

## *Quick List of Regional Contacts*

### **CITY OFFICES AND COMMUNITY CENTERS**

**Brooklyn Center 763-569-3300**  
Community Center 763-569-3400

**Brooklyn Park 763-424-8000**  
Community Center 763-493-8333

**Champlin 763-421-8100**  
Community Center 763-421-2820

**Corcoran 763-420-2288**  
Community Center 763-420-2288

**Crystal 763-531-1000**  
Community Center 763-531-0052

**Dayton 763-427-4589**  
Community Center 763-428-4692

**Golden Valley 763-593-8000**  
Community Center 763-512-2345

**Hanover 763-497-3777**  
Community Hall 763-497-3777

**Maple Grove 763-494-6000**  
Community Center 763-494-6500

**New Hope 763-531-5100**

**Osseo 763-425-2624**  
Community Center 763-425-2624

**Plymouth 763-509-5000**  
Community Center 763-509-5280

**Robbinsdale 763-537-4534**  
Rec Center 763-531-1278

**Rogers 763-428-2253**  
Community Center 763-428-1033

### **HENNEPIN COUNTY**

**Child Care Assistance**  
612-348-5937

**Child Protection**  
612-348-3552

**Eligibility Support Brookdale**  
612-596-1300

**Eligibility Support Minneapolis**  
612-596-1300

**Front Door Screener**  
612-348-4111

**General Information/Referral**  
612-348-3000

**Work Support**  
612-348-8953

**Medical Center (HCMC)**  
612-873-3000

**Mental Health Center**  
612-596-9438

**Office of Multi-Cultural  
Services**  
612-348-2193

**Poison Control**  
1-800-222-1222

**Service Centers**  
612-348-8240

**Veteran Services**  
612-348-3300

### **SCHOOL DISTRICTS**

**Osseo Area Schools  
ISD 279**  
763-391-7000

**Robbinsdale Area Schools  
ISD 281**  
763-504-8000

**Brooklyn Center Schools  
ISD 286**  
763-450-3386

**Anoka-Hennepin Schools  
ISD 11**  
763-506-1000

**Intermediate District 287**  
763-559-3535

**Northwest Suburban Integration  
School District #6078**  
763-450-1300

**Wayzata Public Schools  
ISD 284**  
763-745-5000

**Elk River Area Schools  
ISD 728**  
763-241-3400

**Buffalo-Hanover-Montrose  
Schools ISD 877**  
763-682-5200

### **HENNEPIN COUNTY LIBRARIES**

|                              |   |                     |
|------------------------------|---|---------------------|
| <b>Brookdale Library</b>     | 6125 Shingle Creek Pkwy., Brooklyn Center, MN 55430 | <b>612-543-5600</b> |
| <b>Brooklyn Park Library</b> | 8600 Zane Ave. N., Brooklyn Park, MN 55443          | <b>612-543-6225</b> |
| <b>Champlin Library</b>      | 12154 Ensign Ave. N., Champlin, MN 55316            | <b>612-543-6250</b> |
| <b>Golden Valley Library</b> | 830 Winnetka Ave. N., Golden Valley, MN 55427       | <b>612-543-6375</b> |
| <b>Maple Grove Library</b>   | 8001 Main St. N., Maple Grove, MN 55369             | <b>612-543-6450</b> |
| <b>Osseo Library</b>         | 415 Central Ave., Osseo, MN 55369                   | <b>612-543-5750</b> |
| <b>Plymouth Library</b>      | 15700 36 <sup>th</sup> Ave. N., Plymouth, MN 55446  | <b>612-543-5825</b> |
| <b>Rockford Road Library</b> | 6401 42 <sup>nd</sup> Ave. N., Crystal, MN 55427    | <b>612-543-5875</b> |
| <b>Rogers Library</b>        | 21300 John Milless Dr., Rogers, MN 55374            | <b>612-543-6050</b> |

**Website: [www.hclib.org](http://www.hclib.org)**

# Acknowledgements

## About this Guide

The *Northwest Hennepin County Guide to Human Services* provides a broad array of information about agencies and services that will help connect people to community resources. The eleventh edition of the *Guide* has been produced by Northwest Hennepin Human Services Council.

## NORTHWEST HENNEPIN HUMAN SERVICES COUNCIL

### Our Mission

The Northwest Hennepin Human Services Council was established in 1972 as a Joint Powers Agreement among cities in Northwest Hennepin County to do regional research, planning and coordination of human services that make a difference in the lives of area residents.

### Our Beliefs

- Municipalities should share the responsibility of overseeing that human service needs of residents are met.
- Residents and consumers should play a critical role in defining their own needs and problems, and in recommending appropriate solutions.
- Suburban residents should have access to human services within their own communities.

### Our Goals

- Provide local information and connect resources
- Coordinate networks of service providers
- Involve residents in the planning process
- Serve as a catalyst for joint endeavors
- Initiate innovative, cross-cultural, multi-sector programs

## 2015 Programs and Networks

- Research and Planning
- Residents Advisory Commission (appointed by member cities)
- Northwest Hennepin Early Childhood Network
- Senior Leadership Committee
- Joint Community Police Partnership and Multicultural Advisory Committee
- Healthy Together Northwest

## Updates, Additions and Comments

Northwest Hennepin Human Services Council has made every effort to be as thorough and accurate as possible. The information is provided directly by each of the resources listed. Northwest Hennepin Human Services Council accepts no liability for any errors or omissions or any damage caused by any errors or omissions.

Agencies listed in this publication have been referred by other agencies.

All information in this guide can be found on our website at [www.nwhhsc.org](http://www.nwhhsc.org). Contact Northwest Hennepin Human Services Council with any updates or additions to the programs listed in this guide. Updates and additions will be reflected on our website. Please note that organizations can submit updates using a form on our website. We welcome your concerns, needs or suggestions for human services resources in the Northwest Hennepin area. Feel free to contact us:

Northwest Hennepin Human Services Council, 6120 Earle Brown Drive, Suite 230, Brooklyn Center, MN 55430  
(763) 503-2520 • [info@nwhhsc.org](mailto:info@nwhhsc.org) • [www.nwhhsc.org](http://www.nwhhsc.org)

*Brooklyn Center • Brooklyn Park • Crystal • Corcoran • Golden Valley • Hanover • Maple Grove • New Hope • Osseo*

Special thanks to Robbinsdale Area Redesign and Medica for providing funding for printing this updated *Guide*.

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# Education

**Africa Institute for International Reporting** 7030 Humboldt Ave. N., Brooklyn Center, MN 55430

International- and community-based media services for individual businesses and training. Media training and networking, educational events, workshops and new media training. Services are provided in English, Krio, Temne and Mende. 763-568-4335

**Channel 12 / Northwest Community TV** 6900 Winnetka Ave. N., Brooklyn Park, MN 55429

News, sports, and events programming for the NW suburbs. Public Access television classes and programming opportunities for public. 763-533-8193 [www.nwct.org](http://www.nwct.org)

## **Early Childhood Family Education (ECFE) /School Readiness Preschool**

Offered through school districts statewide. Contact these centers for local information on programs, classes, parenting, home visiting, pre-school, screening and child development concerns. Provides services for children and their families from birth to school age. Your home address determines which school district you are in. Please call one of these to find out your district.

- **ISD 11 Anoka-Hennepin** 2727 N. Ferry St., Anoka, MN 55303  
ECFE - 763-506-1275, School Readiness Preschool - 763-506-1500 [www.DiscoverCommunityEd.com](http://www.DiscoverCommunityEd.com)
- **ISD 279 Osseo Area Schools** 9401 Fernbrook Ln. N., Maple Grove, MN 55369 and 7020 Perry Ave. N., Brooklyn Center, MN 55429; ECFE Programs provide quality learning opportunities for parents and their children birth to school age. Osseo Area Schools also offers a variety of preschool options for children 3-5 years of age. Early Childhood Screening appointments can be made by calling: 763-391-8776 or 763-391-8777. [www.osseoec.org](http://www.osseoec.org)
- **ISD 286 Brooklyn Center Schools** 1500 59<sup>th</sup> Ave. N., Brooklyn Center, MN 55430  
School Readiness Preschool Classes, Early Childhood Family Education Classes, Preschool Screening and New Baby Home Visits. 763-561-4480, Ext. 5001 [www.brookcntr.k12.mn.us](http://www.brookcntr.k12.mn.us)
- **Riverview Early Childhood Center** 1400 93<sup>rd</sup> Ave. N., Brooklyn Park, MN 55444  
Early Childhood Family Education and School Readiness provides early childhood and parent education for children birth to 5 years old and their parents. Preschool programs for children ages 3-5. 763-506-6170
- **Robbinsdale Area Schools Early Childhood Programs** New Hope Learning Center, 8301 47<sup>th</sup> Ave. N., New Hope, MN 55428 [ced.rdale.org](http://ced.rdale.org)
  - **Creative Play Preschool** offers early education classes for children ages 3 to 5 years in schools throughout the district and provides excellent preparation for kindergarten. Creative Play Preschool, along with the other Robbinsdale Area Schools' early education programs received a 4-star rating by Parent Aware, a rating tool for selecting high quality childcare and early education. 763-504-5330
  - **Early Childhood Family Education (ECFE)** provides parents and their children (birth through kindergarten) parent and early childhood education classes based on Minnesota Department of Education Curriculum Guidelines. Free home visits by licensed ECFE parent educators provide parents current information on parenting, their child's development, and community resources. 763-504-4170
  - **Early childhood screening** is a quick and simple check of how your child is growing and developing. Screening is preferred at age 3, but can be done at 4 or 5 years old. Results are based on your child's age at the time of the screening. Early childhood screening helps you find out how your child is doing; provides you with information about district and community programs and resources; and answers your parenting questions. Early childhood screening is required for kindergarten enrollment and **is provided at no cost**. 763-504-4180
  - **Great Start Preschool** provides free 2-1/2 hour preschool classes, five days a week for children who meet the following criteria: Turn age 4 by September 1 of the current school year, live in the school attendance area, are eligible for free or reduced-price lunch and/or child is an English Language Learner. Transportation is provided if you live outside of the school's walking boundary. 763-504-5330
  - **Family Literacy** program provides opportunities for parents and their children, ages 3 months-5 years, to attend school together. Parents work on GED, basic skills, ELL or diploma, in addition to attending parenting classes. Children, 3 months-2 1/2 years of age, attend preschool to prepare for kindergarten. Children, 3 months-2 1/2 years of age, attend child care. Limited transportation (if needed) for District 281 residents is available. 763-504-4170.

**Head Start, PICA (Parents in Community Action, Inc.)** 700 Humboldt Ave. N., Minneapolis, MN 55411

Provides comprehensive early childhood and family development services that empower children and families to reach their full potential; supports parents and their community change that values children and families.

612-377-7422 [www.picaheadstart.org](http://www.picaheadstart.org)

**Town Hall Head Start** 8500 Zane Ave. N., Brooklyn Park, MN 55443 763-425-7422

**Hennepin Technical College** 9000 Brooklyn Blvd., Brooklyn Park, MN 55445 and 13100 College View Dr., Eden Prairie, MN 55347; Provides quality technical education in 2 years or less; campuses located in Brooklyn Park and Eden Prairie. 952-995-1300 [www.hennepintech.edu](http://www.hennepintech.edu)

# Education

**HIRED, Hennepin North Workforce Center** 7225 Northland Dr., Ste. 100, Brooklyn Park, MN 55428

Provides employment and training programs to eligible participants, dislocated workers, MFIP participants, youth and adults. 763-210-6200 [www.hired.org](http://www.hired.org)

**Hubert H. Humphrey Job Corps Center** 1480 N. Snelling Ave., St. Paul, MN 55108

Federally funded residential training and career development program for students ages 16-24. Includes high school diploma/GED completion. 651-642-1133 [huberthumphrey.jobcorps.gov](http://huberthumphrey.jobcorps.gov)

*Your home address determines which school district you are in. Please call one of these to find out your district.*

**ISD 11 Anoka-Hennepin Education Services Center** 2727 N. Ferry St., Anoka, MN 55303

Pre-kindergarten through high school education programs. 763-506-1000 [www.anoka.k12.mn.us](http://www.anoka.k12.mn.us)

- **Community Education Program** 2727 N. Ferry St., Anoka, MN 55303 763-506-1260  
Classes for children, youth, adults, families, school-age childcare, adults with disabilities, recreation and athletics.
- **Adult Basic Education, English as a Second Language (GED/ESL)** 1201 89<sup>th</sup> Ave. N., Ste. 335, Blaine, MN 55434 763-783-4870

**ISD 279 Osseo Area Schools** 11200 93<sup>rd</sup> Ave. N., Maple Grove, MN 55369

Pre-kindergarten through high school. 763-391-7000

- **Community Education**  
Provides community service programs for all ages. Kidstop, childcare option for children in elementary school; early childhood family education for parents and children from birth through kindergarten; adult enrichment, adult basic education; youth and out-of-school program, summer program, travel & adventure. [www.catchtheenergy.org](http://www.catchtheenergy.org)
- **Adult Basic Education**  
Free day and evening classes for adult learners: English Language (ESL/EL), GED Prep, Adult Diploma, Reading/Writing/Math, College Prep. [www.district279.org/adult-basic-education](http://www.district279.org/adult-basic-education)

**ISD 281 Robbinsdale Area Schools** 4148 Winnetka Ave., New Hope, MN 55427

Public school pre-kindergarten through high school. 763-504-8000 [rdale.org](http://rdale.org)

- **Community Education Sandburg Learning Center**, 2400 Sandburg Ln., Golden Valley, MN 55427
  - **Adult Academic Program** The award-winning Adult Academic Program helps adults improve academic skills to learn English (ELL/ESL), earn a GED or high school diploma and prepare for college or technical training. 763-504-8300 [ced.rdale.org](http://ced.rdale.org)
  - **Adult Enrichment and Adults with Disabilities** Do you want to learn something new, connect with others in the community, stimulate your creativity, improve health or brush up on your driving skills? Adult Enrichment offers a variety of fee-based classes and activities designed for adults of every age. Windows of Opportunity is Robbinsdale Area Schools Community Education program that provides recreation, education and support activities for adults with physical, neurological and/or developmental disabilities, age 16 and older. 763-504-6990 [ced.rdale.org](http://ced.rdale.org)
  - **Youth Enrichment** Discover U Programs for Youth offers enrichment activities for preK, elementary and middle school students, as well as leadership training and service learning opportunities for students in elementary, middle school and high school. Discover U also offers driver education and student internships for high school students. 763-504-6990 [ced.rdale.org](http://ced.rdale.org)
- **Robbinsdale Area Schools, Welcome Center & Language Services**  
Sandburg Learning Center, 2400 Sandburg Ln., Golden Valley, MN 55427; We offer support in the areas of preK to grade 12 family involvement and student academic achievement for English Learners (ELs). We also provide spoken, sign and written language access services for district schools and events. Services include: enrollment services for all students new to the United States and/or speak a language other than English in the home, assistance with completing K-12 registration materials, assessment for English Language Learning Services, referrals to clinics for immunizations, introduction to resources and support within the Robbinsdale Area Schools Community, and all students enrolling through the center will receive starter school supplies. 763-504-7680 [rdale.org](http://rdale.org)

**ISD 286 Brooklyn Center Schools** 6500 Humboldt Ave. N., Brooklyn Center, MN 55430

Public school PreK through grade 12. 763-561-2120 [www.brookcntr.k12.mn.us](http://www.brookcntr.k12.mn.us)

- **Community Corner Family Resource Center** 1500 69<sup>th</sup> Ave. N., Brooklyn Center, MN 55430  
Services include resource and referral for basic needs, housing, employment and other social services. 763-561-2481
- **Metro North Adult Basic Education/English Language Learners (GED/ELL)** 763-783-4870
- **ISD 286 Brooklyn Center Schools 21<sup>st</sup> Century Grant Program**  
Provides before-school, after-school and summer programming for youth K-12. 763-561-2120 Ext. 2105

# Education

**ISD 287, Phase North** 1820 Xenium Lane N., Plymouth, MN 55441

Provides educational programs to complement member districts, programming and professional development of teachers, administrators, etc. 763-559-3535 [www.district287.org](http://www.district287.org)

**Learning Disabilities Association, Inc. (LDA Minnesota)** 6100 Golden Valley Rd., Golden Valley, MN 55422

LDA Minnesota is an educational nonprofit agency serving children, youth and adults with learning disabilities, ADHD and other learning difficulties, so they and their families can achieve their potential in work, school and life. Services include: diagnostic assessments, tutoring, academic coaching, consultations, LD/ADHD workshops, LD/ADHD Fall Symposium, and ADHD support groups for adults. 952-582-6000 [www.ldaminnesota.org](http://www.ldaminnesota.org)

**Minnesota Literacy Council** 700 Raymond Ave., St. Paul, MN 55114

In the **Twin Cities metro area**: Early Literacy and Families: literacy parenting classes and preschool; Summer Reads VISTA: 8-week reading skills program for K-3; Open Door Learning Center: year-round adult basic education classes  
**Greater Minnesota**: Adult Literacy Hotline 1-800-222-1990: referral service to adult literacy programs; Adult and Children's Tutor Training for literacy volunteers; Literacy VISTA: behind-the-scenes service in literacy programs; Technology Services: building capacity for improving educational outcomes; Volunteer Recruitment and Management assistance. 651-645-2277 [mnliteracy.org](http://mnliteracy.org)

**North Education Center Academy** 5530 Zealand Ave. N., New Hope, MN 55428

Provides a site-based secondary academic education for high school credit recovery, for pregnant and parenting teens, English Language Learners, students on probation, and those who need a vocational or practical work experience program. 763-550-3100 [www.district287.org/NECA](http://www.district287.org/NECA)

**North Hennepin Community College** 7411 85<sup>th</sup> Ave. N., Brooklyn Park, MN 55445

Provides credit and continuing education for high school graduates, working adults and Post-Secondary Education Option (PSEO) high school students. 763-488-0391 [www.nhcc.edu](http://www.nhcc.edu)

**Northwest Suburban Integration School District #6078 (NWSISD)**

9201 W. Broadway, Ste. 690, Brooklyn Park, MN 55445

An eight-district collaborative focused on promoting rigorous programming to include post-secondary preparation, magnet schools and a variety of other services that support professional development of teachers as well as student programming. 763-450-1300 [www.nws.k12.mn.us](http://www.nws.k12.mn.us)

**PACER Center** 8161 Normandale Blvd., Minneapolis, MN 55437

Assistance to parents of children and youth with all disabilities. Offers 31 programs. 952-838-9000 or 1-800-537-2237 [www.pacer.org](http://www.pacer.org)

**VECTOR/InVEST Program, at Northwest Tech Center**

**Intermediate District 287** 7008 Northland Dr., Ste. 100, Brooklyn Park, MN 55428

Links special education, vocational education and community agencies to provide transitional services for students with disabilities ages 17-21. 763-536-0872 [www.district287.org](http://www.district287.org)

**YES, Inc. (Youth Engaging Success)** formerly Pro USA, Inc. 7420 Unity Ave N., Ste. 101, Brooklyn Park, MN 55443

In partnership with community institutions and individual volunteers, YES, Inc. helps ambitious teens from challenged neighborhoods gain the awareness, tools, and connections to succeed in the game of life. We offer academic athletic and academic scholarships, life skills training, and academic enrichment. Youth participants are paired with community mentors who volunteer as success coaches to set and achieve life goals. 763-202-8750 [www.prousa.org](http://www.prousa.org)

# Emergency Assistance and Resources

**Alexandra House** PO Box 490039, Blaine, MN 55449

Emergency, support, and advocacy services for domestic and sexual violence survivors. Services provided in English and Spanish. **24-Hour Help Line: 763-780-2330** Business office: 763-780-2332 [www.alexandrahouse.org](http://www.alexandrahouse.org)

**American Red Cross** 1201 W. River Pkwy., Minneapolis, MN 55454-2020

Provides first aid, CPR, workplace safety, child safety, disaster relief and fire prevention.  
612-871-7676 [www.redcross.org/mn](http://www.redcross.org/mn)

**Beacon Interfaith Housing Collaborative - Families Moving Forward** 1808 Emerson Ave. N., Minneapolis, MN 55411  
Emergency family shelter. 612-529-2185 [www.beaconinterfaith.org](http://www.beaconinterfaith.org)

**The Bridge for Runaway Youth, Inc.** 1111 West 22<sup>nd</sup> St., Minneapolis, MN 55405

Crisis and homeless youth services for ages 10-17. **24-Hour Hotline: 612-377-8800** Business Line: 612-230-6601  
[www.bridgeforyouth.org](http://www.bridgeforyouth.org)

**Canvas Health/Crisis Connection** 1550 E. 78<sup>th</sup> St., Richfield, MN 55423

Telephonic crisis response including de-escalation, assessment, triage and referral to appropriate face to face services.  
Community training on suicide prevention techniques. Volunteer and intern experiences including 40 hour training.

**24-Hour Crisis Line: 612-379-6363 or 866-379-6363**, Business: 612-852-2200 [www.crisis.org](http://www.crisis.org) or [www.canvashealth.org](http://www.canvashealth.org)

**Casa De Esperanza** P.O. Box 40115, St. Paul, MN 55104

Latina organization that provides local direct services including advocacy, emergency shelter, a 24-hour bilingual crisis line, and youth peer to peer education and community building. Services provided in Spanish and English.

**24-Hour Crisis Line: 651-772-1611** Business Office: 651-646-5553 [www.casadeesperanza.org](http://www.casadeesperanza.org)

**Catholic Charities of St. Paul and Minneapolis** 1200 2<sup>nd</sup> Ave. S., Minneapolis, MN 55403

Housing, emergency services, family services, children, senior and advocacy programs. Serves the 12-county metro area.  
Services provided in English, Somali and Spanish. 612-204-8500 [www.cctwincities.org](http://www.cctwincities.org)

**Community Action Partnership of Suburban Hennepin (CAPSH)** 8800 Hwy. 7, Ste. 401, St. Louis Park, MN 55426

Direct services, education and advocacy for low-income residents of Hennepin County. Services include: Energy Assistance, Food Support (SNAP), full-cycle Homeownership Programs, Homeless Transitional Services, Financial Literacy, Tax Assistance, Legal Services and MNsure Application assistance. 952-933-9639 [www.capsh.org](http://www.capsh.org)

**Community Emergency Assistance Program (CEAP)** 7051 Brooklyn Blvd., Brooklyn Center, MN 55429

Community Emergency Assistance Programs empower our neighbors in need by providing food, clothing, and personalized support to help them establish their path to stability and independence. Spanish services available. 763-566-9600  
[www.ceap.org](http://www.ceap.org)

**Cornerstone** 7051 Brooklyn Blvd., Brooklyn Center, MN 55429; and 1000 E. 84<sup>th</sup> St., Bloomington, MN 55420

Provides advocacy for victims of domestic violence, sexual assault and human trafficking in Bloomington, Brooklyn Center, Brooklyn Park, Edina, Eden Prairie, Richfield, St. Louis Park, Crystal, Maple Grove and Robbinsdale. Services include: shelter, children and youth counseling, individual and family therapy, individual advocacy and support groups, safety planning, and assistance with restraining orders and criminal justice advocacy. **Crisis Line: 952-884-0330**  
Brooklyn Center: 952-884-0376; Bloomington: 952-884-0376 [cornerstonemn.org](http://cornerstonemn.org)

**Cornerstone Rape and Sexual Abuse Center** 2431 Hennepin Ave., Minneapolis, MN 55405

Provide assessment, psychotherapy, support and therapeutic groups for survivors of sexual violence, domestic violence and human trafficking. **24-Hour Crisis Line 612-825-4357** answered by trained advocates. 612-374-9077 [cornerstonemn.org](http://cornerstonemn.org)

**Council on Crime and Justice** 822 S. 3<sup>rd</sup> St., Ste. 100, Minneapolis, MN 55415

Provides support, lock changes, emergency funding, impound reimbursement, crisis intervention, advocacy and referral for victims of any crime. **24-Hour Hotline 612-340-5400** Provides reentry assistance with housing and employment, expungement and criminal records seminars. 612-353-3000 [www.crimeandjustice.org](http://www.crimeandjustice.org)

**Cradle of Hope** 1935 W. County Rd. B2, Ste. 241, Roseville, MN 55113

Provides critical financial assistance for pregnancy care in MN, including housing, medical transportation and Pack-n-Play portable cribs. 651-636-0637 [www.cradleofhope.org](http://www.cradleofhope.org)

# Emergency Assistance and Resources

**CROSS** 12915 Weinand Circle, P.O. Box 574, Rogers, MN 55374

Emergency food shelf provides 3-5 days of food; clothing; Meals on Wheels; and limited financial assistance for persons in Corcoran, Dayton, Hanover, Maple Grove, Osseo, Rogers and West Champlin. 763-425-1050 [CROSSservices.org](http://CROSSservices.org)

**Domestic Violence Hotline 952-884-0330 or 1-866-223-1111**

**Greater Minneapolis Crisis Nursery** 4544 4<sup>th</sup> Ave. S., Minneapolis, MN 55419

The Crisis Nursery works with families in crisis, offering crisis counseling, home visiting, and overnight respite care for children newborn through age six. Services are provided in English and Spanish.

**24-Hour Crisis Line: 763-591-0100** Business office: 763-591-0400 [www.crisisnursery.org](http://www.crisisnursery.org)

**Hanover Area Food Shelf** 11024 Church St. NE., PO Box 394, Hanover, MN 55341

Providing food for families that are in need of it. Service area: Hanover, Albertville, St. Michael, part of Corcoran and part of Loretto. Hours of services: Tues./Fri. Noon-2 p.m., Wed. 10 a.m.-2 p.m., 1<sup>st</sup> and 3<sup>rd</sup> Mondays 5-7 p.m. 763-498-8311

**Hennepin County Human Services and Public Health Dept.** Government Center, 300 S. 6<sup>th</sup> St., Minneapolis, MN 55487

Our community-based human service centers provide access to a full range of financial, social and public health services offered by the county, including food support, child care assistance, emergency assistance and more. We have several community-based human service centers. 612-348-3000 [www.hennepin.us/buildings](http://www.hennepin.us/buildings)

**Northwest Family Service Center** 7051 Brooklyn Boulevard, Brooklyn Center. Hours: Monday - Friday, 7:30 a.m. to 4:30 p.m.

**Human Services and Public Health Department - North Minneapolis** 1001 Plymouth Ave. N., Minneapolis. Hours Monday - Friday 8 a.m. to 4:30 p.m.

