

UIC: W6YG3C

Fort Benning-2943-W6YG3C

Description:

Meal Date: 2025-08-19 Tuesday		Lunch	1130 - 1330	Projected HC: 800	Actual HC: _____		
<u>Assign</u>	<u>Time</u>	<u>Recipe #</u>	<u>Recipe Name</u>	<u>Portions</u>	<u>Actual</u>	<u>LO/Discard</u>	<u>CCP</u>
_____	1000	S04003	 ASST. Canned soup	100	_____	_____	_____
Instructions:							
_____	0830	R10620	 Roast Turkey (Boneless Turkey)	200	_____	_____	_____
Instructions:							
_____	1000	R10350	 Spanish Cod	100	_____	_____	_____
Instructions:							
_____	0900	R10140	 Sausage & Pepper Pasta	150	_____	_____	_____
Instructions:							
_____	1000	R10720	 Cheese Manicotti	100	_____	_____	_____
Instructions:							
_____	1030	Q00705	 Black Beans	200	_____	_____	_____
Instructions:							
_____	1000	R20310	Simple Roasted Butternut Squash	200	_____	_____	_____
Instructions:							
_____	1000	R32300	 Balsamic Roasted Baby Carrots	150	_____	_____	_____
Instructions:							
_____	1000	R40600	 Green Beans with Cherry Tomatoes & Olives	150	_____	_____	_____
Instructions:							
_____	0930	R20210	Garlic Mashed Red Skin Potatoes	300	_____	_____	_____
Instructions:							
_____	1000	R42300	 Lean Ground Taco Beef	100	_____	_____	_____
Instructions:							
_____	1000	R42400	 Fajita Chicken Strips	100	_____	_____	_____
Instructions:							
_____	1000	R42500	 Fajita Beef Strips	100	_____	_____	_____
Instructions:							

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	1030	R42600		Cilantro Lime White Rice	100			
Instructions:								
	1030	R42700		Cilantro Lime Brown Rice	100			
Instructions:								
	1100	R42900		Pepper & Onions	100			
Instructions:								
	1000	R42800		Hot Corn Salsa	100			
Instructions:								
	1030	M04700		TOSSED GREEN SALAD	100			
Instructions:								
	1030	M00200		SPINACH SALAD	100			
Instructions:								
	1030	M04400		SPRING SALAD	100			
Instructions:								
	1100	M01200		Cottage Cheese Salad	50			
Instructions:								
	1030	S07001		SUBWAY/SANDWICH BAR	50			
Instructions:								
	1000	S01400		S/O Relish Tray	50			
Instructions:								
	1100	DG0800		ASSORTED BREADS	5			
Instructions:								
	1100	S00202		Shredded Cheese	5			
Instructions:								
	1100	S00100		Assorted Fresh Fruit	5			
Instructions:								
	1100	S01700		Lemon Wedges	5			
Instructions:								

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	1100	S00900	Butter or Margarine	5			
Instructions:							
	1100	O00701	SALSA	5			
Instructions:							
	1100	S01000	Jams and Jellies	5			
Instructions:							
	1100	S01100	Non Dairy Creamers	5			
Instructions:							
	1100	S01101	Sugar Substitute	5			
Instructions:							
	1100	S01200	Crackers - Assortment	5			
Instructions:							
	1100	S01500	Asst Individual Salad Dressings	5			
Instructions:							
	1100	S01501	Lo-Cal Salad Dressings - Ind	5			
Instructions:							
	1100	S02000	Assorted Potato Chips	5			
Instructions:							
	1100	S02601	Peanut Butter - @ 2 oz	5			
Instructions:							
	1100	S03200	 Assorted Yogurt	5			
Instructions:							
	1100	S02900	Condiments - For Order Worksheet	5			
Instructions:							
	1100	C00500	COFFEE (AUTOMATIC URN)	5			
Instructions:							

Description:

Meal Date: 2025-08-19 Tuesday Lunch 1130 - 1330 Projected HC: 800

<u>Assign</u>	<u>Time</u>	<u>Recipe #</u>	<u>Recipe Name</u>	<u>Portions</u>	<u>Actual</u>	<u>LO/Discard</u>	<u>CCP</u>
	1100	C00200	COFFEE (INSTANT, FREEZE-DRIED)	5			

Instructions:

	1100	S00400	Lowfat Milk - Bulk	5			
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Instructions:

	1100	S00391	Chocolate Milk - Bulk - Low Fat	5			
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Instructions:

	1100	S00392	MILK, CHOC. 1/2 PT	5			
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Instructions:

	1100	S00401	Lowfat Milk - 1/2 Pint	5			
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Instructions:

	1100	S00500	Tea Bags	5			
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Instructions:

	1100	C00100	Sports Beverage	5			
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Instructions:

	1100	S00300	BEVERAGE BASE PWDR	5			
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Instructions:

	1100	S00604	ELECTROLYTE BEV.	5			
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Instructions:

	1100	S02800	Carbonated Beverage (8 Types)	5			
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Special Instructions:

S0011417 SEE INSTRUCTIONS ON PACKAGE/BOX
PRECOOK BACON RECIPE R00100
PLEASE USE PROGRESSIVE COOKING.
ALL ITEMS ARE SELF SERV.
PLEASE FOLLOW YOUR RECIPE CARDS.
PLEASE CLEAN AS YOU GO.
WEEK 3 Menu

FOS Manager Signature/Rank _____

Shift Leader Signature/Rank _____