EveryPlate

10 MIN

35 MIN



WHAT WE SEND (2 servings) 4 servings)

★ Keep refrigerated



Carrots* (12 oz | 24 oz)



Chicken **Breasts*** (1 | 2)



Yukon Gold Potatoes* (5|10)



Mozzarella *

(1 | 2)Contains: Milk



Yellow Onion





Sour Cream *

(1 | 2)Contains: Milk



Did vou choose a different side? We like your style! Follow along with the CustomPlate

instructions on the flip side of this card to learn how to modify your meal.



Asparagus @ (1 | 2)

You may receive potatoes that are a different color. No matter the hue, they will be just as delicious!

WHAT YOU'LL NEED

Kosher Salt Black Pepper (2 TBSP | 4 TBSP)

Butter Contains: Milk

Sugar (1 tsp | 2 tsp)

Cooking Oil (1 TBSP | 2 TBSP)



Beef Stock

Concentrate

(1 | 2)

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CHEF'S

asparagus.

Want to really go the extra mile with your mashed potatoes? Peel, then rinse the potatoes before dicing in step 1. This removes excess starch from the spuds, making the end result extra fluffy and silky! (A splash of milk or heavy cream while mashing never hurt either.)



Preheat oven to 425 degrees. Wash and dry all produce. Trim, peel, and cut carrots on a diagonal into $\frac{1}{4}$ -inch-thick pieces. Dice potatoes into $\frac{1}{2}$ -inch pieces. Halve, peel, and thinly slice onion.

Trim and discard woody bottom ends from



Toss carrots on a baking sheet with a drizzle of oil, salt, and pepper. Roast until browned and tender, 15–20 minutes.



Swap in **asparagus** for carrots. Roast until tender, 10-12 minutes.



Meanwhile, place **potatoes** in a medium pot with enough **salted water to cover by 2 inches**. Bring to a boil and cook until tender, 12–15 minutes. Drain and return potatoes to pot. Keep covered off heat until ready to mash.



While potatoes cook, heat a **drizzle of oil** in a large pan over medium-high heat. Add **onion**; cook, stirring occasionally, until lightly browned and softened, 8–10 minutes. Sprinkle with **1 tsp sugar** (2 tsp for 4 servings), then stir in **stock concentrate** and **2 TBSP water** (½ cup for 4). Season with **salt** and **pepper**. Cook until onion is caramelized and jammy, 2–3 minutes more. Turn off heat; transfer to a small bowl. Wash out pan.



Pat **chicken** dry with paper towels; season all over with **salt** and **pepper**. Heat a **drizzle of oil** in pan used for onion over medium-high heat. Add chicken and cook until browned and cooked through, 5–6 minutes per side. In the last 1–2 minutes of cooking, top with **caramelized onion** and **cheese**. Cover pan until cheese melts. (If your pan doesn't have a lid, cover with a baking sheet!)



Heat pot with drained potatoes over low heat; mash with sour cream, 2 TBSP butter (4 TBSP for 4 servings), salt, pepper, and a splash of water (or milk, for extra richness) until smooth. Divide chicken, roasted carrots, and mashed potatoes between plates.

Chicken is fully cooked when internal temperature reaches 165 degrees.

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