**Brookdale Regional Center - Suite 400** 6125 Shingle Creek Pkwy., Brooklyn Center, MN 55430 612-348-8240

**Hennepin County General Information/Referral** 612-348-3000

**Hennepin County Medical Center (HCMC, Acute Psychiatric Services)**

851 Level 1 Trauma Center, 701 Park Ave. S., Minneapolis, MN 55415

**24-Hour** evaluation and treatment of behavioral emergencies. 612-873-3161 **Suicide Hotline: 612-873-2222** [www.hcmc.org](http://www.hcmc.org)

**Home Free** 3405 E. Medicine Lake Blvd., Plymouth, MN 55441

Emergency shelter and services for battered women and their children.

**24-Hour Crisis Line: 763-559-4945** Business office: 763-559-9008 [www.missionsinc.org/programs/home-free](http://www.missionsinc.org/programs/home-free)

**Home Free Community Programs** 3409 Kilmer Lane, Plymouth, MN 55441 763-545-7080

**ICA Food Shelf** 12990 St. Davids Rd., Minnetonka, MN 55305

Provides services for those living in Deephaven, Excelsior, Hopkins, Greenwood, Minnetonka, Shorewood and Woodland. Food Assistance. Call for a food appointment if you need food, homelessness prevention or employment assistance.

952-938-0729 [www.icafoodshelf.org](http://www.icafoodshelf.org)

**IOCP (Interfaith Outreach and Community Partners)** 1605 County Rd. 101 N., Plymouth, MN 55447

Information, referrals, advocacy and emergency assistance for shelter, food and transportation for persons in Hamel, Long Lake, West Plymouth, Medina, Minnetonka Beach, Orono, Wayzata and West Medicine Lake.

763-489-7500 [www.iocp.org](http://www.iocp.org)

**Love Lines Crisis Center** 2855 Anthony Ln. S. Ste. 115, St. Anthony, MN 55418

Crisis phones, referrals, suicide intervention. **24-Hour 612-379-1199**

**Minnesota Coalition for Battered Women** 60 E. Plate Blvd., Ste. 130, St. Paul, MN 55107

Mission is to end domestic violence, promote social and cultural change.

**24-Hour Metro Area Crisis Line: 1-866-223-1111** Business: 651-646-6177 or 800-289-6177 [www.mcbw.org](http://www.mcbw.org)

**National Suicide Prevention Lifeline: 24-Hour 1-800-273-TALK (8255)**

Provides crisis counseling and mental health referral. [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**NEAR (North-suburban Emergency Assistance Response)** 5209 W. Broadway Ave., Crystal, MN 55429

Emergency food shelf for persons in Crystal, New Hope and Robbinsdale (north of 42<sup>nd</sup> Ave.).

763-533-2836 [www.nearfoodshelf.org](http://www.nearfoodshelf.org)



# Emergency Assistance and Resources

## **Northwest Hennepin Family Services Collaborative, Family Advocate**

7051 Brooklyn Blvd., Brooklyn Center, MN 55429

Family Advocate assists families with family basic needs and provides resources and referrals including help with: food, clothing and housing needs; finances; transportation; family support; county services such as childcare assistance; medical, mental health and dental services; health insurance; and assistance working with Hennepin County and social service providers. Interpreter services available. Advocates serve the attendance area of three school district partners. If you live in the Hennepin side of Anoka-Hennepin School District or Brooklyn Center District call 763-503-2982. If you live in the Osseo Area School District call 763-585-7378. [www.northwesthennepinfamilyservicecollaborative.com](http://www.northwesthennepinfamilyservicecollaborative.com)

## **People Serving People** 614 S. 3<sup>rd</sup> St., Minneapolis, MN 55415

Provides temporary emergency housing for homeless families, along with educational and activities programming, and services related to the needs of homeless and highly mobile persons. 612-332-4500 [www.peopleservingpeople.org](http://www.peopleservingpeople.org)

## **PRISM (People Responding In Social Ministry)** 730 Florida Ave. S., Golden Valley, MN 55426

Provides emergency food, clothing, financial assistance, school supplies, employment and financial education programs to Golden Valley, Crystal, New Hope, East Plymouth and Robbinsdale. 763-529-1350 [prismmpls.org](http://prismmpls.org)

## **PROP (People Reaching Out to Other People)** 14700 Martin Dr., Eden Prairie, MN 55344

Emergency food on a walk-in basis and financial services by appointment only. Serves Eden Prairie and Chanhassen. 952-937-9120 [www.propfood.org](http://www.propfood.org)

## **ResourceWest** 1011 1st St. S., Ste. 109, Hopkins, MN 55343

Service area includes Hopkins, Minnetonka, Excelsior, Deephaven, Greenwood, Shorewood and Woodland. 952-933-3860 [www.resourcewest.org](http://www.resourcewest.org)

- **Resource Connection** offers drop-in hours to connect with resources and meet with a social worker.
- **Social Services** offers case management and emergency financial help.
- **Children and Youth Programs** include school supplies, winter warm wear and toys.
- **Collaborative Programs** such as tax help and computer lab.

## **The Salvation Army Social Services, Noble Office** 10011 Noble Pkwy., Brooklyn Park, MN 55443

Emergency services include clothing, furniture and transportation vouchers. Heating assistance through Heat Share for the NW Hennepin suburbs. 763-425-0517 [www.usc.salvationarmy.org](http://www.usc.salvationarmy.org)

## **Sewa-Asian Indian Family Wellness (SEWA-AIFW)** 3702 E. Lake St., Minneapolis, MN 55406

Asian Indian specific services and resources for: Health Initiatives, Monthly Health Clinic, Health Education, Housing, Senior Programs, Prevent Domestic Violence, Emergency Assistance and Resources (economic, food shelf, culturally specific mental health services and advocates), Legal Resources, Multi-Cultural Services for Education, Employment and Entrepreneurship, Transportation, Youth Mentoring and Leadership. 952-912-9100 [www.sewa-aifw.org](http://www.sewa-aifw.org)

## **Sexual Violence Center** 3757 Fremont Ave. N., Minneapolis, MN 55412

Supportive counseling, support groups, advocacy and community outreach. Also education and prevention regarding sexual harassment/assault violence.

**24-Hour Help Line: 612-871-5111** Business office: 612-871-5100 [www.sexualviolencecenter.org](http://www.sexualviolencecenter.org)

## **Sharing and Caring Hands** 525 N. 7<sup>th</sup> St., Minneapolis, MN 55405

Provides a host of services including food, clothing, shelter, transportation assistance and medical/dental help. 612-338-4640 [sharingandcaringhands.org](http://sharingandcaringhands.org)

## **Sojourner** P.O. Box 272, Hopkins, MN 55343

Sojourner provides emergency shelter for women and children; legal advocacy and support to empower all those victimized by domestic violence; and information and education to raise awareness and promote violence prevention. 952-933-7422 [www.sojournerproject.org](http://www.sojournerproject.org)

## **STEP (St. Louis Park Emergency Program)** 6812 W. Lake St., St. Louis Park, MN 55426

Provides referral, advocacy and emergency financial assistance for basic needs. Services include food shelf, clothing closet and transportation for persons in St. Louis Park. 952-925-4899 [www.stepslp.org](http://www.stepslp.org)

# Emergency Assistance and Resources

**United Way 211** 404 S. 8<sup>th</sup> St., Minneapolis, MN 55404

Free **24-Hour** Information and referral service for the 9-county metro area: Hennepin, Anoka, Scott, Carver, Ramsey, Dakota, Washington, Chisago and Isanti. 651-291-0211 or 1-800-543-8809 [www.211unitedway.org/](http://www.211unitedway.org/)

**VEAP (Volunteers Enlisted to Assist People)** 9600 Aldrich Ave. S., Bloomington, MN 55420

Support for low-income households of Bloomington, Richfield, Edina, and a portion of South Minneapolis. Services include food shelf, social workers, transportation for seniors, and seasonal services for families such as back to school supplies and holiday toys. Services available in English, Russian and Spanish. 952-888-9616 [www.veap.org](http://www.veap.org)

**Veterans Linkage Line**

Provides information on veterans' benefits, healthcare, education and reintegration. 1-888-546-5838

**WeCAN (Western Communities Action Network)** 5213 Shoreline Dr., Mound, MN 55364

Provides emergency assistance, job placement, Meals On Wheels, family support and public assistance intake for persons in Greenfield, Independence, Loretto, Maple Plain, Minnetonka Beach, Minnetrista, Mound, Rockford, St. Bonifacius, Tonka Bay, Spring Park and western Orono. 952-472-0742 [www.wecan-help.org](http://www.wecan-help.org)

**Women of Nations** PO Box 7125, St. Paul, MN 55107

Provides culturally specific emergency services and support to all who have experienced trauma and domestic, sexual and dating violence, and empowers Native American communities to put an end to all forms of violence through education and prevention. 651-251-1601 [women-of-nations.org](http://women-of-nations.org)

## Financial Resources

**Hennepin County Human Services and Public Health Dept.** Government Center, 300 S. 6<sup>th</sup> St., Minneapolis, MN 55487

Our community-based human service centers provide access to a full range of financial, social and public health services offered by the county, including food support, child care assistance, emergency assistance and more. We have several community-based human service centers. 612-348-3000 [www.hennepin.us/buildings](http://www.hennepin.us/buildings)

**Northwest Family Service Center** 7051 Brooklyn Boulevard, Brooklyn Center. Hours: Monday - Friday, 7:30 a.m. to 4:30 p.m.

**Human Services and Public Health Department - North Minneapolis** 1001 Plymouth Ave. N., Minneapolis. Hours Monday - Friday 8 a.m. to 4:30 p.m.

**Brookdale Regional Center - Suite 400** 6125 Shingle Creek Pkwy., Brooklyn Center, MN 55430 612-348-8240

**Hennepin County General Information/Referral** 612-348-3000

**Hennepin County Veterans' Service** Government Center, S.E. First Level, 300 S. 6<sup>th</sup> St., Minneapolis, MN 55487

Helps veterans obtain VA health care, VA compensation, VA pension and other benefits to include state veteran benefits. Services are provided at the Government Center and by appointment after 5pm at suburban locations.

612-348-3300 [www.hennepin.us](http://www.hennepin.us)

**Lutheran Social Services of Minnesota** 2400 Park Ave. S., Minneapolis, MN 55404

Provides financial counseling, behavioral health, housing services, refugee resettlement, youth and family services, parenting education, foster care, employment services, kinship caregiver support, services for veterans, adoption and pregnancy counseling. 612-871-0221 [www.lssmn.org](http://www.lssmn.org)

**Minnesota Department of Veterans Affairs**, State Veterans Service Bldg., 20 W. 12<sup>th</sup> St., Room 206C, St. Paul, MN 55155

State soldiers' assistance program provides limited financial, medical and dental benefits to low-income veterans.

651-296-2562 [www.mdva.state.mn.us](http://www.mdva.state.mn.us)

**Social Security Administration** 3280 Northway Dr., Brooklyn Center, MN 55429

Administers the social security and supplemental income programs.

1-800-772-1213 [www.ssa.gov](http://www.ssa.gov)

# Emergency Assistance and Resources

## Housing and Legal Resources

**Accessible Space, Inc.** 2550 University Ave. W., Ste. 330N, St. Paul, MN 55114

Subsidized housing for adults with physical disabilities and/or brain injuries. Some locations offer 24-hour Assisted Living Services. 651-645-7271 [www.accessiblespace.org](http://www.accessiblespace.org)

**Attorney General's Office, Consumer Protection Division** 1400 Bremer Tower, 445 Minnesota St., St. Paul, MN 55101

Hears complaints and provides consumer education and mediation. 651-296-3353 Toll free number: 1-800-657-3787  
[www.ag.state.mn.us](http://www.ag.state.mn.us)

**Avenues for Homeless Youth** 1708 Oak Park Ave. N., Minneapolis, MN 55411

The mission of Avenues for Homeless Youth is to provide shelter, short-term housing and supportive services to homeless youth in a safe and nurturing environment. 612-522-1690 [www.avenuesforyouth.org](http://www.avenuesforyouth.org)

**Brooklyn Avenues** 7210 76<sup>th</sup> Ave. N., Brooklyn Park, MN, 55428

Brooklyn Avenues is a brand-new, 12-bed shelter and transitional housing program for homeless youth. Provides safe and stable short-term housing with intensive support services for homeless youth ages 16-20 from the northwestern suburbs. 612-522-1690 [www.avenuesforyouth.org](http://www.avenuesforyouth.org)

**Better Business Bureau of Minnesota and North Dakota** 220 S. River Ridge Circle, Burnsville, MN 55337

Better Business Bureau's vision is an ethical marketplace where buyers and sellers trust each other. Founded in 1912, BBB is a non-profit organization that builds trust among consumers, businesses and brands. We do this through establishing and monitoring ethical marketplace standards and behavior, and providing free resources, education and tools for both businesses and consumers. 651-699-1111 [www.thefirstbbb.org](http://www.thefirstbbb.org)

**Chinese Social Service Center** 4111 Central Ave. NE., Ste. 200A South Building, Columbia Heights, MN 55421

CSSC is a nonprofit, multi-program organization. It provides social services to the Chinese community not only in the Twin Cities Metro area, but also for greater MN. It offers the following programs: MNsure navigator program, Home Care Services, ESL/Citizenship program, Senior program and Summer Youth program. Services provided in Chinese and English. 612-529-2602 [www.csscmn.org](http://www.csscmn.org)

**Community Action Partnership of Suburban Hennepin (CAPSH)** 8800 Hwy. 7, Ste. 401, St. Louis Park, MN 55426

Direct services, education and advocacy for low-income residents of Hennepin County. Services include: Energy Assistance, Food Support (SNAP), full-cycle Homeownership Programs, Homeless Transitional Services, Financial Literacy, Tax Assistance, Legal Services and MNsure Application assistance. 952-933-9639 [www.capsh.org](http://www.capsh.org)

**Community Mediation & Restorative Services, Inc.** 9220 Bass Lake Rd., Ste. 270, New Hope, MN 55428

Committed to developing the capacity of individuals, families, communities and businesses to respectfully manage and resolve conflict. 763-561-0033 [cmrsmn.org](http://cmrsmn.org)

**Community-University Health Care Center (CUHCC)/University of Minnesota** 2001 Bloomington Ave. S., Minneapolis, MN 55404

Services include: medical, mental health, dental, legal, sexual assault advocacy, and domestic violence advocacy. Staff speak more than seven languages and provide culturally specific services. 612-638-0700 [www.cuhcc.com](http://www.cuhcc.com)

**Council on Crime and Justice** 822 S. 3<sup>rd</sup> St., Ste. 100, Minneapolis, MN 55415

Provides support, lock changes, emergency funding, impound reimbursement, crisis intervention, advocacy and referral for victims of any crime. **24-Hour Hotline 612-340-5400** Provides reentry assistance with housing and employment, expungement and criminal records seminars. 612-353-3000 [www.crimeandjustice.org](http://www.crimeandjustice.org)

**Domestic Abuse Project** 204 W. Franklin Ave., Minneapolis, MN 55404

Provides group, individual, couples and family therapy for men, women, children and adolescents experiencing domestic abuse. Also provides legal and community advocacy and has additional locations in the Public Services Building downtown Minneapolis, at Little Earth United Tribes Housing in South Minneapolis, and at NorthPoint in North Minneapolis. 612-874-7063 [www.domesticabuseproject.org](http://www.domesticabuseproject.org)

**Hennepin County Attorney's Office** C2000 Government Center, 300 S. 6<sup>th</sup> St., Minneapolis, MN 55487

Hennepin County Attorney serves as chief prosecutor of all adult felony and juvenile crimes in Hennepin County. 612-348-5550 [www.hennepinattorney.org](http://www.hennepinattorney.org)

# Emergency Assistance and Resources

## Housing and Legal Resources

### **Hennepin County Attorney's Office, Domestic Abuse Service Center**

A-0650 Government Center, 300 S. 6<sup>th</sup> St., Lower Level, Minneapolis, MN 55487

Assists with protection and harassment orders, access to prosecutors for victims of domestic abuse advocacy, and referral for any other service. 612-348-5073

### **Hennepin County Bar Association's Lawyer Referral and Information Service**

600 Nicollet Mall, Ste. 390, Minneapolis, MN 55402

Provides appointments with qualified, private attorneys for persons looking to hire legal representation. Also provides free brief consultations with attorneys at the Hennepin County's Self-Help Center and free criminal advice regarding misdemeanor matters at Hennepin County Misdemeanor courts. Interpreter services available. 612-752-6666 [www.hcba.org](http://www.hcba.org)

### **Hennepin County Conciliation Court** Minneapolis City Hall, 350 S. 5<sup>th</sup> St., Room 306, Minneapolis, MN 55415

Handles small claims. 612-348-2713

### **HOME Line** 3455 Bloomington Ave., Minneapolis, MN 55407

Free legal advice on tenant/landlord issues; limited representation. A statewide service.

612-728-5767 or 1-866-866-3546 [www.homelinemn.org](http://www.homelinemn.org)

### **HousingLink** 8275 Market St. Minneapolis, MN 55405

Affordable housing and vacancy information in the 7-county metro area through the website.

612-522-2500 Check website first [www.housinglink.org](http://www.housinglink.org)

### **Legal Assistance to Minnesota Prisoners** William Mitchell College of Law, 875 Summit Ave., St. Paul, MN 55105

Legal Assistance to Minnesota Prisoners (LAMP) provides civil legal services to people who are, or who have been, incarcerated. We are a law school clinic, located at William Mitchell College of Law. 651-290-6413 [www.wmitchell.edu](http://www.wmitchell.edu)

### **Legal Rights Center, Inc.** 1611 Park Ave. S., Minneapolis, MN 55404

Criminal defense and restorative justice for low-income people and juveniles in state court in Hennepin County.

612-337-0030 [www.legalrightscenter.org](http://www.legalrightscenter.org)

### **Lutheran Social Services of Minnesota** 2400 Park Ave. S., Minneapolis, MN 55404

Provides financial counseling, behavioral health, housing services, refugee resettlement, youth and family services, parenting education, foster care, employment services, kinship caregiver support, services for veterans, adoption and pregnancy counseling. 612-871-0221 [www.lssmn.org](http://www.lssmn.org)

### **Metro HRA** 390 Robert St. N., St. Paul, MN 55101

Administers a variety of housing assistance programs, including federal rental subsidy (Section 8).

651-602-1000 [www.metrocouncil.org](http://www.metrocouncil.org)

### **Mid-Minnesota Legal Aid** 430 1<sup>st</sup> Ave. N., Ste.300, Minneapolis, MN 55401

Mid-Minnesota Legal Aid provides civil legal services at no charge to help its clients meet basic needs such as safety, housing, and access to health care and public benefits. Interpreter services available. 612-334-5970 [mylegalaid.org](http://mylegalaid.org)

### **Minnesota Department of Human Rights** 625 Robert St. N., St. Paul, MN 55155

MDHR is a neutral state agency that investigates charges of illegal discrimination, ensures that businesses seeking state contracts are in compliance with equal opportunity requirements, and strives to eliminate discrimination by educating Minnesotans about their rights and responsibilities under the state Human Rights Act. Staff is available to take calls about discrimination complaints by phone Monday through Friday, 8:00 am-4:30 pm. 651-539-1100, 1-800-657-3704, MnRelay: 711/1-800-627-3529 [www.mn.gov/mdhr](http://www.mn.gov/mdhr)

### **Minnesota Department of Veterans Affairs**, State Veterans Service Bldg., 20 W. 12<sup>th</sup> St., Room 206C, St. Paul, MN 55155

State soldiers' assistance program provides limited financial, medical and dental benefits to low-income veterans.

651-296-2562 [www.mdva.state.mn.us](http://www.mdva.state.mn.us)

### **Perspectives, Inc.** 3381 Gorham Ave., St. Louis Park, MN 55426

Supportive housing, parenting time services, Kids Connection program, employment services, Rule 31 outpatient program. Services provided in English, Hmong, Somali, and Spanish. 952-926-2600 [www.perspectives-family.org](http://www.perspectives-family.org)

# Emergency Assistance and Resources

## Housing and Legal Resources

**Sustainable Resources Center, Inc.** 1081 10<sup>th</sup> Ave. SE., Minneapolis, MN 55414

SRC delivers services to low income Minnesota families in Hennepin, Scott and Carver Counties, and outstate Minnesota. Currently, we provide low income weatherization in Hennepin, Scott and Carver Counties. We provide lead hazard control services in Hennepin County. We provide education and limited lead services in outstate Minnesota. We also have an “Aging in Place” grant that coordinates with the low income weatherization program in Hennepin County. Services provided in English, Hmong, Spanish and Somali. 612-870-4255 [www.src-mn.org](http://www.src-mn.org)

**Tubman** 3111 First Ave. S., Minneapolis, MN 55408

Tubman helps women, men, youth and families who have experienced relationship violence, elder abuse, addiction, sexual exploitation or other forms of trauma. Throughout the Twin Cities Tubman provides safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programming and community education, including public information campaigns to provide community members the information and support they need to get help or give help.

**24/7 Crisis Line 612-825-0000**, 612-825-3333 (main) [www.tubman.org](http://www.tubman.org)

**Twin Cities Habitat for Humanity** 1954 University Ave. W., St. Paul, MN 55104

Our homeownership program sells 50-60 homes each year to families making between 30-60% AMI. These homes have no down payment and the loans are 0% interest. Our A Brush With Kindness (ABWK) program provides home repair services for homeowners below 60% AMI. Our Mortgage Foreclosure Prevention Program (MFPP) provides foreclosure counseling for Minneapolis homeowners. Our ReStore in New Brighton is a home improvement outlet open to the public.

651-207-1700 [www.tchabitat.org](http://www.tchabitat.org)

**University of Minnesota, Law Clinic** 190 Mondale Hall, 229 19<sup>th</sup> Ave. S., Minneapolis, MN 55455

Provides legal assistance on non-criminal matters to low-income individuals residing in the Twin Cities area. 612-625-5515

## Local Community Resource Centers

**Community Corner Family Resource Center** 1500 69<sup>th</sup> Ave. N., Brooklyn Center, MN 55430

Services include resource and referral for basic needs, housing, employment and other social services. 763-561-2481

**Robbinsdale Area Schools, Welcome Center & Language Services**

Sandburg Learning Center, 2400 Sandburg Ln., Golden Valley, MN 55427

We offer support in the areas of preK to grade 12 family involvement and student academic achievement for English Learners (ELs). We also provide spoken, sign and written language access services for district schools and events. Services include: enrollment services for all students new to the United States and/or speak a language other than English in the home, assistance with completing K-12 registration materials, assessment for English Language Learning Services, referrals to clinics for immunizations, introduction to resources and support within the Robbinsdale Area Schools Community, and all students enrolling through the center will receive starter school supplies. 763-504-7680 [rdale.org](http://rdale.org)

# Employment

## **African Development Center of Minnesota (ADC)** 1931 S. 5<sup>th</sup> St., Minneapolis, MN 55454

Through workshops and individual consultations on financial literacy, business development, and home ownership, ADC provides culturally competent services to Minnesota's African community. ADC is a leader in micro-lending to small businesses. Services are provided in English, Somali, and Swahili. 612-333-4772 [www.adcminnesota.org](http://www.adcminnesota.org)

## **CAPI USA** 3702 E. Lake St., Minneapolis, MN 55406

Provides basic needs for refugees and immigrants from around the world. Services provided in English, Hindi, Hmong, Karen, Nepali, Somali, Spanish and Vietnamese. 612-721-0122 [www.capiusa.org](http://www.capiusa.org)

## **Chinese Social Service Center** 4111 Central Ave. NE., Ste. 200A South Building, Columbia Heights, MN 55421

CSSC is a nonprofit, multi-program organization. It provides social services to the Chinese community not only in the Twin Cities Metro area, but also for greater MN. It offers the following programs: MNsure navigator program, Home Care Services, ESL/Citizenship program, Senior program and Summer Youth program. Services provided in Chinese and English. 612-529-2602 [www.csscmn.org](http://www.csscmn.org)

## **HIRED, Hennepin North Workforce Center** 7225 Northland Dr., Ste. 100, Brooklyn Park, MN 55428

Provides employment and training programs to eligible participants, dislocated workers, MFIP participants, youth and adults. 763-210-6200 [www.hired.org](http://www.hired.org)

## **Hubert H. Humphrey Job Corps Center** 1480 N. Snelling Ave., St. Paul, MN 55108

Federally funded residential training and career development program for students ages 16-24. Includes high school diploma/GED completion. 651-642-1133 [huberthumphrey.jobcorps.gov](http://huberthumphrey.jobcorps.gov)

## **International Institute of Minnesota** 1694 Como Ave., St. Paul, MN 55104

The International Institute of Minnesota welcomes New Americans to the Twin Cities and offers them a continuum of services to promote their full integration into our community. The Institute's programming includes job training and language classes as well as refugee resettlement, immigration, citizenship, and anti-human trafficking services. Services provided in Amharic, Arabic, English, Karen, Somali and Spanish. 651-647-0191 [www.iimn.org](http://www.iimn.org)

## **Jewish Family and Children's Service of Minneapolis** 13100 Wayzata Blvd., Ste. 400, Minnetonka, MN 55305

Provides essential services to people of all ages and backgrounds including mental health, senior, family, career services and more with 41 programs. Primarily in the West Metro of Hennepin County. 952-546-0616 [www.jfcsmpls.org](http://www.jfcsmpls.org)

## **Latino Economic Development Center** 1501 E. Lake St., Lower Level, Minneapolis, MN 55407

A private non-profit organization doing economic development including business consulting, loan packaging and community development. LEDC also offers free English and computer classes in Spanish. 612-724-5332 [www.ledc-mn.org](http://www.ledc-mn.org)

## **Metropolitan Consortium of Community Developers** 3137 Chicago Ave. S., Minneapolis, MN 55407

An association of community development organizations committed to expanding the wealth and resources of neighborhoods through housing and economic development initiatives. *Open to Business* program for new entrepreneurs in suburban cities including: Brooklyn Park, Brooklyn Center, Golden Valley, New Hope, Osseo and Robbinsdale. 612-789-7337 [www.mccdmn.org](http://www.mccdmn.org)

## **Minnesota Department of Employment and Economic Development, Rehabilitation Services**

7225 Northland Drive, Ste. 100, Brooklyn Park, MN 55428

Provides vocational rehabilitation services statewide for people with disabilities who need help to prepare for, find or maintain employment. 763-279-4456

## **Minnesota Department of Veterans Affairs**, State Veterans Service Bldg., 20 W. 12<sup>th</sup> St., Room 206C, St. Paul, MN 55155

State soldiers' assistance program provides limited financial, medical and dental benefits to low-income veterans. 651-296-2562 [www.mdva.state.mn.us](http://www.mdva.state.mn.us)

## **Minnesota Workforce Center - Hennepin North** 7225 Northland Dr., Brooklyn Park, MN 55428

The Minnesota WorkForce Center- Hennepin North works with partners to help job seekers find employment and area businesses find the skilled workers they need. 763-279-4400 [mn.gov/deed/job-seekers/workforce-centers/](http://mn.gov/deed/job-seekers/workforce-centers/)

## **Momentum Enterprises** 1179 15<sup>th</sup> Ave. SE., Minneapolis, MN 55414

Operates sustainable social enterprise businesses that empower people facing employment barriers to re-enter the workforce and achieve life-long success within their communities. 612-332-0664 [www.momentummn.org](http://www.momentummn.org)

# Employment

**Perspectives, Inc.** 3381 Gorham Ave., St. Louis Park, MN 55426

Supportive housing, parenting time services, Kids Connection program, employment services, Rule 31 outpatient program. Services provided in English, Hmong, Somali and Spanish. 952-926-2600 [www.perspectives-family.org](http://www.perspectives-family.org)

**PPL Learning Center** 1925 Chicago Ave. S., Minneapolis, MN 55404

PPL offers job and skills training programs designed to help people with low-incomes improve employment opportunities. 612-455-5300 [www.ppl-inc.org/home/learningcenter](http://www.ppl-inc.org/home/learningcenter)

**Ready for Success Women's Program:** 815 E. Franklin Ave., Minneapolis, MN 55404

**Men's Program:** 819 E. Franklin Ave., Minneapolis, MN 55404

Provides low-income women and men with gently-used and new professional clothing and accessories suitable for job interviews and the workplace. Provides individual appointments, personal shoppers for each client, accessories and personal care items, and clients are served in a boutique-style atmosphere. Ready for Success provides services for those in the seven county metro area. Clients must be referred by a social agency or other organization.

