angle  $\theta$  around the origo. The matrix elements  $T_{ij}$  determines the translation of the coordinates. An general affine translation is described by the matrix

$$\begin{pmatrix} a_{11} & a_{12} & a_{13} \\ a_{21} & a_{22} & a_{23} \\ 0 & 0 & 1 \end{pmatrix} \quad (38)$$

This enables shear and scaling of the image.

If we apply a transformation matrix to an image, we get the new pixel coordinates of transformed image, but these points will not be on the grid coordinates of the image. For that reason, an interpolation scheme is applied to the transformed image coordinates to get the new pixel values at the grid coordinates. A suitable interpolation scheme must be chosen according to the given problem.

Image transformation can be divided into linear and non-linear transformation. For a linear transformation the same transformation matrix is applied to the whole image, whereas this is not the case for a non-linear transformation. Linear transformation is computationally faster and simpler, and less affected by noise. On the other hand, non-linear transformations can correct for local deformations out of reach for the linear transformation.

The difficult part of image registration is not to apply the transformation, but to obtain the right transformation matrix. The simplest case is the point or feature based method, where easily recognized feature are localized in both the fixed and moving image, either by interaction from the user, or by using a feature detection algorithm. In the case of an affine transformation, six pair of corresponding coordinates are needed to solve the set of linear equations to obtain the the six unknown elements in the transformation matrix. Usually, more points are obtained, and the transformation matrix is calculated using a least-squares approach.

#### 1.4.8 Similarity measure

There are several ways of measuring the similarity between two images, where different approaches enhance different image properties, and are suitable for different problems. The choice of similarity measure will determine the minimum and the rate of convergence for the optimization scheme.

When the images to compare are from the same modality, they will be in the same intensity range. They will only differ because of noise, geometric transformation and changes in imaged object. Common similarity measures are then the sum of squared differences (SSD), the sum of absolute differences or the cross correlation. If the changes in the imaged object is sufficiently small, and we assume

the noise to be Gaussian, it is shown in [24] that SSD give the optimal result. For two images  $A$  and  $B$  the SSD is given as

$$\text{SSD} = \sum_i^N |A_i - B_i|^2, \forall i \in A \cap B, \quad (39)$$

where  $i$  is an image pixel. A closely related similarity measure is the Mean square error,  $MSE = \text{SSD}/N$ .

In multimodal image registration, the images have neither similar intensities or even a linear relationship between the intensities. For this type of problems, mutual information is the most common similarity measure. Mutual information is a measure of the statistical dependence of the two images, and the alignment is optimal the moving image contains the maximal amount of information about the fixed image. For a detailed review of mutual information in medical multimodal imaging, see [16].

#### 1.4.9 Regular step gradient descent

An optimization scheme determines the optimal alignment by optimizing the chosen similarity measure. The optimization scheme is usually chosen through an empirical approach, where computational demand, reliability and stability are important factors.

The gradient descent method is a first-order algorithm which finds the local minimum of a multivariable, differentiable function  $F(x)$ . From a given initial state  $x_k$ , the optimizer moves a distance  $\gamma$  in the direction opposite to the gradient, i.e.

$$x_{k+1} = x_k - \gamma \Delta F(x_k). \quad (40)$$

This method suffers from the reliability of the step distance  $\gamma$ . Too long or short step will give a slow, or no convergence. The *regular step gradient descent* is a variation where the step length is halved every time there is a significant change in the direction of the gradient. The optimization terminates after reaching a the minimum, at a minimum step length, or after a maximum number of iterations.

To speed up the image registration, a pyramidal method can be applied together with the gradient descent. A smoothing filter is applied to the images, before they are decimated by a factor 2. This is performed for a given number of pyramid levels, resulting in a set of images with decreasing size. The scheme starts by optimizing the translation for the smallest image, and the optimal translation is used as an initial translation in the next pyramid level. In addition the increased speed, there is also less chance of getting stuck in a local minimum due to the smoothing which is applied before each decimation.

### 1.4.10 Interpolation

Interpolation is a mathematical method for obtaining new data points within the range of the current data points. Several different methods are common, all with a trade-off between performance and computational effort. For image interpolation, nearest neighbor, bilinear and bicubic are the most common. Nearest neighbor assign a value to the new data point equal the value of the nearest existing data point. The assigned value in bilinear interpolation is a linearly weighted sum of the nearest existing data points with respect to the distance to the new data point.

For bicubic interpolation a cubic polynomial is calculated from the existing data to estimate the value at the new data point. This scheme is slower than nearest neighbor and bilinear, but the result is in general more smooth.

### 1.4.11 Background subtraction

Background subtraction is a method for visualizing the contrast agent in the ultrasound images. A background image is created from a set of images recorded before presence of contrast agent. The background is constructed by taking the maximum value of the chosen set at each pixel. The contrast agent can then be segmented from the image by subtracting the background image.

