



The voguing dance style came from the Harlem ballroom culture, danced by African American and Latinx LGBT+, from the 1960s to the 80s. Voguing is inspired by poses from *Vogue* magazine, striking a series of poses as if modeling for a shoot. Voguing was a way to either throw shade and read your opponent or to express yourself through dance. Houses would compete against each other in order to bring honor to their house names. Voguing also presents gender as performance as the categories (butch queen, realness) allow for the participants to perform the traditional behaviors of the gender that the category is in.

VOGUE

Throwing Shade:

subtle way of disrespecting someone verbally

Reading:

insulting/judging someone

Realness:

looking very realistic, like a “real woman”

Butch Queen:

a more masculine presenting woman

VOCAB

OLD WAY



The old way of voguing is typically described as symmetry, lines, and precision with graceful actions. The inspirations for this style were fashion poses and Egyptian hieroglyphs. The old way of voguing involved pinning your opponent, so that they could not do any more movements.

NEW WAY

The new way of voguing includes limb contortions at the joints and hand and wrist illusions that require a lot of flexibility. The new way is described as a form of miming as imaginary shapes are being formed with the movement of the body.



VOGUE FEM

Vogue fem is inspired by ballet, jazz, and modern dance, using fluidity with extreme feminine movements.

Vogue Fem Elements:

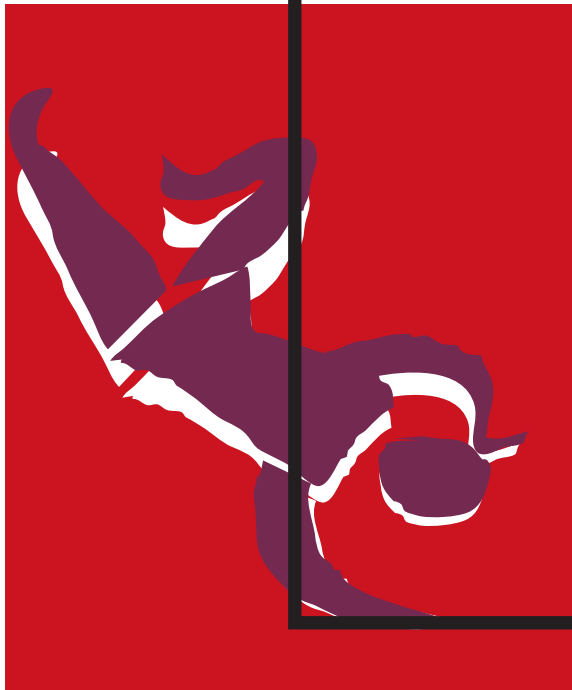
Hands

Catwalk

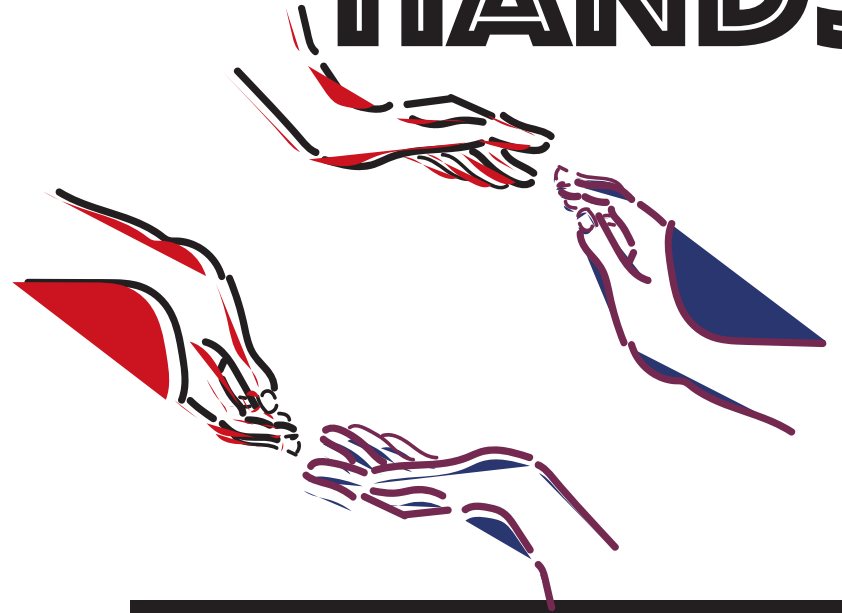
Duckwalk

Floorwork

Dips



HANDS HANDS HANDS



Hands create the shapes of the poses and add to the movement of expression that voguing gives to those in the ballroom. Hands are used to tell a story, whether that is to throw shade or miming your own personal expression on the dance floor.

CAT CAT WALK

The catwalk adds the element of sass to your strut. It's exaggerated a more feminine walk, swinging your hips, and your hands are thrown in the opposite direction your legs are moving in.



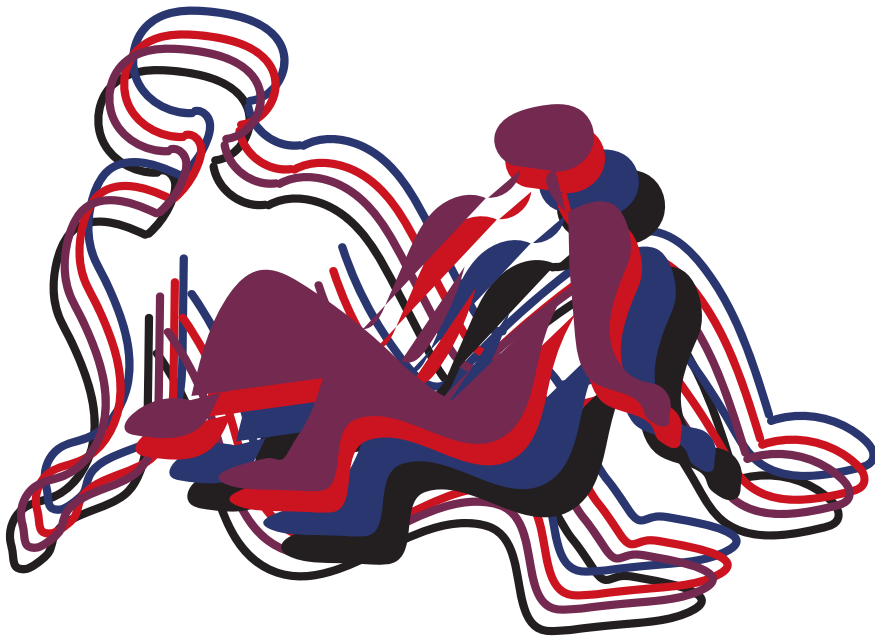
DUCKDUCK WALK



Duckwalks are when someone is squatting on their heels and kicking their feet out as they move on the beat. Its name comes from how the person doing this move looks like a duck.

FLOORWORK

Floorwork is used to capture a judge's and the audience's attention. The dancers do this by rolling and twisting on the group in a more sensual way.



DIPS



Dips are sometimes referred to as death drops, however, some people in the ballroom community want to reclaim the term as a dip. Dips are when a person bends back in a motion that looks like they are falling. This move is very showy and is done right when dropping directly on the beat.