612-872-1509 [readyforsuccessmn.org](http://readyforsuccessmn.org)

**Redeemer Center for Life** 1800 Glenwood Ave. N., Minneapolis, MN 55405

Affordable housing; youth educational opportunities, leadership development, and employment readiness; community development; the Redeemer Urban Farm; The Living Room community gathering space and Health Commons with Fairview Health; and Venture North Walk Bike & Coffee. Call or e-mail to learn more about housing, programs and events.

612-377-4476 [redeemercenter.org](http://redeemercenter.org)

**RESOURCE Inc. (Employment Action Center)** [www.resource-mn.org](http://www.resource-mn.org)

- **Employment Services (RESOURCE Employment Action Center)** 6715 Minnetonka Blvd., Ste. 212, St. Louis Park, MN 55426 612-752-8400
  - Assists those who are unemployed, changing jobs or changing careers through a number of programs. 612-752-8400
  - Helps women of various income levels, including low-income, single working mothers, upgrade their wages, explore career options, and develop successful job-seeking strategies. 612-752-8444
  - Individualized services for laid-off or dislocated workers including job placement assistance, training funds, career counseling, workshops and hiring events. 612-752-8400
- **Employment Services (RESOURCE Employment Action Center)** 2143 Lowry Ave. N, Minneapolis, MN 55411 612-752-8500
  - Helps women of various income levels, including low-income, single working mothers, upgrade their wages, explore career options and develop successful job-seeking strategies. 612-752-8444 or 612-752-8500
  - Offers professional women's clothes closet. 612-752-8500
  - Career counseling, job search services and job placement assistance for TANF/MFIP recipients and other low-income adults in Hennepin County. 612-752-8500
- **Employment Services (RESOURCE Employment Action Center)** 5701 Shingle Creek Pkwy., Brooklyn Center, MN 55340; Career counseling, job search services and job placement assistance for Diversionary Work, TANF/MFIP recipients and dislocated workers in Hennepin County. 612-752-8900

**Rise, Inc.** 8406 Sunset Rd. NE, Spring Lake Park, MN 55432

Rise offers more than 40 customized career planning, job placement, training, follow-up support services to adults with disabilities as well as refugees and immigrants who are on MFIP. We also offer housing support services and transitional housing to adults with mental illness. Services available in English, Hmong, Somali and Vietnamese. 763-786-8334 [rise.org](http://rise.org)

**State Services for the Blind** 2200 University Ave. W., Ste. 240, St. Paul, MN 55114

Provides services and resources to blind and visually impaired. 651-539-2300 [www.mnssb.org](http://www.mnssb.org)

**YES, Inc. (Youth Engaging Success)** formerly Pro USA, Inc. 7420 Unity Ave N., Ste. 101, Brooklyn Park, MN 55443

In partnership with community institutions and individual volunteers, YES, Inc. helps ambitious teens from challenged neighborhoods gain the awareness, tools, and connections to succeed in the game of life. We offer academic athletic and academic scholarships, life skills training, and academic enrichment. Youth participants are paired with community mentors who volunteer as success coaches to set and achieve life goals. 763-202-8750 [www.prousa.org](http://www.prousa.org)

# Entrepreneurship

**African Development Center of Minnesota (ADC)** 1931 S. 5<sup>th</sup> St., Minneapolis, MN 55454

Through workshops and individual consultations on financial literacy, business development and home ownership, ADC provides culturally competent services to Minnesota's African community. ADC is a leader in micro-lending to small businesses. Services are provided in English, Somali and Swahili. 612-333-4772 [www.adcminnesota.org](http://www.adcminnesota.org)

**Latino Economic Development Center** 1501 E. Lake St., Lower Level, Minneapolis, MN 55407

A private non-profit organization doing economic development including business consulting, loan packaging and community development. LEDC also offers free English and computer classes in Spanish. 612-724-5332 [www.ledc-mn.org](http://www.ledc-mn.org)

**Metropolitan Consortium of Community Developers** 3137 Chicago Ave. S., Minneapolis, MN 55407

An association of community development organizations committed to expanding the wealth and resources of neighborhoods through housing and economic development initiatives. *Open to Business* program for new entrepreneurs in suburban cities including: Brooklyn Park, Brooklyn Center, Golden Valley, New Hope, Osseo and Robbinsdale. 612-789-7337 [www.mccdmn.org](http://www.mccdmn.org)

**Metropolitan Economic Development Association – Meda** 250 2<sup>nd</sup> Ave. S., Ste. 106, Minneapolis, MN 55401

Meda serves entrepreneurs of color through access to business consulting, financing, and corporate and government contracting opportunities. Meda's services have grown in its 43-year history to include valuable resources that are open to all Minnesota Businesses; these services include the Minnesota Procurement Technical Assistance Center (MN PTAC) and the Minnesota Small Business Innovation Research (SBIR) and Small Business Technology Transfer (STTR) programs. Services are provided in English and Spanish. 612-332-6332 [meda.net](http://meda.net)

**SCORE Minneapolis** 8800 Hwy. 7, Ste. 103, St. Louis Park, MN 55426

Score Minneapolis is a resource partner of the Small Business Administration providing counseling and educational programs for small business owners. No cost counseling and mentorship services are available. This organization also provides low cost educational seminars, workshops and links to other resources for the small business owner. Business Plan Development gives access to computers and software. 952-938-4570 [minneapolis.score.org](http://minneapolis.score.org)



# Ethnic-Based and Multicultural Services

**The Advocates for Human Rights** 330 2<sup>nd</sup> Ave. S., Ste. 800 Minneapolis, MN 55401

Non-governmental organization dedicated to the promotion and protection of internationally recognized human rights.  
612-341-3302 [www.theadvocatesforhumanrights.org](http://www.theadvocatesforhumanrights.org)

**Africa Institute for International Reporting** 7030 Humboldt Ave. N., Brooklyn Center, MN 55430

International- and community-based media services for individual businesses and training. Media training and networking, educational events, workshops and new media training. Services are provided in English, Krio, Temne and Mende.  
763-568-4335

**African Community Services** 1305 E. 24<sup>th</sup> St., Lower Level, Minneapolis, MN 55404

(ACS) is a non-profit community based charitable organization that provides settlement and integration services and programs that facilitate the early settlement of newcomers to Minneapolis and the surrounding areas. Also contracted partners with Hennepin County and MNSure. Services provided in English, Oromo, Somali and Swahili 612-721-9984  
[www.africanscs.org](http://www.africanscs.org)

**African Development Center of Minnesota (ADC)** 1931 S. 5<sup>th</sup> St., Minneapolis, MN 55454

Through workshops and individual consultations on financial literacy, business development and home ownership, ADC provides culturally competent services to Minnesota's African community. ADC is a leader in micro-lending to small businesses. Services are provided in English, Somali and Swahili. 612-333-4772 [www.adcminnesota.org](http://www.adcminnesota.org)

**Arrive Ministries** 1515 E. 66<sup>th</sup> St., Richfield, MN 55423

Serving the refugee community with resettlement services, social services and immigration legal services. Services provided in Arabic, Burmese, English, Ethiopian, Karen, KiSwahil and Somali. 612-866-0462 [arriveministries.org](http://arriveministries.org)

**Asian Women United of MN Inc.** P.O. Box 6223, Minneapolis, MN 55406

Serves battered Asian women throughout the metro area. Awareness, advocacy and services.  
612-724-8823 [www.awum.org](http://www.awum.org)

**Breaking Free** PO Box 4366, St. Paul, MN 55104

To educate and provide services to women and girls who have been victims of sexual exploitation/sex trafficking and need assistance escaping the violence in their lives. 651-645-6557 (Collect calls accepted.) [www.breakingfree.net](http://www.breakingfree.net)

**CAPI USA** 3702 E. Lake St., Minneapolis, MN 55406

Provides basic needs for refugees and immigrants from around the world. Services provided in English, Hindi, Hmong, Karen, Nepali, Somali, Spanish and Vietnamese. 612-721-0122 [www.capiusa.org](http://www.capiusa.org)

**Casa De Esperanza** P.O. Box 40115, St. Paul, MN 55104

Latina organization that provides local direct services including advocacy, emergency shelter, a 24-hour bilingual crisis line and youth peer to peer education and community building. Services provided in Spanish and English.

**24-Hour Crisis Line: 651-772-1611** Business Office: 651-646-5553 [www.casadeesperanza.org](http://www.casadeesperanza.org)

**Catholic Charities of St. Paul and Minneapolis** 1200 2<sup>nd</sup> Ave. S., Minneapolis, MN 55403

Housing, emergency services, family services, children, senior and advocacy programs. Serves the 12-county metro area. Services provided in English, Somali and Spanish. 612-204-8500 [www.cctwincities.org](http://www.cctwincities.org)

**Center for Victims of Torture** 649 Dayton Ave., St. Paul, MN 55104

Provides healing and rehabilitation for survivors of torture by foreign governments or political groups. Services provided in all languages. 612-436-4840 [www.cvt.org](http://www.cvt.org)

**Centro Tyrone Guzman** 1915 Chicago Ave. S., Minneapolis, MN 55404

Siembra Montessori Early Childhood, Youth Program, Prenatal groups, MNSure Navigators, Seniors Program, Food Shelf, Health and Wellness workshops. Services provided in Spanish. 612-874-1412 [www.centromn.org](http://www.centromn.org)

**Chinese Social Service Center** 4111 Central Ave. NE., Ste. 200A South Building, Columbia Heights, MN 55421

CSSC is a nonprofit, multi-program organization. It provides social services to the Chinese community not only in the Twin Cities Metro area, but also for greater MN. It offers the following programs: MNSure navigator program, Home Care Services, ESL/Citizenship program, Senior program and Summer Youth program. Services provided in Chinese and English.  
612-529-2602 [www.csscmn.org](http://www.csscmn.org)

# Ethnic-Based and Multicultural Services

## **CLUES (Comunidades Latinas Unidas En Servicio)** 720 E. Lake St., Minneapolis, MN 55407

CLUES mission is to advance the capacity of Latino families to be healthy, prosperous, and engaged in their communities. Although our services focus on the Latino family, our experience and capabilities enable us to serve individuals and families from all walks of life including new immigrants and low income families who dream of a better future. By focusing our efforts in the areas of Health and Family Well-being, Economic Vitality, Educational Achievement, and Civic and Cultural Engagement, our programs are designed to empower Latinos and immigrants by meeting them where they are, harnessing their strengths, and honing their skills. Services are provided in English and Spanish. 612-746-3500 [www.clues.org](http://www.clues.org)

## **CSCM (Confederation of Somali Community in Minnesota)** 420 15<sup>th</sup> Ave. S., Minneapolis, MN 55454

Programs and events to strengthen Somali people's capacity to become contributing members of society while preserving their culture. 612-605-3222 [csc-mn.org](http://csc-mn.org)

## **Division of Indian Work** 1001 E. Lake St., Minneapolis, MN 55407

DIW is the oldest direct-service organization for American Indians in the Twin Cities. Programming includes food shelf, long term foster care, counseling, parent support and academic programs. 612-722-8722 [gmcc.org/diw](http://gmcc.org/diw)

## **Emergency, Community, Health, and Outreach (ECHO) Minnesota** 125 Charles Ave., St. Paul, MN 55103

As a leader in multi-language health, safety, civic engagement and emergency readiness communication, ECHO bridges the gap for immigrants and refugees in Minnesota. Through close collaborations with health and safety experts, bilingual community leaders and talented spokespersons, ECHO crafts high quality programming for television and radio broadcast and phone, print, web, DVD and partner relay distribution. Services provided in Arabic, Amharic, English, French, Hmong, Karen, Lao, Oromo, Russian, Spanish, Somali and Swahili. 651-789-4342 [www.echominnesota.org](http://www.echominnesota.org)

## **Hennepin County Office of Multi-Cultural Services** 1201 E. Lake St., Minneapolis, MN 55407

Provides culturally appropriate assistance to clients who speak limited English to help them connect to county and community resources, including health care, MFIP, SNAP, child care assistance, housing, immigration and employment issues. Phone: 612-348-2193 FAX: 612-321-3828 email: [oms@hennepin.us](mailto:oms@hennepin.us) [www.co.hennepin.mn.us](http://www.co.hennepin.mn.us)

## **Hmong American Mutual Assistance Association** 1718 Washington Ave. N., Minneapolis, MN 55411

Serves Hmong-American and others to promote self-sufficiency, youth, education, leadership and cultural heritage. 612-374-2694 [www.hamaa.org](http://www.hamaa.org)

## **Hmong American Partnership** 1075 Arcade Ave., St. Paul, MN 55106

A social service and community development organization whose mission is to empower the community to embrace the strengths of our cultures while achieving our potential. Services provided in English, Hmong, Karen, Lao, Napoly, Thai and Somali. 651-495-9160 [www.hmong.org](http://www.hmong.org)

## **Hmong Cultural Center** 375 University Ave., Ste. 204, St. Paul, MN 55103

Hmong culture, education, human rights and services. 651-917-9937 [www.hmongcc.org](http://www.hmongcc.org)

## **International Institute of Minnesota** 1694 Como Ave., St. Paul, MN 55104

The International Institute of Minnesota welcomes New Americans to the Twin Cities and offers them a continuum of services to promote their full integration into our community. The Institute's programming includes job training and language classes as well as refugee resettlement, immigration, citizenship, and anti-human trafficking services. Services provided in Amharic, Arabic, English, Karen, Somali and Spanish. 651-647-0191 [www.iimn.org](http://www.iimn.org)

## **Korean Service Center** 630 Cedar Ave. S., Ste. B1, Minneapolis, MN 55454

Culturally competent social services for the Korean immigrant community. 612-342-1344 [www.koreanservicemn.org](http://www.koreanservicemn.org)

## **Lao Assistance Center of Minnesota (LACM)** 503 Irving Ave. N., Ste. 100A, Minneapolis, MN 55405

A social services organization that responds to the needs of the Southeast Asian community in the Twin Cities with programs that assist in healthcare coverage, public services, employment placement and housing counseling. 612-374-4967 [www.laocenter.org](http://www.laocenter.org)

## **Latino Economic Development Center** 1501 E. Lake St., Lower Level, Minneapolis, MN 55407

A private non-profit organization doing economic development including business consulting, loan packaging and community development. LEDC also offers free English and computer classes in Spanish. 612-724-5332 [www.ledc-mn.org](http://www.ledc-mn.org)

# Ethnic-Based and Multicultural Services

**Marie Sandvik Center** 1112 E. Franklin Ave., Minneapolis, MN 55404

Christian-based charitable organization including adult and children's ministries and meals program, furniture redistribution, produce distribution on Tuesdays, and Christian 12-step program. 612-870-9617 [www.mariesandvikcenter.org](http://www.mariesandvikcenter.org)

**MAWA (Minnesota African Women's Association)** 3300 County Rd. 10, Ste. 510, Brooklyn Center, MN 55429

Provides social services and job readiness services to low-income African immigrant and Refugee women and college attendance and leadership development for African girls. 763-561-2224 [mawanet.org](http://mawanet.org)

**Metropolitan Consortium of Community Developers** 3137 Chicago Ave. S., Minneapolis, MN 55407

An association of community development organizations committed to expanding the wealth and resources of neighborhoods through housing and economic development initiatives. *Open to Business* program for new entrepreneurs in suburban cities including: Brooklyn Park, Brooklyn Center, Golden Valley, New Hope, Osseo and Robbinsdale.

612-789-7337 [www.mccdmn.org](http://www.mccdmn.org)

**Mid-Minnesota Legal Aid** 430 1<sup>st</sup> Ave. N., Ste.300, Minneapolis, MN 55401

Mid-Minnesota Legal Aid provides civil legal services at no charge to help its clients meet basic needs such as safety, housing, and access to health care and public benefits. Interpreter services available. 612-334-5970 [mylegalaid.org](http://mylegalaid.org)

**Minneapolis American Indian Center** 1530 E. Franklin Ave., Minneapolis, MN 55404

Provides services that help meet the needs of the Native American Indian Community within a foundation of cultural values. 612-879-1700 [www.maicnet.org](http://www.maicnet.org)

**Minnesota Coalition for Battered Women** 60 E. Plate Blvd., Ste. 130, St. Paul, MN 55107

Mission is to end domestic violence, promote social and cultural change.

**24-Hour Metro Area Crisis Line: 1-866-223-1111** Business: 651-646-6177 or 800-289-6177 [www.mcbw.org](http://www.mcbw.org)

**Minnesota Council of Churches, Refugee Services** 122 W. Franklin Ave., Minneapolis, MN 55404

A refugee resettlement program assisting recently arrived refugees throughout the Twin Cities metro area. 612-874-8605 [www.mnchurches.org](http://www.mnchurches.org)

**Robbinsdale Area Schools, Welcome Center & Language Services**

Sandburg Learning Center, 2400 Sandburg Ln., Golden Valley, MN 55427

We offer support in the areas of preK to grade 12 family involvement and student academic achievement for English Learners (ELs). We also provide spoken, sign and written language access services for district schools and events. Services include: enrollment services for all students new to the United States and/or speak a language other than English in the home, assistance with completing K-12 registration materials, assessment for English Language Learning Services, referrals to clinics for immunizations, introduction to resources and support within the Robbinsdale Area Schools Community, and all students enrolling through the center will receive starter school supplies. 763-504-7680 [rdale.org](http://rdale.org)

**The Salvation Army Social Services, Noble Office** 10011 Noble Pkwy., Brooklyn Park, MN 55443

Emergency services include clothing, furniture and transportation vouchers. Heating assistance through Heat Share for the NW Hennepin suburbs. 763-425-0517 [www.usc.salvationarmy.org](http://www.usc.salvationarmy.org)

**Sewa-Asian Indian Family Wellness (SEWA-AIFW)** 3702 E. Lake St., Minneapolis, MN 55406

Asian Indian specific services and resources for: Health Initiatives, Monthly Health Clinic, Health Education, Housing, Senior Programs, Prevent Domestic Violence, Emergency Assistance and Resources (economic, food shelf, culturally specific mental health services and advocates), Legal Resources, Multi-Cultural Services for Education, Employment and Entrepreneurship, Transportation, Youth Mentoring and Leadership. 952-912-9100 [www.sewa-aifw.org](http://www.sewa-aifw.org)

**Vietnamese Social Services** 227 University Ave. W., St. Paul, MN 55103

Resettlement and social adjustment services for Vietnamese, Karen and other refugees and immigrants. Programs help with employment, job training, health education and advocacy, youth development, elder services, literacy, English language education for adults, citizenship and human trafficking. Does not offer citizenship. Services provided in English, Karen and Vietnamese. 651-641-8903 [www.vssmn.org](http://www.vssmn.org)

**Women of Nations** PO Box 7125, St. Paul, MN 55107

Provides culturally specific emergency services and support to all who have experienced trauma and domestic, sexual and dating violence, and empowers Native American communities to put an end to all forms of violence through education and prevention. 651-251-1601 [women-of-nations.org](http://women-of-nations.org)

# **Ethnic-Based and Multicultural Services**

## **Health Resources Serving Diverse Communities**

### **Allina Health Clinics**

- **Allina Health Champlin Clinic** 11269 Jefferson Hwy. N., Champlin, MN 55316 763-236-0600
- **Allina Health Maple Grove Clinic** 7840 Vinewood Ln., Maple Grove, MN 55369 763-236-0200
- **Allina Health Plymouth Clinic** 2855 Campus Dr., Ste. 400, Plymouth, MN 55441 763-577-7400

**Angel Eyes Foundation Inc.** 7710 Brooklyn Blvd., Ste. 206F, Brooklyn Park, MN 55443

Angel Eyes Foundation provides awareness on the danger of alcohol and drug abuse to West African Immigrant youth between the ages of 10 to 25. 763-639-5073 or 763-208-8339 [angeleyesfound.org](http://angeleyesfound.org)

**Annex Teen Clinic** 5810 42<sup>nd</sup> Ave. N., Robbinsdale, MN 55422

The Annex provides low-cost, confidential sexual health care and education to youth through age 25. Translation services available. 763-533-1316 [annexteenclinic.org](http://annexteenclinic.org)

**Asha Mukherjee, PhD, LP at Child & Family Psychological Services** 4205 N. Lancaster Ln., Ste. 107, Plymouth, MN 55441; All psychological services provided for all ages and include couples, multicultural populations, EMDR for trauma, and hypnosis. Services provided in Hindu, Urdu, Gujarati, Punjabi, Bengali, Marathi, and Rajasthani. 763-553-7820 [www.asha-phd.com](http://www.asha-phd.com)

**Brooklyn Center Clinic, Hennepin County Medical Center** 6601 Shingle Creek Pkwy., Ste. 400, Brooklyn Center, MN 55430; Primary and specialty care clinic for adults. Appointments are necessary. Spanish, other languages available by appointment. Internal Medicine, Acupuncture, Bariatric Classes, Cardiology, Diabetes, Chiropractic, Geriatrics, Rheumatology, Physical Therapy, Podiatry, Surgical Consultations, lab and x-ray. 612-873-6963 [www.hcmc.org](http://www.hcmc.org)

**Brooklyn Park Clinic, Hennepin County Medical Center** 7650 Zane Ave. N., Brooklyn Park, MN 55443

Primary care for the whole family. Pediatrics, Prenatal care including Certified Nurse Midwives, Obstetrics and Gynecology, Family Practice, sick child care and lab. 612-873-6963 [www.hcmc.org](http://www.hcmc.org)

**Children's Dental Services (CDS)** 636 Broadway St. NE., Minneapolis, MN 55413

CDS provides culturally focused dental care for children ages birth to 26 and pregnant women from low-income families. Services provided in English, Ethiopian, Hmong, Spanish and Somali. 612-746-1530 [www.childrensdentalservices.org](http://www.childrensdentalservices.org)

**Children's Hospital and Clinics of Minnesota** 2525 Chicago Ave. S., Minneapolis, MN 55404

Hospital, emergency, specialty, rehab and primary pediatric care. Interpretive services available for Spanish, Somali, Hmong, and 58 other languages. 612-813-6000 [childrensMN.org](http://childrensMN.org)

**Children's Specialty Clinics** 2535 Chicago Ave. S., Minneapolis, MN 55404

Pediatric specialties include Asthma, Cystic Fibrosis, Diabetes/Endocrine, Genetics, Infectious Diseases/Immunology - HIV program, Nephrology, Rheumatology, Behavioral Health, ENT and Facial Plastic Surgery, Cleft and Craniofacial, Gynecology, Neurology, Neurosurgery, Orthopedics, Developmental Pediatrics, Down Syndrome, Sleep Disorders and Eating Disorders. Interpretive services available for Spanish, Somali, Hmong, and 58 other languages. 612-813-6000 [childrensMN.org](http://childrensMN.org)

**Community-University Health Care Center (CUHCC)/University of Minnesota** 2001 Bloomington Ave. S., Minneapolis, MN 55404

Services include: medical, mental health, dental, legal, sexual assault advocacy, and domestic violence advocacy. Staff speak more than seven languages and provide culturally specific services. 612-638-0700 [www.cuhcc.com](http://www.cuhcc.com)

**Crown Medical Center** 7001 78<sup>th</sup> Ave. N., Brooklyn Park, MN 55445

Immigration physical and psychology services. Primary care, adult medicine, immunizations, confidential STI (sexually transmitted infection) testing and family planning. Interpreters available by appointment.

763-566-4535 [www.crownmedicalcenter.org](http://www.crownmedicalcenter.org)

**Fairview Health Services** 2450 Riverside Ave., Minneapolis, MN 55454

Primary care with comprehensive interpreting services. 612-273-3000 [www.fairview.org](http://www.fairview.org)

- **Fairview Clinics-Bass Lake** 6320 Wedgwood Rd., Maple Grove, MN 55311 763-268-0400
- **Fairview Clinics-Brooklyn Park** 10000 Zane Ave. N., Brooklyn Park, MN 55443 763-572-5700
- **Fairview Clinics-Rogers** 14040 Northdale Blvd., Rogers, MN 55374 763-488-4100
- **Maple Grove Medical Center** 14500 99<sup>th</sup> Ave. N., Maple Grove, MN 55369 763-898-1000

# **Ethnic-Based and Multicultural Services**

## **Health Resources Serving Diverse Communities**

### **Hadi Medical Clinic** 6120 Brooklyn Blvd., Brooklyn Center, MN 55429

Provides free primary medical care to all in need on a first come first serve basis – irrespective of race, religion, socioeconomic status etc. – especially beneficial for uninsured patients. Open every Saturday 10:30 a.m. to 1 p.m.  
763-260-1120 [www.hadimedicalclinic.org](http://www.hadimedicalclinic.org)

### **Hennepin County Medical Center (HCMC)** 701 Park Ave., Minneapolis, MN 55415

Spanish, other languages available by appointment. Pediatrics, family practice, lab and x-ray, full service prenatal care, certified nurse midwives. 612-873-3000 [www.hcmc.org](http://www.hcmc.org)

### **Hennepin County Public Health Clinic** 525 Portland Ave. S., Minneapolis, MN 55415

Health screening for new refugees: Tuberculosis (TB), parasites, Hepatitis B screening, immunizations and referrals for ongoing care. Hmong, Lao, Thai, Spanish, Oromo, Amharic, Somali and other languages by appointment.

