EveryPlate

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SWEET CHILI CHICKEN

with Zesty Carrots & Scallion Rice

WHAT WE SEND (2 servings | 4 servings)

★ Keep refrigerated



(1 | 1)



Garlic (2 Cloves | 4 Cloves)



Jasmine Rice (1 | 2)







(1 | 1)







(2 | 4)



Chicken **Breasts*** (1 | 2)

PREP IN 5 MIN

READY IN 30 MIN



If you chose a different side when placing your order, follow the CustomPlate instructions on the flip side of this card to learn how to modify your meal.



Green Beans (1 | 2)

WHAT YOU'LL NEED

Kosher Salt Black Pepper

Cooking Oil (1 TBSP | 2 TBSP)

Butter (1 TBSP | 2 TBSP)

Contains: Milk

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Why are we always telling you to pat your chicken dry? Well, since you asked, drying protein with paper towels ensures even browning rather than steaming. Crispy, caramelized edges = major flavor!



Preheat oven to 425 degrees. **Wash and dry produce.** Trim and thinly slice **scallions**, separating whites from greens. Peel and finely chop **garlic**. Heat a **drizzle of oil** in a small pot over medium-high heat. Add **scallion whites** and garlic; cook, stirring, until fragrant, 1 minute. Stir in **rice** to coat, then add **1½ cups water** (2½ cups for 4 servings) and a **pinch of salt**. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender, 15–20 minutes. Keep covered off heat until ready to serve.



While rice cooks, trim, peel, and cut **carrots** on a diagonal into ½-inch-thick pieces. Zest and quarter **lime**. Toss carrots on a baking sheet with a **drizzle of oil** and a **pinch of salt and pepper**. Roast until browned and tender, 20–25 minutes.

Trim **green beans** if necessary (no need to cut into smaller pieces). Swap in green beans for carrots; roast 12–15 minutes.



Meanwhile, place 1 TBSP butter (2 TBSP for 4 servings) in a small microwave–safe bowl. Microwave until melted, 30 seconds. Stir in soy sauce, chili sauce, and a squeeze of lime juice. Taste and add more lime juice for a tangy punch.



Pat **chicken** dry with paper towels; season all over with **salt** and **pepper**. Heat a **drizzle of oil** in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 5–6 minutes per side. Turn off heat; transfer to a cutting board.



Thinly slice **chicken** crosswise. Toss **roasted carrots** with **lime zest**. Fluff **rice** with a fork; divide between plates and top with chicken. Serve carrots on the side. Drizzle chicken with **sauce**. Sprinkle with **scallion greens** and serve with any **remaining lime wedges** on the side.

Chicken is fully cooked when internal temperature reaches 165 degrees.