To ensure sufficient subtraction the background can be filtered before subtraction with a maximum filter. A maximum filter is a morphological filter which consider the neighborhood around a given pixel. The assigned value is equal the maximum value of the neighbors, and the size of the neighborhood is given by the size of the filter. In other words

$$B_{ij} = \max(A_{kl}) \forall A_{kl} \in N, \quad (41)$$

where  $N$  is the neighborhood of  $A_{ij}$ , where  $A$  and  $B$  is the original and filtered image, respectively.

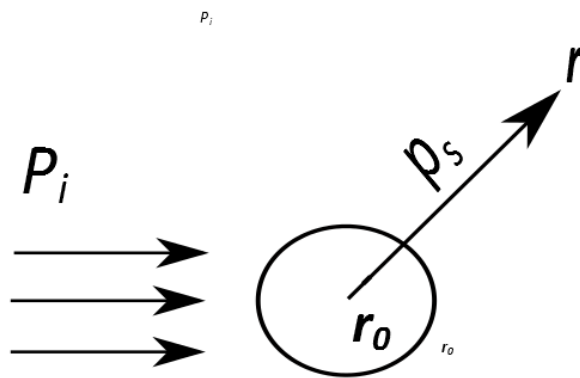


Figure 1: Fig:Scattering



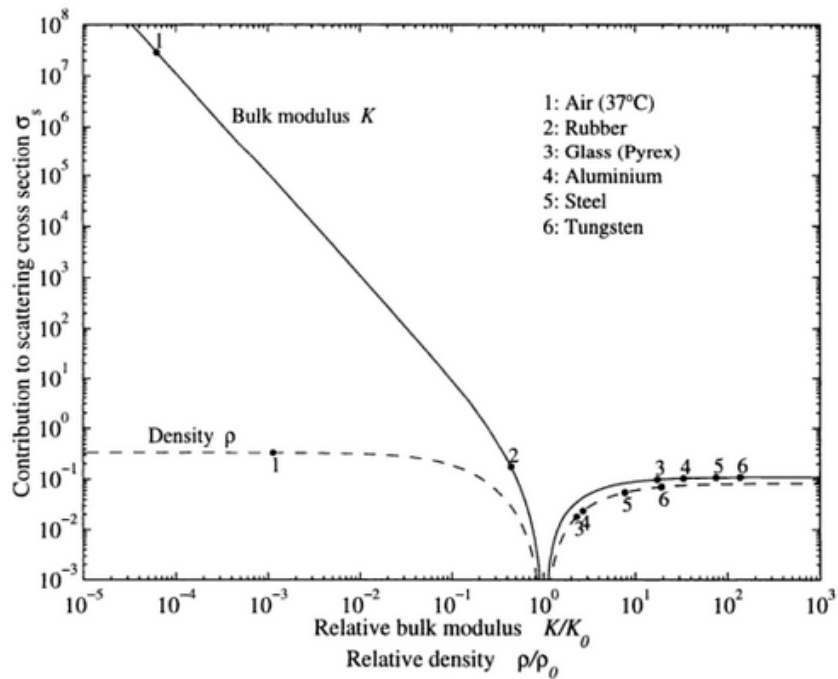


Figure 2: Contribution to Rayleigh scattering cross section from compressibility and density [?].

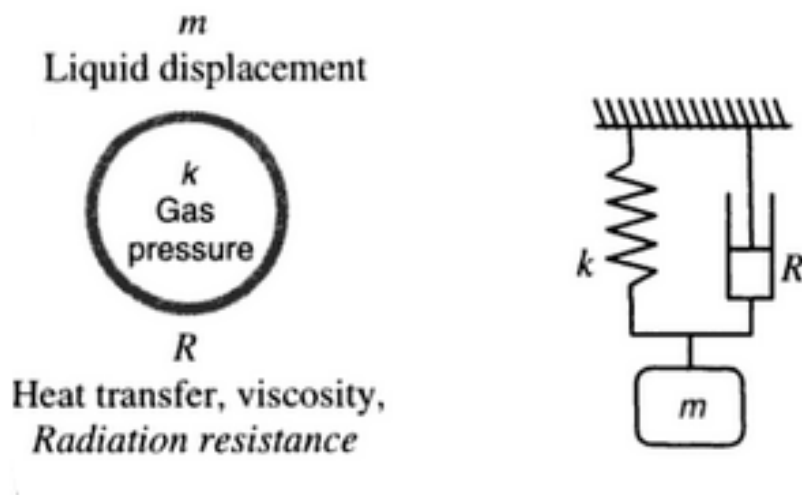


Figure 3: The bubble as a harmonic oscillator. Compared to the mass/spring system [?].