612-543-5555 [www.co.hennepin.mn.us](http://www.co.hennepin.mn.us)

### **Indian Health Board of Minneapolis Inc.** 1315 E. 24<sup>th</sup> St., Minneapolis, MN 55404

Community health center. Serving Spanish, Vietnamese, Lakota and Ojibwe clients.

612-721-9800 [www.indianhealthboard.com](http://www.indianhealthboard.com)

### **Minnesota AIDS Project** 1400 Park Ave. S., Minneapolis, MN 55404

Provides services for those living with HIV and prevention strategies for communities at greatest risk. Programs include: MAP AIDSLine, TEACH, PrideAlive, Positive Link, IDU Outreach, CLEAR's StrongMen Initiative, Benefits Counseling, Chemical Health Services, HIV Case Management, Quick Connect, Legal Services, Housing, Transportation and Emergency Assistance. Call MAP AIDSLine for details on programs. **AIDSLine 612-373-2437 or 800-248-2437**

Business Office 612-341-2060 [www.mnaidsproject.org](http://www.mnaidsproject.org)

### **NorthPoint Health & Wellness Center** 1313 Penn Ave. N., Minneapolis, MN 55411

A multi-specialty human services and primary care facility, providing medical, dental, mental health and human services in North Minneapolis. For human services like the food shelf, MNSure enrollment and employment services, please call 612-767-9500. For primary care or other health related services please call: 612-543-2500. [www.northpointhealth.org](http://www.northpointhealth.org)

### **Park Avenue Family Practice** 2707 Nicollet Ave., Minneapolis, MN 55408

Bilingual Hmong staff, other languages by appointment. Physician guided weight loss program, prenatal, aesthetic medicine, adult and pediatric outpatient care. Call for eligibility. 612-874-8811

### **Planned Parenthood Minnesota, North Dakota, South Dakota** 6900 78<sup>th</sup> Ave. N., Ste. 103, Brooklyn Park, MN 55445

We provide health care, education, and advocacy programs to help women, men and families make informed, responsible decisions about their personal health as well as the health of their communities. Services include birth control, STD testing and treatment, annual exams and other reproductive health care. Please visit website for current hours. Same day and next day appointments available at most locations. Interpreter services available. 763-560-3050 [www.ppmns.org](http://www.ppmns.org)

### **Portico Healthnet** 2610 University Ave. W., Ste. 550, St. Paul, MN 55114

Assistance finding, determining eligibility, applying for and enrolling in health care coverage programs best fitting individual situations. 651-489-2273 [www.porticohealthnet.org](http://www.porticohealthnet.org)

### **Red Door Services (Hennepin County Human Services Public Health Dept.)**

525 Portland Ave., 4<sup>th</sup> floor, Minneapolis, MN 55415

Provides low-cost STD/STI testing and treatment, HIV counseling and testing, and pregnancy prevention services for 12 to 30 year-olds, among other services. Clinic is located in the Hennepin County Public Health Clinic.

612-543-5555 [www.reddoorclinic.org](http://www.reddoorclinic.org)

### **Sharing and Caring Hands** 525 N. 7<sup>th</sup> St., Minneapolis, MN 55405

Provides a host of services including food, clothing, shelter, transportation assistance and medical/dental help.

612-338-4640 [sharingandcaringhands.org](http://sharingandcaringhands.org)

# **Ethnic-Based and Multicultural Services**

## **Health Resources Serving Diverse Communities**

### **Southside Community Health Services**

- **Southside Dental Clinic** 4243 4<sup>th</sup> Ave. S., Minneapolis, MN 55409  
General family dental clinic provides oral implants, extracts, and Invisalign, accepting most insurance, MA, and sliding fee scale available based on income/family size. Bilingual Spanish/English and Hmong/English staff, Somali and other languages available by appointment. 612-822-9030 [www.southsidechs.org](http://www.southsidechs.org)
- **Southside Medical Clinic** 324 E. 35<sup>th</sup> St., Minneapolis, MN 55408  
Spanish and other languages available by appointment. Family practice, Men's Clinic, pharmacy, counseling and testing, mental health counseling. 612-827-7181 [www.southsidechs.org](http://www.southsidechs.org)

### **St. Mary's Health Clinics** 1884 Randolph Ave., St. Paul, MN 55105

For persons who are medically uninsured or waiting for eligibility for other assistance. Must meet income guidelines. Basic primary care, specialty referrals, most medications and hospital at no expense to patients.

Call for eligibility and appointments: 651-287-7777. Services offered in English and Spanish. [stmaryshealthclinics.org](http://stmaryshealthclinics.org)

### **Sub-Saharan African Youth & Family Services** 1885 University Ave. W., St. Paul, MN 55104

HIV outreach education, case management, client care advocate, women's program, mental health services, emotional support group for HIV +, referral services, and transportation service for HIV +. 651-644-3983 [www.sayfsm.org](http://www.sayfsm.org)

### **University of Minnesota School of Dentistry** 515 Delaware St. SE., Minneapolis, MN 55440

All dental services provided by students. 612-625-2495 [umdentcl@umn.edu](mailto:umdentcl@umn.edu)

# Family Services

**Annex Teen Clinic** 5810 42<sup>nd</sup> Ave. N., Robbinsdale, MN 55422

The Annex provides low-cost, confidential sexual health care and education to youth through age 25. Translation services available. 763-533-1316 [annexteenclinic.org](http://annexteenclinic.org)

**Beacon Interfaith Housing Collaborative - Families Moving Forward** 1808 Emerson Ave. N., Minneapolis, MN 55411  
Emergency family shelter. 612-529-2185 [www.beaconinterfaith.org](http://www.beaconinterfaith.org)

**Big Brothers-Big Sisters of the Greater Twin Cities** 2550 University Ave., Ste. 410N, St. Paul, MN 55114  
Long-term, one-to-one adult mentoring relationships for youth ages 8-12. 651-789-2400 [www.bigstwincities.org](http://www.bigstwincities.org)

**Boy Scouts of America, Northern Star Council** 393 Marshall Ave., St. Paul, MN 55102  
Scouting offers a range of positive youth development programs designed for boys from kindergarten to age 20 and girls in 9<sup>th</sup> grade to age 20. 763-231-7201 [www.northernstarbsa.org](http://www.northernstarbsa.org)

**The Bridge for Runaway Youth, Inc.** 1111 West 22<sup>nd</sup> St., Minneapolis, MN 55405  
Crisis and homeless youth services for ages 10-17. **24-Hour Hotline: 612-377-8800** Business Line: 612-230 6601  
[www.bridgeforyouth.org](http://www.bridgeforyouth.org)

**Brookdale Christian Center Daycare** 6030 Xerxes Ave. N., Brooklyn Center, MN 55430  
Provides Early Childhood Education for children from six weeks up to school age. Nationally accredited by NAEYC.  
763-561-0148 [www.bccdaycare.com](http://www.bccdaycare.com)

**Brooklyn Bridge School** 5840 69<sup>th</sup> Ave. N., Brooklyn Park, MN 55429  
Early Childhood Education, 3, 4, 5 year old preschool. 763-560-5953 [www.brooklynlutheran.com](http://www.brooklynlutheran.com)

**Camp Fire Minnesota** 4829 Minnetonka Blvd., Ste. 202, St. Louis Park, MN 55416  
Out-of-school time youth and teen clubs in partnership with community centers and affordable housing communities. Weekly summer camps (day, resident, and Northwoods Adventure) from June through August at Camp Tanadoona with scholarships available. 612-235-7284 [www.campfiremn.org](http://www.campfiremn.org)

**CAPI USA** 3702 E. Lake St., Minneapolis, MN 55406  
Provides basic needs for refugees and immigrants from around the world. Services provided in English, Hindi, Hmong, Karen, Nepali, Somali, Spanish and Vietnamese. 612-721-0122 [www.capiusa.org](http://www.capiusa.org)

**Catholic Charities of St. Paul and Minneapolis** 1200 2<sup>nd</sup> Ave. S., Minneapolis, MN 55403  
Housing, emergency services, family services, children, senior and advocacy programs. Serves the 12-county metro area. Services provided in English, Somali and Spanish. 612-204-8500 [www.cctwincities.org](http://www.cctwincities.org)

**Centro Tyrone Guzman** 1915 Chicago Ave. S., Minneapolis, MN 55404  
Siembra Montessori Early Childhood, Youth Program, Prenatal groups, MNsure Navigators, Seniors Program, Food Shelf, Health and Wellness workshops. Services provided in Spanish. 612-874-1412 [www.centromn.org](http://www.centromn.org)

**Children's Dental Services (CDS)** 636 Broadway St. NE., Minneapolis, MN 55413  
CDS provides culturally focused dental care for children ages birth to 26 and pregnant women from low-income families. Services provided in English, Ethiopian, Hmong, Spanish and Somali. 612-746-1530 [www.childrensdentalservices.org](http://www.childrensdentalservices.org)

**CLUES (Comunidades Latinas Unidas En Servicio)** 720 E. Lake St., Minneapolis, MN 55407  
CLUES mission is to advance the capacity of Latino families to be healthy, prosperous, and engaged in their communities. Although our services focus on the Latino family, our experience and capabilities enable us to serve individuals and families from all walks of life including new immigrants and low income families who dream of a better future. By focusing our efforts in the areas of Health and Family Well-being, Economic Vitality, Educational Achievement, and Civic and Cultural Engagement, our programs are designed to empower Latinos and immigrants by meeting them where they are, harnessing their strengths, and honing their skills. Services are provided in English and Spanish. 612-746-3500 [www.clues.org](http://www.clues.org)

**Community Emergency Assistance Program (CEAP)** 7051 Brooklyn Blvd., Brooklyn Center, MN 55429  
Community Emergency Assistance Programs empower our neighbors in need by providing food, clothing, and personalized support to help them establish their path to stability and independence. Spanish services available. 763-566-9600  
[www.ceap.org](http://www.ceap.org)

# Family Services

**Community Mediation & Restorative Services, Inc.** 9220 Bass Lake Rd., Ste. 270, New Hope, MN 55428

Committed to developing the capacity of individuals, families, communities and businesses to respectfully manage and resolve conflict. 763-561-0033 [cmrsmn.org](http://cmrsmn.org)

**Division of Indian Work** 1001 E. Lake St., Minneapolis, MN 55407

DIW is the oldest direct-service organization for American Indians in the Twin Cities. Programming includes food shelf, long term foster care, counseling, parent support and academic programs. 612-722-8722 [www.gmcc.org/diw](http://www.gmcc.org/diw)

**Domestic Abuse Project** 204 W. Franklin Ave., Minneapolis, MN 55404

Provides group, individual, couples and family therapy for men, women, children and adolescents experiencing domestic abuse. Also provides legal and community advocacy and has additional locations in the Public Services Building downtown Minneapolis, at Little Earth United Tribes Housing in South Minneapolis, and at NorthPoint in North Minneapolis.

612-874-7063 [www.domesticabuseproject.org](http://www.domesticabuseproject.org)

## **Early Childhood Family Education (ECFE)/School Readiness Preschool**

Offered through school districts statewide. Contact these centers for local information on programs, classes, parenting, home visiting, pre-school, screening and child development concerns. Provides services for children and their families from birth to school age. Your home address determines which school district you are in. Please call one of these to find out your district.

- **ISD 11 Anoka-Hennepin** 2727 N. Ferry St., Anoka, MN 55303  
ECFE- 763-506-1275, School Readiness Preschool 763-506-1500 [www.DiscoverCommunityEd.com](http://www.DiscoverCommunityEd.com)
- **ISD 279 Osseo Area Schools** 9401 Fernbrook Ln. N., Maple Grove, MN 55369 and 7020 Perry Ave. N., Brooklyn Center, MN 55429; ECFE Programs provide quality learning opportunities for parents and their children birth to school age. Osseo Area Schools also offers a variety of preschool options for children 3-5 years of age. Early Childhood Screening appointments can be made by calling: 763-391-8776 or 763-391-8777 [www.osseoec.org](http://www.osseoec.org)
- **ISD 286 Brooklyn Center Schools** 1500 59<sup>th</sup> Ave. N., Brooklyn Center, MN 55430  
School Readiness Preschool Classes, Early Childhood Family Education Classes, Preschool Screening and New Baby Home Visits. 763-561-4480, Ext. 5001 [www.brookcntr.k12.mn.us](http://www.brookcntr.k12.mn.us)
- **Riverview Early Childhood Center** 1400 93<sup>rd</sup> Ave. N., Brooklyn Park, MN 55444  
Early Childhood Family Education and School Readiness provides early childhood and parent education for children birth to 5 years old and their parents. Preschool programs for children ages 3-5. 763-506-6170
- **Robbinsdale Area Schools Early Childhood Programs** New Hope Learning Center, 8301 47<sup>th</sup> Ave. N., New Hope, MN 55428 [www.ced.rdale.org](http://www.ced.rdale.org)
  - **Creative Play Preschool** offers early education classes for children ages 3 to 5 years in schools throughout the district and provides excellent preparation for kindergarten. Creative Play Preschool, along with the other Robbinsdale Area Schools' early education programs received a 4-star rating by Parent Aware, a rating tool for selecting high quality childcare and early education. 763-504-5330
  - **Early Childhood Family Education (ECFE)** provides parents and their children (birth through kindergarten) parent and early childhood education classes based on Minnesota Department of Education Curriculum Guidelines. Free home visits by licensed ECFE parent educators provide parents current information on parenting, their child's development, and community resources. 763-504-4170
  - **Early childhood screening** is a quick and simple check of how your child is growing and developing. Screening is preferred at age 3, but can be done at 4 or 5 years old. Results are based on your child's age at the time of the screening. Early childhood screening helps you find out how your child is doing; provides you with information about district and community programs and resources; and answers your parenting questions. Early childhood screening is required for kindergarten enrollment and **is provided at no cost**. 763-504-4180
  - **Great Start Preschool** provides free 2-1/2 hour preschool classes, five days a week for children who meet the following criteria: Turn age 4 by September 1 of the current school year, live in the school attendance area, are eligible for free or reduced-price lunch and/or child is an English Language Learner. Transportation is provided if you live outside of the school's walking boundary. 763-504-5330
  - **Family Literacy** program provides opportunities for parents and their children, ages 3 months-5 years, to attend school together. Parents work on GED, basic skills, ELL or diploma, in addition to attending parenting classes. Children, 3 months-2 1/2 years of age, attend preschool to prepare for kindergarten. Children, 3 months-2 1/2 years of age, attend child care. Limited transportation (if needed) for District 281 residents is available 763-504-4170.

**The Family Partnership** 6900 78th Ave. N., Brooklyn Park, MN 55445

Building strong families, vital communities and better futures for children. Services provided in English, Hmong, Spanish, and Somali. 763-560-4412 [www.thefamilypartnership.org](http://www.thefamilypartnership.org)



# Family Services

**Fare For All** 8501 54<sup>th</sup> Ave. N., New Hope, MN 55428 (30 sites in MN)

Fare For All is community-supported and open to everyone. The more people who participate, the more savings passed on to customers. Fare For All buys fruit, vegetables, and frozen meat in bulk to save you up to 40% off grocery store prices. We select the best food from our shipments, pre-packaging it to give you the greatest deals! Fare for All accepts cash, credit, debit, and EBT cards. Services provided in English and Spanish. 763-450-3880 [www.fareforall.org](http://www.fareforall.org)

**Food Allergy Support Group of MN (FASGMN)** 4737 County Road 101, Ste. 102, Minnetonka, MN 55345

The Food Allergy Support Group of MN empowers families affected by food allergies by providing support, education and a community to build personal connections. 612-567-3274 [www.foodallergysupportmn.org](http://www.foodallergysupportmn.org)

**Fraser** 3333 University Ave. SE., Minneapolis, MN 55414

Fraser is Minnesota's largest and most experienced provider of autism services, helping thousands of families affected by autism spectrum disorders each year through evaluation, treatment and rehabilitation. Autism, one of the fastest growing developmental disabilities in the United States affects 1 in 68 children each year. Evidence shows that early intervention results in dramatically positive outcomes for young children with autism. 612-861-1688 [www.fraser.org](http://www.fraser.org)

**Girl Scouts of Minnesota and Wisconsin River Valleys** 400 Robert St. S., St. Paul, MN 55107

Girl Scouts creates opportunities for girls to enjoy a safe environment within a network of friends, old and new, where they feel confident while learning and exploring. Through accessible, flexible programming, girls in grades K-12 learn how to apply science and math skills, live a healthy and creative life, handle money and plan for the future, be kind to nature, be a good leader, and a good citizen. 800-845-0787 or 651-227-7533 [www.girlscoutsvr.org](http://www.girlscoutsvr.org)

**Greater Minneapolis Crisis Nursery** 4544 4<sup>th</sup> Ave. S., Minneapolis, MN 55419

The Crisis Nursery works with families in crisis, offering crisis counseling, home visiting, and overnight respite care for children newborn through age six. Services are provided in English and Spanish.

**24-Hour Crisis Line 763-591-0100** Business office 763-591-0400 [www.crisisnursery.org](http://www.crisisnursery.org)

**Hennepin County Maternal Child Health/Early Childhood Unit**

330 S. 12th St., Ste. 4710, MC-635, Minneapolis, MN 55404

Hennepin County early childhood services supporting young families from pregnancy through kindergarten. Interpreter services provided. 612-348-4111 [www.hennepin.us/search#q=EARLY CHILDHOOD](http://www.hennepin.us/search#q=EARLY CHILDHOOD)

- **Baby Tracks** An immunization education resource that partners with hospitals, clinics and community agencies to help improve immunization rates. Birth through age 2. 612-348-6087
- **Child & Teen Checkups/C&TC** Preventative health care for families on Medical Assistance or MinnesotaCare. Birth through age 20. 612-348-5131
- **Child Crisis Team** Mobile and telephone help to families dealing with a mental health crisis. Children 17 and younger in crisis. 612-348-2233
- **Children's Mental Health Services** Support for children with a mental health diagnosis that qualifies as a severe emotional disturbance. Children through age 18 with applicable diagnosis. 612-348-4111
- **Early Childhood Screening** Required testing for all children to determine school readiness. Age 3 (up to age 5). 651-582-8412
- **The Family Partnership: Parenting For The Future** Parenting program for parents who have cognitive limitations. Parenting at least one child under age 5. 612-977-3223
- **Follow Along Program** Assists parents in tracking their child's growth and development. Birth to 3 years. 612-348-5624
- **Help Me Grow** Provides referrals to identify and help children with development and learning delays. Birth to 5 years. 1-866-693-4769
- **Hennepin County Child Service Planning** Social work assistance for families of children with special needs. All ages. 612-348-4111
- **Hennepin Healthy Families/High Risk Home Visiting** Helps parents with first or second child develop the knowledge, skills and confidence to meet their baby's needs. Prenatal to 1 year. 612-596-7537
- **MFIP Teen Service-Teen HOPE** (Minnesota Family Investment Program) Support for teen parents as they work to complete education and/or get a job. 612-617-4700 MVNA
- **Parent Support Outreach Project** Help in keeping parents with many types of issues safe and healthy. Pregnant women or parents with a child under age 10. 612-998-0281
- **Public Health Nurse Home Visit/Family Health** Care for at-risk families to promote healthy birth outcomes, safe environments, family self-sufficiency, and child growth and development. Prenatal and Families with young children. 612-617-4700 MVNA

# Family Services

**HUG (Helping Us Grow)** 2400 Sandburg Ln., Golden Valley, MN 55427

A community partnership dedicated to supporting all expectant, adopting and families with newborns through home visiting and other programming at no cost to the family. 763-504-4983 or 763-504-8985 (Español)

**Jewish Family and Children's Service of Minneapolis** 13100 Wayzata Blvd., Ste. 400, Minnetonka, MN 55305

Provides essential services to people of all ages and backgrounds including mental health, senior, family, career services and more with 41 programs. Primarily in the West Metro of Hennepin County. 952-546-0616 [www.jfcsmpls.org](http://www.jfcsmpls.org)

**Lutheran Social Services of Minnesota** 2400 Park Ave. S., Minneapolis, MN 55404

Provides financial counseling, behavioral health, housing services, refugee resettlement, youth and family services, parenting education, foster care, employment services, kinship caregiver support, services for veterans, adoption and pregnancy counseling. 612-871-0221 [www.lssmn.org](http://www.lssmn.org)

**Marie Sandvik Center** 1112 E. Franklin Ave., Minneapolis, MN 55404

Christian-based charitable organization including adult and children's ministries and meals program, furniture redistribution, produce distribution on Tuesdays, and Christian 12-step program. 612-870-9617 [www.mariesandvikcenter.org](http://www.mariesandvikcenter.org)

**Metro Women's Center** 6418 Bass Lake Rd., Crystal, MN 55428

Educate community about life affirming options relating to pregnancy. Hope program. 763-533-8642 [www.metrowomenscenter.org](http://www.metrowomenscenter.org)

**Minnesota Department of Human Services** PO Box 64998, St. Paul, MN 55164-0998

The department administers and supervises publicly funded health care programs, economic self-sufficiency programs, children's services and community-based services for people with disabilities. Interpreter services available. 651-431-2000 [www.mn.gov/dhs](http://www.mn.gov/dhs)

**MVNA** 2000 Summer St. NE., Ste. 100, Minneapolis, MN 55413

Home health and palliative care; in-home maternal/child services; childhood screening; child care and school nurse consultation; and hospice. Interpreter services available. 612-617-4600 [www.mvna.org](http://www.mvna.org)

**New Hope YMCA** 7601 42<sup>nd</sup> Ave. N., New Hope, MN 55427

Opportunities for the entire family around healthy living, social responsibility and youth development. 763-535-4800 [www.ymcatwincities.org](http://www.ymcatwincities.org)

**North Education Center Academy** 5530 Zealand Ave. N., New Hope, MN 55428

Provides a site-based secondary academic education for high school credit recovery, for pregnant and parenting teens, English Language Learners, students on probation, and those who need a vocational or practical work experience program. 763-550-3100 [www.district287.org/NECA](http://www.district287.org/NECA)

**Northwest Hennepin Family Services Collaborative, Family Advocate**

7051 Brooklyn Blvd., Brooklyn Center, MN 55429

Family Advocate assists families with family basic needs and provides resources and referrals including help with: food, clothing and housing needs; finances; transportation; family support; county services such as childcare assistance; medical, mental health and dental services; health insurance; and assistance working with Hennepin County and social service providers. Interpreter services available. Advocates serve the attendance area of three school district partners. If you live in the Hennepin side of Anoka-Hennepin School District or Brooklyn Center District call 763-503-2982. If you live in the Osseo Area School District call 763-585-7378 [www.northwesthennepinfamilyservicecollaborative.com](http://www.northwesthennepinfamilyservicecollaborative.com)

**PACER Center** 8161 Normandale Blvd., Minneapolis, MN 55437

Assistance to parents of children and youth with all disabilities. Offers 31 programs. 952-838-9000 or 1-800-537-2237 [www.pacer.org](http://www.pacer.org)

**Perspectives, Inc.** 3381 Gorham Ave., St. Louis Park, MN 55426

Supportive housing, parenting time services, Kids Connection program, employment services, Rule 31 outpatient program. Services provided in English, Hmong, Somali, and Spanish. 952-926-2600 [www.perspectives-family.org](http://www.perspectives-family.org)

**Robbinsdale Area Redesign** 2400 Sandburg Ln., Golden Valley, MN 55427

A family services collaborative serving families and students within the geographic boundaries of ISD 281. 763-504-4981 [rdale.org](http://rdale.org)

# Family Services

## **Robbinsdale Area Schools, Welcome Center & Language Services**

Sandburg Learning Center, 2400 Sandburg Ln., Golden Valley, MN 55427

We offer support in the areas of preK to grade 12 family involvement and student academic achievement for English Learners (ELs). We also provide spoken, sign and written language access services for district schools and events. Services include: enrollment services for all students new to the United States and/or speak a language other than English in the home, assistance with completing K-12 registration materials, assessment for English Language Learning Services, referrals to clinics for immunizations, introduction to resources and support within the Robbinsdale Area Schools Community, and all students enrolling through the center will receive starter school supplies. 763-504-7680 [rdale.org](http://rdale.org)

## **St. David's Center for Child & Family Development** 3395 Plymouth Rd., Minnetonka, MN 55305

Provides a wide range of services for children and families in the Twin Cities metro area including intensive home visiting programs for first or second time parents with significant stressors, including Healthy Families and Early Childhood Home Visiting. St. David's Center also provides Community Special Needs Services (through MA and TEFRA) throughout Hennepin County for families of children with special needs.

For program information, referral and enrollment, call CORE: 952-548-8700. [www.stdavidscenter.org](http://www.stdavidscenter.org)

## **TreeHouse (Family Hope Services)** 5666 Lincoln Dr., Ste. 201, Minneapolis, MN 55436

Provides guidance, support groups, education and social activities for junior and senior high youth. TreeHouse provides opportunities for teens and/or their families to work through their issues in a supportive environment and come to workable outcomes. 952-238-1010 [www.treehouseyouth.org](http://www.treehouseyouth.org)

- **Brooklyn Park TreeHouse** 7520 Brunswick Ave. N., Brooklyn Park, MN 55443 763-560-2334
- **New Hope TreeHouse** 4203 Boone Ave. N., New Hope, MN 55428 763-533-9667
- **Plymouth/Wayzata TreeHouse** Meets at Peace Lutheran Church  
3695 County Rd. 101 N. Plymouth, MN 55446 612-326-5998

## **Tubman** 3111 First Ave. S., Minneapolis, MN 55408

Tubman helps women, men, youth and families who have experienced relationship violence, elder abuse, addiction, sexual exploitation or other forms of trauma. Throughout the Twin Cities Tubman provides safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programming and community education, including public information campaigns to provide community members the information and support they need to get help or give help.

