# **EveryPlate**

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with Scallion Rice & Zesty Carrots

# WHAT WE SEND (2 servings | 4 servings)

**★ Keep refrigerated**



(12 oz | 24 oz)





Scallions\* (1 | 1)





Garlic

**Sweet Thai** Chili Sauce (2 | 4)



Lime \* (1 | 2)



Chicken **Breasts**\* (1 | 2)

PREP IN 5 MIN

**READY IN 30 MIN** 



If you chose a different side when placing your order, follow the CustomPlate instructions on the flip side of this card to learn how to modify your meal.



Sugar Snap Peas 🕏

(1 | 2)

## **WHAT YOU'LL NEED**

**Kosher Salt** Black Pepper

Cooking Oil (1 TBSP | 2 TBSP)

**Butter** (1 TBSP | 2 TBSP)

Contains: Milk

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Why are we always telling you to pat your chicken dry? Well, since you asked, drying protein with paper towels ensures even browning rather than steaming. Crispy, caramelized edges = major flavor!



Preheat oven to 425 degrees. Wash and dry produce. Trim and thinly slice scallions, separating whites from greens. Peel and finely chop garlic. Heat a drizzle of oil in a small pot over medium-high heat. Add scallion whites and garlic; cook until fragrant, 1 minute. Stir in rice to coat, then add 1½ cups water (2½ cups for 4 servings) and a pinch of salt. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender, 15–20 minutes. Keep covered off heat until ready to serve.



Meanwhile, place 1 TBSP butter (2 TBSP for 4 servings) in a small microwave–safe bowl. Microwave until melted, 30 seconds. Stir in soy sauce, chili sauce, and a squeeze of lime juice. Taste and add more lime juice for a tangy punch.



While rice cooks, trim, peel, and cut **carrots** on a diagonal into ½-inch-thick pieces. Zest and quarter **lime**. Toss carrots on a baking sheet with a **drizzle of oil** and a **pinch of salt and pepper**. Roast until browned and tender, 20–25 minutes.

Trim and remove strings from **snap peas**; halve crosswise.



Pat **chicken** dry with paper towels; season all over with **salt** and **pepper**. Heat a **drizzle of oil** in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 5–6 minutes per side. Turn off heat; transfer to a cutting board. Once cool enough to handle, thinly slice chicken crosswise.



with salt and pepper.



Toss **roasted carrots** with **lime zest**. Fluff **rice** with a fork; divide between plates and top with **chicken**. Serve carrots on the side. Drizzle chicken with **sauce**. Sprinkle with **scallion greens** and serve with any **remaining lime wedges** on the side.

Stir

Stir **lime zest** into **rice**. Serve **snap peas** on the side.

Chicken is fully cooked when internal temperature reaches 165 degrees.