## **EveryPlate**







## CREAMY PENNE PRIMAVERA

with Lemon, Peas, Roasted Mushrooms & Zucchini

## WHAT WE SEND (2 servings) 4 servings)

**★ Keep refrigerated**



Zucchini\* (1 | 2)



**Button Mushrooms\*** (1 | 2)



Garlic (4 Cloves | 8 Cloves)



Lemon \* (1 | 2)



Italian Seasoning (1 | 2)



(1 | 2)Contains: Wheat



**Shredded** Parmesan \* (1 | 2)Contains: Milk

Cream Cheese \* (2 | 4)Contains: Milk



Peas \* (1 | 2)

## WHAT YOU'LL NEED

Kosher Salt Black Pepper (1 TBSP | 2 TBSP)

Butter Contains: Milk Cooking Oil (2 tsp | 4 tsp) Olive Oil (1 tsp | 2 tsp)



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Did vou choose to add a protein? We like your style! Follow along with the CustomPlate

instructions on the flip side of this card to learn how to modify your meal.



Chicken **Breast** Strips @ (1 | 2)



Can't get enough of the caramelized flavor of your roasted garlic? Use this foilpacket technique again to roast whole cloves for a decadent compound butter. Just be sure to let the garlic cool to room temperature, then mash the cloves with a fork and stir into softened butter. Pro tip: This makes an awesome spread for your fave toasted bread or topping for steak or chicken!



Preheat oven to 450 degrees. Bring a large pot of **salted water** to a boil. **Wash and dry all produce.** Trim and halve **zucchini** lengthwise; slice crosswise into ½-inch-thick half-moons. Trim and quarter **mushrooms**. Peel **garlic**; thinly slice 1 clove (2 cloves for 4 servings) and keep remaining cloves whole. Zest and quarter **lemon**.



Toss zucchini and mushrooms on a baking sheet with a large drizzle of oil, half the Italian Seasoning (use the rest however you'd like), salt, and pepper. Wrap whole garlic cloves in a small piece of foil; place on same sheet. Roast until veggies are browned and tender and garlic is softened, 14–16 minutes.



Save **remaining Italian Seasoning** for the next step.



Once water is boiling, add **pasta** to pot. Cook until al dente, 9-11 minutes. Reserve **1 cup pasta cooking water**, then drain. Keep empty pot handy for the next step.



While pasta cooks, pat **chicken** dry with paper towels. Heat a **drizzle of oil** in a large pan over medium-high heat. Add chicken and season with **remaining Italian Seasoning, salt**, and **pepper**. Cook, stirring, until browned and cooked through, 4–6 minutes. Turn off heat.



Add 1 TBSP butter (2 TBSP for 4 servings), a drizzle of olive oil, and sliced garlic to pot used for pasta; heat over medium heat. Cook, stirring, until garlic is fragrant, 30 seconds. Add peas; cook, stirring, until warmed through, 1 minute. Add ¼ cup reserved pasta cooking water (½ cup for 4), cream cheese, and half the Parmesan (save the rest for serving). Stir until combined and thickened, 1–2 minutes. Season with salt and pepper. Turn off heat.



Once veggies are done, carefully open foil packet and mash garlic cloves with a fork. Heat pot with sauce over medium heat; stir in mashed garlic, drained pasta, roasted veggies, lemon zest, and a squeeze of lemon juice. Toss, adding splashes of reserved pasta cooking water as needed, until everything is coated in a creamy sauce. Season with salt and pepper.



Divide **pasta** between bowls and top with **remaining Parmesan**. Serve with **remaining lemon wedges** on the side.



Stir cooked chicken into pasta.

Chicken is fully cooked when internal temperature reaches 165 degrees.