**24/7 Crisis Line 612-825-0000**, 612-825-3333 (main) [www.tubman.org](http://www.tubman.org)

## **Washburn Center for Children** 9100 85<sup>th</sup> Ave. N., Ste. 100, Brooklyn Park, MN 55445

Community mental health center helping children and their families who have, or are at-risk for, social, emotional and behavioral problems through comprehensive, therapeutic, consultation and prevention services.

612-871-1454 [www.washburn.org](http://www.washburn.org)

## **WIC (Women, Infants and Children)** Hennepin County Human Services and Public Health

6125 Shingle Creek Pkwy., Brooklyn Center, MN 55430

Community-based nutrition assessment for pregnant and breastfeeding women, infants and children up to age 5. Interpreter services available. 612-348-6100 [www.hennepin.us](http://www.hennepin.us)

## **WomenSource** 1902 5<sup>th</sup> Ave. N., Anoka, MN 55303

Assists women and couples experiencing an unplanned pregnancy by instructing them on all their options, encouraging life affirming options and providing pregnancy tests, ultrasounds, resources/referrals and parenting education to help them achieve the best outcome for them and their baby. 763-208-0076 [www.womensource.org](http://www.womensource.org)

## **YMCA, Youth Intervention Services** 2304 Jackson St. NE., Minneapolis, MN 55418 and 8950 Springbrook Dr., Coon Rapids, MN 55433

Supports youth and families through school and street-based outreach, community-based intervention, education, shelter services and transitional housing for youth experiencing homelessness. **Youth Resource Line (8am-8pm) 763-493-3052**  
[www.ymcatwincities.org](http://www.ymcatwincities.org)

## City Parks and Recreation Departments

### **Brooklyn Center Community Activities and Recreation Services Department**

6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430

Provides recreation programs and community center facilities for all ages. 763-569-3400 [www.cityofbrooklyncenter.org](http://www.cityofbrooklyncenter.org)

### **Brooklyn Park Parks and Recreation** 5600 85<sup>th</sup> Ave. N., Brooklyn Park, MN 55443

Provides facilities and leisure activities for all ages. 763-493-8333 [www.brooklynpark.org](http://www.brooklynpark.org)

### **Champlin Parks and Recreation** 11955 Champlin Dr., Champlin, MN 55316

Provides facilities and recreation programming opportunities to local residents. 763-421-2820 [www.ci.champlin.mn.us](http://www.ci.champlin.mn.us)

### **Crystal Parks and Recreation** 4800 Douglas Dr., Crystal, MN 55429

Provides facilities and recreation to Crystal residents. 763-531-0052 [www.ci.crystal.mn.us](http://www.ci.crystal.mn.us)

### **Golden Valley Parks and Recreation** 200 Brookview Pkwy., Golden Valley, MN 55426

Recreation programs for youth, adults and seniors 763-512-2345 [www.goldenvalleymn.gov](http://www.goldenvalleymn.gov)

### **Maple Grove Parks and Recreation** 12951 Weaver Lake Rd., Maple Grove, MN 55369

Community center with pool, indoor playground, teen center, ice arena, gymnasium, room rentals and skate park. 763-494-6500 [www.maplegrovmn.gov](http://www.maplegrovmn.gov)

### **New Hope Parks and Recreation** 4401 Xylon Ave. N., New Hope, MN 55428

Provides facilities and recreation for all age groups in New Hope. 763-531-5151 [www.ci.new-hope.mn.us](http://www.ci.new-hope.mn.us)

### **Plymouth Parks and Recreation** 3400 Plymouth Blvd., Plymouth, MN 55447

Provides recreational opportunities, services and facilities for Plymouth residents. 763-509-5200 [www.plymouthmn.gov](http://www.plymouthmn.gov)

### **City of Robbinsdale, Recreation Services** 4100 Lakeview Ave. N., Robbinsdale, MN 55422

Provides recreational programs and facilities to the community. 763-531-1278 [www.robbinsdalemn.com](http://www.robbinsdalemn.com)

### **Rogers Parks and Recreation** 22350 S. Diamond Rd., Rogers, MN 55374

City parks and recreation from youth to seniors. 763-428-2253 [www.rogersmn.gov](http://www.rogersmn.gov)

# Health Care

## **A Chance to Grow** 1800 2<sup>nd</sup> St. NE., Minneapolis, MN 55418

The development of the whole child through innovative, individualized and comprehensive brain-centered programs and services. These services are educational, therapeutic and rehabilitative in nature. 612-789-1236 [www.actg.org](http://www.actg.org)

## **A+Home Care, Inc.** 8932 Old Cedar Ave. S., Bloomington, MN 55425

Provides Supervisory RN/Qualified Professional, Licensed through Department of Health to provide Basic Home Care Aid/Homemaking services, contracts with DHS to provide PCA Services and Waivered Extended PCA Hours and Homemaking throughout the state of Minnesota. 952-854-7760 [www.aplushomecare.org](http://www.aplushomecare.org)

## **Allina Health Clinics**

- **Allina Health Champlin Clinic** 11269 Jefferson Hwy. N., Champlin, MN 55316 763-236-0600
- **Allina Health Maple Grove Clinic** 7840 Vinewood Ln., Maple Grove, MN 55369 763-236-0200
- **Allina Health Mercy General Surgery Clinic** 11850 Blackfoot Street NW, Mercy Specialty Center, Suite 300 Coon Rapids, MN 55433 763-236-9000
- **Allina Health Mercy Orthopedics Clinic** 11850 Blackfoot Street NW, Mercy Specialty Center, Suite 450, Coon Rapids, MN 55433 763-236-0800
- **Allina Health Mercy Women's Health Clinic** 11850 Blackfoot Street NW, Mercy Specialty Center, Suite 300, Coon Rapids, MN 55433 763-236-9236
- **Allina Health Plymouth Clinic** 2855 Campus Dr., Ste. 400, Plymouth, MN 55441 763-577-7400

## **Allina Health Home Oxygen & Medical Equipment**

Medical supplies or equipment online or by phone. Delivery available. At Mercy Hospital, Coon Rapids 763-236-7147; and at Unity Hospital, Fridley 763-236-3225

## **Allina Health Hospice**

Information, consults or admission. 24-Hours 651-635-9173 or 1-800-261-0879

## **American Heart Association**, Midwest Affiliate, 4701 W. 77<sup>th</sup> St., Minneapolis, MN 55435

Organization dedicated to reducing death and disability from heart disease and stroke. 952-835-3300 [www.heart.org](http://www.heart.org)

## **Annex Teen Clinic** 5810 42<sup>nd</sup> Ave. N., Robbinsdale, MN 55422

The Annex provides low-cost, confidential sexual health care and education to youth through age 25. Translation services available. 763-533-1316 [annexteenclinic.org](http://annexteenclinic.org)

## **Children's Dental Services (CDS)** 636 Broadway St. NE., Minneapolis, MN 55413

CDS provides culturally focused dental care for children ages birth to 26 and pregnant women from low-income families. Services provided in English, Ethiopian, Hmong, Spanish and Somali. 612-746-1530 [www.childrensdentalservices.org](http://www.childrensdentalservices.org)

## **Children's Hospital and Clinics of Minnesota** 2525 Chicago Ave. S., Minneapolis, MN 55404

Hospital, emergency, specialty, rehab and primary pediatric care. Interpretive services available for Spanish, Somali, Hmong, and 58 other languages. 612-813-6000 [www.childrensMN.org](http://www.childrensMN.org)

## **Children's Specialty Clinics** 2535 Chicago Ave, S., Minneapolis, MN 55404

Pediatric specialties include Asthma, Cystic Fibrosis, Diabetes/Endocrine, Genetics, Infectious Diseases/Immunology - HIV program, Nephrology, Rheumatology, Behavioral Health, ENT and Facial Plastic Surgery, Cleft and Craniofacial, Gynecology, Neurology, Neurosurgery, Orthopedics, Developmental Pediatrics, Down Syndrome, Sleep Disorders and Eating Disorders. Interpretive services available for Spanish, Somali, Hmong, and 58 other languages. 612-813-6000 [www.childrensMN.org](http://www.childrensMN.org)

## **Community-University Health Care Center (CUHCC)/University of Minnesota** 2001 Bloomington Ave. S., Minneapolis, MN 55404

Services include: medical, mental health, dental, legal, sexual assault advocacy, and domestic violence advocacy. Staff speak more than seven languages and provide culturally specific services. 612-638-0700 [www.cuhcc.com](http://www.cuhcc.com)

# Health Care

## **Courage Kenny Rehabilitation Institute** 800 E. 28<sup>th</sup> St., Minneapolis, MN 55407

Provides a continuum of rehabilitation services for people with short- and long-term conditions, injuries and disabilities in communities throughout MN and Western WI. The Institute's goal is to maximize quality of life for people of all ages and abilities. We help achieve health and wellness by offering excellent services, innovative programs, ground-breaking research and advocacy. Interpreter services available for most languages. 612-863-4200 [www.allinahealth.org/couragekenny](http://www.allinahealth.org/couragekenny)

**Courage Kenny Rehabilitation Institute Golden Valley** located at 3915 Golden Valley Rd., Golden Valley, MN 55422 763-588-0811

## **Fairview Health Services** 2450 Riverside Ave., Minneapolis, MN 55454

Primary care with comprehensive interpreting services. 612-273-3000 [www.fairview.org](http://www.fairview.org)

- **Fairview Clinics-Bass Lake** 6320 Wedgwood Rd., Maple Grove, MN 55311 763-268-0400
- **Fairview Clinics-Brooklyn Park** 10000 Zane Ave. N., Brooklyn Park, MN 55443 763-572-5700
- **Fairview Clinics-Rogers** 14040 Northdale Blvd., Rogers, MN 55374 763-488-4100
- **Maple Grove Medical Center** 14500 99<sup>th</sup> Ave. N., Maple Grove, MN 55369 763-898-1000

## **Food Allergy Support Group of MN (FASGMN)** 4737 County Road 101, Ste. 102, Minnetonka, MN 55345

The Food Allergy Support Group of MN empowers families affected by food allergies by providing support, education and a community to build personal connections. 612-567-3274 [www.foodallergysupportmn.org](http://www.foodallergysupportmn.org)

## **The Gathering Place, Faith-Based Nurse Program of Mercy and Unity Hospitals**

550 Osborn Rd. NE., Fridley, MN 55432

Faith-based volunteers and registered nurses provide socialization, supervised activities and lunch for care receivers while caregivers take a needed break. 763-236-4342

## **Hadi Medical Clinic** 6120 Brooklyn Blvd., Brooklyn Center, MN 55429

Provides free primary medical care to all in need on a first come first serve basis – irrespective of race, religion, socioeconomic status etc. – especially beneficial for uninsured patients. Open every Saturday 10:30 am to 1 pm. 763-260-1120 [www.hadimedicalclinic.org](http://www.hadimedicalclinic.org)

## **HealthPartners Clinics**

Offers a wide range of medical services to meet your health care practicing Family Medicine, Internal Medicine, OB/GYN, Pediatrics and more. [www.healthpartners.com](http://www.healthpartners.com) **Brooklyn Center Clinic** 6845 Lee Ave. N., Brooklyn Center, MN 55429 952-967-6818

## **Hennepin County Assured Access** 1201 E. Lake St., Minneapolis, MN 55407

Assured Access is a service sponsored by Hennepin County that confirms your income to determine if you are eligible to access sliding fee clinics in Hennepin County. 612-348-6141, Spanish: 612-596-6639 [www.hennepin.us](http://www.hennepin.us)

## **Hennepin County Maternal Child Health/Early Childhood Unit**

330 S. 12th St., Ste. 4710, MC-635, Minneapolis, MN 55404

Hennepin County early childhood services supporting young families from pregnancy through kindergarten. Interpreter services provided. 612-348-4111 [www.hennepin.us/search#q=EARLY CHILDHOOD](http://www.hennepin.us/search#q=EARLY%20CHILDHOOD)

- **Baby Tracks** An immunization education resource that partners with hospitals, clinics and community agencies to help improve immunization rates. Birth through age 2. 612-348-6087
- **Child & Teen Checkups/C&TC** Preventative health care for families on Medical Assistance or MinnesotaCare. Birth through age 20. 612-348-5131
- **Follow Along Program** Assists parents in tracking their child's growth and development. Birth to 3 years. 612-348-5624
- **Public Health Nurse Home Visit/Family Health** Care for at-risk families to promote healthy birth outcomes, safe environments, family self-sufficiency, and child growth and development. Prenatal and Families with young children. 612-617-4700 MVNA

## **Hennepin County Medical Center (HCMC)** 701 Park Ave., Minneapolis, MN 55415

Hennepin is a nationally recognized Level 1 Adult Trauma Center and a Level 1 Pediatric Trauma Center with the largest emergency department in Minnesota. The comprehensive academic medical center and public teaching hospital includes a 455-bed acute care hospital and primary care and specialty clinics in Brooklyn Center, Brooklyn Park, Golden Valley, Richfield, Saint Anthony Village and in Minneapolis in the Whittier Neighborhood and East Lake Street and an employee clinic downtown Minneapolis. 612-873-3000 [www.hcmc.org](http://www.hcmc.org)

# Health Care

**Hennepin County Medical Center, Brooklyn Center Clinic** 6601 Shingle Creek Pkwy., Ste. 400, Brooklyn Center, MN 55430; Primary and specialty care clinic for adults. Appointments are necessary. Spanish, other languages available by appointment. Internal Medicine, Acupuncture, Bariatric Classes, Cardiology, Diabetes, Chiropractic, Geriatrics, Rheumatology, Physical Therapy, Podiatry, Surgical Consultations, lab and x-ray. 612-873-6963 [www.hcmc.org](http://www.hcmc.org)

**Hennepin County Medical Center, Brooklyn Park Clinic** 7650 Zane Ave. N., Brooklyn Park, MN 55443  
Primary care for the whole family. Pediatrics, Prenatal care including Certified Nurse Midwives, Obstetrics and Gynecology, Family Practice, sick child care, and lab. 612-873-6963 [www.hcmc.org](http://www.hcmc.org)

**Hennepin County Public Health Clinic** 525 Portland Ave. S., Minneapolis, MN 55415  
Health screening for new refugees: Tuberculosis (TB), parasites, Hepatitis B screening, immunizations and referrals for ongoing care. Hmong, Lao, Thai, Spanish, Oromo, Amharic, Somali and other languages by appointment.  
612-543-5555 [www.co.hennepin.mn.us](http://www.co.hennepin.mn.us)

**International Diabetes Center** 3800 Park Nicollet Blvd., St. Louis Park, MN 55416  
Provides one-stop comprehensive diabetes assessment and education.  
952-993-3393 [www.parknicollet.com/Diabetes](http://www.parknicollet.com/Diabetes)

**Medical Assistance (MA)** Hennepin County- 330 S. 12<sup>th</sup> St., Minneapolis, MN 55404  
Minnesota's Medicaid Program. Run by Minnesota Health Care Programs (MHCP) and provided for low-income residents. If you are currently enrolled and have questions about your membership, call the DHS Member Help Desk at 651-431-2670 or 800-657-3739. To apply for Medical Assistance in Hennepin County, call 612-596-1300.

**Mercy Hospital** 4050 Coon Rapids Blvd., Coon Rapids, MN 55433  
Comprehensive and specialty services, Level II Trauma Center, Heart & Vascular Center, and The Mother Baby Center at Mercy with Children's (opening summer 2015). **24-Hours 763-236-6000** [www.allinahealth.org/Mercy-Hospital/](http://www.allinahealth.org/Mercy-Hospital/)

**MinnesotaCare** Hennepin County- 330 S. 12<sup>th</sup> St., Minneapolis, MN 55404  
Health care program for residents who do not have access to affordable health coverage. Run by Minnesota Health Care Programs (MHCP) and provided for low-income residents. If you are currently enrolled and have questions or concerns about your membership, call DHS Member Help Desk at 651-431-2670 or 800-657-3739. Hennepin County: 612-596-1300

**Minnesota Department of Human Services** PO Box 64998, St. Paul, MN 55164-0998  
The department administers and supervises publicly funded health care programs, economic self-sufficiency programs, children's services and community-based services for people with disabilities. Interpreter services available.  
651-431-2000 [www.mn.gov/dhs](http://www.mn.gov/dhs)

**Minnesota Department of Veterans Affairs**, State Veterans Service Bldg., 20 W. 12<sup>th</sup> St., Room 206C, St. Paul, MN 55155  
State soldiers' assistance program provides limited financial, medical and dental benefits to low-income veterans.  
651-296-2562 [www.mdva.state.mn.us](http://www.mdva.state.mn.us)

**MVNA** 2000 Summer St. NE., Ste. 100, Minneapolis, MN 55413  
Home health and palliative care; in-home maternal/child services; childhood screening; child care and school nurse consultation; and hospice. Interpreter services available. 612-617-4600 [www.mvna.org](http://www.mvna.org)

**myHealth For Teens & Young Adults** 15- 8<sup>th</sup> Ave. S., Hopkins, MN 55343  
myHealth offers comprehensive, preventative and youth-focused clinical services, including medical care; outreach and education; and mental health care. Medical services are available for clients from 12-23 years of age and mental health services are available for clients from 12-26 years of age. Services are provided in English and Spanish and interpreters are available for clinic appointments. 952-474-3251 [www.myhealthmn.org](http://www.myhealthmn.org)

**Neighborhood HealthSource; Fremont Clinic:** 3300 Fremont Ave. N., Minneapolis, MN 55412; **Central Clinic:** 2301 Central Ave. NE., Minneapolis, MN 55418; **Sheridan Clinic:** 342 13<sup>th</sup> Ave. NE., Minneapolis MN 55413  
Neighborhood HealthSource is a Federally Qualified Health Center serving the neighborhoods of North and Northeast Minneapolis. NHS offers primary care medical and community health services to patients with health insurance or without health insurance on a sliding fees schedule based on income. 612-588-9411 [www.neighborhoodhealthsource.org](http://www.neighborhoodhealthsource.org)

# Health Care

**North Memorial Medical Center** 3300 Oakdale Ave. N., Robbinsdale, MN 55422

**24-Hours 763-520-5200** Inpatient and outpatient services, clinics and emergency services. [www.northmemorial.com](http://www.northmemorial.com)

**North Memorial Medical Center Clinics** Provides a full range of medical care.

- **North Memorial Clinic – Arbor Lakes** 12000 Elm Creek Blvd., Ste. 130, Maple Grove, MN 55369 763-581-5800
- **North Memorial Clinic – Brooklyn Center** 5615 Xerxes Ave. N., Ste. D, Brooklyn Center, MN 55430 763-581-5630
- **North Memorial Clinic – Brooklyn Park** 8559 Edinbrook Pkwy., Ste. 100, Brooklyn Park, MN 55443 763-581-5660
- **North Memorial Clinic – Camden** 4209 Webber Pkwy., Minneapolis, MN 55412 763-581-5750
- **North Memorial Clinic – Golden Valley** 8301 Golden Valley Rd., Ste. 100, Golden Valley, MN 55427 763-581-5150
- **North Memorial Clinic – Maple Grove** 9855 Hospital Dr., Ste. 102B, Maple Grove, MN 55369 763-581-5900
- **North Memorial Clinic – Plymouth City Center** 15535 34<sup>th</sup> Ave N., Plymouth, MN 55447 763-581-5950
- **North Memorial Clinic – Ridgedale** 2000 Plymouth Rd., Ste. 100, Minnetonka, MN 55305 763-581-5250
- **North Memorial Clinic – Rockford Road** 9750 Rockford Rd., Plymouth, MN 55442 763-581-5700
- **Minnetonka Medical Center** 15450 Hwy. 7, Ste. 100, Minnetonka, MN 55345 763-581-8900
- **Minnetonka Urgency Center** 15450 Hwy. 7, Ste.100, Minnetonka, MN 55345
- **North Memorial Sport Spine & Joint** 8301 Golden Valley Rd., Ste. 201, Golden Valley, MN 55427 763-581-6460
- **North Memorial Medical Center Home Health** 763-520-3917 Hospice 763-520-5770
- **North Memorial Medical Center, Lifeline** 3300 Oakdale Ave., Robbinsdale, MN 55422  
Provides personal emergency response to people who live alone, have chemical health conditions, heart problems, disabilities, etc. **24-Hour Assistance Center** 763-520-5911 [www.northmemorial.com](http://www.northmemorial.com)

**North Side Life Care Center/North Side Pregnancy Options** Two Locations: 4367 Thomas Ave. N., Minneapolis, MN 55412 and 2503 Lowry Ave. N., Minneapolis, MN 55411

Provides free pregnancy testing, free ultrasounds, and comprehensive services before and after birth including material supplies, counseling and referrals. We also provide comprehensive prenatal care in conjunction with the Fairview Certified Nurse Midwives. 612-522-6589 [www.northsidelifecare.org](http://www.northsidelifecare.org)

**NorthPoint Health & Wellness Center** 1313 Penn Ave. N., Minneapolis, MN 55411

A multi-specialty human services and primary care facility, providing medical, dental, mental health and human services in North Minneapolis. For human services like the food shelf, MNSure enrollment and employment services, please call 612-767-9500. For primary care or other health related services please call: 612-543-2500. [www.northpointhealth.org](http://www.northpointhealth.org)

**Northwest Hennepin Family Services Collaborative NW Immunization Clinic**

7051 Brooklyn Blvd., Brooklyn Center, MN 55429

Available to any individual or family who qualifies, living in the NW suburbs and adjacent cities. Free immunization for families who: do not have health insurance to cover required shots; have children under 19 years and are enrolled in a MN Health Care Program (MA, MnCare, or PMAP); or are American Indian or Alaskan Native. The clinic also provides clients with connections to local health care, health insurance, employment, and other community resources. The NW Immunization Clinic is a program of the Northwest Hennepin Family Service Collaborative in partnership with the Osseo Area Schools. 763-585-7361 [www.northwesthennepinfamilyservicecollaborative.com](http://www.northwesthennepinfamilyservicecollaborative.com)

**Park Nicollet Clinics**

Internal Medicine, family practice, obstetrics provided to all ages and all cultures. [www.parknicollet.com](http://www.parknicollet.com)

- **Brookdale Clinic** 6000 Earle Brown Dr., Brooklyn Center, MN 55430 952-993-4900
- **Champlin Clinic** 12142 Business Park Blvd. N., Champlin, MN 55316 952-977-0500
- **Creekside Clinic** 6600 Excelsior Blvd., St. Louis Park, MN 55426 952-993-7700
- **Golden Valley Clinic** 8240 Golden Valley Dr., Golden Valley, MN 55427 952-993-8300
- **Maple Grove Clinic** 15800 95<sup>th</sup> Ave. N., Maple Grove, MN 55369 952-993-1440
- **Plymouth Clinic** 4155 County Rd. 101, Plymouth, MN 55446 952-993-8900
- **Rehabilitation Services** 9827 Maple Grove Pkwy N., Maple Grove, MN 55369 952-993-5900
- **Park Nicollet Methodist Hospital** 6500 Excelsior Blvd., St. Louis Park, MN 55426  
Specializes in cancer, heart disease, maternity care, rehabilitation and emergency services.  
**24-Hour 952-993-5000** [www.parknicollet.com/Methodist](http://www.parknicollet.com/Methodist)



# Health Care

## **Partners in Pediatrics, Ltd.**

Pediatricians/physician assistants/pediatric nurse practitioners providing office and hospital-based pediatric care.

763-278-0800 [www.pipstop.com](http://www.pipstop.com)

- **Brooklyn Park** 8500 Edinbrook Pkwy., Brooklyn Park, MN 55443 763-425-1211
- **Maple Grove** 12720 Bass Lake Rd., Maple Grove, MN 55369 763-559-2861
- **Rogers** 13980 Northdale Blvd., Rogers, MN 55374 763-428-1920
- **Plymouth** 2855 Campus Dr., Ste. 350, Plymouth, MN 55441 763-520-1200

## **Planned Parenthood Minnesota, North Dakota, South Dakota** 6900 78<sup>th</sup> Ave. N., Ste. 103, Brooklyn Park, MN 55445

We provide health care, education, and advocacy programs to help women, men and families make informed, responsible decisions about their personal health as well as the health of their communities. Services include birth control, STD testing and treatment, annual exams and other reproductive health care. Please visit website for current hours. Same day and next day appointments available at most locations. Interpreter services available. 763-560-3050 [www.ppmns.org](http://www.ppmns.org)

## **Portico Healthnet** 2610 University Ave. W., Ste. 550, St. Paul, MN 55114

Assistance finding, determining eligibility, applying for and enrolling in health care coverage programs best fitting individual situations. 651-489-2273 [www.porticohealthnet.org](http://www.porticohealthnet.org)

## **Red Door Services (Hennepin County Human Services Public Health Dept.)**

525 Portland Ave., 4<sup>th</sup> floor, Minneapolis, MN 55415

Provides low-cost STD/STI testing and treatment, HIV counseling and testing, and pregnancy prevention services for 12 to 30 year-olds, among other services. Clinic is located in the Hennepin County Public Health Clinic.

612-543-5555 [www.reddoorclinic.org](http://www.reddoorclinic.org)

## **Southside Community Health Services**

- **Southside Dental Clinic** 4243 4<sup>th</sup> Ave. S., Minneapolis, MN 55409  
General family dental clinic provides oral implants, extracts, and Invisalign, accepting most insurance, MA, and sliding fee scale available based on income/family size. Bilingual Spanish/English and Hmong/English staff, Somali and other languages available by appointment. 612-822-9030 [www.southsidechs.org](http://www.southsidechs.org)
- **Southside Medical Clinic** 324 E. 35<sup>th</sup> St., Minneapolis, MN 55408  
Spanish and other languages available by appointment. Family practice, Men's Clinic, pharmacy, counseling and testing, mental health counseling. 612-827-7181 [www.southsidechs.org](http://www.southsidechs.org)

## **St. Mary's Health Clinics** 1884 Randolph Ave., St. Paul, MN 55105

For persons who are medically uninsured or waiting for eligibility for other assistance. Must meet income guidelines. Basic primary care, specialty referrals, most medications and hospital at no expense to patients.

