EveryPlate

10 MIN

35 MIN



WHAT WE SEND (2 servings) 4 servings)

★ Keep refrigerated



Penne Pasta

(1 | 2)Contains: Wheat



Cream Cheese *

(2|4)Contains: Milk



Bell Pepper* (1 | 2)



Zucchini *

(1 | 2)



Tuscan Heat Spice

Scallions * (1 | 2)

Garlic (1 Clove | 2 Cloves)



Shredded Parmesan *

(1 | 2)Contains: Milk



Lemon *

(1 | 1)



Roma Tomato * (1 | 2)





Did vou choose to add a protein? We like your

style! Follow

along with the

CustomPlate instructions on the flip side of this card to learn how to modify

your meal.

Chicken **Breast** Strips @ (1 | 2)

Cooking Oil

WHAT YOU'LL NEED

Kosher Salt Black Pepper (2 TBSP | 4 TBSP)

Butter Contains: Milk

Olive Oil (2 tsp | 4 tsp)

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CHEF'S

How do you know if your pasta water is salty enough? Taste it! (We're serious.) Because your cooking water is the only chance you have to season the pasta itself, it's super-important to treat it like you would any other ingredient. The water should taste about as salty as the ocean!



Adjust rack to middle position (middle and top positions for 4 servings) and preheat oven to 450 degrees. Wash and dry all produce. Trim and halve zucchini lengthwise; cut crosswise into ¾-inch-thick half-moons. Core, deseed, and dice bell pepper into ½-inch pieces. Cut tomato into ½-inch-thick wedges.



While veggies roast, bring a large pot of **salted water** to a boil. Peel and finely chop **garlic**. Trim and thinly slice **scallions**, separating whites from greens. Zest and quarter **lemon**. Once water is boiling, add **pasta** to pot; cook until al dente, 9–11 minutes. Reserve ½ cup pasta cooking water, then drain (keep empty pot handy for the next step).



Pat **chicken** dry with paper towels and season with **1 tsp Tuscan Heat Spice**, **salt**, and **pepper**. Heat a **drizzle of oil** in a large pan over mediumhigh heat. Add chicken and cook, stirring, until browned and cooked through, 4–6 minutes.



Stir 1/3 cup plain water (1/2 cup for 4 servings) into pot until combined, then add half the Parmesan (save the rest for serving) and lemon zest to taste. Stir in drained pasta and roasted veggies, adding splashes of reserved pasta cooking water as needed, until everything is coated in a creamy sauce. Stir in a squeeze of lemon juice and season with salt and pepper.





Toss zucchini, bell pepper, and tomato on a baking sheet with a large drizzle of olive oil, 1 tsp Tuscan Heat Spice (you'll use the rest later), salt, and pepper. (For 4 servings, divide veggies between two baking sheets; roast on middle and top racks.) Roast on middle rack until browned and tender, 20–25 minutes.



Heat pot used for pasta over medium-high heat. Add 2 TBSP butter (4 TBSP for 4 servings), garlic, and scallion whites; cook, stirring, until softened, 1 minute. Stir in cream cheese and remaining Tuscan Heat Spice. Season with salt and pepper.



Divide **pasta** between bowls and top with **scallion greens** and **remaining Parmesan**. Serve with **remaining lemon wedges** on the side.

Chicken is fully cooked when internal temperature reaches 165 degrees.