EveryPlate







VEGGIE LOADED TACOS

with Black Beans and Charred Corn

WHAT WE SEND (2 servings | 4 servings)

* Keep refrigerated



Corn (1 | 2)



Red Onion (1 | 1)



Jalapeño *
(1 | 2)



Roma Tomato * (1 | 2)



Lime * (1 | 2)



Black Beans (1 | 2)



Sour Cream *
(2 | 4)
Contains milk



Ancho Chili Powder (1 | 2)



Shredded
Pepper Jack *
(112)
Contains milk



Flour Tortillas *
(112)
Contains wheat

WHAT YOU'LL NEED

Vegetable Oil (1 tsp | 2 tsp) Butter (1 TBSP | 2 TBSP) Contains milk



Charring ingredients both brings out their natural sweetness and introduces serious depth of flavor. In the case of our corn, we're looking for the kernels to become dark brown on the outside (but still soft on the inside). Don't fret if the kernels pop—it just means the heat's doing its job!



Preheat oven to 450 degrees. Wash and dry all produce. Small dice tomato. Quarter lime. Halve, peel, and finely chop onion.
Thinly slice half the jalapeño into rounds; finely chop remaining jalapeño, removing ribs and seeds if you prefer less heat. Drain and rinse corn, then pat very dry with paper towels (this will help reduce popping as it cooks in step 4).



In a small bowl, combine tomato, a squeeze of lime juice, 1 TBSP onion (2 TBSP for 4 servings), and as much chopped jalapeño as you'd like. Season with salt and pepper. In a separate small bowl, combine sliced jalapeño, juice from half the lime, and a pinch of salt. Set aside to quick-pickle.



3. Heat a drizzle of oil in a medium pot over medium-high heat. Add half the remaining onion; season with salt and pepper. Cook, stirring, until softened, 3-4 minutes. Add beans and their liquid and half the chili powder. Reduce heat to medium. Simmer, stirring occasionally, until mixture has thickened, 6-8 minutes. Turn off heat; mash with a potato masher or a fork until smooth. Taste and season with salt and pepper.



Meanwhile, melt 1 TBSP butter (2 TBSP for 4 servings) in a large pan over high heat.
Add corn and season with salt and pepper.
Cook, stirring occasionally, until charred, 4-5 minutes. (Cover pan if corn begins to pop!)
Turn off heat; stir in as much remaining onion as you like, pickling liquid from sliced jalapeño, half the sour cream, and remaining chili powder. Season with salt and pepper.



5. Spread one side of each tortilla with an even layer of beans. Place on a baking sheet and sprinkle with cheese. Bake until cheese is just melted, 2-3 minutes (the tortillas should be soft, not crisp). Divide between plates and fill with corn mixture, salsa, remaining sour cream, and pickled jalapeño to taste. Halve remaining lime wedge and serve on the side.

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