Call for eligibility and appointments: 651-287-7777. Services offered in English and Spanish. [stmaryshealthclinics.org](http://stmaryshealthclinics.org)

## **UCare** 500 Stinson Blvd. NE., Minneapolis, MN 55413

UCare, an independent, nonprofit health, serves members on health care programs sponsored by the State of Minnesota and also offers health programs for Medicare beneficiaries in Minnesota and Western Wisconsin and on the MNsure health insurance marketplace. UCare's Customer Services provide interpretation services in any language. 612-676-6500

[www.ucare.org](http://www.ucare.org)

## **Unity Hospital** 550 Osborne Rd., Fridley, MN 55432

Comprehensive services and specialty care including infectious disease, acute care for the elderly, transitional housing and a Bariatric Center. **24-Hours 763-236-5000** [www.allinahealth.org/unity](http://www.allinahealth.org/unity)

## **University of Minnesota School of Dentistry** 515 Delaware St. SE., Minneapolis, MN 55455

All dental services provided by students. 612-625-2495 [www.umdentcl@umn.edu](mailto:www.umdentcl@umn.edu)

## **Alternative Health Care Plans:** If not eligible for other health insurance or Medical Assistance:

- **Hennepin County Assured Access** 1201 E. Lake St., Minneapolis, MN 55407  
Assured Access is a service sponsored by Hennepin County that confirms your income to determine if you are eligible to access sliding fee clinics in Hennepin County. 612-348-6141, Spanish: 612-596-6639 [www.hennepin.us](http://www.hennepin.us)
- **MinnesotaCare** in metro area 651-297-3862, in greater MN 1-800-657-3672
- **Portico Healthnet** 2610 University Ave. W., Ste. 550, St. Paul, MN 55114  
Assistance finding, determining eligibility, applying for and enrolling in health care coverage programs best fitting individual situations. 651-489-2273 [www.porticohealthnet.org](http://www.porticohealthnet.org)

# Health Care

## Chemical Health

**Al-Anon/Alateen Information Service** 7204 27<sup>th</sup> St. W., Ste. 101, St. Louis Park, MN 55426  
Helps families and friends of alcoholics, giving information, directions; literature sales office.  
952-920-3961 [www.al-anon-alateen-msp.org](http://www.al-anon-alateen-msp.org)

**Alcoholics Anonymous Service Office** 7204 27<sup>th</sup> St. W., Ste. 113, St. Louis Park, MN 55426  
**24-Hour** phone service for men and women with a drinking problem. Also gives out information, directions and has literature sales. 952-922-0880 [www.aaminneapolis.org](http://www.aaminneapolis.org)

**Angel Eyes Foundation Inc.** 7710 Brooklyn Blvd., Ste. 206F, Brooklyn Park, MN 55443  
Angel Eyes Foundation provides awareness on the danger of alcohol and drug abuse to West African Immigrant youth between the ages of 10 to 25. 763-639-5073 or 763-208-8339 [angeleyesfound.org](http://angeleyesfound.org)

**Anthony Louis Center/On-Belay of MN Inc.** Several Locations: 115 Forestview Ln., Plymouth, MN 55441; 1000 Paul Pkwy., Blaine, MN 55434; 7700 Hudson Rd., Woodbury, MN; 1517 E. Hwy 13, Burnsville, MN 55337; 7170 Bryant Lake Dr., Eden Prairie, MN 55344  
We provide adolescent substance abuse treatment services and assessment services. We serve adolescents ages 13-18. Our program offers family programming, group counseling and individual counseling. We have a residential male program, residential female program, as well as a co-ed 30 day intensive residential program. Programs are located throughout the metro. 763-757-2906 [www.anthonylouiscenter.com](http://www.anthonylouiscenter.com)

**ARK Counseling, LLC** 13895 Industrial Park Blvd., Ste. 140, Plymouth MN 55441  
Rule 31 licensed intensive outpatient treatment for adults who have co-occurring mental health and chemical use problems. Group therapy and individual therapy. Most insurance and Rule 25 accepted. We do not do Rule 25 assessments, but we do provide comprehensive MHCD assessments for commercial insurance. 763-559-5677 [arkcounseling.org](http://arkcounseling.org)

**CLUES (Comunidades Latinas Unidas En Servicio)** 720 E. Lake St., Minneapolis, MN 55407  
CLUES mission is to advance the capacity of Latino families to be healthy, prosperous, and engaged in their communities. Although our services focus on the Latino family, our experience and capabilities enable us to serve individuals and families from all walks of life including new immigrants and low income families who dream of a better future. By focusing our efforts in the areas of Health and Family Well-being, Economic Vitality, Educational Achievement, and Civic and Cultural Engagement, our programs are designed to empower Latinos and immigrants by meeting them where they are, harnessing their strengths, and honing their skills. Services are provided in English and Spanish. 612-746-3500 [www.clues.org](http://www.clues.org)

**Community-University Health Care Center (CUHCC)/University of Minnesota**  
2001 Bloomington Ave. S., Minneapolis, MN 55404  
Services include: medical, mental health, dental, legal, sexual assault advocacy, and domestic violence advocacy. Staff speak more than seven languages and provide culturally specific services. 612-638-0700 [www.cuhcc.com](http://www.cuhcc.com)

**Fairview Recovery and Behavioral Services** 2450 Riverside Ave., Minneapolis, MN 55454  
Offers chemical dependency and mental health treatment, including dual-diagnosis, for children, adolescents, adults and seniors. Also offers services for compulsive gambling and services for the deaf and hard-of-hearing. Both inpatient and outpatient services offered. Has programs at Northwest suburban sites.  
Detox 612-672-6600 Outpatient 612-672-2736 [www.fairview.org](http://www.fairview.org)

**Family Focused Recovery Services** 4180 W. Broadway, Ste. B-1, Robbinsdale, MN 55422  
Our primary focus is to help individuals and their families heal from drug addiction. Our program components are designed to help patients, families and concerned loved ones overcome the physical, emotional, spiritual, behavioral and social aspects of the disease. 763-537-1601

**Hazelden Betty Ford Foundation** 11503 36<sup>th</sup> Ave. N., Plymouth, MN 55441  
Assessments, residential treatment and outpatient care for young people (12-25) struggling with chemical dependency. 763-509-3800 [www.hazelden.org](http://www.hazelden.org)

**Living Free Recovery Services** 9201 75<sup>th</sup> Ave. N., Brooklyn Park, MN 55428  
Faith-based outpatient chemical dependency treatment for adults. 763-315-7170 [www.recovery.lwcc.org](http://www.recovery.lwcc.org)

# Health Care

## Chemical Health

**Minnesota Department of Human Services** PO Box 64998, St. Paul, MN 55164-0998

The department administers and supervises publicly funded health care programs, economic self-sufficiency programs, children's services and community-based services for people with disabilities. 651-431-2000 [www.mn.gov/dhs](http://www.mn.gov/dhs)

**Mission Detox Center** 3409 E. Medicine Lake Blvd., Plymouth, MN 55441

**24-Hour** services include assessment, medical monitoring and referral.

763-559-1402 [www.missionsinc.org](http://www.missionsinc.org)

**Mission Lodge** 3409 E. Medicine Lake Blvd., Plymouth, MN 55441

**24-Hour** lodging and services for chronic chemically dependent men and women who are homeless. All referrals are made through the Chemical Health Department at 1800 Chicago Ave., Minneapolis. No appointment required.

763-559-4249 [www.missionsinc.org](http://www.missionsinc.org)

**Mission Nursing Home** 3401 E. Medicine Lake Blvd., Plymouth, MN 55441

**24-Hour** short-term and long-term facility for males who are chronic chemically dependent, dementia, mental health and behavioral issues. 763-559-3123 [www.missionsinc.org](http://www.missionsinc.org)

**People Incorporated Mental Health Services** 2060 Centre Pointe Blvd. Ste. 3, Mendota Heights, MN 55120

People Incorporated provides community-based services and support for individuals experiencing mental/chemical health challenges. Services are available in English and Hmong. 651-774-0011 [www.peopleincorporated.org](http://www.peopleincorporated.org)

**Tubman** 3111 First Ave. S., Minneapolis, MN 55408

Tubman helps women, men, youth and families who have experienced relationship violence, elder abuse, addiction, sexual exploitation or other forms of trauma. Throughout the Twin Cities Tubman provides safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programming and community education, including public information campaigns to provide community members the information and support they need to get help or give help.

**24/7 Crisis Line** 612-825-0000, 612-825-3333 (main) [www.tubman.org](http://www.tubman.org)

**Unity Hospital** 550 Osborne Rd., Fridley, MN 55432

Assessment and Referral. Inpatient Geriatric Psychiatry Program, inpatient and outpatient substance abuse programs

**24-Hours** 763-236-5000 [www.allinahealth.org/unity](http://www.allinahealth.org/unity)

**Vinland National Center** 3675 Ihduhapi Rd., Loretto, MN 55357

Vinland provides residential and outpatient drug and alcohol treatment for adults with cognitive impairments, and integrated outpatient mental health services. We focus on treating the whole person - mind, body, spirit - which is why we provide several complementary care services such as therapeutic exercise, mindfulness meditation, family programming and nutrition. 763-479-3555 [www.vinlandcenter.org](http://www.vinlandcenter.org)

## Mental Health

**Al-Anon/Alateen Information Service** 7204 27<sup>th</sup> St. W., Ste. 101, St. Louis Park, MN 55426

Helps families and friends of alcoholics, giving information, directions; literature sales office.

952-920-3961 [www.al-anon-alateen-msp.org](http://www.al-anon-alateen-msp.org)

**Alcoholics Anonymous Service Office** 7204 27<sup>th</sup> St. W., Ste. 113, St. Louis Park, MN 55426

**24-Hour** phone service for men and women with a drinking problem. Also gives out information, directions and has literature sales. 952-922-0880 [www.aaminneapolis.org](http://www.aaminneapolis.org)

**Allina Health Mental Health Outpatient Clinic (Abbott NW Hospital)**

Wasie Bldg., 800 E. 28th St., 6th floor, Minneapolis, MN 55407

Outpatient behavioral health services provided by psychiatrists and psychologists. 612-863-5327 [www.allinahealth.org](http://www.allinahealth.org)

**Allina Health Mental Health Services**

Assessment and referral in hospital emergency departments, crisis intervention, hospitalization, substance abuse treatment, counseling and support groups. [www.allinahealth.org/mentalhealth](http://www.allinahealth.org/mentalhealth)

# Health Care

## Mental Health

### **Asha Mukherjee, PhD, LP at Child & Family Psychological Services**

4205 N. Lancaster Ln., Ste. 107, Plymouth, MN 55441

All psychological services provided for all ages and include couples, multicultural populations, EMDR for trauma, and hypnosis. Services provided in Hindi, Urdu, Gujarati, Punjabi, Bengali, Marathi, and Rajasthani. 763-553-7820 [www.asha-phd.com](http://www.asha-phd.com)

### **Canvas Health/Crisis Connection** 1550 E. 78<sup>th</sup> St., Richfield, MN 55423

Telephonic crisis response including de-escalation, assessment, triage and referral to appropriate face to face services. Community training on suicide prevention techniques. Volunteer and intern experiences including 40 hour training.

**24-Hour Crisis Line: 612-379-6363 or 866-379-6363**, Business: 612-852-2200 [www.crisis.org](http://www.crisis.org) or [www.canvashealth.org](http://www.canvashealth.org)

### **Center for Victims of Torture** 649 Dayton Ave., St. Paul, MN 55104

Provides healing and rehabilitation for survivors of torture by foreign governments or political groups. Services provided in all languages. 612-436-4840 [www.cvt.org](http://www.cvt.org)

### **CLUES (Comunidades Latinas Unidas En Servicio)** 720 E. Lake St., Minneapolis, MN 55407

CLUES mission is to advance the capacity of Latino families to be healthy, prosperous, and engaged in their communities. Although our services focus on the Latino family, our experience and capabilities enable us to serve individuals and families from all walks of life including new immigrants and low income families who dream of a better future. By focusing our efforts in the areas of Health and Family Well-being, Economic Vitality, Educational Achievement, and Civic and Cultural Engagement, our programs are designed to empower Latinos and immigrants by meeting them where they are, harnessing their strengths, and honing their skills. Services are provided in English and Spanish. 612-746-3500 [www.clues.org](http://www.clues.org)

### **Community-University Health Care Center (CUHCC)/University of Minnesota**

2001 Bloomington Ave. S., Minneapolis, MN 55404

Services include: medical, mental health, dental, legal, sexual assault advocacy, and domestic violence advocacy. Staff speak more than seven languages and provide culturally specific services. 612-638-0700 [www.cuhcc.com](http://www.cuhcc.com)

### **Cornerstone** 2431 Hennepin Ave., Minneapolis, MN 55405

Provide assessment, psychotherapy, support and therapeutic groups for survivors of sexual violence, domestic violence, and human trafficking. **24-Hour Crisis Line 612-825-4357** answered by trained advocates. 612-374-9077 [cornerstonemn.org](http://cornerstonemn.org)

### **Courage Kenny Rehabilitation Institute** 800 E. 28<sup>th</sup> St., Minneapolis, MN 55407

Provides a continuum of rehabilitation services for people with short- and long-term conditions, injuries and disabilities in communities throughout MN and Western WI. The Institute's goal is to maximize quality of life for people of all ages and abilities. We help achieve health and wellness by offering excellent services, innovative programs, ground-breaking research and advocacy. Interpreter services available for most languages. 612-863-4200 [www.allinahealth.org/couragekenny](http://www.allinahealth.org/couragekenny)

**Courage Kenny Rehabilitation Institute Golden Valley** located at 3915 Golden Valley Rd., Golden Valley, MN 55422 763-588-0811

### **Deaf and Hard of Hearing Services Division (DHHDS)** site address: 85 7<sup>th</sup> Place E., St. Paul, MN 55101;

mailing address: 444 Lafayette Rd. N., St. Paul, MN 55155-3814

Offers free services to Minnesotans who are deaf, hard of hearing and deafblind, as well as family members. Services include: information, referral and assistance, and direct client work and mental health services. We offer training and consultation to service providers on hearing loss related issues. DHHDS also oversees the Telephone Equipment Distribution Program which provides telephone equipment at no cost to individuals who have a hearing loss, speech disability or physical disability that limits the use of a standard telephone. 651-431-5940 [www.mn.gov/dhs/deaf-services/](http://www.mn.gov/dhs/deaf-services/)

### **Domestic Abuse Project** 204 W. Franklin Ave., Minneapolis, MN 55404

Provides group, individual, couples and family therapy for men, women, children and adolescents experiencing domestic abuse. Also provides legal and community advocacy and has additional locations in the Public Services Building downtown Minneapolis, at Little Earth United Tribes Housing in South Minneapolis, and at NorthPoint in North Minneapolis. 612-874-7063 [www.domesticabuseproject.org](http://www.domesticabuseproject.org)

# Health Care

## Mental Health

### **Fairview Recovery and Behavioral Services** 2450 Riverside Ave., Minneapolis, MN 55454

Offers chemical dependency and mental health treatment, including dual-diagnosis, for children, adolescents, adults and seniors. Also offers services for compulsive gambling and services for the deaf and hard-of-hearing. Both inpatient and outpatient services offered. Has programs at Northwest suburban sites.

Detox 612-672-6600 Outpatient 612-672-2736 [www.fairview.org](http://www.fairview.org)

### **The Family Partnership** 6900 78th Ave. N., Brooklyn Park, MN 55445

Building strong families, vital communities and better futures for children. Services provided in English, Hmong, Spanish, and Somali. 763-560-4412 [www.thefamilypartnership.org](http://www.thefamilypartnership.org)

### **Fraser** 3333 University Ave. SE., Minneapolis, MN 55414

Fraser is Minnesota's largest and most experienced provider of autism services, helping thousands of families affected by autism spectrum disorders each year through evaluation, treatment and rehabilitation. Autism, one of the fastest growing developmental disabilities in the United States affects 1 in 68 children each year. Evidence shows that early intervention results in dramatically positive outcomes for young children with autism. 612-861-1688 [www.fraser.org](http://www.fraser.org)

### **Headway Day Treatment** Eisenhower Community Center, 1001 Hwy. 7, Ste. 309, Hopkins, MN 55305

A school-based day treatment program for youth in grades 7-12 experiencing significant behavioral and emotional problems which cannot be resolved in a standard outpatient mental health setting. 952-426-6600 [www.headway.org](http://www.headway.org)

### **Headway Emotional Health Services** 701 Decatur Ave. N., Ste. 109, Golden Valley, MN 55427

A comprehensive mental health and human services organization serving individuals, couples, and families in emotional distress and more throughout the Twin Cities. Services provided in English and Spanish, and translator services are available. 763-746-2400 [www.headway.org](http://www.headway.org)

### **Health and Wellness Program Serving Deaf and Hard of Hearing People**

#### **Regions Hospital Health and Wellness Program (HWP)** 640 Jackson St., MS: 11302C, St. Paul, MN 55101

Provides outpatient mental health counseling services for deaf, deaf blind, and hard of hearing people.

651-254-4786 TTY 651-254-1888 [www.regionshospital.com](http://www.regionshospital.com)

### **Hennepin County Maternal Child Health/Early Childhood Unit**

330 S. 12th St., Ste. 4710, MC-635, Minneapolis, MN 55404

Hennepin County early childhood services supporting young families from pregnancy through kindergarten. Interpreter services provided. 612-348-4111 [www.hennepin.us/search#q=EARLY CHILDHOOD](http://www.hennepin.us/search#q=EARLY CHILDHOOD)

- **Child Crisis Team** Mobile and telephone help to families dealing with a mental health crisis. Children 17 and younger in crisis. 612-348-2233
- **Children's Mental Health Services** Support for children with a mental health diagnosis that qualifies as a severe emotional disturbance. Children through age 18 with applicable diagnosis. 612-348-4111

### **Hennepin County Medical Center (HCMC, Acute Psychiatric Services)**

851 Level 1 Trauma Center, 701 Park Ave. S., Minneapolis, MN 55415

**24-Hour** evaluation and treatment of behavioral emergencies. 612-873-3161 **Suicide Hotline: 612-873-2222** [www.hcmc.org](http://www.hcmc.org)

### **Hennepin County Mental Health Center** 1801 Nicollet Ave., 2<sup>nd</sup> and 3<sup>rd</sup> Floors, Minneapolis, MN 55403

Provides a full range of outpatient mental health services to children, adolescents and adults with serious mental illness.

Central Scheduling/Intake Line 612-596-9438 [www.hennepin.us](http://www.hennepin.us)

### **Jewish Family and Children's Service of Minneapolis** 13100 Wayzata Blvd., Ste. 400, Minnetonka, MN 55305

Provides essential services to people of all ages and backgrounds including mental health, senior, family, career services and more with 41 programs. Primarily in the West Metro of Hennepin County. 952-546-0616 [www.jfcsmpls.org](http://www.jfcsmpls.org)

### **Love Lines Crisis Center** 2855 Anthony Ln. S. Ste. 115, St. Anthony, MN 55418

Crisis phones, referrals, suicide intervention. **24-Hour 612-379-1199**

# Health Care

## Mental Health

**Lutheran Social Services of Minnesota** 2400 Park Ave. S., Minneapolis, MN 55404

Provides financial counseling, behavioral health, housing services, refugee resettlement, youth and family services, parenting education, foster care, employment services, kinship caregiver support, services for veterans, adoption and pregnancy counseling. 612-871-0221 [www.lssmn.org](http://www.lssmn.org)

**Mental Health Association of Minnesota** 475 Cleveland Ave. N., Ste. 222, St. Paul, MN 55104

Provides individual and systems advocacy services and mental health education to fight stigma. Helps people find new resources and end discrimination or fight for justice when rights are violated. 612-493-6634 or 800-862-1799 [www.mentalhealthmn.org](http://www.mentalhealthmn.org)

**Mercy Hospital** 4050 Coon Rapids Blvd., Coon Rapids, MN 55433

Assessment and referral. Inpatient, partial hospitalization and outpatient mental health services, support groups and education. **24-Hours 763-236-6000** [www.allinahealth.org/Mercy-Hospital/](http://www.allinahealth.org/Mercy-Hospital/)

**Minnesota Department of Human Services** PO Box 64998, St. Paul, MN 55164-0998

The department administers and supervises publicly funded health care programs, economic self-sufficiency programs, children's services and community-based services for people with disabilities. 651-431-2000 [www.mn.gov/dhs](http://www.mn.gov/dhs)

**myHealth For Teens & Young Adults** 15- 8<sup>th</sup> Ave. S., Hopkins, MN 55343

myHealth offers comprehensive, preventative and youth-focused clinical services, including medical care; outreach and education; and mental health care. Medical services are available for clients from 12-23 years of age and mental health services are available for clients from 12-26 years of age. Services are provided in English and Spanish and interpreters are available for clinic appointments. 952-474-3251 [www.myhealthmn.org](http://www.myhealthmn.org)

**NAMI Minnesota** 800 Transfer Rd., Ste. 31, St. Paul, MN 55114

Free education classes on mental illnesses, peer led support groups, booklets on a variety of topics related to children's mental health, criminal justice system, crisis planning and date practices. Helpline. 651-645-2948 [www.namihelps.org](http://www.namihelps.org)

**Local meeting** at Brooklyn United Methodist Church, 7200 Brooklyn Blvd., on the second Thursday of the month. Meetings are open to anyone who has a family member with a mental illness. For more information on this NAMI family support group call 763-229-7202.

**National Suicide Prevention Lifeline: 24-Hour 1-800-273-TALK (8255)**

Provides crisis counseling and mental health referral. [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**North Psychology Clinic** 6120 Earle Brown Dr., Ste. 520, Brooklyn Center, MN 55430

Psychological services for children, adolescents and families. 763-531-0566 [www.northpsychology.com](http://www.northpsychology.com)

**NorthPoint Health & Wellness Center** 1313 Penn Ave. N., Minneapolis, MN 55411

A multi-specialty human services and primary care facility, providing medical, dental, mental health and human services in North Minneapolis. For human services like the food shelf, MNSure enrollment and employment services, please call 612-767-9500. For primary care or other health related services please call: 612-543-2500. [www.northpointhealth.org](http://www.northpointhealth.org)

**Northwinds Counseling Services** 21308 John Milless Dr., Ste. 202, Rogers, MN 55374

Provides outpatient mental health therapy for individuals, couples and families as well as some groups. Most insurance plans are accepted. Additionally, willing to work with clients who are out of network, accept private pay and may offer sliding fee if there is a financial need. 763-424-1888 [www.northwindscounseling.com](http://www.northwindscounseling.com)

**People Incorporated Mental Health Services** 2060 Centre Pointe Blvd. Ste. 3, Mendota Heights, MN 55120

People Incorporated provides community-based services and support for individuals experiencing mental/chemical health challenges. Services are available in English and Hmong. 651-774-0011 [www.peopleincorporated.org](http://www.peopleincorporated.org)

**Perspectives, Inc.** 3381 Gorham Ave., St. Louis Park, MN 55426

Supportive housing, parenting time services, Kids Connection program, employment services, Rule 31 outpatient program. Services available in English, Hmong, Somali, and Spanish. 952-926-2600 [www.perspectives-family.org](http://www.perspectives-family.org)

# Health Care

## Mental Health

**RESOURCE Inc., Northwest Community Support Program** 7000 57th Ave. N, Ste. 100, Crystal, MN 55428

Flexible easy-access point to a wide selection of recovery and wellness-oriented services. Services are designed to assist people in developing and strengthening their self-reliance and a sense of wellness and life beyond illness. Drop-in hours: Noon – 4 p.m. Mon., Tues., Wed., and Fri.; Noon – 3 p.m. and 5-7 p.m. Thurs.; Young adults only on Mon. from 4-7 p.m. 612-752-8300 [www.resource-mn.org](http://www.resource-mn.org)

**SAVE (Suicide Awareness Voices of Education)** 8120 Penn Ave. S., Ste. 470, Bloomington, MN 55431

Conducts public awareness and education activities to teach about depressive illnesses and suicide prevention. 952-946-7998 [www.save.org](http://www.save.org)

**Sexual Violence Center** 3757 Fremont Ave. N., Minneapolis, MN 55412

Supportive counseling, support groups, advocacy and community outreach. Also education and prevention regarding sexual harassment/assault violence.

**24-Hour Help Line: 612-871-5111** Business office: 612-871-5100 [www.sexualviolencecenter.org](http://www.sexualviolencecenter.org)

**St. David's Center for Child & Family Development** 3395 Plymouth Rd., Minnetonka, MN 55305

Provides a wide range of services for children and families in the Twin Cities metro area including intensive home visiting programs for first or second time parents with significant stressors, including Healthy Families and Early Childhood Home Visiting. St. David's Center also provides Community Special Needs Services (through MA and TEFRA) throughout Hennepin County for families of children with special needs.

For program information, referral and enrollment, call CORE: 952-548-8700 [www.stdavidscenter.org](http://www.stdavidscenter.org)

**Therapy Institute of MN** 4825 Hwy. 55, Golden Valley, MN 55422

Therapy for adult individuals, couples and adolescents. LGBT friendly. 763-546-6718 [marnareed.com](http://marnareed.com)

**Tubman** 3111 First Ave. S., Minneapolis, MN 55408

Tubman helps women, men, youth and families who have experienced relationship violence, elder abuse, addiction, sexual exploitation or other forms of trauma. Throughout the Twin Cities Tubman provides safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programming and community education, including public information campaigns to provide community members the information and support they need to get help or give help.

**24/7 Crisis Line 612-825-0000**, 612-825-3333 (main) [www.tubman.org](http://www.tubman.org)

**Unity Hospital** 550 Osborne Rd., Fridley, MN 55432

Assessment and Referral. Inpatient Geriatric Psychiatry Program, inpatient and outpatient substance abuse programs

**24-Hours 763-236-5000** [www.allinahealth.org/unity](http://www.allinahealth.org/unity)

**Vail Place** 15 9<sup>th</sup> Ave. S., Hopkins, MN 55343; 1412 W. 36<sup>th</sup> St., Minneapolis, MN 55408

Vail Place is a unique Clubhouse-based Community Support Program and Case Management provider that works with adults living with severe mental illnesses. The organization was founded more than 33 years ago under the belief that recovery from mental illness is possible. The cornerstone of the Clubhouse Model centers around community, relationship building, and opportunities for members that enhance their recovery. Those opportunities focus on education, employment, housing, and health and wellness. The Clubhouse Model is evidence-based and duplicated in more than 340 Clubhouses around the world. Hopkins: 952-938-9622 and Minneapolis: 612-824-8061 [www.vailplace.org](http://www.vailplace.org)

**Vinland National Center** 3675 Iduhapi Rd., Loretto, MN 55357

Vinland provides residential and outpatient drug and alcohol treatment for adults with cognitive impairments, and integrated outpatient mental health services. We focus on treating the whole person - mind, body, spirit - which is why we provide several complementary care services such as therapeutic exercise, mindfulness meditation, family programming and nutrition. 763-479-3555 [www.vinlandcenter.org](http://www.vinlandcenter.org)

**Volunteers of America of Minnesota and Wisconsin** 7625 Metro Blvd., Edina, MN 55439

We offer housing, dining and care that foster dignity for older adults and those with special needs. We provide education and mental health treatment and counseling that bring hope to children, youth and families. We operate two residential reentry facilities and other corrections-based services that promote self-reliance for adult offenders and ex-offenders. Services are provided in English, Hmong, Lao, Somali and Spanish. 952-945-4000 [www.voamn.org](http://www.voamn.org)

# Health Care

## Mental Health

**Washburn Center for Children** 9100 85<sup>th</sup> Ave. N., Ste. 100, Brooklyn Park, MN 55445

Community mental health center helping children and their families who have, or are at-risk for, social, emotional and behavioral problems through comprehensive, therapeutic, consultation and prevention services.

612-871-1454 [www.washburn.org](http://www.washburn.org)

## Special Needs

**A Chance to Grow** 1800 2<sup>nd</sup> St. NE., Minneapolis, MN 55418

The development of the whole child through innovative, individualized and comprehensive brain-centered programs and services. These services are educational, therapeutic and rehabilitative in nature. 612-789-1236 [www.actg.org](http://www.actg.org)

**AccessAbility, Inc.** 360 Hoover St. NE., Minneapolis, MN 55413

Employment training and job placement for people with barriers to employment. Specializes in disability and refugee services. 612-331-5958 [www.accessability.org](http://www.accessability.org)

**Advocating Change Together** 1821 University Ave. W., Ste. 306-S., St. Paul, MN 55401

Advocating Change Together works with, and creates leaders in the self-advocacy movement. We do this through trainings, workshops, conferences, and community based projects. 651-641-0297 [www.selfadvocacy.org](http://www.selfadvocacy.org)

**American Heart Association**, Midwest Affiliate, 4701 W. 77<sup>th</sup> St., Minneapolis, MN 55435

Organization dedicated to reducing death and disability from heart disease and stroke.

952-835-3300 [www.heart.org](http://www.heart.org)

**The Arc Greater Twin Cities** 2446 University Ave. W., Ste. 110, St. Paul, MN 55114

Offers programs and services for people with intellectual and developmental disabilities and their families, including one-to-one advocacy and support, information and referral, workshops, sibling and parent support groups and more.

952-920-0855 [www.arcgreatertwincities.org](http://www.arcgreatertwincities.org)

**Arthritis Foundation Upper Midwest Region** 1876 Minnehaha Ave. W., St. Paul, MN 55104

Supports education, research, advocacy and other vital programs and services for adults and children living with arthritis. Maintains a list of joint-safe exercise programs, offers arthritis self-management tools, classes and education programs as well as details on helpful products and free resources. Services offered in English and Spanish.

651-644-4108 Toll free number: 800-283-7800 [www.arthritis.org](http://www.arthritis.org)

**Community Involvement Programs** 1600 Broadway St. NE., Minneapolis, MN 55413

Serves persons with developmental disabilities and mental illness. Provides living skills support, residential living, affordable housing, home health services and supports employment in the Northwest Hennepin area. Provides services to all of Hennepin County. 612-362-4400 [cipmn.org](http://cipmn.org)

**Courage Kenny Rehabilitation Institute** 800 E. 28<sup>th</sup> St., Minneapolis, MN 55407

Provides a continuum of rehabilitation services for people with short- and long-term conditions, injuries and disabilities in communities throughout MN and Western WI. The Institute's goal is to maximize quality of life for people of all ages and abilities. We help achieve health and wellness by offering excellent services, innovative programs, ground-breaking research and advocacy. Interpreter services available for most languages. 612-863-4200 [www.allinahealth.org/couragekenny](http://www.allinahealth.org/couragekenny)

**Courage Kenny Rehabilitation Institute Golden Valley** located at 3915 Golden Valley Rd., Golden Valley, MN 55422, 763-588-0811

**Cystic Fibrosis Foundation, Minnesota and Dakotas Chapter** 100 N. Sixth St., Ste. 604A, Minneapolis, MN 55403

The Cystic Fibrosis Foundation's mission is to cure cystic fibrosis and to provide all people with the disease the opportunity to lead full, productive lives by funding research and drug development, promoting individualized treatment, and ensuring access to high-quality specialized care. 651-631-3290 [www.cff.org/chapters/minnesota](http://www.cff.org/chapters/minnesota)



# Health Care

## Special Needs

**Deaf and Hard of Hearing Services Division (DHHDS)** site address: 85 7<sup>th</sup> Place E., St. Paul, MN 55101; mailing address: 444 Lafayette Rd. N., St. Paul, MN 55155-3814

Offers free services to Minnesotans who are deaf, hard of hearing and deafblind, as well as family members. Services include: information, referral and assistance, and direct client work and mental health services. We offer training and consultation to service providers on hearing loss related issues. DHHS also oversees the Telephone Equipment Distribution Program which provides telephone equipment at no cost to individuals who have a hearing loss, speech disability or physical disability that limits the use of a standard telephone. 651-431-5940 [www.mn.gov/dhs/deaf-services/](http://www.mn.gov/dhs/deaf-services/)

**Disability Linkage Line, Metropolitan Center for Independent Living**

1600 University Ave. W., Ste. 16, St. Paul, MN 55104

Provides information and assistance to people with disabilities and families about resources in their community. 1-866-333-2466 [www.mcil-mn.org](http://www.mcil-mn.org)

**Down Syndrome Association of Minnesota** 656 Transfer Rd., St. Paul, MN 55114

Provides information, resources and support to individuals with Down Syndrome, their families and communities. 651-603-0720 [www.dsamn.org](http://www.dsamn.org)

**Epilepsy Foundation of Minnesota** 1600 University Ave. W., Ste. 300, St. Paul, MN 55104

Leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy. Programs are designed to educate, connect and empower people affected by seizures. Seizure Recognition and Response training for professionals and the public; Camp Oz (a week-long, residential camp for youth 9-17 who have epilepsy); family events; workshops and conferences; and creative arts program. 800-779-0777 [www.epilepsyfoundationmn.org](http://www.epilepsyfoundationmn.org)

**Fraser** 3333 University Ave. SE., Minneapolis, MN 55414

Fraser is Minnesota's largest and most experienced provider of autism services, helping thousands of families affected by autism spectrum disorders each year through evaluation, treatment and rehabilitation. Autism, one of the fastest growing developmental disabilities in the United States affects 1 in 68 children each year. Evidence shows that early intervention results in dramatically positive outcomes for young children with autism. 612-861-1688 [www.fraser.org](http://www.fraser.org)

**Gillette Children's Specialty Healthcare** 200 E. University Ave., St. Paul, MN 55101

Specializes in the diagnosis, treatment and rehabilitation of children and adolescents with chronic disabilities. 651-291-2848 [www.gillettechildrens.org](http://www.gillettechildrens.org)

**Health and Wellness Program Serving Deaf and Hard of Hearing People**

**Regions Hospital Health and Wellness Program (HWP)** 640 Jackson St., MS:11302C, St. Paul, MN 55101

Provides outpatient mental health counseling services for deaf, deaf blind, and hard of hearing people. 651-254-4786 TTY 651-254-1888 [www.regionshospital.com](http://www.regionshospital.com)

**Hennepin County Maternal Child Health/Early Childhood Unit**

330 S. 12th St., Ste. 4710, MC-635, Minneapolis, MN 55404

Hennepin County early childhood services supporting young families from pregnancy through kindergarten. Interpreter services provided. 612-348-4111 [www.hennepin.us/search#q=EARLY CHILDHOOD](http://www.hennepin.us/search#q=EARLY CHILDHOOD)

- **The Family Partnership: Parenting For The Future** Parenting program for parents who have cognitive limitations. Parenting at least one child under age 5. 612-977-3223
- **Help Me Grow** Provides referrals to identify and help children with development and learning delays. Birth to 5 years. 1-866-693-4769
- **Hennepin County Child Service Planning** Social work assistance for families of children with special needs. All ages. 612-348-4111

**Homeward Bound, Inc.** 12805 Hwy. 55, Ste. 400, Plymouth, MN 55441

Homeward Bound serves children and adults with a variety of disabilities and in a variety of settings. We operate 18 residential homes and serve individuals in their own living environment. We work with the following waivers: CADI, DD, BI, CAC. Services provided in American Sign Language. 763-525-3186 [www.hbimn.org](http://www.hbimn.org)

**Lifeworks Services, Inc.** 2965 Lone Oak Dr., Ste. 160, Eagan, MN 55121

Non-profit organization that provides life enrichment or employment opportunities for people with developmental disabilities. 651-454-2732 [www.lifeworks.org](http://www.lifeworks.org)

# Health Care

## Special Needs

**Metropolitan Center for Independent Living (MCIL)** 1600 University Ave. W., St. Paul, MN 55104  
Services provided for people with disabilities, their families and service providers. 651-646-8342 [www.mcil-mn.org](http://www.mcil-mn.org)

**Minnesota Brain Injury Alliance** 2277 Hwy. 36 West, Ste. 200, Roseville, MN 55113-3830  
Statewide non-profit that provides information and referral on brain injury and stroke specific resources. Provides education, contracted case management and Care Coordinators through UCare, Medicare and SNBC.  
612-378-2742 [www.braininjurymn.org](http://www.braininjurymn.org)

**Minnesota Department of Human Services** PO Box 64998, St. Paul, MN 55164-0998  
The department administers and supervises publicly funded health care programs, economic self-sufficiency programs, children's services and community-based services for people with disabilities. Interpreter services available.  
651-431-2000 [www.mn.gov/dhs](http://www.mn.gov/dhs)

**Minnesota Division of Vocational Rehabilitation Services**  
First National Bank Building, 332 Minnesota St., Ste. E200, St. Paul, MN 55101  
Provides services statewide for people with disabilities who need help to prepare for, find or maintain employment.  
Toll-Free 800-328-9095 or 651-259-7366 [mn.gov/deed/job-seekers/disabilities/](http://mn.gov/deed/job-seekers/disabilities/)

**Minnesota STAR Program**  
Centennial Office Building, Room 358, 658 Cedar St., St. Paul, MN 55155  
STAR helps Minnesotans of all ages/disabilities, their families and those who serve them gain access to and acquire assistive technology for use at home, school, work and in their communities. Services include statewide device demonstrations, device loans, information and assistance, training and technical assistance. 651-201-2640 [mn.gov/STAR](http://mn.gov/STAR)

**Minnesota Stroke Association** 2277 Hwy 36 W., Ste. 200, Roseville, MN 55113  
MN Stroke Association provides education, information, and resources statewide. Also provides classes, conferences and community events. When people have qualified for the following programs, the alliance also provides case management and care coordination. 763-553-0088 [www.strokemn.org](http://www.strokemn.org)

**National Ataxia Foundation** 2600 Fernbrook Ln., Ste. 119, Minneapolis, MN 55447  
Provides education and service programs and promotes ataxia research for all persons affected by hereditary and sporadic ataxia. 763-553-0020 [www.ataxia.org](http://www.ataxia.org)

**National Multiple Sclerosis Society, Upper Midwest Chapter** 200 12<sup>th</sup> Ave. S., Minneapolis, MN 55415  
Community education, information and referral, financial assistance, support programs and services, advocacy and more for people affected by MS in Minnesota, Iowa, North Dakota, South Dakota, and Western Wisconsin. Interpreter services available. 612-335-7900 [www.mssociety.org](http://www.mssociety.org)

**PACER Center** 8161 Normandale Blvd., Minneapolis, MN 55437  
Assistance to parents of children and youth with all disabilities. Offers 31 programs.  
952-838-9000 or 1-800-537-2237 [www.pacer.org](http://www.pacer.org)

**Rise, Inc.** 8406 Sunset Rd. NE., Spring Lake Park, MN 55432  
Rise offers more than 40 customized career planning, job placement, training, follow-up support services to adults with disabilities as well as refugees and immigrants who are on MFIP. We also offer housing support services and transitional housing to adults with mental illness. Services available in English, Hmong, Somali and Vietnamese. 763-786-8334 [rise.org](http://rise.org)

**St. David's Center for Child & Family Development** 3395 Plymouth Rd., Minnetonka, MN 55305  
Provides a wide range of services for children and families in the Twin Cities metro area including intensive home visiting programs for first or second time parents with significant stressors, including Healthy Families and Early Childhood Home Visiting. St. David's Center also provides Community Special Needs Services (through MA and TEFRA) throughout Hennepin County for families of children with special needs.  
For program information, referral and enrollment, call CORE: 952-548-8700 [www.stdavidscenter.org](http://www.stdavidscenter.org)

**State Services for the Blind** 2200 University Ave. W., Ste. 240, St. Paul, MN 55114  
Provides services and resources to blind and visually impaired. 651-539-2300 [www.mnssb.org](http://www.mnssb.org)

# Health Care

## Special Needs

**United Cerebral Palsy of Minnesota** 200 University Ave. E., St. Paul, MN 55101

Together with Gillette Children's Specialty Healthcare we provide innovative treatment options, advocacy, education and resources. 651-265-7361 [ucpmn.org](http://ucpmn.org)

**VECTOR/InVEST Program, at Northwest Tech Center**

**Intermediate District 287** 7008 Northland Dr., Ste. 100, Brooklyn Park, MN 55428

Links special education, vocational education and community agencies to provide transitional services for students with disabilities ages 17-21. 763-536-0872 [www.district287.org](http://www.district287.org)

**Vinland National Center** 3675 Ihduhapi Rd., Loretto, MN 55357

Vinland provides residential and outpatient drug and alcohol treatment for adults with cognitive impairments, and integrated outpatient mental health services. We focus on treating the whole person - mind, body, spirit - which is why we provide several complementary care services such as therapeutic exercise, mindfulness meditation, family programming and nutrition. 763-479-3555 [www.vinlandcenter.org](http://www.vinlandcenter.org)

**Vision Loss Resources** 1936 Lyndale Ave. S., Minneapolis, MN 55403

Independent living skills, support/counseling, adjustment to vision loss, resources, rehabilitation, community education and leisure opportunities for visually impaired and blind people in the 7-county metro area.

612-871-2222 [visionlossresources.org](http://visionlossresources.org)

**Volunteers of America of Minnesota and Wisconsin** 7625 Metro Blvd., Edina, MN 55439

We offer housing, dining and care that foster dignity for older adults and those with special needs. We provide education and mental health treatment and counseling that bring hope to children, youth and families. We operate two residential reentry facilities and other corrections-based services that promote self-reliance for adult offenders and ex-offenders. Services are provided in English, Hmong, Lao, Somali and Spanish. 952-945-4000 [www.voamn.org](http://www.voamn.org)

**WorkAbilities, Inc.** 7400 Laurel Ave., Golden Valley, MN 55426

Provides day-training services to adults with developmental disabilities. 763-541-1844 [www.workabilities.org](http://www.workabilities.org)

# Human Rights City Contacts

**Brooklyn Park Human Rights Commission** 5200 85<sup>th</sup> Ave. N., Brooklyn Park, MN 55443

Please call City Hall for more information. 763-493-8388 [www.brooklynpark.org/commissions/human-rights](http://www.brooklynpark.org/commissions/human-rights)

**Crystal Human Rights Commission** 4141 Douglas Dr., Crystal, MN 55422

Please contact City Hall for more information. 763-531-1132 [www.ci.crystal.mn.us](http://www.ci.crystal.mn.us)

**Golden Valley Human Rights** 7800 Golden Valley Rd., Golden Valley, MN 55427

Please contact City Hall for more information. 763-593-8000 [www.goldenvalleymn.gov](http://www.goldenvalleymn.gov)

**New Hope Human Rights Commission** 4401 Xylon Ave. N., New Hope, MN 55428

Please contact City Hall for more information. 763-531-5100 [www.ci.new-hope.mn.us](http://www.ci.new-hope.mn.us)

**Robbinsdale Human Rights Commission** 4100 Lakeview Ave. N., Robbinsdale, MN 55422

Monitors and advises the City Council on Human Rights issues. 763-537-4534

[www.robbinsdalemn.com/CityRepresent.shtml](http://www.robbinsdalemn.com/CityRepresent.shtml)

# Senior Services

## Home Care and Senior Day Care

**A+Home Care, Inc.** 8932 Old Cedar Ave. S., Bloomington, MN 55425

Provides Supervisory RN/Qualified Professional, Licensed through Department of Health to provide Basic Home Care Aid/Homemaking services, contracts with DHS to provide PCA Services and Waivered Extended PCA Hours and Homemaking throughout the state of Minnesota. 952-854-7760 [www.aplushomecare.org](http://www.aplushomecare.org)

**Allina Health Home Health**

Serving 33 counties. Admissions staff describes services in detail and researches insurance benefits. 651-635-9173

**Catholic Eldercare** 817 Main St. NE., Minneapolis, MN 55413

Living choices for seniors based on level of independence. Available for individuals are: Independent Apartments, the Adult Day program, Adult Day Program w/ Memory Care, Assisted Living, Assisted Living with Memory Care, Skilled Care and Short Term Stay. Services provided in English and Polish. 612-379-1370 [www.catholiceldercare.org](http://www.catholiceldercare.org)

**Colonial Club Adult Day Care** 5825 St. Croix Ave. N., Golden Valley, MN 55422

Colonial Club offers a supportive environment for individuals who live in the community to come together for an exciting day of activities and socialization. Participants enjoy nutritious snacks and a hot noon meal with friends. The staff is trained to provide care and baths are available at an additional cost. Transportation is available within a 10-mile radius of the center. We invite you to tour our center and enjoy a complimentary meal during your visit.

763-732-1476 [www.covenantretirement.com](http://www.covenantretirement.com)

**The Gathering Place, Faith-Based Nurse Program of Mercy and Unity Hospitals**

550 Osborn Rd. NE., Fridley, MN 55432

Faith-based volunteers and registered nurses provide socialization, supervised activities and lunch for care receivers while caregivers take a needed break. 763-236-4342

**Mission Today** 5430 Boone Ave. N., New Hope, MN 55428

Adult Day Program. Two levels of care, secure program areas, breakfast, lunch, daily exercise, medical monitoring, medication and personal care assistance. 763-592-2666 [www.northridgehealthandrehab.com](http://www.northridgehealthandrehab.com)

## Senior Programs

**Brooklyn Center Boomers & Beyond Program, Recreation Department**

6301 Shingle Creek Pkwy., Brooklyn Center, MN 55430

Year-round recreation programs, including fitness classes, day trips and social groups. 763-569-3400 [www.cityofbrooklyncenter.org](http://www.cityofbrooklyncenter.org)

**Brooklyn Park Senior Center** 5600 85<sup>th</sup> Ave. N., Brooklyn Park, MN 55443

Recreational activities including SilverSneakers, Silver & Fit exercise programs, pickleball, watercolor classes, senior driving classes, trips, special hobby groups, weekly bingo, special events and luncheons. 763-493-8254 [www.brooklynpark.org](http://www.brooklynpark.org)

**Champlin Parks and Recreation** 11955 Champlin Dr., Champlin, MN 55316

Provides facilities and recreation programming opportunities to local residents. 763-421-2820 [www.ci.champlin.mn.us](http://www.ci.champlin.mn.us)

**Chinese Social Service Center** 4111 Central Ave. NE., Ste. 200A South Building, Columbia Heights, MN 55421

CSSC is a nonprofit, multi-program organization. It provides social services to the Chinese community not only in the Twin Cities Metro area, but also for greater MN. It offers the following programs: MNsure navigator program, Home Care Services, ESL/Citizenship program, Senior program and Summer Youth program. Services provided in Chinese and English. 612-529-2602 [www.csccmn.org](http://www.csccmn.org)

**City of Robbinsdale, Recreation Services** 4100 Lakeview Ave. N., Robbinsdale, MN 55422

Provides recreational programs and facilities to the community. 763-531-1278 [www.robbinsdalemn.com](http://www.robbinsdalemn.com)

**Crystal Parks and Recreation** 4800 Douglas Dr., Crystal, MN 55429

Provides educational and leisure activities year-round for adults age 55+. Community Center: 763-531-0052 Senior dining and Dinner at Your Door: 763-531-1183 [www.ci.crystal.mn.us](http://www.ci.crystal.mn.us)

# Senior Services

## Senior Programs

### **Dayton Activity Center** 18461 Dayton St., Dayton, MN 55327

Provides senior dining, recreation, educational programs, referral services and day trips.  
763-428-4692 [cityofdaytonmn.com](http://cityofdaytonmn.com)

### **Fare For All** 8501 54<sup>th</sup> Ave. N., New Hope, MN 55428 (30 sites in MN)

Fare For All is community-supported and open to everyone. The more people who participate, the more savings passed on to customers. Fare For All buys fruit, vegetables, and frozen meat in bulk to save you up to 40% off grocery store prices. We select the best food from our shipments, pre-packaging it to give you the greatest deals! Fare for All accepts cash, credit, debit, and EBT cards. Services provided in English and Spanish. 763-450-3880 [www.fareforall.org](http://www.fareforall.org)

### **Golden Valley Senior Program** 200 Brookview Pkwy. S., Golden Valley, MN 55426

Provides programs to meet the social, recreational and educational needs of adults age 55 and older.  
763-512-2339 [www.goldenvalleymn.gov](http://www.goldenvalleymn.gov)

### **Hanover Golden Age Senior Club** 11250 5<sup>th</sup> St. NE., Hanover, MN 55341

First Tuesday of the month, potluck, bingo, cards at Hanover City Hall. 763-497-3777

### **Jewish Family and Children's Service of Minneapolis** 13100 Wayzata Blvd., Ste. 400, Minnetonka, MN 55305

Provides essential services to people of all ages and backgrounds including mental health, senior, family, career services and more with 41 programs. Primarily in the West Metro of Hennepin County. 952-546-0616 [www.jfcsmpls.org](http://www.jfcsmpls.org)

### **Maple Grove Parks and Recreation** 12951 Weaver Lake Rd., Maple Grove, MN 55369

Senior Programming including education, fitness, health and wellness, recreation and trips.  
763-494-6500 [www.maplegrovemn.gov](http://www.maplegrovemn.gov)

### **Metropolitan Area Agency on Aging** 2365 N. McKnight Rd., North St. Paul, MN 55109

Growing older and maintaining independence can be challenging. As the provider of Senior LinkAge Line services, the Metropolitan Area Agency on Aging helps consumers navigate the service system and offers guidance about community options. With a single call to a knowledgeable specialist, older adults and their caregivers learn about resources, receive support to decide what options best fit their unique needs, and get answers to questions about Medicare and related benefit programs. To talk to a specialist, call the **Senior LinkAge Line at 1-800-333-2433**. Language line available.  
651-641-8612 [metroaging.org](http://metroaging.org)

### **New Hope Parks and Recreation** 4401 Xylon Ave. N., New Hope, MN 55428

Provides activities, classes and trips for seniors. 763-531-5151 [www.ci.new-hope.mn.us](http://www.ci.new-hope.mn.us)

### **North Memorial Medical Center, Lifeline** 3300 Oakdale Ave., Robbinsdale, MN 55422

Provides personal emergency response to people who live alone, have chemical health conditions, heart problems, disabilities, etc. **24-Hour Assistance Center** 763-520-5911 [www.northmemorial.com](http://www.northmemorial.com)

### **Plymouth Senior Services, Plymouth Creek Center** 14800 34<sup>th</sup> Ave., Plymouth, MN 55447

Provides activities, classes, trips and special groups for seniors. 763-509-5280 [www.plymouthmn.gov](http://www.plymouthmn.gov)

### **Rogers Parks and Recreation** 22350 S. Diamond Rd., Rogers, MN 55374

City parks and recreation from youth to seniors. 763-428-2253 [www.rogersmn.gov](http://www.rogersmn.gov)

# Senior Services

## Senior Programs

**Senior Community Services** 10201 Wayzata Blvd., Ste. 335, Minnetonka, MN 55305

Our vision is to mobilize the community to Reimagine Aging. Senior Community Services is a well-respected nonprofit of senior and caregiver services in Northwest Hennepin. 952-541-1019 [www.seniorcommunity.org](http://www.seniorcommunity.org)

- **Senior Outreach & Caregiver Services** Licensed work directly with seniors and those who care about them to identify the best combination of affordable community resources to help each senior age in place. 952-767-7895
- **CareNex** This easy-to-use online tool enables caregiving teams to coordinate care. [www.carenex.org](http://www.carenex.org) or 612-770-7005
- **Household and Outside Maintenance for the Elderly (HOME):** Trusted staff & volunteers provide high-quality and affordable homemaking, home maintenance and chore services. 952-746-4046
- **Medicare Insurance Counseling** We provide workshops and one-to-one support to help seniors make the best choices for Medicare and Medicare supplements. 952-767-7887
- **Senior Partners Care** 952-767-0665

**Senior Housing Directory** 7625 Metro Blvd., Minneapolis, MN 55439

A comprehensive senior housing directory serving Minneapolis, St. Paul and the 11-county Metropolitan area. [www.seniorhousinginc.org](http://www.seniorhousinginc.org)

### Senior LinkAge Line

A free telephone information and assistance service, which makes it easy for older adults and their families to find community services. 1-800-333-2433 [www.mnaging.org](http://www.mnaging.org)

**Social Security Administration** 3280 Northway Dr., Brooklyn Center, MN 55429

Administers the social security and supplemental income programs.

1-800-772-1213 [www.ssa.gov](http://www.ssa.gov)

**Store to Door** 1935 W. County Rd. B2, Ste. 250, Roseville, MN 55113

Volunteer-based shopping and delivery service for individuals 60+. Serving the 7-county Metro region. Individuals pay for their groceries and a sliding-scale delivery fee. 651-642-1892 [www.storetoodoor.org](http://www.storetoodoor.org)

**Tubman** 3111 First Ave. S., Minneapolis, MN 55408

Tubman helps women, men, youth and families who have experienced relationship violence, elder abuse, addiction, sexual exploitation or other forms of trauma. Throughout the Twin Cities Tubman provides safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programming and community education, including public information campaigns to provide community members the information and support they need to get help or give help.