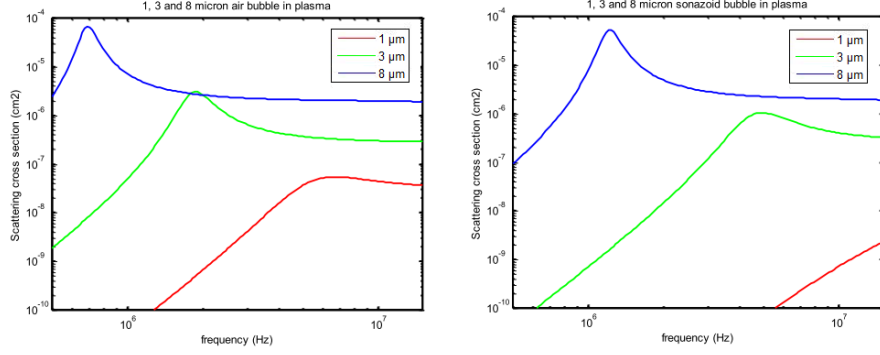


Figure 4: Left: Log-log plot of the scattering cross section  $\sigma_S$  for air bubbles with diameter 1, 3 and 8  $\mu\text{m}$ . Right: Corresponding plot of Sonazoid<sup>TM</sup> bubbles.

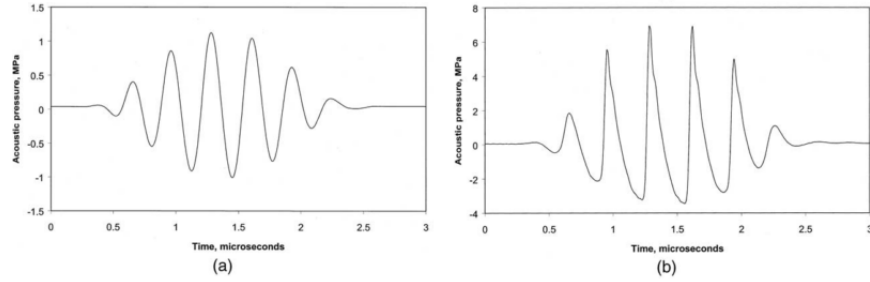


Figure 5: The measured focal waveform of a 3 MHz Doppler pulse in water for low acoustic pressure (a) and a pulse where the pressure is increased by 24 dB. The distortion of the waveform is easily seen in b [?].

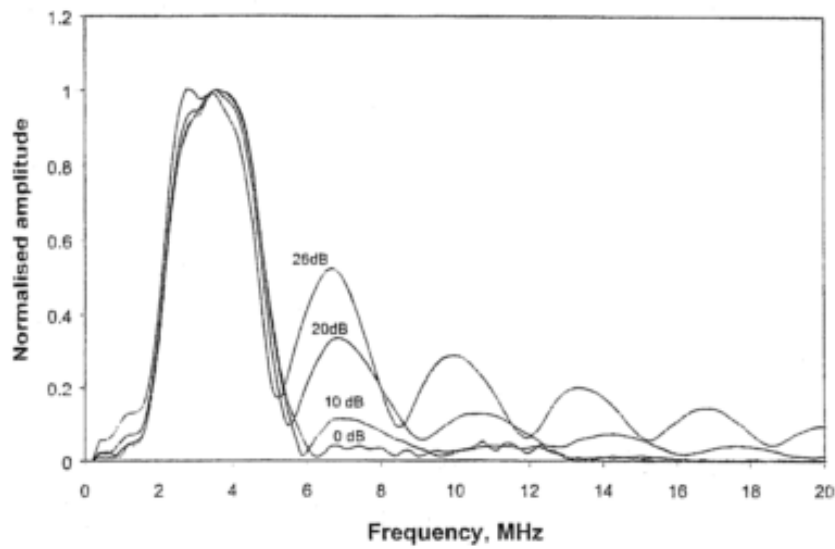


Figure 6: Development of harmonic frequencies as the amplitude of the source is increased by 10, 20 and 26 dB from a near-linear situation. Measured at the focus of a 3.5 MHz wave [?].

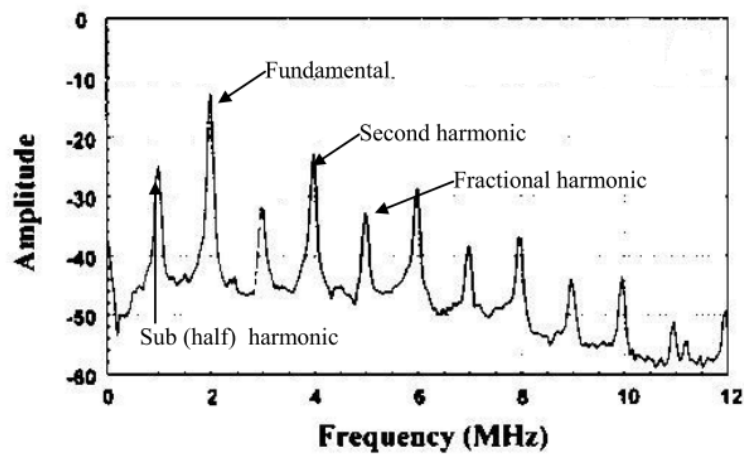


Figure 7: Spectrum of scattered signal from an Optison<sup>TM</sup> microbubble, exposed to a signal with a fundamental frequency of 2 MHz. The other peaks are due to the non-linear response of the bubble [?].

