#### 1.Dataset link:

https://www.kaggle.com/datasets/ziya07/mental-health-monitor-using-wearable-iot-sensors

#### Summarization:

Number of rows: 500 entries Number of columns: 13 columns

#### Column Information:

- 1. **Timestamp:** Date and time of the data record (object type).
- 2. **EEG\_Frequency\_Bands:** EEG frequency values recorded during the session (list of floats).
- 3. **GSR\_Values:** Galvanic Skin Response (GSR) values indicating physiological response (float).
- 4. **Cognitive\_State:** The cognitive state of the individual (e.g., Focused, Distracted) (object type).
- 5. **Emotional\_State:** The emotional state of the individual (e.g., Anxious, Stressed) (object type).
- Student\_ID: Unique identifier for each student (integer).
- 7. **Age:** Age of the student (integer).
- 8. **Gender:** Gender of the student (Male/Female) (object type).
- 9. **Session\_Type:** Type of session (e.g., Study, Test, Relaxation) (object type).
- 10. **Duration (minutes):** Duration of the session in minutes (integer).
- 11. **Environmental\_Context:** The environment where the data was collected (Library, Home) (object type).
- 12. **Preprocessed\_Features:** Processed features used for analysis (tuple of floats).
- 13. **Target:** The output column indicating the classification target (0 or 1).

## 14. Missing/ Duplicate Values:

There are no missing values or duplicate entries in this dataset.

### 15. Output Column:

Target: This column indicates the classification outcome, which might represent a binary label (0 for one class and 1 for another, such as 'Depressed' vs. 'Not Depressed').

#### 2.Dataset Link:

https://drive.google.com/file/d/1Bxa-P-2xln-GeYNKCmilnIEJcndJzI1S/view?usp=drive\_link (stress)

Number of rows: 843 entries
 Number of columns: 26 columns

- 1. **Gender**: Gender of the individual (encoded as integer values).
- 2. **Age**: Age of the individual (integer).
- 3. **Have you recently experienced stress in your life?**: Indicates whether the individual has experienced stress recently (integer).
- 4. **Have you noticed a rapid heartbeat or palpitations?**: Indicates if the individual has noticed a rapid heartbeat (integer).
- 5. **Have you been dealing with anxiety or tension recently?**: Whether the individual has experienced anxiety or tension (integer).
- 6. **Do you face any sleep problems or difficulties falling asleep?**: Sleep-related issues faced by the individual (integer).
- 7. Have you been dealing with anxiety or tension recently? (duplicate column): Duplicate of column 5 (integer).
- 8. **Have you been getting headaches more often than usual?**: Frequency of headaches (integer).
- 9. Do you get irritated easily?: Whether the individual experiences irritability (integer).
- 10. **Do you have trouble concentrating on your academic tasks?**: Difficulty concentrating on academic tasks (integer).
- 11. **Have you been feeling sad or in a low mood?**: Presence of sadness or low mood (integer).
  - Have you been experiencing any illness or health issues?: Whether the individual has experienced any illness (integer).
- 12. Do you often feel lonely or isolated?: Feelings of loneliness or isolation (integer).
- 13. **Do you feel overwhelmed with your academic workload?**: Stress related to academic workload (integer).
- 14. Are you in competition with your peers, and does it affect you?: Impact of competition with peers (integer).
- 15. **Do you find that your relationship often causes you stress?**: Stress due to relationship issues (integer).
- 16. Are you facing any difficulties with your professors or instructors?: Difficulty with professors or instructors (integer).
- 17. **Is your working environment unpleasant or stressful?**: Stress due to work environment (integer).
- 18. **Do you lack confidence in your academic performance?**: Lack of academic confidence (integer).
- 19. Do you lack confidence in your choice of academic subjects?: Confidence in academic subject choice (integer).
- 20. Academic and extracurricular activities conflicting for you?: Conflict between academic and extracurricular activities (integer).

- 21. Do you attend classes regularly?: Regularity in attending classes (integer).
- 22. Have you gained/lost weight?: Weight changes (integer).
- 23. Which type of stress do you primarily experience?: Type of stress experienced (text description).

- There are **no missing values** in the dataset.
- The dataset includes **duplicate columns** ("Have you been dealing with anxiety or tension recently?" appears twice).

# **Output Column:**

 Which type of stress do you primarily experience?: This is likely the output column that categorizes the type of stress experienced by the individual ( "Eustress" or "Distress").

