EveryPlate

10 MIN

30 MIN



CRISPY CAESAR CHICKEN

with Roasted Carrots & Garlic Mashed Potatoes

WHAT WE SEND (2 servings) 4 servings)

★ Keep refrigerated



Yukon Gold Potatoes* (5 | 10)



Shredded Parmesan*

(1 | 2)Contains: Milk

Carrots*

(12 oz | 24 oz)



Garlic

(2 Cloves | 4 Cloves)



Sour Cream *

(1 | 2)Contains: Milk



Panko Breadcrumbs

(1 | 1)Contains: Wheat



Breasts*

(1 | 2)



Dressing

(1 | 2)Contains: Eggs, Fish, Milk



You may receive potatoes that are a different color. No matter the hue, they will be just as delicious!

Kosher Salt **Black Pepper**

Olive Oil (4 tsp | 8 tsp)

Butter

(2 TBSP | 4 TBSP) Contains: Milk



Swap out your sides with CustomPlate! See the back for details on how to cook your new sides.

CHEF'S TIP

In step 3, we instruct you to spread a bit of Caesar dressing onto your chicken. Our favorite tool for the job is a basting brush, but if you don't have one, simply use the back of a spoon! #LIFEHACK

HAVE A CUSTOMPLATE?

Did you substitute asparagus for carrots? In step 1, trim and discard woody bottom ends from asparagus. In step 4, toss asparagus on one side of a baking sheet with a drizzle of oil salt, and pepper. Place coated chicken on empty side. Roast until asparagus is tender and chicken is browned and cooked through, 12–15 minutes. Add to plates in step 6.





Adjust rack to top position (middle and top positions for 4 servings) and preheat oven to 425 degrees. Wash and dry all produce. Trim, peel, and cut carrots on a diagonal into ½-inch-thick pieces. Dice potatoes into ½-inch pieces. Peel garlic. Toss carrots on one side of a baking sheet with a large drizzle of olive oil and a pinch of salt and pepper. (For 4, spread carrots out across entire sheet; roast on middle rack.) Roast on top rack for 10 minutes (you'll add the chicken then).



While carrots roast, place potatoes and garlic cloves in a medium pot with enough salted water to cover by 2 inches. Bring to a boil and cook until tender, 12–15 minutes. Reserve ½ cup potato cooking liquid, then drain and return potatoes and garlic to pot. Keep covered off heat until ready to mash.





Meanwhile, in a small bowl, combine Parmesan, half the panko (all the panko for 4 servings), and a large drizzle of olive oil; season with salt and pepper. Pat chicken dry with paper towels and season all over with salt and pepper. Evenly spread tops of chicken with 1 tsp Caesar dressing each (save the rest for serving). Mound with panko mixture, pressing to adhere (no need to coat the undersides).



Once **carrots** have roasted 10 minutes, carefully place **coated chicken** crust sides up on empty side of same sheet. (For 4 servings, leave carrots roasting and add chicken to a second sheet; roast on top rack.) Roast until chicken is golden brown and cooked through and carrots are browned and tender, 12–15 minutes more. (If you'd like a darker crust on your chicken, remove carrots from sheet and broil chicken until deeply browned, 2–3 minutes.)



Meanwhile, mash potatoes and garlic with sour cream and 2 TBSP butter (4 TBSP for 4 servings) until smooth and creamy, adding reserved potato cooking liquid a splash at a time as needed. Season generously with salt and pepper.



Divide **carrots**, **chicken**, and **mashed potatoes** between plates. Serve with **remaining Caesar dressing** on the side for dipping.

Chicken is fully cooked when internal temperature reaches 165 degrees.

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