# **EveryPlate**

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## WHAT WE SEND (2 servings | 4 servings)

**★ Keep refrigerated**



Garlic (2 Cloves | 4 Cloves)



Persian Cucumber\* (1 | 2)



**Red Onion** (1 | 2)



Lemon \* (1 | 2)





Basmati Rice (1 | 2)



**Ground Turkey\*** (1 | 2)



**Tunisian Spice** (1 | 2)



(1 | 2)



Sour Cream \*

(2 | 4)Contains: Milk

### WHAT YOU'LL NEED

**Kosher Salt Black Pepper** 

Olive Oil (1 tsp | 2 tsp)

Cooking Oil (1 tsp | 2 tsp)

Butter (1 TBSP | 2 TBSP) Contains: Milk

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Have any tender herbs in the back of your fridge (say, some parsley, cilantro, or chives) just begging to be used? We highly recommend chopping up a handful and sprinkling them over your finished bowls!



Wash and dry produce. Peel and finely chop garlic. Halve cucumber crosswise; slice lengthwise into  $\frac{1}{2}$ -inch-thick planks. Cut planks lengthwise into  $\frac{1}{2}$ -inch-thick sticks. Halve, peel, and thinly slice  $\frac{1}{4}$  of the onion (half an onion for 4 servings); cut remaining onion into a small dice. Zest lemon until you have 1 tsp (2 tsp for 4); quarter lemon.



In a small pot, combine rice, 34 cup water (1½ cups for 4 servings), and ½ tsp salt (34 tsp for 4). Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15–18 minutes. Keep covered off heat until ready to serve.



Heat a drizzle of oil in a medium pan (use a large pan for 4 servings) over medium heat. Add turkey, garlic, diced onion, and Tunisian Spice; season with a big pinch of salt and pepper. Cook, breaking up meat into pieces, until browned and cooked through, 4–6 minutes. In the last minute of cooking, stir in 1 TBSP water (2 TBSP for 4) and 1 TBSP butter (2 TBSP for 4). Turn off heat and set aside.



In a small bowl, combine cucumber, half the cheese, and as much sliced onion as you like. Toss with a drizzle of olive oil, juice from two lemon wedges (four wedges for 4 servings), and a pinch of salt and pepper. In a second small bowl, combine sour cream, lemon zest, juice from one lemon wedge (two wedges for 4), remaining cheese, and pepper. Add water 1 tsp at a time until mixture reaches a drizzling consistency.



Fluff **rice** with a fork and season with **salt** and **pepper** to taste. Divide rice between bowls. Top with **turkey** and **salad**. Drizzle with **lemon feta sauce**. Halve **remaining lemon wedge** and serve on the side.

Ground Turkey is fully cooked when internal temperature reaches 165 degrees.