#### 3.Dataset Link:

https://drive.google.com/file/d/13TWe4b0mdMezJ5cuErGw1Xlv3UASTWsq/view?usp=drive\_link (student lifestyle)

Number of rows: 2000 entries

• Number of columns: 8 columns

- Student\_ID: Unique identifier for each student (integer).
- 2. **Study\_Hours\_Per\_Day**: Number of hours the student spends studying each day (float).
- 3. **Extracurricular\_Hours\_Per\_Day**: Number of hours the student spends on extracurricular activities each day (float).
- 4. Sleep Hours Per Day: Number of hours the student sleeps each day (float).

- 5. **Social\_Hours\_Per\_Day**: Number of hours the student spends on social activities each day (float).
- 6. **Physical\_Activity\_Hours\_Per\_Day**: Number of hours the student spends on physical activities each day (float).
- 7. **GPA**: Grade Point Average (GPA) of the student (float).
- 8. **Stress\_Level**: The stress level of the student (categorical: Low, Moderate, High) (object).

• There are **no missing values** or **duplicate entries** in this dataset.

# **Output Column:**

• **Stress\_Level**: This is the output column representing the student's level of stress, categorized as **Low**, **Moderate**, or **High**.

### 4.Dataset Link:

https://drive.google.com/file/d/1PlxGHZmP3gL4NeTZkexJMccJ9hVKUZHF/view?usp=drive\_link (emotional monitoring)

Number of rows: 1000 entriesNumber of columns: 14 columns

- 1. **HeartRate**: Heart rate of the individual (integer).
- 2. **SkinConductance**: Skin conductance level indicating physiological response (float).
- 3. **EEG**: Electroencephalogram (EEG) signal level (float).
- 4. **Temperature**: Body temperature of the individual (float).
- 5. **PupilDiameter**: Diameter of the pupil (float).
- 6. **SmileIntensity**: Intensity of the individual's smile (float).

- 7. **FrownIntensity**: Intensity of the individual's frown (float).
- 8. **CortisolLevel**: Cortisol level in the individual's body (float).
- 9. **ActivityLevel**: Activity level (integer).
- 10. AmbientNoiseLevel: Level of ambient noise (integer).
- 11. **LightingLevel**: Lighting level (integer).
- 12. **EmotionalState**: Emotional state of the individual (e.g., engaged, disengaged, etc.) (object).
- 13. **CognitiveState**: Cognitive state of the individual (e.g., focused, distracted) (object).
- 14. EngagementLevel: Level of engagement (integer).

• There are **no missing values** or **duplicate entries** in this dataset.

# **Output Column:**

• **EmotionalState**: This is the output column representing the emotional state of the individual (engaged, disengaged, partially engaged).

### 5.Dataset Link:

https://drive.google.com/file/d/1zBsuR0okYdEwjqWhLzWF5nbZbqvrg56g/view?usp=drive\_link (simulated\_student)

Number of rows: 1200 entries
Number of columns: 18 columns

- 1. **Session\_ID**: Unique identifier for each session (integer).
- Student\_ID: Unique identifier for each student (integer).
- 3. **HRV**: Heart Rate Variability (float).

- 4. **Skin\_Temperature**: Skin temperature of the student (float).
- 5. **Expression\_Joy**: Intensity of the joy expression (float).
- 6. **Expression\_Confusion**: Intensity of the confusion expression (float).
- 7. **Steps**: Number of steps taken during the session (integer).
- 8. **Emotion**: The emotion expressed by the student (e.g., Interest, Happiness) (object).
- 9. **Engagement\_Level**: Level of engagement (integer).
- 10. **Session\_Duration**: Duration of the session in minutes (integer).
- 11. **Learning\_Phase**: The phase of learning (e.g., Practice, Conclusion) (object).
- 12. **Start\_Time**: Start time of the session (datetime).
- 13. **End\_Time**: End time of the session (datetime).
- 14. **Learning\_Outcome**: The outcome of the learning session (e.g., Successful, Unsuccessful) (object).
- 15. **HRV\_Frequency\_Feature**: Frequency feature of HRV (float).
- 16. Skin Temperature Frequency Feature: Frequency feature of skin temperature (float).
- 17. **Emotion\_Label**: Numeric label representing emotion (integer).
- 18. **Learning\_Phase\_Label**: Numeric label representing the learning phase (integer).

• There are **no missing values** or **duplicate entries** in this dataset.

