EveryPlate







CRISPY CAESAR CHICKEN

with Roasted Carrots and Garlic Mashed Potatoes

WHAT WE SEND (2 servings | 4 servings)

Chicken is fully cooked when internal temperature reaches 165 degrees.



* Keep refrigerated

Yukon Gold Potatoes * (5 | 10)



Panko Breadcrumbs (1 | 1)



Carrots * (12 oz | 24 oz)



Shredded Parmesan * (1 | 2)



Garlic (2 Cloves | 4 Cloves)



Chicken Breasts * (1 | 2)



Sour Cream * (1 | 2)Contains milk



Caesar Dressing (1 | 2)Contains eggs,

fish, milk

WHAT YOU'LL NEED

Butter (2 TBSP | 4 TBSP) Contains milk

Olive Oil (4 tsp | 8 tsp)



Happen to have a lemon hanging out in your fridge? Zest it up and stir a pinch into your panko mixture in Step 3 for a bright bite!



Preheat oven to 425 degrees. Wash and dry all produce. Trim, peel, and cut carrots on a diagonal into ½-inch-thick pieces. Dice potatoes into ½-inch pieces. Peel garlic.

Toss carrots on one side of a baking sheet with a large drizzle of olive oil and a pinch of salt and pepper. Roast on top rack for 10 minutes (we'll add the chicken then). (For 4 servings, spread out across sheet and roast on middle rack.)



2. While carrots roast, place potatoes and garlic cloves in a medium pot with enough salted water to cover by 2 inches. Bring to a boil and cook until tender, 12-15 minutes. Reserve ½ cup potato cooking liquid, then drain and return potatoes and garlic to pot.



Meanwhile, in a small bowl, combine
Parmesan, half the panko (all the panko for
4 servings), and a large drizzle of olive oil;
season with salt and pepper. Pat chicken
dry with paper towels and season all over
with salt and pepper. Evenly spread tops of
chicken breasts with 1 tsp Caesar dressing
each. Mound with panko mixture, pressing
to adhere (no need to coat the underside).



Once carrots have roasted 10 minutes, remove baking sheet from oven. Place chicken crust sides up on opposite side of sheet from carrots. (For 4 servings, leave carrots roasting and add chicken to a second sheet; roast on top rack.) Roast until chicken is golden brown and cooked through and carrots are browned and tender, 12-15 minutes. (If you'd like a darker crust on your chicken, remove carrots from sheet and heat broiler to high. Broil chicken until deeply browned, 2-3 minutes.)



5. Meanwhile, mash potatoes and garlic with sour cream, 2 TBSP butter (4 TBSP for 4 servings), and a splash or two of reserved potato cooking liquid until smooth and creamy. Season generously with salt and pepper.



Divide carrots, chicken, and mashed potatoes between plates. Serve with remaining Caesar dressing on the side for dipping.

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