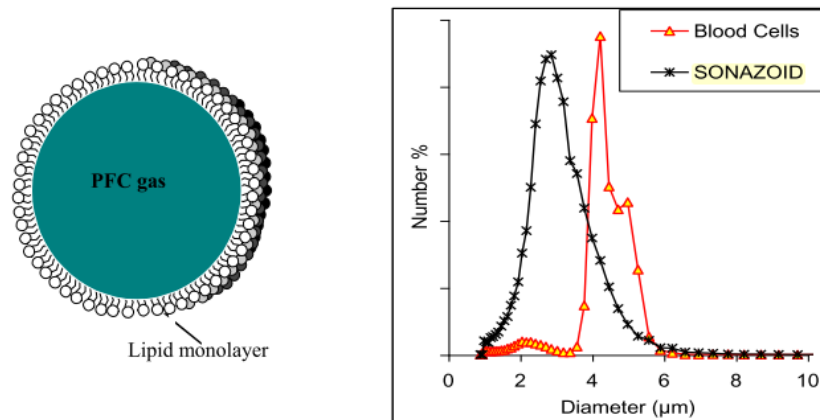


Figure 8: Left: The structure of Sonazoid™, i.e. perfluorcarbon gas encapsulated in a lipid monolayer. Right: Size distribution of Sonazoid™ and red blood cells [8].

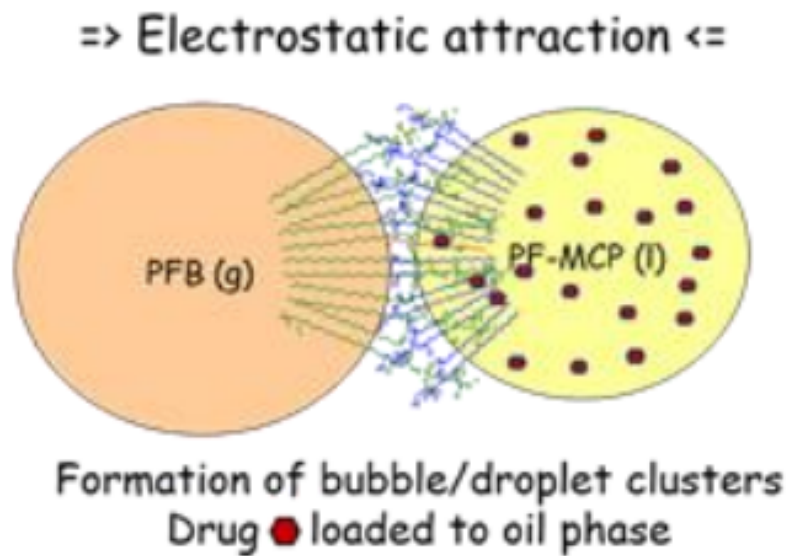


Figure 9: Illustration of phase-shift bubble, with the gas microbubble(left) and microdroplet(right).

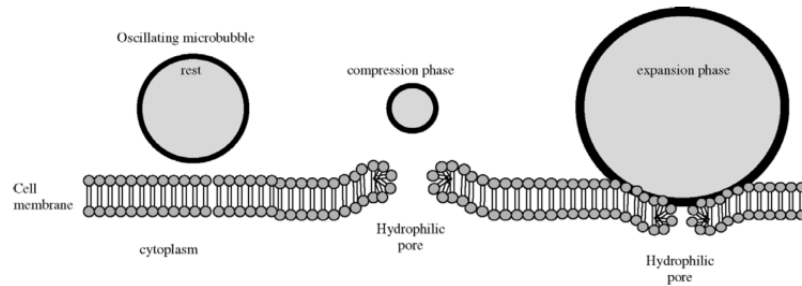


Figure 10: The oscillation moves the cell membrane and create hydrophilic pores which enables transport of fluid or macromolecules through the membrane [?].

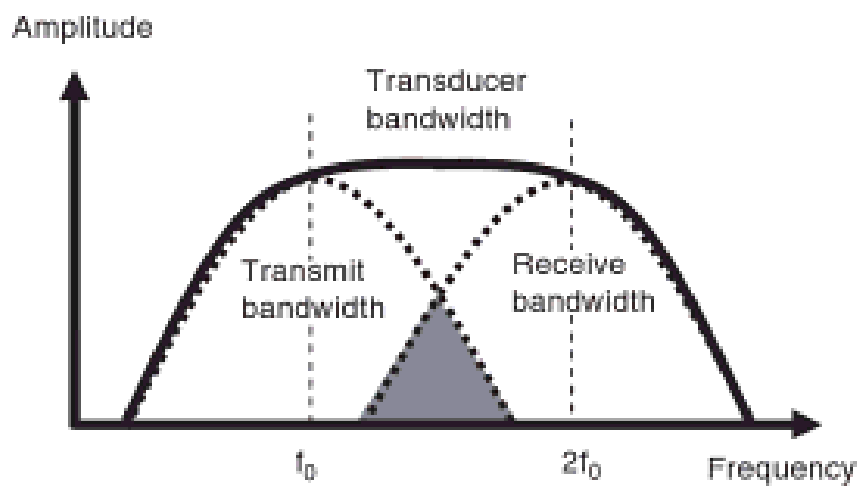


Figure 11: The transducer used in second harmonic imaging. The bandwidth cover both the fundamental frequency  $f_0$  and the second harmonic  $2f_0$  [?].