# **Output Column:**

• **Learning\_Outcome**: This is the output column representing the result of the learning session, categorized as **Successful** or **Unsuccessful**.

#### 6.Dataset Link:

https://drive.google.com/file/d/1MtpfQyZfb5wqtD9tqzdli60IQUIJrv9h/view?usp=drive\_link(Depression)

• Number of rows: 502 entries

• Number of columns: 11 columns

## **Column Information:**

1. **Gender**: Gender of the individual (Male/Female) (object type).

- 2. Age: Age of the individual (integer).
- 3. Academic Pressure: Level of academic pressure experienced (float).
- 4. **Study Satisfaction**: Level of satisfaction with study routine or performance (float).
- 5. **Sleep Duration**: Duration of sleep reported by the individual (e.g., "7-8 hours", "More than 8 hours") (object type).
- 6. **Dietary Habits**: The quality of the individual's dietary habits (e.g., "Healthy", "Moderate", "Unhealthy") (object type).
- 7. **Have you ever had suicidal thoughts?**: Indicates whether the individual has ever had suicidal thoughts (Yes/No) (object type).
- 8. **Study Hours**: Average study hours per day (integer).
- 9. Financial Stress: Level of financial stress (integer).
- 10. **Family History of Mental Illness**: Whether there is a family history of mental illness (Yes/No) (object type).
- 11. **Depression**: Whether the individual is classified as depressed (Yes/No) (object type).

# **Missing/ Duplicate Values:**

• There are **no missing values** or **duplicate entries** in this dataset.

# **Output Column:**

 Depression: This is the output column indicating whether the individual is classified as depressed (Yes/No).

#### 7.Dataset link:

https://drive.google.com/file/d/1CBWZEDxUgd2ufOkcjTl2n28weLLR479A/view?usp=drive\_link(stresslysis)

• Number of rows: 2001 entries

• Number of columns: 4 columns

## **Column Information:**

- 1. **Humidity**: Humidity level during the data recording (float).
- 2. **Temperature**: Temperature during the data recording (float).
- 3. **Step count**: Number of steps taken during the recording period (integer).
- 4. **Stress\_Level**: Stress level of the individual, represented as an integer (0 for low, 1 for moderate, 2 for high).

# Missing/ Duplicate Values:

• There are **no missing values** or **duplicate entries** in this dataset.

# **Output Column:**

• **Stress\_Level**: This is the output column representing the individual's stress level, categorized as **0** (low), **1** (moderate), or **2** (high).

#### 8.Dataset link:

https://drive.google.com/file/d/1 hkRCMTLrB-YJdDigr0vtxpEN003dNip/view?usp=drive\_link

• Number of rows: 235 entries

• Number of columns: 19 columns

- 1. **Certification Course**: Whether the student is enrolled in a certification course (object type).
- 2. **Gender**: Gender of the student (object type).
- 3. **Department**: The department the student belongs to (object type).
- 4. **Height(CM)**: Height of the student in centimeters (float).
- 5. **Weight(KG)**: Weight of the student in kilograms (float).
- 6. 10th Mark: Marks obtained by the student in their 10th grade (float).
- 7. **12th Mark**: Marks obtained by the student in their 12th grade (float).
- 8. **College Mark**: Marks obtained by the student in college (float).
- 9. **Hobbies**: The student's hobbies (object type).
- 10. Daily Studying Time: The time spent by the student on daily studying (object type).
- 11. **Prefer to Study In**: The preferred time of day for studying (object type).
- 12. **Salary Expectation**: The expected salary of the student (integer).
- 13. **Do You Like Your Degree?**: Whether the student likes their degree (Yes/No) (object type).
- 14. Willingness to Pursue a Career Based on Their Degree: The percentage of willingness to pursue a career based on their degree (object type).
- 15. **Social Media & Video**: The average time spent on social media and videos (object type).

- 16. **Travelling Time**: The time spent by the student traveling (object type).
- 17. Stress Level: The stress level of the student (e.g., "Bad", "Awful", "Good") (object type).
- 18. Financial Status: The financial status of the student (e.g., "Bad", "Good") (object type).
- 19. Part-time Job: Whether the student has a part-time job (Yes/No) (object type).

• There are **no missing values** or **duplicate entries** in this dataset.

# **Output Column:**

- **Stress Level**: This is the output column representing the stress level of the student, with values such as **Bad**, **Awful**, and **Good**.
- 9. Dataset link: