EveryPlate







LEMON-THYME CHICKEN LINGUINE

with Zucchini

WHAT WE SEND (2 servings | 4 servings)

* Keep refrigerated.

Chicken is fully cooked when internal temperature reaches 165 degrees.



Zucchini * (1 | 2)



Garlic (2 Cloves | 4 Cloves)



Lemon * (1 | 1)



Dried Thyme



Linguine Pasta (112) Contains wheat



Chicken Stock Concentrate (1|2)



Chicken Breast Strips * (1|2)



Cream Cheese *
(112)
Contains milk



Sour Cream *
(1|2)

WHAT YOU'LL NEED

Olive Oil (2 tsp | 4 tsp) Butter (2 TBSP | 2 TBSP) Contains milk



You may notice that we pretty much always ask you to reserve a bit of pasta cooking water before draining. It's a good habit to get into! Wondering what makes this cloudy water so darn special? It's salty and starchy, and those magical starches help emulsify your sauce (aka turn it silky smooth.) Basically, it makes good pasta great.



Bring a large pot of salted water to a boil. Wash and dry all produce. Trim and quarter zucchini lengthwise; cut crosswise into ½-inch-thick pieces. Peel and finely chop garlic. Zest and quarter lemon.



Once water is boiling, add pasta to pot.
 Cook until al dente, 9-11 minutes. Reserve ½ cup pasta cooking water, then drain.



Meanwhile, heat a drizzle of olive oil in a large pan over medium-high heat. Add zucchini and cook, stirring occasionally, until browned and softened, 7-8 minutes. Season with salt and pepper. Transfer to a plate.



4. While zucchini cooks, pat chicken dry with paper towels. Season with half the thyme, salt, and pepper. Once zucchini is done, heat a drizzle of olive oil in same pan over medium-high heat. Add chicken and cook, stirring occasionally, until browned and cooked through, about 5 minutes. Add garlic and cook until fragrant, 1 minute more. Taste and season with more thyme, if you'd like. Reduce heat to low.



5. Stir pasta, stock concentrate, ¼ cup pasta cooking water (⅓ cup for 4 servings), zucchini, cream cheese, sour cream, a squeeze of lemon juice, half the lemon zest, and 2 TBSP butter (4 TBSP for 4) into pan with chicken until thoroughly combined. Turn off heat; season with salt and pepper. (If sauce seems too thick, add more reserved pasta cooking water until everything is coated in a creamy sauce.)



Divide pasta between bowls. Top with as much remaining lemon zest as you'd like.

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