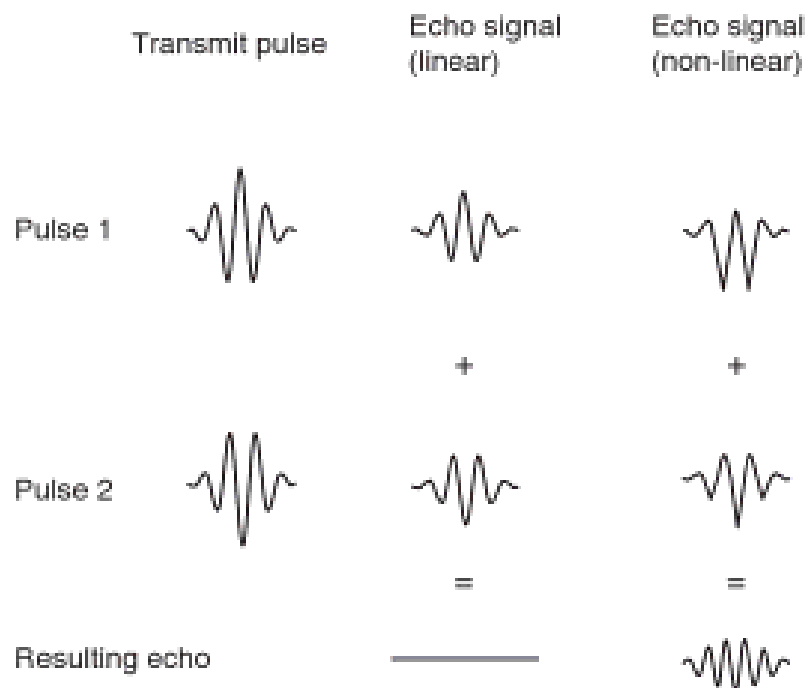


Figure 12: The two signal pulses used in phase-inversion are  $180^\circ$  out of phase. The non-linear signal is obtained from the sum of the two received signals [?].

## 2 Materials and methods

### 2.1 Image recording

#### 2.1.1 contrast agent

Sonazoid<sup>™</sup> microbubbles are used together with microdroplets to form the ACT<sup>™</sup> clusters, and by itself as contrast agent. The microbubbles are shipped freeze-dried, and reconstituted with sterile water to create a solution with a gas volume content of about 1%.

#### 2.1.2 Imaging setup

All ultrasound images used in this research has been imaged with the Vevo<sup>®</sup>2100 imaging system from Visual Sonics. The imaging settings are presented in Table ??.

For activation of the ACT<sup>®</sup> a transducer was placed in the water bath a fixed distance from the tumor. This transducer was either a V-scan or a Vivid MS5. The settings used are given in Table

#### 2.1.3 Imaging modes

Two different imaging modes have been used, linear and non-linear contrast mode. Linear contrast mode has been used to visualize the ACT bubbles, while non-linear mode B-mode is used when only Sonazoid<sup>™</sup> is administered.

#### 2.1.4 The animals

Prostate adenocarcinoma cells (PC-3) were used in this research. The tumor cells were implanted in female Balb/c mice at the age of 9-11 weeks. The tumor was implanted on the left hind limb, on the lateral side between the knee and the hip. The tumor cells were injected subcutaneously as a 100  $\mu$ m suspension containing  $3 \times 10^6$  PC-3 cells.

### 2.2 Image processing

Image processing is performed on the acquired RF-data to enable image registration, background subtraction and counting of ACT microbubbles. The envelope of the RF-data from the absolute value of the IQ-modulated data. The RF-data are IQ-modulated through a Hilbert transform. A logarithmic compression is performed to reduce the dynamic range before image registration. The images are resized from 13568x256 to 512x512 through decimation and bicubic interpolation.

### 2.2.1 Image registration

Motion correction is performed on all videos. All frames are aligned to a reference frame through an affine transformation. A regular step gradient descent optimization scheme has been utilized to determine the transformation matrix. The maximum number of iterations in the optimization scheme was set to 2000, using only 1 pyramid level. The reference frame was constructed from an average of the three first frames of the video used for background subtraction.

### 2.2.2 Background subtraction

Before background subtraction the data is linearized. For each processed video a background is computed from a set of frames. The set of frames is chosen individually to minimize motion artifacts through a heuristic approach. The background is filtered with a maximum filter of size  $3 \times 3$ . The background is then subtracted from all frames to segment the signal caused by ACT<sup>TM</sup> or Sonazoid<sup>TM</sup> bubbles. Negative values after subtraction are set to 0.

