# **EveryPlate**







## **ARTY THYME STEAK**

with Garlic Ciabatta and Roasted Brussels Sprouts

### WHAT WE SEND (2 servings | 4 servings)

Steak is fully cooked when internal temperature reaches 145 degrees.



\* Keep refrigerated

**Shallot** (1 | 2)



Garlic (1 Clove | 2 Cloves)



Ciabatta Bread \* (1 | 2)Contains soy, wheat



Thyme \* (1 | 1)



**Brussels Sprouts**\* (1 | 2)



Ranch Steak \* (1 | 2)



Beef Stock Concentrate (1 | 2)

#### WHAT YOU'LL NEED

Butter (2 TBSP | 4 TBSP) (2 TBSP | 3 TBSP) Contains milk

Olive Oil



CHEF'S

To save time on thyme prep, pinch the stem near the top with one hand, then pull down with your other hand against the direction the leaves grow in The leaves. with your other hand against the direction the leaves grow in. The leaves should pop right off... like "magic"!



Preheat oven to 425 degrees. Wash and dry all produce. Trim and halve Brussels sprouts. Halve, peel, and finely chop shallot. Peel and finely chop garlic. Halve ciabatta crosswise (as if you were making a sandwich), then halve each piece on a diagonal. Strip thyme leaves from stems: discard stems. Roughly chop leaves until you have about 1 tsp (2 tsp for 4 servings).



2. Toss Brussels sprouts on a baking sheet with a drizzle of olive oil, salt, and pepper. Roast until browned and tender, 15-20 minutes.



Meanwhile, pat **steak** dry with paper towels and season all over with salt and pepper. Heat a drizzle of olive oil in a large pan over medium-high heat. Add steak and cook to desired doneness, 3-5 minutes per side. Turn off heat; transfer to a cutting board to rest. Wipe out pan.



While steak cooks, place garlic, 1 TBSP butter, and 1 TBSP olive oil (2 TBSP of each for 4 servings) in a small microwave-safe bowl. Microwave until melted and fragrant, 30 seconds. Brush onto cut sides of ciabatta, then season with salt and pepper. Place cut sides up on baking sheet with Brussels sprouts. Toast in oven until lightly aolden, 3-5 minutes.



5. Heat a drizzle of olive oil in pan used for steak over medium heat. Add shallot and **chopped thyme**. Cook, stirring, until shallot is softened, 1-2 minutes. Stir in 1/4 cup water (1/3 cup for 4 servings) and stock concentrate. Simmer until slightly thickened. 2-3 minutes. Remove from heat and stir in 1 TBSP butter (2 TBSP for 4) until melted. Taste and season with pepper.



Thinly slice steak against the grain. Divide between plates along with garlic ciabatta and roasted Brussels sprouts. Drizzle steak with sauce.

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