**24/7 Crisis Line** 612-825-0000, 612-825-3333 (main) [www.tubman.org](http://www.tubman.org)

**Twin Cities Senior Housing Guide and Resources** 1474 Sargent Ave., St. Paul, MN 55105

The Twin Cities Senior Housing Guide is a comprehensive listing of senior housing in the 11-county metro area. Residences are listed by county and all types of housing are listed, including subsidized. Nursing homes are not listed. The Guide is available free at all senior centers, but if one is sent directly to a consumer, the cost is \$6.

651-690-3141 [housingsense@msn.com](mailto:housingsense@msn.com) [seniorhousingguide.us](http://seniorhousingguide.us)

### Veterans Linkage Line

Provides information on veterans' benefits, healthcare, education and reintegration. 1-888-546-5838

**Vision Loss Resources** 1936 Lyndale Ave. S., Minneapolis, MN 55403

Independent living skills, support/counseling, adjustment to vision loss, resources, rehabilitation, community education and leisure opportunities for visually impaired and blind people in the 7-county metro area.

612-871-2222 [visionlossresources.org](http://visionlossresources.org)

**Volunteers of America of Minnesota and Wisconsin** 7625 Metro Blvd., Edina, MN 55439

We offer housing, dining and care that foster dignity for older adults and those with special needs. We provide education and mental health treatment and counseling that bring hope to children, youth and families. We operate two residential reentry facilities and other corrections-based services that promote self-reliance for adult offenders and ex-offenders. Services are provided in English, Hmong, Lao, Somali and Spanish. 952-945-4000 [www.voamn.org](http://www.voamn.org)

# Transportation

**Allina Health Medical Transportation** 167 Grand Ave., St. Paul, MN 55102

Specialized medical transportation for the disabled and elderly persons. Specializing in ambulance and special medical transport where medical support is needed. Emergency: 911 Transport: 651-222-0555

[www.allinahealth.org/Medical-Services](http://www.allinahealth.org/Medical-Services)

**Healtheast Transportation** 799 Reaney Ave., St. Paul, MN 55106

Ambulance and wheelchair transports **24-Hour** 651-232-1717 [www.healtheast.org/transportation](http://www.healtheast.org/transportation)

**IOCP (Interfaith Outreach and Community Partners)** 1605 County Rd. 101 N, Plymouth, MN 55447

Rides program and medical and special needs transportation for seniors and disabled persons. Serves cities of Hamel, Long Lake, Medicine Lake, Minnetonka Beach, Orono, Plymouth and Wayzata.

763-489-7500 [www.iocp.org](http://www.iocp.org)

**Maple Grove Transit** 12800 Arbor Lakes Pkwy., Maple Grove, MN 55369

Public transit program managed by the City of Maple Grove. Dial-A-Ride within Maple Grove and commuter express to and from downtown Minneapolis. 763-493-2200 for Ride Reservations. General Information 763-494-6005

[www.maplegrovetransit.org](http://www.maplegrovetransit.org)

**Metro Mobility** 390 Robert St. N., St. Paul, MN 55101

Provides door-through-door public transportation service for certified persons who are unable to use the regular fixed bus routes. Service Center 651-602-1111 [www.metromobility.org](http://www.metromobility.org)

**Metro Transit** 560 6<sup>th</sup> Ave. N., Minneapolis, MN 55411

The principal transit provider for the Twin Cities metro area. Language line available upon request. 612-373-3333

**24-Hour** automated bus route information for any route. [www.metrotransit.org](http://www.metrotransit.org)

**Plymouth Metrolink** 3400 Plymouth Blvd., Plymouth, MN 55447-1482

Public Transit service offering fixed route and Dial-A-Ride services to the city of Plymouth's residents and employees.

763-509-5535 [www.plymouthmn.gov/metrolink](http://www.plymouthmn.gov/metrolink)

**Transit Link** 390 Robert St. N., St. Paul, MN 55101

General public Dial-A-Ride available in the seven-county metro area. 651-602-5465 [www.transitlinktc.org](http://www.transitlinktc.org)



# Youth Programs and Services

**Annex Teen Clinic** 5810 42<sup>nd</sup> Ave. N., Robbinsdale, MN 55422

The Annex provides low-cost, confidential sexual health care and education to youth through age 25. Translation services available. 763-533-1316 [annexteenclinic.org](http://annexteenclinic.org)

**Avenues for Homeless Youth** 1708 Oak Park Ave. N., Minneapolis, MN 55411

The mission of Avenues for Homeless Youth is to provide shelter, short-term housing and supportive services to homeless youth in a safe and nurturing environment. 612-522-1690 [www.avenuesforyouth.org](http://www.avenuesforyouth.org)

**Brooklyn Avenues** 7210 76<sup>th</sup> Ave. N., Brooklyn Park, MN, 55428

Brooklyn Avenues is a brand-new, 12-bed shelter and transitional housing program for homeless youth. Provides safe and stable short-term housing with intensive support services for homeless youth ages 16-20 from the northwestern suburbs. 612-522-1690 [www.avenuesforyouth.org](http://www.avenuesforyouth.org)

**Big Brothers-Big Sisters of the Greater Twin Cities** 2550 University Ave., Ste. 410N, St. Paul, MN 55114

Long-term, one-to-one adult mentoring relationships for youth ages 8-12. 651-789-2400 [www.bigstwincities.org](http://www.bigstwincities.org)

**Boy Scouts of America, Northern Star Council** 393 Marshall Ave., St. Paul, MN 55102

Scouting offers a range of positive youth development programs designed for boys from kindergarten to age 20 and girls in 9<sup>th</sup> grade to age 20. 763-231-7201 [www.northernstarbsa.org](http://www.northernstarbsa.org)

**The Bridge for Runaway Youth, Inc.** 1111 West 22<sup>nd</sup> St., Minneapolis, MN 55405

Crisis and homeless youth services for ages 10-17. **24-Hour Hotline: 612-377-8800** Business Line: 612-230-6601 [www.bridgeforyouth.org](http://www.bridgeforyouth.org)

**Camp Fire Minnesota** 4829 Minnetonka Blvd., Ste. 202, St. Louis Park, MN 55416

Out-of-school time youth and teen clubs in partnership with community centers and affordable housing communities. Weekly summer camps (day, resident, and Northwoods Adventure) from June through August at Camp Tanadoona with scholarships available. 612-235-7284 [www.campfiremn.org](http://www.campfiremn.org)

**Children's Dental Services (CDS)** 636 Broadway St. NE., Minneapolis, MN 55413

CDS provides culturally focused dental care for children ages birth to 26 and pregnant women from low-income families. Services provided in English, Ethiopian, Hmong, Spanish and Somali. 612-746-1530 [www.childrensdentalservices.org](http://www.childrensdentalservices.org)

**Chinese Social Service Center** 4111 Central Ave. NE., Ste. 200A South Building, Columbia Heights, MN 55421

CSSC is a nonprofit, multi-program organization. It provides social services to the Chinese community not only in the Twin Cities Metro area, but also for greater MN. It offers the following programs: MNsure navigator program, Home Care Services, ESL/Citizenship program, Senior program and Summer Youth program. Services provided in Chinese and English. 612-529-2602 [www.csscmn.org](http://www.csscmn.org)

**Epilepsy Foundation of Minnesota** 1600 University Ave. W., Ste. 300, St. Paul, MN 55104

Leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy. Programs are designed to educate, connect and empower people affected by seizures. Seizure Recognition and Response training for professionals and the public; Camp Oz (a week-long, residential camp for youth 9-17 who have epilepsy); family events; workshops and conferences; and creative arts program.

1-800-779-0777 [www.epilepsyfoundationmn.org](http://www.epilepsyfoundationmn.org)

**The Family Partnership** 6900 78th Ave. N., Brooklyn Park, MN 55445

Building strong families, vital communities and better futures for children. Services provided in English, Hmong, Spanish, and Somali. 763-560-4412 [www.thefamilypartnership.org](http://www.thefamilypartnership.org)

**Girl Scouts of Minnesota and Wisconsin River Valleys** 400 Robert St. S., St. Paul, MN 55107

Girl Scouts creates opportunities for girls to enjoy a safe environment within a network of friends, old and new, where they feel confident while learning and exploring. Through accessible, flexible programming, girls in grades K-12 learn how to apply science and math skills, live a healthy and creative life, handle money and plan for the future, be kind to nature, be a good leader, and a good citizen. 800-845-0787 or 651-227-7533 [www.girlscoutsrv.org](http://www.girlscoutsrv.org)

**Greater Minneapolis Crisis Nursery** 4544 4<sup>th</sup> Ave. S., Minneapolis, MN 55419

The Crisis Nursery works with families in crisis, offering crisis counseling, home visiting, and overnight respite care for children newborn through age six. Services are provided in English and Spanish.

**24-Hour Crisis Line 763-591-0100** Business office 763-591-0400 [www.crisisnursery.org](http://www.crisisnursery.org)

# Youth Programs and Services

**Hazelden Betty Ford Foundation** 11503 36<sup>th</sup> Ave. N., Plymouth, MN 55441

Assessments, residential treatment and outpatient care for young people (12-25) struggling with chemical dependency. 763-509-3800 [www.hazelden.org](http://www.hazelden.org)

**Jewish Family and Children's Service of Minneapolis** 13100 Wayzata Blvd., Ste. 400, Minnetonka, MN 55305

Provides essential services to people of all ages and backgrounds including mental health, senior, family, career services and more with 41 programs. Primarily in the West Metro of Hennepin County. 952-546-0616 [www.jfcsmpls.org](http://www.jfcsmpls.org)

**myHealth For Teens & Young Adults** 15- 8<sup>th</sup> Ave. S., Hopkins, MN 55343

myHealth offers comprehensive, preventative and youth-focused clinical services, including medical care; outreach and education; and mental health care. Medical services are available for clients from 12-23 years of age and mental health services are available for clients from 12-26 years of age. Services are provided in English and Spanish and interpreters are available for clinic appointments. 952-474-3251 [www.myhealthmn.org](http://www.myhealthmn.org)

**New Hope YMCA** 7601 42<sup>nd</sup> Ave. N., New Hope, MN 55427

Opportunities for the entire family around healthy living, social responsibility, and youth development. 763-535-4800 [www.ymcatwincities.org](http://www.ymcatwincities.org)

**North Education Center Academy** 5530 Zealand Ave. N., New Hope, MN 55428

Provides a site-based secondary academic education for high school credit recovery, for pregnant and parenting teens, English Language Learners, students on probation, and those who need a vocational or practical work experience program. 763-550-3100 [www.district287.org/NECA](http://www.district287.org/NECA)

**Redeemer Center for Life** 1800 Glenwood Ave. N., Minneapolis, MN 55405

Affordable housing; youth educational opportunities, leadership development, and employment readiness; community development; the Redeemer Urban Farm; The Living Room community gathering space and Health Commons with Fairview Health; and Venture North Walk Bike & Coffee. Call or e-mail to learn more about housing, programs and events. 612-377-4476 [info@redeemercenter.org](mailto:info@redeemercenter.org) [redeemercenter.org](http://redeemercenter.org)

**Robbinsdale Area Redesign** 2400 Sandburg Ln., Golden Valley, MN 55427

A family services collaborative serving families and students within the geographic boundaries of ISD 281. 763-504-4981 [rdale.org](http://rdale.org)

**Robbinsdale Area Schools, Community Education** Sandburg Learning Center, 2400 Sandburg Ln., Golden Valley, MN 55427

- **Youth Enrichment** Discover U Programs for Youth offers enrichment activities for preK, elementary and middle school students, as well as leadership training and service learning opportunities for students in elementary, middle school and high school. Discover U also offers driver education and student internships for high school students. 763-504-6980 [www.ced.rdale.org](http://www.ced.rdale.org)
- **Adult Enrichment and Adults with Disabilities** Do you want to learn something new, connect with others in the community, stimulate your creativity, improve health or brush up on your driving skills? Adult Enrichment offers a variety of fee-based classes and activities designed for adults of every age. Windows of Opportunity is Robbinsdale Area Schools Community Education program that provides recreation, education and support activities for adults with physical, neurological and/or developmental disabilities, age 16 and older. 763-504-6990 [www.ced.rdale.org](http://www.ced.rdale.org)

**Tree Trust** 2231 Edgewood Ave. S., St. Louis Park, MN 55426

Provides employment training and case management services for youth ages 14-21. 952-767-3880 [treetrust.org](http://treetrust.org)

**TreeHouse (Family Hope Services)** 5666 Lincoln Dr., Ste. 201, Minneapolis, MN 55436

Provides guidance, support groups, education and social activities for junior and senior high youth. TreeHouse provides opportunities for teens and/or their families to work through their issues in a supportive environment and come to workable outcomes. 952-238-1010. [www.treehouseyouth.org](http://www.treehouseyouth.org)

- **Brooklyn Park TreeHouse** 7520 Brunswick Ave. N., Brooklyn Park, MN 55443 763-560-2334
- **New Hope TreeHouse** 4203 Boone Ave. N., New Hope, MN 55428 763-533-9667
- **Plymouth/Wayzata TreeHouse** Meets at Peace Lutheran Church 3695 County Rd. 101 N. Plymouth, MN 55446 612-326-5998

## Youth Programs and Services

**Tubman** 3111 First Ave. S., Minneapolis, MN 55408

Tubman helps women, men, youth and families who have experienced relationship violence, elder abuse, addiction, sexual exploitation or other forms of trauma. Throughout the Twin Cities Tubman provides safe shelter, legal services, mental and chemical health counseling, elder abuse resources, youth programming and community education, including public information campaigns to provide community members the information and support they need to get help or give help.

**24/7 Crisis Line 612-825-0000**, 612-825-3333 (main) [www.tubman.org](http://www.tubman.org)

**YES, Inc. (Youth Engaging Success)** formerly Pro USA, Inc. 7420 Unity Ave N., Ste. 101, Brooklyn Park, MN 55443

In partnership with community institutions and individual volunteers, YES, Inc. helps ambitious teens from challenged neighborhoods gain the awareness, tools, and connections to succeed in the game of life. We offer academic athletic and academic scholarships, life skills training, and academic enrichment. Youth participants are paired with community mentors who volunteer as success coaches to set and achieve life goals. 763-202-8750 [www.prousa.org](http://www.prousa.org)

**YMCA, Youth Intervention Services**

2304 Jackson St. NE., Minneapolis, MN 55418 and 8950 Springbrook Dr., Coon Rapids, MN 55433

Supports youth and families through school and street-based outreach, community-based intervention, education, shelter services, transitional housing for youth experiencing homelessness. **Youth Resource Line (8am-8pm) 763-493-3052**

[www.ymcatwincities.org](http://www.ymcatwincities.org)

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| Catholic Charities of St. Paul and Minneapolis .....                          | 4, 14, 20         |
| Catholic Eldercare .....  | 42                |
| Center for Victims of Torture .....   | 14, 33            |
| Centro Tyrone Guzman.....   | 14, 20            |
| Champlin City Hall.....   | 1                 |
| Champlin Community Center .....   | 1                 |
| Champlin Library.....   | 1                 |
| Champlin Parks and Recreation .....   | 25, 42            |
| Channel 12 / Northwest Community TV .....                                     | 1                 |
| Children's Dental Services (CDS) .....  | 17, 20, 26, 46    |
| Children's Hospital and Clinics of Minnesota .....                            | 17, 26            |
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| Community Involvement Programs .....  | 37                |
| Community Mediation & Restorative Services, Inc. ....                         | 8, 21             |
| Community-University Health Care Center (CUHCC)/University of Minnesota ..... | 8, 17, 26, 31, 33 |
| Corcoran City Hall .....  | 1                 |
| Corcoran Community Center .....   | 1                 |
| Cornerstone .....   | 4, 33             |
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| Courage Kenny Rehabilitation Institute .....                                  | 27, 33, 37        |
| Courage Kenny Rehabilitation Institute Golden Valley .....                    | 27, 33, 37        |
| Cradle of Hope .....  | 4                 |

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| <b>Crown Medical Center</b> .....                                  | 17     |
| <b>Crystal City Hall</b> .....                                     | 1      |
| <b>Crystal Community Center</b> .....                              | 1      |
| <b>Crystal Human Rights Commission</b> .....                       | 41     |
| <b>Crystal Parks and Recreation</b> .....                          | 25, 42 |
| <b>CSCM (Confederation of Somali Community in Minnesota)</b> ..... | 15     |
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| <b>Dayton City Hall</b> .....   | 1         |
| <b>Dayton Community Center</b> .....  | 1         |
| <b>Deaf and Hard of Hearing Services Division (DHHDS)</b> .....                         | 33, 38    |
| <b>Disability Linkage Line, Metropolitan Center for Independent Living (MCIL)</b> ..... | 38        |
| <b>Division of Indian Work</b> .....  | 15, 21    |
| <b>Domestic Abuse Project</b> .....   | 8, 21, 33 |
| <b>Domestic Violence Hotline</b> .....  | 5         |
| <b>Down Syndrome Association of Minnesota</b> .....                                     | 38        |

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### EARLY CHILDHOOD FAMILY EDUCATION

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| ISD 11 Anoka-Hennepin .....                                    | 1, 21  |
| ISD 279 Osseo Area Schools .....                               | 1, 21  |
| ISD 281 Robbinsdale Area Schools .....                         | 1, 21  |
| ISD 286 Brooklyn Center Schools .....                          | 1, 21  |
| Riverview Early Childhood Center .....                         | 1, 21  |
| <b>Emergency, Community, Health, and Outreach (ECHO)</b> ..... | 15     |
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| Fairview Clinics-Brooklyn Park .....                   | 17, 27     |
| Fairview Clinics-Rogers .....                          | 17, 27     |
| Maple Grove Medical Center .....                       | 17, 27     |
| <b>Fairview Recovery and Behavioral Services</b> ..... | 31, 34     |
| <b>Family Focused Recovery Services</b> .....          | 31         |
| <b>Family Partnership, The</b> .....                   | 21, 34, 46 |
| <b>Fare For All</b> .....                              | 22, 43     |
| <b>Food Allergy Support Group of MN (FASGMN)</b> ..... | 22, 27     |
| <b>Fraser</b> .....                                    | 22, 34, 38 |

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| <b>Gathering Place, Faith-Based Nurse Program of Mercy and Unity Hospitals, The</b> ..... | 27, 42    |
| <b>Gillette Children's Specialty Healthcare</b> .....                                     | 38        |
| <b>Girl Scouts of Minnesota and Wisconsin River Valleys</b> .....                         | 22, 46    |
| <b>Golden Valley City Hall</b> .....  | 1         |
| <b>Golden Valley Community Center</b> .....   | 1         |
| <b>Golden Valley Human Rights</b> .....   | 41        |
| <b>Golden Valley Library</b> .....  | 1         |
| <b>Golden Valley Parks and Recreation</b> .....   | 25        |
| <b>Golden Valley Senior Program</b> .....   | 43        |
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| <b>Hanover Area Food Shelf</b> .....   | 5              |
| <b>Hanover City Hall</b> .....   | 1              |
| <b>Hanover Golden Age Senior Club</b> .....                                      | 43             |
| <b>Hazelden Betty Ford Foundation</b> .....                                      | 31, 47         |
| <b>Head Start, PICA (Parents in Community Action, Inc.)</b> .....                | 1              |
| <b>Headway Day Treatment</b> .....   | 34             |
| <b>Headway Emotional Health Services</b> .....                                   | 34             |
| <b>Health and Wellness Program Serving Deaf and Hard of Hearing People</b> ..... | 34, 38         |
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| <b>HealthPartners Clinics</b> .....  | 27             |
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| <b>Hennepin County</b> .....   | 27             |
| Assured Access .....   | 27             |
| Attorney Office .....  | 8              |
| Domestic Abuse Service Center .....  | 9              |
| Bar Association, Lawyer Referral and Information Service ...                     | 9              |
| Brookdale Regional Center .....  | 5, 7           |
| Conciliation Court .....   | 9              |
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| Public Health Clinic .....   | 18, 28         |
| Veterans' Service .....  | 7              |
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| Brooklyn Park Library .....  | 1              |
| Champlin Library .....   | 1              |
| Golden Valley Library .....  | 1              |
| Maple Grove Library .....  | 1              |
| Osseo Library .....  | 1              |
| Plymouth Library .....   | 1              |
| Rockford Road Library .....  | 1              |
| Rogers Library .....   | 1              |
| <b>Hennepin County Medical Center (HCMC)</b> .....                               | 18, 27         |
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| Brooklyn Center Clinic, HCMC .....   | 17, 28         |
| Brooklyn Park Clinic, HCMC .....   | 17, 28         |
| <b>Hennepin Technical College</b> .....  | 1              |
| <b>HIRED, Hennepin North Workforce Center</b> .....                              | 2, 11          |
| <b>Hmong American Mutual Assistance Association</b> .....                        | 15             |
| <b>Hmong American Partnership</b> .....  | 15             |
| <b>Hmong Cultural Center</b> .....   | 15             |
| <b>Home Free</b> .....   | 5              |
| Home Free Community Programs .....   | 5              |
| <b>HOME Line</b> .....   | 9              |
| <b>Homeward Bound, Inc.</b> .....  | 38             |
| <b>HousingLink</b> .....   | 9              |
| <b>Hubert H. Humphrey Job Corps Center</b> .....                                 | 2, 11          |
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| <b>Indian Health Board of Minneapolis Inc.</b> .....           | 18       |
| <b>International Diabetes Center</b> .....                     | 28       |
| <b>International Institute of Minnesota</b> .....              | 11, 15   |
| <b>IOCP (Interfaith Outreach and Community Partners)</b> ..... | 5, 45    |
| <b>ISD 11 Anoka-Hennepin</b> .....                             | 1, 2, 21 |
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| <b>ISD 281 Robbinsdale Area Schools</b> ..... | 1, 2, 21 |
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| <b>ISD 286 Brooklyn Center Schools</b> .....  | 1, 2, 21 |
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| <b>Latino Economic Development Center</b> .....                      | 11, 13, 15   |
| <b>Law Clinic, University of Minnesota</b> .....                     | 10           |
| <b>Learning Disabilities Association, Inc. (LDA Minnesota)</b> ..... | 3            |
| <b>Legal Assistance to Minnesota Prisoners</b> .....                 | 9            |
| <b>Legal Rights Center, Inc.</b> .....                               | 9            |
| <b>Lifeworks Services, Inc.</b> .....                                | 38           |
| <b>Living Free Recovery Services</b> .....                           | 31           |
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| <b>Maple Grove Community Center</b> .....  | I                  |
| <b>Maple Grove Library</b> .....   | I                  |
| <b>Maple Grove Parks and Recreation</b> .....  | 25, 43             |
| <b>Maple Grove Transit</b> .....   | 45                 |
| <b>Marie Sandvik Center</b> .....  | 16, 23             |
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| <b>Medical Assistance</b> .....  | 28                 |
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| <b>Mercy Hospital</b> .....  | 28, 35             |
| <b>Metro HRA</b> .....   | 9                  |
| <b>Metro Mobility</b> .....  | 45                 |
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| <b>Metro Women's Center</b> .....  | 23                 |
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| <b>Metropolitan Center for Independent Living (MCIL)</b> .....                               | 39                 |
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| <b>Minnesota AIDS Project</b> .....  | 18                 |
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| <b>Minnesota Dept. of Employment and Economic Development, Rehabilitation Services</b> ..... | 11                 |
| <b>Minnesota Dept. of Human Rights</b> .....   | 9                  |
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| <b>Minnesota Workforce Center, Hennepin North</b> ..... | 11         |
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| Fremont Clinic .....   | 28         |
| Sheridan Clinic.....   | 28         |
| <b>New Hope City Hall</b> .....  | I          |
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| <b>New Hope Parks and Recreation</b> .....   | 25, 43     |
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| <b>North Education Center Academy</b> .....  | 3, 23, 47  |
| <b>North Hennepin Community College</b> .....  | 3          |
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| Minnetonka Medical Center .....  | 29         |
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| Plymouth City Center .....   | 29         |
| Ridgedale .....  | 29         |
| Rockford Road.....   | 29         |
| <b>North Psychology Clinic</b> .....   | 35         |
| <b>North Side Life Care Center/ North Side Pregnancy Options</b> .....               | 29         |
| <b>NorthPoint Health &amp; Wellness Center</b> .....                                 | 18, 29, 35 |
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| <b>Northwest Hennepin Family Services Collaborative, Family Advocate</b> .....       | 6, 23      |
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| Edinburgh Medical & Dental Plaza .....                                   | 30            |
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| <b>People Incorporated Mental Health Services</b> .....                  | 32, 35        |
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| <b>Perspectives, Inc.</b> .....  | 9, 12, 23, 35 |
| <b>Planned Parenthood Minnesota, North Dakota, South Dakota</b><br>..... | 18, 30        |
| <b>Plymouth City Hall</b> .....  | 1             |
| <b>Plymouth Community Center</b> .....                                   | 1             |
| <b>Plymouth Library</b> .....  | 1             |
| <b>Plymouth Metrolink</b> .....  | 45            |
| <b>Plymouth Parks and Recreation</b> .....                               | 25            |
| <b>Plymouth Senior Services, Plymouth Creek Center</b> .....             | 43            |
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| <b>Robbinsdale Areas Schools, Welcome Center &amp; Language<br/>    Services</b> ..... | 10, 16, 24 |
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| <b>Robbinsdale Human Rights Commission</b> .....                                       | 41         |
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| <b>Rockford Road Library</b> .....   | 1          |
| <b>Rogers City Hall</b> .....  | 1          |
| <b>Rogers Community Center</b> .....   | 1          |
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| <b>Social Security Administration</b> .....                      | 7, 44      |
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| <b>Southside Community Health Services</b> .....                 | 19, 30     |
| Southside Dental Clinic .....                                    | 19, 30     |
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| <b>St. David's Center for Child &amp; Family Development</b> ... | 24, 36, 39 |
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| <b>United Way 211</b> .....                              | 7          |
| <b>Unity Hospital</b> .....                              | 30, 32, 36 |
| <b>University of Minnesota School of Dentistry</b> ..... | 19, 30     |
| <b>University of Minnesota, Law Clinic</b> .....         | 10         |

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| <b>VECTOR/InVEST Program, ISD 287</b> .....               | 3, 40      |
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| <b>Vinland National Center</b> .....                      | 32, 36, 40 |
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