### 2.2.3 Counting

Before counting of ACT bubbles is conducted, an region-of-interest(ROI) is defined. The ROI is drawn to include most of the tumor, while avoiding skin and other healthy tissue. Only ACT bubbles within the ROI are counted.

The counting of ACT<sup>TM</sup> bubbles are based on a temporal coherence filter to distinguish between stuck and free-flowing bubbles. A correlation matrix  $d$  of two consecutive images  $A$  and  $B$ , is defined as

$$d_{ij} = 1 - \frac{|A_{ij} - B_{ij}|}{A_{ij} + B_{ij}} \forall i, j. \quad (42)$$

A running average over correlation matrix for the last 40 frames is performed and indexes where the running average exceeds a temporal coherence threshold,  $d_{min}$  are considered stuck bubbles. The temporal coherence threshold is set to 0.85. This value is determined through a heuristic approach where the temporal coherence of manually identified bubbles are considered. A minimum intensity threshold is set to avoid counting of low-intensity noise. The minimum intensity threshold is set to 1000. It is important to emphasize that this algorithm counts the number of ACT bubbles present, and not the total number of bubbles activated within the tumor after administration.



## 2.3 Qualitative validation

A qualitative validation of the counting algorithm was performed using the following approach. The counted video sequences was evaluated with the following prejudices. In video sequences with only Sonazoid™ bubbles, no phase-shift bubbles should be counted. After the administration of ACT the phase-shift bubbles should stick, and stay for up to five minutes before decaying and disappearing. After the burst of high-frequency ultrasound, all Sonazoid™ bubbles should be destroyed, but none of the phase-shift bubble, i.e. the bubble count should not be affected by the high-frequency ultrasound. The qualitative prejudices used to distinguish Sonazoid™ and phase-shift bubbles are stated in Table ??

## 2.4 Quantitative validation

### 2.4.1 Synthesized data set

A quantitative validation of the algorithm has been carried through by counting a synthesized data set with a known number density of activated phase-shift bubbles. Three different videos of administration of Sonazoid™ microbubbles were used as a background, and artificial phase-shift bubbles were added to create a data set with a known number density phase-shift bubbles. The number density ranged from 0 #/mm<sup>2</sup> to 15 #/mm<sup>2</sup>.

The algorithm for adding the phase-shift bubbles are now described. First,  $N$  random positions within the ROI is drawn from a uniform distribution. Then  $N$  intensities are drawn from a Gamma distribution (see Section 2.4.2), and  $N$  frame numbers are drawn from a Poisson distribution to determine when the bubbles enter the tumor.  $N$  bubbles are then generated by applying the PSF to the drawn intensities. For each bubble the maximum intensity follows the slope of the bubble growth, shown in Figure ?. These  $N$  bubbles are then log compressed and inserted into the video data.

### 2.4.2 Phase-shift bubbles intensity distribution

A heuristic approach was used to estimate the intensity distribution for the activated phase-shift bubbles. For a set containing 63 identified phase-shift bubbles the maximum intensity was plotted for each frame, see Figure ?. For each bubble the overall maximum value was used in a set, from which a gamma distribution was estimated, see Figure ?.

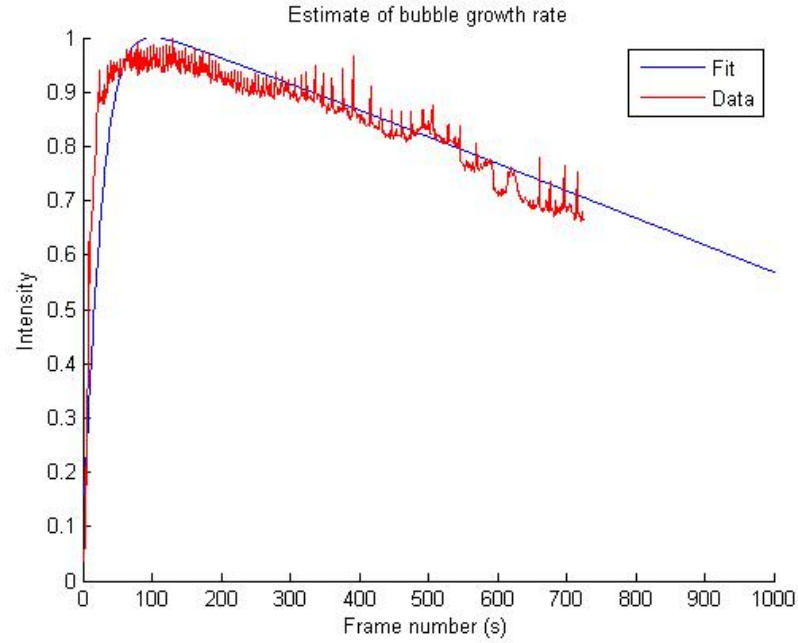


Figure 13: A growth slope is fit to data from an identified bubble in a true dataset.

### 2.4.3 Measuring the point spread function

The point spread function was measured from two different images, image a low solution of Sonazoid<sup>TM</sup> microbubbles in water and image of contamination in tap water. The size of the imaged microbubbles are smaller than the resolution of the imaging system, so the the bubbles seen in the image is effectively the point spread function(PSF). A two dimensional, normalized Gaussian function were fit to a single, easily identifiable bubble.

### 2.4.4 Measuring the scan plane height

The height of the ultrasound scan plan is necessary for the estimate of the number of phase-shift bubbles per volume. This height was measured by imaging a thin wire, running diagonally across the scan plane. The image is then a mapping of the string down on the x-axis. The height,  $H$ , can the be calculated by measuring the length  $L$ , for a given angle  $\Theta$ .

## 2.5 Counting 16 animals

For 16 animals, similar series of images have been recorded, and stuck phase-shift bubbles have been counted manually [?]. The same images have been counted

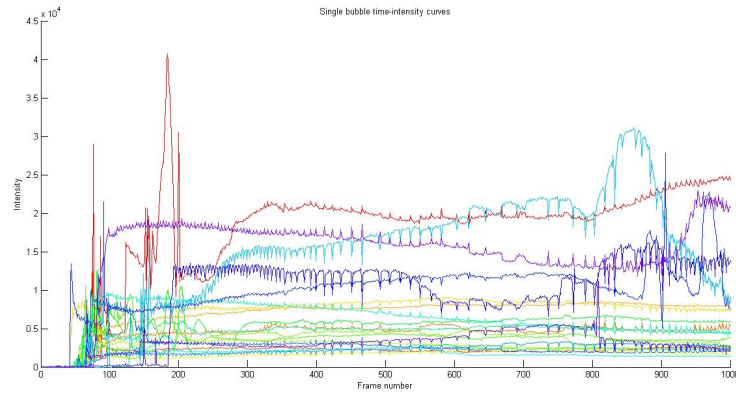


Figure 14: Time-intensity curves for a set of phase-shift bubbles.

automatically and results are compared.

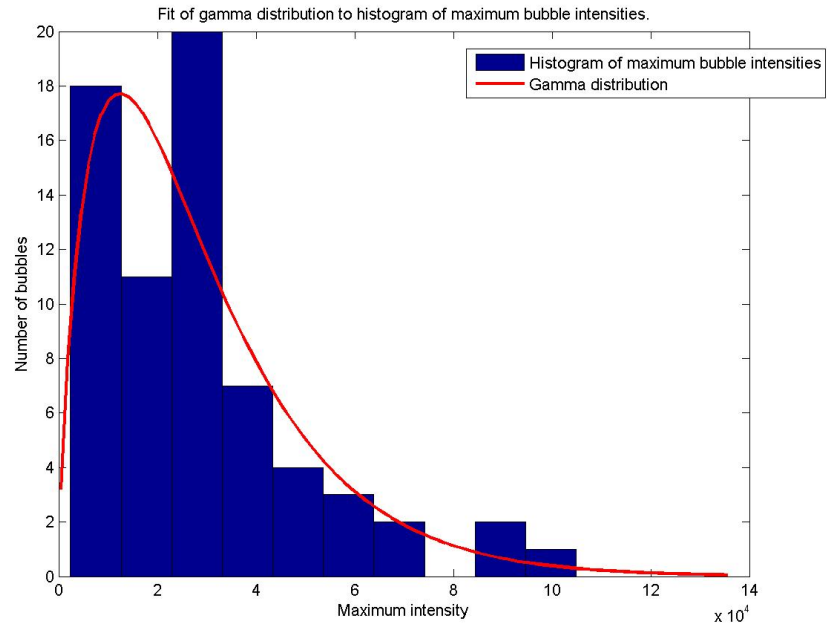


Figure 15: Fit of a Gamma distribution to the distribution of maximum phase-shift bubble intensities.

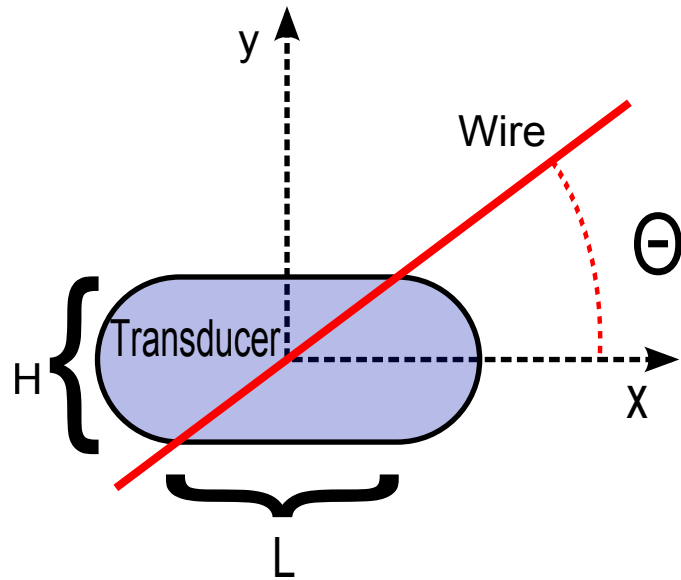


Figure 16: Measurement of transducer scan plane height

Table 1: Settings used for the Vevo 2100 ultrasound apparatus.

Parameter	Value	
	Linear contrast mode	Non-linear contrast mode
Application	Cardiac	Cardiac
Preset	Contrast	Cardiac
Transmit:		
Frequency	16 MHz	18 MHz
Power	3%	10%
Gate		6
Beamwidth		Standard Acquisition:
Gain	10 dB	10 dB
2D Gain		10 dB
Frame rate	10 fps	10 fps
Depth	21.00 mm	21.00 mm
Width	23.04 mm	23.04 mm
Sensitivity		1
Line density	Standard	High
Persistence	None	Off
Display:		
Dynamic range	45 dB	40 dB
Display Map	MB1	MB2
Brightness	50	50
Contrast	50	50

Table 2: Settings used for V-scan and Vivid MS5 to activate ACT®.

Parameter	Apparatus	
	V-scan	Vivid E9
Preset	Cardiac	
Frequency		2 MHz
Image distance	8 cm	2 cm
Focus depth	5 cm	1.5 cm
Frames per second		Maximum
Angle		45°
MI	0.8	0.28

Table 3: Prejudices used to distinguish Sonazoid™ and phase-shift bubbles.

Property	Sonazoid™	Phase-shift bubbles
Non-linear imaging	Strong signal	Weak signal
Linear imaging	Weak signal	Strong signal
Kinetics	Free flowing	Stuck
High power US	Destroyed	Unchanged

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## A Derivation of the Rayleigh-Plesset equation

The Rayleigh-Plesset equation is an ordinary differential equation which describe the non-linear oscillation of a gas bubble suspended in an infinite liquid, subject to an external sound wave. This equation is in the following derived using the energy balance between the liquid and the gas bubble [18]. The equation can also be derived from the Navier-Stokes equations [15].

A few assumptions are required for the following derivation to be valid. We assume the wavelength of the pressure field to be way larger then the size of the gas bubble, i.e.  $d \ll \lambda$ . The bubble is spherical and spatially uniform conditions within the bubble exist at all times. We can neglect gravity and bulk viscosity. There is no flow of either matter or heat through the boundary of the bubble. The density of the gas is significantly smaller then the liquid density, and the gas within the bubble can be considered an ideal gas. Using these assumptions the oscillation will be an adiabatic process. Newton's notation for the time-derivative is used.

Consider an oscillating bubble suspended in incompressible fluid. Because of the incompressibility of the fluid, the fluid velocity  $u(r, t)$  has to follow the inverse square law, i.e.

$$u(r, t) = \frac{R(t)^2}{r(t)^2} \dot{R}(t). \quad (43)$$

Here  $R(t)$  is the bubble radius,  $\dot{R}(t)$  the velocity of the boundary and  $r$  any radius larger or equal  $R$ .

The kinetic energy  $E_k$  of the fluid caused by the oscillating bubble is then

$$E_k = \frac{\rho_l}{2} \int_R^\infty u(r, t) 4\pi r^2 dr = 2\pi \rho_l R^3 \dot{R}^2, \quad (44)$$

where  $\rho_l$  is the liquid density.

Far from the bubble the liquid pressure is given by  $p_\infty(t) = p_0 + p(t)$ , where  $p(t) = p_a e^{i\omega t}$  is the time varying pressure caused by the sound wave and  $p_0$  the hydrostatic pressure. For an adiabatic process we have that  $pV^\gamma = \text{constant}$ . Here  $V$  is the volume,  $p$  the pressure and  $\gamma$  the adiabatic index. The pressure is then only a function the radius  $R$ ,

$$p(R) = p_{R_0} \left( \frac{V_{R_0}}{V(R)} \right)^\gamma = p_{R_0} \left( \frac{R_0}{R} \right)^{3\gamma}, \quad (45)$$

where  $R_0$  and  $p_{R_0}$  are the equilibrium radius and pressure.

The work done to expand the bubble is only carried out by the net pressure,  $\Delta p = P(R) - P_\infty(t)$ , and the total work  $W$  is

$$W = \int \Delta p dV = \int_{R_0}^R (p(R) - p_{\infty(t)}) 4\pi R^2 dR. \quad (46)$$

The kinetic energy of the liquid must equal the work, and the Rayleigh-Plesset equation is obtained by equating and differentiating Equation (44) and Equation (46) with respect to  $R$ ,

$$\frac{p_{R_0} \left( \frac{R_0}{R} \right)^{3\gamma} - p_0 - p(t)}{\rho_l} = \frac{3\dot{R}^2}{2} + R\ddot{R}. \quad (47)$$

Note that  $\frac{d\dot{R}^2}{dR} = 2\ddot{R}$ .